

**Week 21<sup>st</sup> – 25<sup>th</sup> October: Communication: Life in its fulness (Communication)**

The words we use have the capacity to be life giving. We conclude our reflections on communication by considering the impact on us.

***Wisdom from Spiritual Traditions***

Jesus said “The thief comes only to steal and kill and destroy. I came that they may have life, and have it abundantly.” (John 10:10)

When the Quran is recited, listen to it attentively and be silent, so you may be shown mercy. (Al-A'raf Q 7:204)

Realization of Truth is higher than all else. Higher still is truthful living. (Guru Nanak)

*Life in all its fullness – John 10:1-10*

***Reflection***

O God  
amidst the many voices that claim our attention,  
teach us to listen for words that are life-giving  
as we look to follow on the right path for us.  
Give us wisdom to find words that bring  
blessing and life to others  
that together we may know life in its fulness. Amen.

<b>Communication: Life in its fulness: 21<sup>st</sup> – 25<sup>th</sup> October 2024</b>	
<b>Monday</b>	Two prisoners whose cells adjoin communicate with each other by knocking on the wall. The wall is the thing which separates them but is also their means of communication. It is the same with us and God. Every separation is a link.  -- Simone Weil
<b>Tuesday</b>	We are buried beneath the weight of information, which is being confused with knowledge; quantity is being confused with abundance and wealth with happiness.  -- Tom Waits
<b>Wednesday</b>	Bad human communication leaves us less room to grow.  -- Rowan Williams
<b>Thursday</b>	Good words are worth much, and cost little.  -- George Herbert
<b>Friday</b>	Communication is at the very core of our society. That's what makes us human.  -- Jan Koum