

PLEASE!! NO PEANUTS or  
TREE NUTS IN SCHOOL

**RCEM BREAKFAST and LUNCH MENU**  
**DATE: OCTOBER 21 - NOVEMBER 8, 2024**

MILK CHOICES ARE NON-FLAVORED  
OR CHOCOLATE 1% OR FAT FREE

Monday, October 21, 2024	Tuesday, October 22, 2024	Wednesday, October 23, 2024	Thursday, October 24, 2024	Friday, October 25, 2024
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
SAUSAGE WRAP FRUIT SELECTION MILK	CHICKEN PATTY on a WG BISCUIT FRUIT SELECTION MILK	SAUSAGE PATTY on a WG BISCUIT FRUIT SELECTION MILK	EGG -n- CHEESE on a WG BISCUIT FRUIT SELECTION MILK	STRING CHEESE WG - DONUT FRUIT SELECTION MILK
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
CHICKEN TENDERS TATER TOTS MIXED VEGGIES/WG ROLL FRUIT SELECTION MILK	MINI CORN DOGS POTATO WEDGES SEASONED BROCCOLI FRUIT SELECTION MILK	<b>BREAKFAST LUNCH</b> BOILED EGG, SAUSAGE PATTY WAFFLE, CINNAMON APPLES FRUIT SELECTION MILK	CRISPY CHICKEN SANDWICH LETTUCE/TOMATO BAKED CHIPS FRUIT SELECTION MILK	CHEESE PIZZA WHOLE KERNEL CORN TOSSED SALAD FRUIT SELECTION MILK
Monday, October 28, 2024	Tuesday, October 29, 2024	Wednesday, October 30, 2024	Thursday, October 31, 2024	Friday, November 1, 2024
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
EGG - N - CHEESE on a WG BISCUIT FRUIT SELECTION MILK	SAUSAGE WRAP FRUIT SELECTION MILK	SWEET CINNAMON OVERNIGHT OATS PARFAIT FRUIT SELECTION MILK	SAUSAGE PATTY on a WG BISCUIT FRUIT SELECTION MILK	STRING CHEESE WG WAFFLE FRUIT SELECTION MILK
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
MINI CORN DOGS POTATO WEDGES SEASONED BROCCOLI FRUIT SELECTION MILK	NACHO CHIP DAY!! SEASONED GROUND MEAT LETTUCE, TOMATO, CHEESE FRUIT SELECTION MILK	CHICKEN TENDERS TATER TOTS MIXED VEGGIES/WG ROLL FRUIT SELECTION MILK	CHEESE BURGER on WG BUN LETTUCE, TOMATO, PICKLE SEASONED FRIES FRUIT SELECTION MILK	PEPPERONI PIZZA WHOLE KERNEL CORN TOSSED SALAD FRUIT SELECTION MILK
Monday, November 4, 2024	Tuesday, November 5, 2024	Wednesday, November 6, 2024	Thursday, November 7, 2024	Friday, November 8, 2024
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
SAUSAGE PATTY on a WG BISCUIT FRUIT SELECTION MILK	CLOSED TWD/ELECTION DAY	SAUSAGE WRAP FRUIT SELECTION MILK	CHICKEN PATTY on a WG BISCUIT FRUIT SELECTION MILK	STRING CHEESE POPTART FRUIT SELECTION MILK
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
CHICKEN TENDERS TATER TOTS MIXED VEGGIES/WG ROLL FRUIT SELECTION MILK	CLOSED TWD/ELECTION DAY	MINI CORN DOGS POTATO WEDGES SEASONED BROCCOLI FRUIT SELECTION MILK	ALL BEEF HOT DOG on WG BUN BBQ BAKED BEANS BAKED CHIPS FRUIT SELECTION MILK	CHEESE PIZZA WHOLE KERNEL CORN TOSSED SALAD FRUIT SELECTION MILK

**MENU NOTES:** CEREAL/FRUIT/MILK - Available Daily  
menus are subject to change due to availability

Meals are FREE to ALL  
enrolled students

USDA is an equal opportunity provider.  
WG = whole grain