

LOCAL MENTAL HEALTH RESOURCES

***Psychology Today (Online Filter)**

<https://www.psychologytoday.com/us/therapists>

Accent (North Bellingham)

<https://accent-counseling.com/our-team-filter-sandbox/ap-telehealth/age-05-12-or-13-17/>

Catholic Community Services

<https://ccsww.org/our-services/mental-health-services/>

Compass Health

<https://www.compasshealth.org/>

Lummi Behavioral Health

<https://www.lummi-nsn.gov/Website.php?PageID=434>

National Alliance on Mental Illness (NAMI) Whatcom

<https://www.namiwhatcom.org/>

Private Local Counselor

<https://ruleandassociates.org/>

Sea Mar

<https://www.seamar.org/services-bh.html>

Single Entry Access to Services (SEAS) - Opportunity Council (21 and younger)

[SEAS Program \(seaswhatcom.org\)](https://seaswhatcom.org)

Seattle Children's (17 years old and under)

<https://www.seattlechildrens.org/healthcare-professionals/community-providers/pal/mental-health-referral/>

Sunrise Services

<https://sunriseservicesinc.com/>

Touchstone

<https://touchstonecounselinggroup.com/>

Unity Care Northwest

<https://unitycarenw.org/>

Western Washington University Training Clinic (FREE!)

<https://chss.wvu.edu/psychology/counseling-training-clinic>