

# Classic Fall 2024 - Winter 2025 Menu



REGULAR    VEGETARIAN    WITH FISH

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>AM Snack</b>	› Yogurt Parfait & Granola › Awesome Apple	› Whole Wheat Bagel & Cream Cheese › Cantaloupe Cubes	› Apple Pie Cream of Wheat › Kooky Kiwi	› French Toast & Maple Butter › Outstanding Orange	› Spiced Pumpkin Muffin › Bubbly Banana
<b>Lunch</b>	› Veggie Fried Rice	› Maple Dijon Salmon › Maple Dijon Fillet	› Oh-La-La Orange Chicken › Oh-La-La Orange Tofu	› Magic Meatballs › Magic Veggie Bites	› Turkey Shepherd's Pie › Veggie Shepherd's Pie
	› Brilliant Brown Rice › Crazy Carrots › Fruit Fiesta	› Confetti Couscous › Petite Peas › Fruit Fiesta	› Terrific Thai Noodles › Vibrant Veggie Medley › Fruit Fiesta	› Whole Wheat Pasta › Bold Broccoli › Fruit Fiesta	› Merry Mashed Potatoes › Cuddly Corn › Fruit Fiesta
	› Superb Herb Spread & Whole Wheat Tortilla › Honeydew Melon Munchies	› Applelicious Crisp › Perfect Pear	› Banana Bread › Pineapple Tidbits	› Berry Blast Smoothie › Trail Mix	› Roasted Pepper Hummus & Playful Pita › Cucumber Coins
<b>Bye Bye Bites</b>	› Gentle Gingersnaps	› Bubbly Banana	› Spiced Pumpkin Muffin	› Admirable Applesauce	› Gingerbread Loaf

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>AM Snack</b>	› Whole Grain Cereal › Awesome Apple	› Whole Wheat Pancake & Fruit Spread › Cantaloupe Cubes	› Blueberry Smoothie › Magical Muesli	› Banana Roll Up › Bubbly Banana	› Apple Cinnamon Loaf › Pineapple Tidbits
<b>Lunch</b>	› Tikka Masala Beans	› Turkey Taco Tuesday › Bean Taco Tuesday	› Teriyaki Salmon › Teriyaki Tofu	› Moroccan Meteorites	› Marvellous Chicken Mac n' Cheese › Marvellous Tofu Mac n' Cheese
	› Brilliant Brown Rice › Super Sunrise Veggies › Fruit Fiesta	› Whole Wheat Tortilla › Cuddly Corn › Fruit Fiesta	› Terrific Thai Noodles › Petite Peas › Fruit Fiesta	› Confetti Couscous › Mad Mirepoix Soup › Fruit Fiesta	› Whole Wheat Pasta › Crazy Carrots › Fruit Fiesta
	› Spin Dip & Playful Pita › Honeydew Melon Munchies	› Rainbow Berry Bar › Groovy Grapes	› Oatmeal Cookie › Outstanding Orange	› Cheese Bites & Crackers › Perfect Pear	› Marinara & Dipping Sticks › Cucumber Coins
<b>Bye Bye Bites</b>	› Gentle Gingersnaps	› Bubbly Banana	› Spiced Pumpkin Muffin	› Admirable Applesauce	› Gingerbread Loaf

🌿 Vegetarian option available by parent request.

🥛 AM Snack and Lunch are served with milk.

🥛 PM Snack and Bye Bye Bites are served with water.

Kidco Kitchen recipes can be found at [kitchen.kidsandcompany.com](http://kitchen.kidsandcompany.com)

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WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>AM Snack</b>	› Yogurt Parfait & Granola › Honeydew Melon Munchies	› French Toast & Maple Butter › Awesome Apple	› Apple Pie Cream of Wheat › Cantaloupe Cubes	› Whole Wheat Bagel & Cream Cheese › Pineapple Tidbits	› Cranberry Orange Muffin › Kooky Kiwi
<b>Lunch</b>	› Chitty Chitty Veggie Chili	› Cuckoo Coconut Fish › Cuckoo Coconut Fillet	› Jammin' Jambalaya	› Turkey Noodle Doodle › Veggie Noodle Doodle	› Best Butter Chicken › Best Butter Beans
	› Cornbread	› Confetti Couscous	› Rock n' Roll	› Whole Wheat Pasta	› Brilliant Brown Rice
	› Bold Broccoli	› Crazy Carrots	› Cuddly Corn	› Glorious Green Beans	› Vibrant Veggie Medley
	› Fruit Fiesta	› Fruit Fiesta	› Fruit Fiesta	› Fruit Fiesta	› Fruit Fiesta
<b>PM Snack</b>	› Spin Dip & Playful Pita › Outstanding Orange	› Marinara & Dipping Sticks › Cucumber Coins	› Cheese Bites & Crackers › Perfect Pear	› Rainbow Berry Bar › Bubbly Banana	› Mango Lassi › Trail Mix
<b>Bye Bye Bites</b>	› Gentle Gingersnaps	› Bubbly Banana	› Spiced Pumpkin Muffin	› Admirable Applesauce	› Gingerbread Loaf

WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>AM Snack</b>	› Whole Grain Cereal › Awesome Apple	› Whole Wheat Pancake & Fruit Spread › Outstanding Orange	› Banana Roll Up › Bubbly Banana	› Strawberry Smoothie › Magical Muesli	› Cozy Carrot Loaf › Honeydew Melon Munchies
<b>Lunch</b>	› Chicky Noodle Soup › Chickpea Noodle Soup	› Monster Mango Tofu	› Swedish Meatballs › Swedish Veggie Bites	› Twisty Turkey Stir Fry › Twisty Veggie Stir Fry	› Fish Florentine › Tofu Florentine
	› Rock n' Roll	› Comfy Coconut Rice	› Merry Mashed Potatoes	› Terrific Thai Noodles	› Whole Wheat Pasta
	› Crazy Carrots	› Petite Peas	› Super Sunrise Veggies	› Glorious Green Beans	› Bold Broccoli
	› Fruit Fiesta	› Fruit Fiesta	› Fruit Fiesta	› Fruit Fiesta	› Fruit Fiesta
<b>PM Snack</b>	› Cheese Bites & Crackers › Cucumber Coins	› Applelicious Crisp › Cantaloupe Cubes	› Oatmeal Cookie › Perfect Pear	› Superb Herb Spread & Whole Wheat Tortilla › Groovy Grapes	› Roasted Pepper Hummus & Playful Pita › Pineapple Tidbits
<b>Bye Bye Bites</b>	› Gentle Gingersnaps	› Bubbly Banana	› Spiced Pumpkin Muffin	› Admirable Applesauce	› Gingerbread Loaf

🌿 Vegetarian option available by parent request.

🥛 AM Snack and Lunch are served with milk.

🥛 PM Snack and Bye Bye Bites are served with water.

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