

Mobile Crisis Response Team (MCRT)

Behavioral Health Crisis Response in Schools

NEW in November 2024



The **Mobile Crisis Response Team (MCRT) Program** is a countywide service that offers an alternative response option for those experiencing a mental health or substance use-related crisis during school and after school hours.

Launched by the County of San Diego in January 2021, non-law enforcement MCRTs are trained to respond, assess, and de-escalate behavioral health crises in the community and can now respond in all school districts in San Diego County (grades K-12).

During school hours, personnel should call either Telecare MCRT and Exodus MCRT for immediate on-campus response.

For after-school hours, community response, or emergency services, call **988** or the **Access & Crisis Line (ACL)** at **888-724-7240**.

How can MCRT help?

MCRT can respond to behavioral health crisis calls in schools that do not involve known threats of violence or medical emergencies. Depending on the situation, MCRT can:

- Provide assessments
- Utilize crisis intervention and de-escalation techniques
- Initiate and transport a 5585 (5150) hold when there is a not a safety concern
- Connect students to appropriate behavioral health services and resources, provide initial coordination for treatment services as needed, and follow-up for up to 30 days after initial service



Scan for More Information on MCRT

How can schools access MCRT?



If you are not sure what to do or what you need, call MCRT to consult a trained expert.

San Diego MCRT During School Hours

- **Schools in North Coastal Region of San Diego County (Carlsbad, Oceanside, Pendleton, San Dieguito, & Vista):**
Contact Exodus MCRT directly.
- **Schools in all other regions of San Diego County:**
Contact Telecare MCRT directly.

San Diego County Access & Crisis Line

Call **888-724-7240** for free, confidential support and resources for anyone dealing with alcohol, drug, or mental health challenges, available **24/7** in over **200** languages. Individuals with San Diego County area codes (619, 858, 760, or 442) may also reach the ACL using quick-dial code **9-8-8**.