

Student Services NEWS



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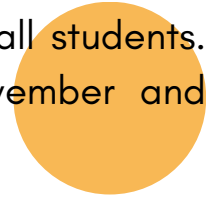
Stacey Rich
School Psychologist,
Lily Hlavacek
School Social Worker,
Rachel Reshower
School Counselor

**We are here to support families and create
a partnership during your K-5 experience at
Country View**

In this edition of Student Services News you will find information about upcoming Second Step lessons in Counselor Connection focused on personal safety, safe and unsafe touches and bullying. As well as upcoming events. Scroll to learn more!



PROTECTIVE BEHAVIORS



Our Social Worker, Lily Hlavacek, teaches Protective Behaviors lessons to all students. This year, these lessons will be taught throughout the months of November and December.

These are the themes taught in the lessons:

1. Lesson 1: Ways to Stay Safe & The Always Ask First Rule

- a. Recognize, is it safe? Refuse, say words that mean no. Report, tell an adult.
- b. Always ask a parent or the person in charge first before going somewhere, doing something, or accepting something from someone.

2. Lesson 2: Safe/Unsafe/Unwanted touches, the Touching Rule/Private Body Parts Rule

- a. Safe touches help us feel safe and loved. These could be hugs or hi-fives.
- b. Unsafe touches hurt our body and are not okay to use. These could be kicks, punches, or hitting.
- c. Unwanted touches are touches we do not want. These could be safe touches, or unsafe touches. You can refuse any unwanted touch, even if it is safe.
- d. The Touching Rule/Private Body Parts Rule: Another person should never touch your private body parts except to keep you healthy.
- e. The Never Keep Secrets Rule: Never keep secrets if someone breaks the touching rule.

As a part of each lesson, Mrs. Lily will review the material and go through scenarios to ensure students are understanding the material and are able to differentiate between the rules, and when to report something to an adult.

Please feel free to use this information to help guide conversations with your student(s) about personal safety.

If you have questions or concerns, please contact Mrs. Lily or Mrs. Beem.

Lily Hlavacek
Social Worker.

608-845-4833

hlavacek@verona.k12.wi.us

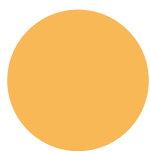
Jessica Beem

Principal

608-845-4810

beemj@verona.k12.wi.us





BULLYING PREVENTION



Dear Parent or Legal Guardian,

As you know, we are using the Second Step program in your child's classroom. The Second Step program teaches children important skills for getting along with others and doing well in school. It also helps our school be a safe, compassionate place where everyone can learn.

To further help our school be a safe and compassionate place we are also going to use the Second Step Bullying Prevention Unit. In the lessons, your child will learn specific skills to help stop bullying. Students will learn how to:

- Recognize when bullying is happening
- Report bullying to a caring adult
- Refuse to let bullying happen to themselves or others
- Be a bystander who stands up and is part of the solution to bullying

For bullying prevention to work, everyone at school needs to be involved. There are staff that have been specifically trained in how to:

- Recognize and respond to bullying
- Support children who have been doing the bully behavior
- Correct behaviors of children who are bullying
- Use strategies that support a positive school and classroom climate

And we need your help, too! Get involved in making our school a safe and compassionate place by letting us know if you hear about bullying at our school. Make sure your child knows to tell you or someone at school if they are being bullied. Also, give your child the clear message that it is never okay to bully others.

If you have any questions about the Bullying Prevention Unit or the Second Step program, please contact me. For more information on our school's anti-bullying policy and specific procedures, check our school website. Thank you for helping us make our school a safe, compassionate place where everyone can learn.

Sincerely,

Ms. Rachel Reshower

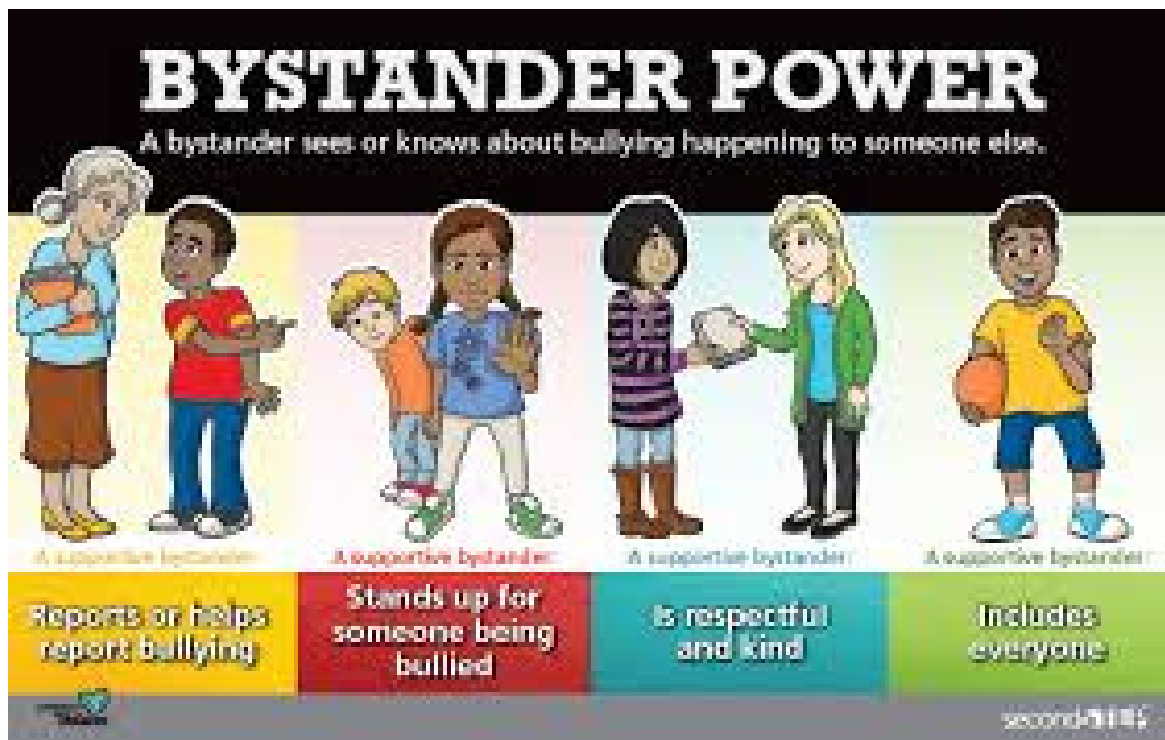
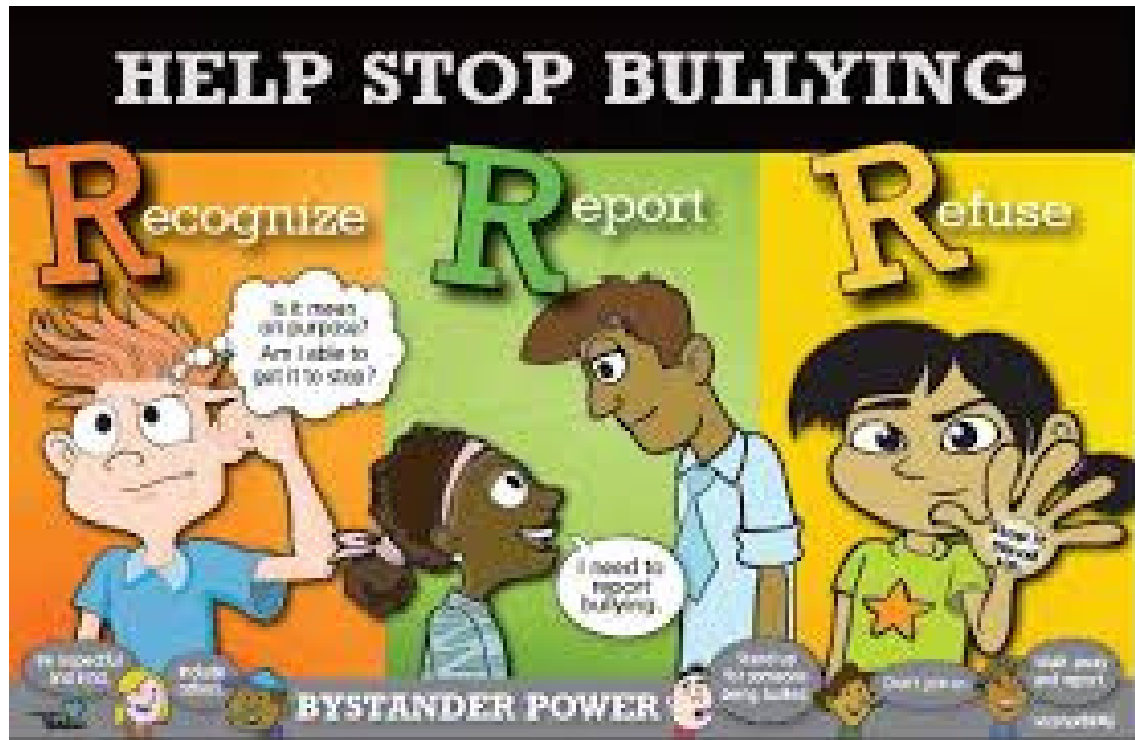
Country View Elementary School Counselor

608-845-4812

reshower@verona.k12.wi.us



SECOND STEP BULLY PREVENTION POSTERS



SECOND STEP POSTERS & LANGUAGE

NEVER- NEVER RULES

**Never
touch
guns**



**Never play
with fire**



**Never ride on
wheels without
wearing a helmet**



**Never go
in water
without an
older person
watching**



**Never use
a sharp
tool without
an older
person's help**



**Never ride in
a car without
wearing a
seatbelt**



**Never touch
a dog without
asking the
person in
charge**



**Never cross the
street without
checking all
ways for traffic**



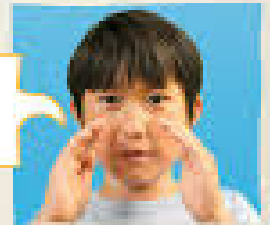
SecondStep.org

WAYS to Stay Safe

Recognize
Is it safe?
What's the rule?



Report
Tell an adult



Refuse
Say words that
mean NO



SecondStep.org




RESOURCE CLOSET



Welcome to the 2024-2025 school year! I am so excited to share information about our Country View Resource Closet. The resource closet is stocked with donated personal hygiene items and is available to ALL Country View families.

Common items include:

- Toothbrushes and toothpaste
 - Shampoo and conditioner
 - Body wash and soaps
 - Deodorant
 - Razors
 - Baby wipes
 - Feminine products
 - Hand soap
 - Diapers of some sizes
- 

Families are welcome to visit room 205 (purple pod) during school hours 7:00am – 3:00pm or by appointment. To make an appointment or to have items sent home with your child please contact Lily Hlavacek at 608-845-4833 or email at hlovacek@verona.k12.wi.us. We want all families to use this resource and to feel welcome in the Country View community. If you have items you'd like to donate, please leave them in the front office.

Thank you!

Lily Hlavacek
Country View Elementary
School Social Worker

