

# NOVEMBER LUNCH MENU



All lunch entrees offered with choice of fruit(s), vegetable(s), and milk (optional)

Complete Lunch \$3.35  
Milk Only \$0.60

## MON

## TUE

## WED

## THU

## FRI

### Joke of the Month

What do you call a lazy spud?



Answer:




A coach potato

### DID YOU KNOW?

We source local foods for our program, including organic flour and cornmeal from Janie's Mill in Ashkum, IL. We use these to bake fresh Cornbread, Pumpkin Bread, and Muffins



All Beef Hot Dog <sup>1</sup>  
or  
Bean & Cheese Burrito  
  
Sweet Potato Fries  
Grapes

<p><sup>4</sup> Pancakes with Turkey Sausage or Pancakes with Veggie Sausage  Hash Brown Cantaloupe</p>	<p><sup>5</sup> No School  </p>	<p><sup>6</sup> Turkey Pepperoni Pizza Slice or Cheese Pizza Slice  Sautéed Green Beans Plum</p>	<p><sup>7</sup> Beef Nachos or Bean &amp; Cheese Nachos  Refried Beans Fresh Pear</p>	<p><sup>8</sup> Mac &amp; Cheese with Fresh Baked Cornbread  Steamed Broccoli Apple Slices</p>
<p><sup>11</sup> French Toast with Turkey Sausage or French Toast with Veggie Sausage  Breakfast potatoes 100% Juice Cup</p>	<p><sup>12</sup> Chicken Tenders or Vegan Nuggets with Goldfish Crackers  Sweet Corn Local, Fresh Apple</p>	<p><sup>13</sup> Bosco Sticks with Marinara Sauce  Banana Cucumber &amp; Red Pepper Slices</p>	<p><sup>14</sup> Pasta &amp; Meatsauce or Pasta with Marinara &amp; Mozzarella Cheese with Garlic Bread  Caesar Salad Mandarin Oranges</p>	<p><sup>15</sup> Cheeseburger (cheese optional) or Vegan Burger  Baked Beans Sweet Potato Fries Grapes</p>
<p><sup>18</sup> Waffles with Chicken Sausage or Waffles with Veggie Sausage  Hash Brown Applesauce Cup</p>	<p><sup>19</sup> Orange Chicken &amp; Rice or Orange Vegan Chicken &amp; Rice with Fortune Cookie  Garlic Broccoli Pineapple Cup</p>	<p><sup>20</sup> Turkey Pepperoni Pizza Slice or Cheese Pizza Slice  Watermelon Sweet Corn</p>	<p><sup>21</sup> Beef Nachos or Bean &amp; Cheese Nachos  Refried Beans Apple Slices</p>	<p><sup>22</sup> All Beef Hot Dog or Bean &amp; Cheese Burrito  Smiley Fries Orange Wedges</p>
<p><sup>25</sup> Chicken Quesadilla or Cheese Quesadilla with Salsa  Tomato Soup Grapes</p>	<p><sup>26</sup> Mini Chicken Bites or Vegan Nuggets with Fresh Baked Pumpkin Bread  Mashed Potatoes Peach Cup</p>	<p><sup>27</sup> No School</p>	<p><sup>28</sup> No School  </p>	<p><sup>29</sup> No School  View the menu in real time  <a href="http://www.GetChoosi.com">www.GetChoosi.com</a></p>

### DAILY COLD LUNCH OPTIONS:

YOGURT PACK WITH GRANOLA, CHEESE, & CRACKERS

PB&J UNCRUSTABLE

TURKEY & CHEESE SANDWICH

OFFERED ON FRIDAYS: BYO PIZZA KIT WITH FLATBREAD, MARINARA, & CHEESE