

# SAMPLE BEHAVIORAL HEALTH CRISIS RESPONSE FOR SCHOOLS

**Student has displayed signs of a behavioral health crisis**

**Follow School Threat Assessment Protocol**

## **Consider MCRT when student has:**

- Active suicide ideation (high severity level)
- Extreme paranoia (e.g., feeling that someone/thing is going to cause harm that is not feasible)
- Dissociation (e.g., not aware of surroundings or feeling the surroundings are unreal, not feeling body or other sensations, acting as a separate self)
- Active visual or auditory hallucinations directing the student to harm

**Behavioral Health Crisis or Psychological Distress Determined**

**Contact Parent/Caregiver (unless counter indicated)**

**Identified School Employee Activates MCRT**

## **MCRT will:**

- Come to school and meet with identified school staff, student and parent (if present) in a confidential place
- Assess the student for Homicidal Ideation/Suicidal Ideation, or grave disability and work with identified school staff, student and family to develop a plan to resolve the crisis
- Coordinate/connect student and family to appropriate services

**Student is stabilized with a plan**

**MCRT will provide care coordination for up to 30 days if relevant, to provide support and follow up on the plan that was developed.**

## **Consider PERT/911 when student:**

- Makes a verbal/nonverbal threat to harm another or homicidal threat
- Has a physical altercation that results in ongoing fear/intimidation on the part of the target, or injury to the target that requires medical attention
- Brings a dangerous object to school that could cause harm

**Safety Threat is Determined**

**DO NOT CONTACT MCRT**

**Contact 911/PERT if student is stating or showing an immediate intent to harm others and has access and means to follow through with that intent in the moment. Follow emergency procedures**

**Occasionally a student will need to be transported by guardian or MCRT to be assessed for a psychiatric hospitalization**

**\*MCRT or Guardian Transports Following District Protocol to an acute care setting:**

**ESU Crisis Stabilization (Medi-Cal Only)**

**Emergency Department**

**Aurora, Sharp Mesa Vista, Rady CAPS**

### Mobile Crisis Response (MCRT) Helpful Guidelines for School Districts

#### Summary

The guidelines identified below were developed with the goal of establishing a foundation for Mobile Crisis Response services to 43 school districts, determine response criteria, and develop strategy for calculated and efficient response to all school districts.

#### MCRT REFERRAL PROCESS for PILOT SCHOOL DISTRICTS

- Schools are encouraged to leverage the Sample Behavioral Health Crisis Response for Schools that was developed, which includes response criteria.
- Schools to provide MCRT with a Point of Contact (POC) and designate confidential space for MCRT to connect with student, caregiver, or school personnel.
- MCRT makes every effort to stabilize youth in crisis with family/caregiver.
- When needed, MCRT transports youth to crisis and emergency services for voluntary and involuntary transport.
- LPS authority gives MCRT the same 5150/5585 hold authority as law enforcement.
- MCRT legal entities conduct staff background checks which include motor vehicle reports, and background screenings at county/state/federal levels.

#### Key Considerations for Schools Referring to MCRT

- **How to Contract MCRT**
  - Exodus in the North Coastal Region: (760) 292-8288
  - Telecare in the North Inland, North Central, Central, East, and South Regions: (619) 831-6890
    - passcode: 939690
  - **Please note these numbers are for school sites ONLY and not for public distribution.**
  - **Community access is available through the Access and Crisis Line (888) 724-7240.**
- **Information that will be asked**
  - Name of referring party and callback phone number
  - Name of youth in crisis
  - Address of the school, where on campus MCRT should respond to, and the point of contact to request upon arrival
  - Reason for referral
  - If safety criteria have been cleared
  - If parent/guardian was notified and their contact information
  - Accommodations (language, accessibility, etc.)