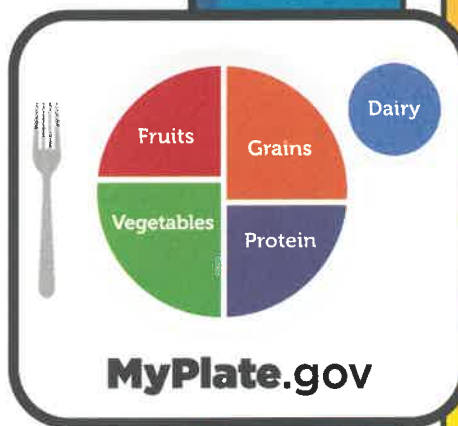


STRONGER WITH SCHOOL MEALS!

Making healthy food choices can help you:

- Stay well
- Play hard
- Learn
- Grow strong

Choose foods from each of the five MyPlate food groups to get the nutrition you need.



Don't forget to wash your hands before eating!

