

# Upland Unified School District



NOVEMBER



## breakfast daily

Whole Grain Breakfast Bread  
Variety  
Bagel & Cream Cheese  
Whole Grain Cereal Variety  
Whole Grain Breakfast Bars  
Yogurt (9 g of sugar)  
Mozzarella String Cheese

## breakfast specials

Three Cheese Turkey Sausage  
Burrito (Monday)  
Pancakes or Waffles & Turkey  
Sausage (Wednesday)  
Breakfast Square (Friday)



Local Farm-Fresh Seasonal Fruit & Veggies  
Local Driftwood Dairy California Milk  
1% White Milk or  
Non-Fat Chocolate Milk (Lunch Only)



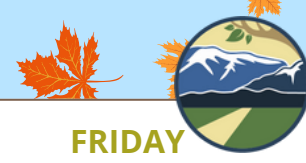
@UUSDFARMTOSCHOOL



\*Menu subject to change

\*This institution is an equal opportunity provider and employer\*

# Upland Unified School District



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**NOVEMBER**

**1 NO SCHOOL**

**served daily**

Farm Fresh Salad Bar is Offered Daily

**4 Chicken Sandwich**  
served on a brioche bun  
sandwich salad bar

**5 Election Day! Mac & Cheese**  
Land O'Lakes Cheese served with state capital crackers  
american salad bar

**6 National Nacho Day!**  
Bean Fiesta Nachos whole grain tortilla chips and beans with gooey cheese  
fiesta salad bar

**7 Orange Chicken**  
served over brown rice  
fortune cookie  
asian salad bar

**8 Bean and Cheese Pupusa**  
warm, corn masa filled with beans and cheese  
taco salad bar



**11 Veterans Day**

**12 Lasagna Roll Up**  
whole grain lasagna noodles topped with a cheese blend  
seasonal salad bar

**13 World Kindness Day!**  
chicken enchilada  
empenada  
pan dulce  
taco salad bar

**14 National Pickle Day!**  
**Hot Dog**  
Juicy Jennie-O hot dog on a whole grain hot dog bun  
american salad

**15 Breakfast for Lunch**  
**Turkey Sausage Pancake Bites**  
breakfast salad bar

**18 Chicken Strips**  
served with rainbow goldfish  
seasonal salad bar

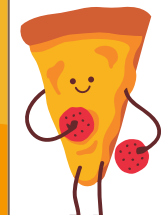
**19 Chicken Fajita Bowl**  
seasoned chicken and veggies  
fiesta salad bar



**20 Build Your Own Parfait Bar**  
vanilla yogurt, fresh berries, granola  
mini chocolate chip muffin  
parfait salad bar

**21 Thanksgiving Meal**  
**Sliced Turkey & Mashed Potatoes**  
served with whole grain sweet hawaiian roll  
roasted carrots and pumpkin spice  
cookie  
seasonal salad bar

**22 Turkey Pepperoni Pizza**  
whole grain dough  
american salad bar



*Happy Thanksgiving*



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