

**LIBERTY MEMORIAL  
CENTRAL MIDDLE  
SCHOOL**



# LMCMS Daily Schedule 2023-24

## Monday, Tuesday, Thursday, & Friday

1	8:15 - 9:06
2	9:09 - 10:00
3	10:03 - 10:54
4	10:57 - 12:14* Lunch: 11:00-11:25 (6th) 11:25-11:50 (7th) 11:50-12:14 (8th)
5	12:17 - 1:08
6	1:11 - 2:02
7	2:05 - 2:56

## Wednesday

1	8:15 - 8:59
2	9:02 - 9:46
3	9:49 - 10:33
4	10:36 - 11:06
5	11:09 - 12:18 Lunch: 11:09-11:34 (6th) 11:34-11:59 (7th) 11:53-12:18 (8th)
6	12:21 - 1:05
7	1:09 - 1:53

## **MENTAL HEALTH**

Lawrence Public Schools is committed to addressing the social-emotional and mental wellness needs of all students. If you need to speak with your Counselor or any member of our LMCMS Mental Health Team, use the QR Code below to complete a Self-Referral to Student Services.

- The Self-Referral Form can be used to report bullying.
- The Self-Referral Form can be used to request to see the school nurse, counselor(s), Student Support Facilitator, Parent Involvement Facilitator, Social Worker, WRAP Counselor, Assistant Principal and Principal.

**MY COUNSELOR IS:**

**MY ADVISORY  
TEACHER IS:**

LMCMS STUDENT  
SERVICES SELF  
REFERRAL FORM





**Principal**  
**Dr. Jennifer**  
**Schmitt**

**Assistant**  
**Principal/**  
**Athletic Director**  
**Mr. Phil Mitchell**

**Counselor A-L**  
**Deb Keary**  
**Counselor M-Z**  
**Eric Cheray**

### **Contact** **Information**

#### **Office Hours**

7:30 a.m. - 4:00 p.m.

#### **Address**

1400 Massachusetts St.,  
Lawrence, KS 66044

#### **Telephone Number**

(785) 832-5400

#### **Website**

[www.usd497.org/lmcms](http://www.usd497.org/lmcms)

#### **Fax Number**

(785) 832-5403

#### **Teacher Hours**

7:30 a.m - 3:30 p.m.

#### **Student Hours**

8:00 a.m. - 3:05 p.m.

### **Social Media**

Instagram:

LMCentralMiddle

Facebook: Liberty

Memorial Central

Middle School

Twitter:

@LMCentralMiddle

School Hashtag:

#LMCMSLeads

## **Our History**

Liberty Memorial Central Middle School was opened to students in 1923. The building stands in memory of the 19 Lawrence students and alumni who lost their lives in World War I. At the time it was built, the building was on the outskirts of downtown! The cornerstone of our building, the outside architectural details and features are interesting to study. Inside the auditorium, a plaque commemorates the names of the soldiers who lost their lives in the war and a poem by Rudyard Kipling. In 2007 Liberty Memorial Central Middle School made some beautiful changes and additions to the school, including a competition gym and refurbished music rooms. While the campus is smaller than most other middle schools in town, Liberty Memorial Central has a grace and beauty unmatched among any of the Lawrence Public Schools. In 2019 the building was again renovated with major changes to the library media center and updating common areas. This was completed while maintaining the beauty of the historic building.

## **Advisory Themes**

**August — Community**

September — Responsibility

**October — Integrity**

November — Respect

**December — Empathy**

January — Leadership

**February — Accountability**

March — Goals

**April — Motivation**

May — Mindfulness

## **School Mascot**



Bolt the Mustang

## **School Colors**

Red & White

## **School Song**

Go Central Mustangs! Fight for Victory!

For the fame of our great name. Forever will it be.

Fight!

Fight! Fight!

Fight on to victory, raise your banners high.

We are the best so show all the rest

BIG RED is going to win tonight!

# The Presidential Community Service Challenge

Student Service Tracking Form

December 1, 2021 - November 30, 2022

**Bronze Award: 50-74 hours    Silver Award: 75-99 hours    Gold Award: 100+ hours**

*Tracking forms are due to LMCMS Office by December 2, 2022*

<b>Student Name:</b>		<b>Grade:</b>
<b>Address:</b>		<b>City, State</b>
<b>Zip Code:</b>	<b>Email address:</b>	

Date	Activity	Type	Location of Service	Hours
			<b>Total Hours (this page)</b>	

**CI**-Community Improvement    **DR**-Disaster Relief    **EA**-Elderly Assistance    **E**-Environment    **H**-Health    **LE**-Literacy/Education  
**HH**-Hunger/Homelessness    **PV**-Public Safety & Violence Prevention    **YSY**-Youth Serving Youth    **O**-Other

I certify that the above information is accurate.

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**PRESIDENTIAL COMMUNITY SERVICE CHALLENGE**

# LMCMS Expectation Matrix

## Our Foundation for Respect & Equity

	Assemblies	Athletic Events	Field Trips	Plays/Concerts	Socials
Self-Control	<ul style="list-style-type: none"> <li>• Leave the space cleaner than you found it</li> <li>• Practice active listening</li> <li>• Be respectful of the space around you, including people and furniture</li> <li>• Use devices as instructed or with permission</li> <li>• Keep hands and feet to self</li> </ul>	<ul style="list-style-type: none"> <li>• Keep hands and feet to self</li> <li>• Leave the space cleaner than you found it</li> <li>• Demonstrate positive behaviors that reflect upon yourself, your team, and others</li> </ul>	<ul style="list-style-type: none"> <li>• Keep hands and feet to self</li> <li>• Leave the space cleaner than you found it</li> <li>• Use devices as instructed or with permission</li> <li>• Follow directions</li> <li>• Participate</li> </ul>	<ul style="list-style-type: none"> <li>• Keep hands and feet to self</li> <li>• Leave the space cleaner than you found it</li> <li>• Be respectful of the space around you, including people and furniture</li> <li>• Use devices as instructed or with permission</li> <li>• Enter and exit when directed</li> <li>• Speak in a low volume</li> </ul>	<ul style="list-style-type: none"> <li>• Keep hands and feet to self</li> <li>• Leave the space cleaner than you found it</li> <li>• Be respectful of the space around you, including people and furniture</li> <li>• Resolve conflicts peacefully</li> <li>• Remain in assigned areas until the end of the event</li> </ul>
Trustworthy	<ul style="list-style-type: none"> <li>• Demonstrate respect to presenters</li> <li>• Listen for instructions</li> <li>• Sit in assigned seats</li> </ul>	<ul style="list-style-type: none"> <li>• Sit in approved locations</li> <li>• Report unsafe actions</li> </ul>	<ul style="list-style-type: none"> <li>• Keep hands and feet inside the bus</li> <li>• Report unsafe actions</li> <li>• Own your choices</li> <li>• Cooperate with others</li> <li>• Use language that is respectful to others</li> </ul>	<ul style="list-style-type: none"> <li>• Demonstrate respect to the performers</li> <li>• Report unsafe actions</li> </ul>	<ul style="list-style-type: none"> <li>• Report unsafe actions</li> <li>• Be honest</li> <li>• Have integrity</li> <li>• Own your choices</li> <li>• Attend with students actively enrolled at LMCMS only</li> </ul>
Optimistic	<ul style="list-style-type: none"> <li>• Applaud and cheer respectfully</li> <li>• Be kind and courteous to others</li> </ul>	<ul style="list-style-type: none"> <li>• Applaud and cheer respectfully</li> <li>• Demonstrate positive sportsmanship</li> <li>• Be kind and courteous to others</li> <li>• Win with character and lose with dignity</li> </ul>	<ul style="list-style-type: none"> <li>• Be kind and courteous to others</li> <li>• Maintain a positive attitude</li> <li>• Help others</li> </ul>	<ul style="list-style-type: none"> <li>• Be engaged in the experience</li> </ul>	<ul style="list-style-type: none"> <li>• Be kind and courteous</li> <li>• Help others</li> <li>• Say please and thank you</li> <li>• Contribute to a positive environment</li> </ul>
Motivated	<ul style="list-style-type: none"> <li>• Be engaged in the presentation</li> </ul>	<ul style="list-style-type: none"> <li>• Be engaged in the event</li> </ul>	<ul style="list-style-type: none"> <li>• Be engaged in the experience</li> </ul>	<ul style="list-style-type: none"> <li>• Plan a ride home ahead of time</li> </ul>	<ul style="list-style-type: none"> <li>• Make healthy choices</li> <li>• Observe your environment</li> <li>• Be engaged in safe activities</li> </ul>
Prepared	<ul style="list-style-type: none"> <li>• Take only what materials you may need as instructed</li> <li>• Be ready to demonstrate STOMP behaviors</li> </ul>	<ul style="list-style-type: none"> <li>• Plan ride home ahead of time</li> <li>• Know and abide by the rules and coaches' decisions</li> <li>• Know and abide by KSHSAA Policies</li> </ul>	<ul style="list-style-type: none"> <li>• Take only what materials you may need as instructed</li> <li>• Be ready to demonstrate STOMP behaviors</li> </ul>	<ul style="list-style-type: none"> <li>• Wash hands with soap</li> <li>• Sign in and out of learning space</li> </ul>	<ul style="list-style-type: none"> <li>• Plan a ride home ahead of time</li> <li>• Confirm eligibility in advance</li> </ul>

# LMCMS Expectation Matrix

Our Foundation for Respect & Equity

	Learning Spaces	Hallway	Cafeteria	Restroom	Technology
<b>Self-Control</b>	<ul style="list-style-type: none"> <li>Participate &amp; follow classroom procedures</li> <li>Resolve conflicts peacefully</li> <li>Use courteous non-verbal communication</li> <li>Follow directions</li> </ul>	<ul style="list-style-type: none"> <li>Maintain an inside voice</li> <li>Keep hands and feet to yourself</li> <li>Respect personal space</li> <li>Resolve conflicts peacefully</li> <li>Walk</li> <li>Respect classes in session</li> </ul>	<ul style="list-style-type: none"> <li>Maintain an inside voice</li> <li>Keep hands and feet to yourself</li> <li>Respect personal space</li> <li>Resolve conflicts peacefully</li> </ul>	<ul style="list-style-type: none"> <li>Stay in your own stall</li> <li>Take care of your own business</li> </ul>	<ul style="list-style-type: none"> <li>Put device away when requested</li> <li>Be a positive digital citizen</li> <li>Take pictures of others only with permission</li> <li>Use devices as instructed or with permission</li> </ul>
<b>Trustworthy</b>	<ul style="list-style-type: none"> <li>Own your choices</li> <li>Be honest</li> <li>Be respectful of space &amp; others</li> <li>Have integrity</li> <li>Cooperate with others</li> <li>Use school approved language</li> <li>Make responsible decisions</li> </ul>	<ul style="list-style-type: none"> <li>Go to assigned destinations</li> <li>Report unsafe behaviors</li> <li>Keep locker combination confidential</li> <li>Make responsible decisions</li> <li>Keep food in designated area</li> <li>Recycle</li> </ul>	<ul style="list-style-type: none"> <li>Be respectful</li> <li>Report unsafe actions</li> <li>Keep food and drinks in the cafeteria</li> <li>Sit in designated spaces</li> <li>Listen to announcements</li> <li>Enter and exit through the designated doors</li> <li>Make responsible decisions</li> </ul>	<ul style="list-style-type: none"> <li>Give others privacy</li> <li>Flush</li> <li>Keep restroom clean</li> <li>Make responsible decisions</li> </ul>	<ul style="list-style-type: none"> <li>Use electronic devices and social media for class purposes</li> <li>Use device on approved sites</li> <li>Use only your device</li> <li>Cite your sources</li> <li>Protect sensitive personal information</li> <li>Keep Bluetooth turned on</li> </ul>
<b>Optimistic</b>	<ul style="list-style-type: none"> <li>Do your personal best</li> <li>Celebrate successes</li> <li>Be kind &amp; courteous</li> <li>Help others</li> <li>Maintain a positive attitude</li> </ul>	<ul style="list-style-type: none"> <li>Be kind &amp; courteous</li> <li>Help others</li> <li>Contribute to a positive environment</li> <li>Leave hallway cleaner than you found it</li> </ul>	<ul style="list-style-type: none"> <li>Be kind &amp; courteous</li> <li>Help others</li> <li>Say please and thank you</li> </ul>	<ul style="list-style-type: none"> <li>Be kind &amp; courteous</li> <li>Return to class promptly</li> </ul>	<ul style="list-style-type: none"> <li>Demonstrate academic integrity</li> </ul>
<b>Motivated</b>	<ul style="list-style-type: none"> <li>Be engaged in learning</li> <li>Complete work on time</li> <li>Leave space cleaner than you found it</li> </ul>	<ul style="list-style-type: none"> <li>Move with purpose</li> <li>Take all materials for class</li> <li>Observe your environment</li> </ul>	<ul style="list-style-type: none"> <li>Make healthy choices</li> <li>Keep cafeteria clean</li> <li>Use time wisely</li> <li>Listen for teacher at dismissal</li> </ul>	<ul style="list-style-type: none"> <li>Report problems to an adult</li> </ul>	<ul style="list-style-type: none"> <li>Be responsible for personal devices</li> <li>Manage devices with care</li> <li>Report damages &amp; problems to teacher</li> </ul>
<b>Prepared</b>	<ul style="list-style-type: none"> <li>Have all materials for class</li> <li>Use your agenda</li> <li>Manage time wisely</li> <li>Be ready to learn</li> <li>Sign in &amp; out of learning space</li> </ul>	<ul style="list-style-type: none"> <li>Keep locker organized</li> <li>Plan ahead</li> <li>Be on time to class</li> <li>Sign in and out of learning space</li> </ul>	<ul style="list-style-type: none"> <li>Take only what you will eat</li> <li>Know your student ID number</li> <li>Keep account in the positive</li> </ul>	<ul style="list-style-type: none"> <li>Wash hands with soap</li> <li>Sign in and out of learning space</li> </ul>	<ul style="list-style-type: none"> <li>Bring device fully charged</li> <li>Update device regularly</li> </ul>

**S.T.O.M.P. EXPECTATIONS**

## STOMPEDE QUALIFICATIONS

STOMPEDE is a quarterly celebration of the students at LMCMS who are consistently demonstrating STOMP expectations.

Attendance	Behavior	Academics
4* or fewer excused/unexcused absences for the quarter. *Students may buy back one excused absence with 15 Mustang Bucks	4 or fewer minors and no majors for the quarter.	C or higher in all classes for the quarter.

## Middle School Tier 3 Discipline Matrix USD 497 Lawrence Public Schools

### Section 1: Student Conduct

Tier 3 Behaviors	1 <sup>st</sup> Offense	2 <sup>nd</sup> Offense	Subsequent Offenses	USD 497 Board Policy
<b>Fighting</b>  Student is involved in mutual participation in an incident involving physical fighting and/or assault on the Middle School campus or at any school activity will automatically subject a student to out of school suspension from school, followed by transition and possible expulsion.	Short-Term Suspension: 1-5 Days	Short-Term Suspension: 3-5 Days	Short-Term Suspension and possible Long-Term Suspension  Ten (10) day suspension and possible expulsion.	<b>Student Conduct (JCDA):</b> The superintendent shall develop rules to govern student conduct that are consistent with board policies. Each building shall develop their own code of conduct and will annually review and distribute the code of conduct to parents and students through student handbooks. Building codes of conduct will not conflict with district rules or board policy.  Violation of any provision of the behavior code may result in disciplinary action up to and including suspension and/or expulsion.  Reviewed by Board Policy Committee on Feb 27, 2008
<b>Sexual Misconduct</b>  Sexual misconduct is defined as any inappropriate physical or verbal misconduct that is sexual in nature.	Short-Term Suspension: 1-5 Days	Short-Term Suspension: 3-7 Days	Short-Term Suspension and possible Long-Term Suspension  Ten (10) day suspension and possible expulsion.	
<b>Theft</b>  Taking and carrying away the personal property of another without their consent; stealing.	Short-Term Suspension: 1-3 Days	Short-Term Suspension: 3-5 Days	Short-Term Suspension and possible Long-Term Suspension  Ten (10) day suspension and possible expulsion.	

\*Parent/Guardian Communication in all cases resulting in suspension.

\*Administration has discretion to deviate from the rubric with documentation recorded regarding the reason.

### Section 2: Student Conduct Towards Staff Members

Tier 3 Behaviors	1 <sup>st</sup> Offense	2 <sup>nd</sup> Offense	Subsequent Offenses	USD 497 Board Policy
<b>Inappropriate Language to a Staff Member</b>  Students are under the authority of any school district staff member any time they are on the school grounds, in the school building, or at any school function, wherever it may be held. Disrespectful behavior (for example, obscene language or gestures and/or verbal abuse) or failure to comply with any reasonable request will result in a disciplinary action.	Follow reactive plan fully before moving to this column or the subsequent columns  1 day ISS - 1 day Short Term Suspension  May Include: Individual Student Behavior Support Plan  Restriction of attendance to school sponsored events	Follow reactive plan fully before moving to this column or the subsequent columns  2 days ISS-2 days Short Term Suspension  May Include: Individual Student Behavior Support Plan  Restriction of attendance to school sponsored events  Student/Parent Conference	Follow reactive plan fully before moving to this column or the subsequent columns  1-3 days Short Term Suspension  May Include: Individual Student Behavior Support Plan  Restriction of attendance to school sponsored events  Student/Parent Conference	<b>Student Conduct (JCDA):</b> The superintendent shall develop rules to govern student conduct that are consistent with board policies. Each building shall develop their own code of conduct and will annually review and distribute the code of conduct to parents and students through student handbooks. Building codes of conduct will not conflict with district rules or board policy.  Violation of any provision of the behavior code may result in disciplinary action up to and including suspension and/or expulsion.  Reviewed by Board Policy Committee on Feb 27, 2008
<b>Violence Towards Staff</b>  Any activity that threatens the safety or well-being of a staff member.	Expulsion Hearing	Expulsion Hearing	Expulsion Hearing	

\*Parent/Guardian Communication in all cases resulting in suspension.

\*Administration has discretion to deviate from the rubric with documentation recorded regarding the reason.



### Section 3: Drug Free Schools

Tier 3 Behaviors	1 <sup>st</sup> Offense	2 <sup>nd</sup> Offense	Subsequent Offenses	USD 497 Board Policy
<b>Use of Illegal Substances</b> Under the influence of Alcohol, Illegal Drugs, Non-Prescribed Controlled Substances, or Other Potentially Mind-altering Substances (such as glue, paint, potpourri, etc.)	3 day suspension or 1 day suspension with the condition of an alcohol/drug assessment by a mental health practitioner licensed by the Kansas Behavioral Sciences Regulatory Board (KBSRB).  Students under the influence at extra-curricular activities will be suspended from all such activities for 30 days for the first offense.	Five (5) day suspension or three (3) day suspension with the condition of an alcohol/drug assessment by a mental health practitioner licensed by the KBSRB.  A second offense will result in a calendar year suspension from such activities.	Ten (10) day suspension and referral for a long-term suspension hearing.	<b>Drug Free Schools (JDDA):</b> The unlawful manufacturing, sale, distribution, dispensing, possession or use of alcoholic beverages, illegal drugs, or controlled substances by students on school premises or at any school activity is prohibited. Further, presence on school premises or at any school activity by students who have consumed alcoholic beverages or illegal drugs at any other place and which are detected while on school premises or at any school activity is prohibited use. Any student violating the terms of this policy shall be reported to the appropriate law enforcement officials and shall be subject to any one or more of the sanctions set forth in Board Policy.  Drug Free School last amended on May 12, 2008  <b>Alcohol and Drug Assessments Requirement:</b> USD497 will not assume any cost incurred. Completion of the assessment must be verified in writing by the practitioner to the school district in order for the suspension to be reduced as per this policy. The district does not assume liability for costs of inpatient or outpatient treatment resulting from such assessment.
<b>Possession of Alcohol or Illegal Substances</b> This includes: alcoholic beverages, illegal drugs, or controlled substances in a student's possession (on their person, in their locker, in their backpack or in their personal belongings.	Alcohol: 3 day suspension or 1 day suspension with the condition of an alcohol/drug assessment by a mental health practitioner licensed by the Kansas Behavioral Sciences Regulatory Board (KBSRB).  Illegal Drugs or Controlled Substances: 3 day suspension or 1 day suspension with the condition of an alcohol/drug assessment by a mental health practitioner licensed by the Kansas Behavioral Sciences Regulatory Board (KBSRB).	Five (5) day short term suspension.  If the student did not take advantage of the alcohol/drug assessment by a mental health practitioner licensed by the Kansas Behavioral Sciences Regulatory Board (KBSRB) in the first offense, the suspension could be reduced to a 3 day suspension with completion of the assessment.	Ten (10) day suspension and referral for a long-term suspension hearing.	
<b>Distribution or Manufacturing of Illegal Substances</b> The unlawful manufacturing, sale, distribution, dispensing, possession or use of alcoholic beverages, illegal drugs, or controlled substances by students on school property.	Ten (10) day suspension and will be referred to the Superintendent for long term suspension or expulsion.	Ten (10) day suspension and will be referred to the Superintendent for long term suspension or expulsion.	Ten (10) day suspension and will be referred to the Superintendent for long term suspension or expulsion.	

\*Parent/Guardian Communication in all cases resulting in suspension.

\*Administration has discretion to deviate from the rubric with documentation recorded regarding the reason.

### Section 4: Tobacco Free Schools

Level 3 Behaviors	1 <sup>st</sup> Offense	2 <sup>nd</sup> Offense	Subsequent Offenses	USD 497 Board Policy
<b>Use of Tobacco/Related Products</b>  Any tobacco/nicotine product, including electronic smoking devices	Short-Term Suspension: 1-3 Days ISS	Short-Term Suspension: 1-5 Days OSS	Short-Term Suspension and possible Long-Term Suspension  Ten (10) day suspension and possible expulsion.	<b>Tobacco Use (JCDA):</b> Smoking by students and/or the possession and use of any tobacco/nicotine product, including electronic smoking devices, is prohibited on school property or at school-sponsored events. For tobacco-related offenses, the student shall be subject to disciplinary action up to and including suspension. Smoking cessation and nicotine addiction information shall be available in school nurses' offices.  Amended December 2013
<b>Possession of Tobacco/Related Products</b>  Any tobacco/nicotine product, including electronic smoking devices	Short-Term Suspension: 1-3 Days ISS	Short-Term Suspension: 1-5 Days OSS	Short-Term Suspension and possible Long-Term Suspension  Ten (10) day suspension and possible expulsion.	
<b>Distribution of Tobacco/Related Products</b>  Any tobacco/nicotine product, including electronic smoking devices	Short-Term Suspension: 1-5 days ISS	Short-Term Suspension: 1-5 Days OSS	Short-Term Suspension and possible Long-Term Suspension  Ten (10) day suspension and possible expulsion.	

\*Parent/Guardian Communication in all cases resulting in suspension.

\*Administration has discretion to deviate from the rubric with documentation recorded regarding the reason.

### Section 5: Threats to Safety

Level 3 Behaviors	1 <sup>st</sup> Offense	2 <sup>nd</sup> Offense	Subsequent Offenses	USD 497 Board Policy
<b>Threats to Safety</b>  Any student who verbally threatens a staff member and/or student and/or their property.  Any student who verbally or by posturing incites violence towards a staff member and/or student	Short-Term Suspension: One (1) to Three (3) Days	Short-Term Suspension: Three (3) to Five (5) Days	Short-Term Suspension and possible Long-Term Suspension  Ten (10) day suspension and possible expulsion.	<b>Prohibited Activity (JHCAA):</b> Activities that threaten the safety or well-being of persons or property on district property or at school activities, or which disrupt the school environment, are prohibited.  Reviewed by Board Policy Committee on March 26, 2008

\*Parent/Guardian Communication in all cases resulting in suspension.

\*Administration has discretion to deviate from the rubric with documentation recorded regarding the reason.

**Section 6: Harassment and Discrimination**

Level 3 Behaviors	1 <sup>st</sup> Offense	2 <sup>nd</sup> Offense	Subsequent Offenses	USD 497 Board Policy
<p align="center"><b>Harassment and Discrimination</b></p> <p>Harassment can be a result of verbal or physical conduct or written material. All forms of harassment are prohibited at district facilities; on district premises; and on non-district property if at any district sponsored, district approved or district related activity, program or event when the student is under the supervision of the district.</p> <p>Discrimination is conduct which affords a student different treatment, solely on the basis of race, color, national origin, religion, disability, sex, sexual orientation or gender identity in a manner which interferes with or limits the ability of the student to participate in or benefit from the services, activities or programs of the school.</p>	Short-Term Suspension: Three 1-3 Days	Short-Term Suspension: Five 3-5 Days	Short-Term Suspension and possible Long-Term Suspension  Ten (10) day suspension and possible expulsion.	<p><b>Harassment and Discrimination JGEC:</b> the Lawrence Public School district is committed to providing a positive and productive learning and working environment, free from discrimination and harassment. Discrimination is conduct which affords a student different treatment, solely on the basis of race, color, national origin, religion, disability, sex, sexual orientation or gender identity in a manner which interferes with or limits the ability of the student to participate in or benefit from the services, activities or programs of the school. Discrimination as above described against any student in the admission or access to, or treatment in the district's programs and activities is prohibited. Any student or employee who engages in discriminatory conduct as above described shall be subject to disciplinary action, up to and including termination from employment or expulsion from school.</p> <p>Amended April 24, 2017</p>

**\*Parent/Guardian Communication in all cases resulting in suspension.**

**\*Administration has discretion to deviate from the rubric with documentation recorded regarding the reason.**

**Section 7: Hazing and Bullying**

Level 3 Behaviors	1 <sup>st</sup> Offense	2 <sup>nd</sup> Offense	Subsequent Offenses	USD 497 Board Policy
<p align="center"><b>Hazing &amp; Bullying</b></p> <p>“<b>Hazing</b>” is any act that recklessly or intentionally endangers the mental health, physical or safety of a student for the purpose of initiation or as a condition or precondition of attaining membership in, or affiliation with, any district-sponsored activity or grade level attainment. This includes, but is not limited to: Forced consumption of any drink, alcoholic beverage, drug or controlled substance; Forced exposure to the elements; Forced prolonged exclusion from social contact; Forced sleep deprivation; Assignment of pranks or other activities intended to degrade or humiliate including shaving and hair removal.</p> <p>“<b>Bullying</b>” shall have the meaning ascribed to it in Kansas law, and that recklessly or intentionally endangers the mental health, physical health or safety of a student that takes place on or immediately adjacent to district grounds, at any district-sponsored activity, on district-provided transportation or at any district bus stop, and that has the effect of: Physically harming a student or damaging a student's property; threatening or knowingly placing a student in reasonable fear of physical harm to the student or damage to the student's property or causing substantial inconvenience; Taunting, teasing or intimidation that is so severe, persistent or pervasive that it creates and intimidating or threatening educational environment.</p>	Short-Term Suspension: 1-3 Days	Short-Term Suspension: 3-5 Days	Short-Term Suspension and possible Long-Term Suspension  Ten (10) day suspension and possible expulsion.	<p><b>Hazing and Bullying (JGEC):</b> The district is committed to maintaining an environment free from hazing and bullying, as herein defined. The board of education prohibits bullying in any form either by any student, staff member, or parents towards a student or by a student, staff member, or parent towards a staff member on or while using school property, in a school vehicle, or at a school-sponsored activity or event.</p> <p>Amended: Feb 22, 2016</p> <p><b>Definitions Continued:</b> “<b>Cyberbullying</b>” means threats or harassment over Internet through web pages, email, instant messaging, text messaging, or by other electronic means. Bullying shall include cyberbullying when it is initiated on school premises and threatens or endangers the safety of students, employees or third parties, or school property, or which substantially disrupts the educational program of the district. “Third parties” include, but are not limited to, coaches, school volunteers, parents, school visitors, service contractors or others engaged in district business, such as employees of businesses or organizations participating in cooperative work programs with the district and others not directly subject to district control at interdistrict and intradistrict athletic competitions or other school events.</p>

**\*Parent/Guardian Communication in all cases resulting in suspension.**

**\*Administration has discretion to deviate from the rubric with documentation recorded regarding the reason.**

**Section 8: Vandalism**

Level 3 Behaviors	1 <sup>st</sup> Offense	2 <sup>nd</sup> Offense	Subsequent Offenses	USD 497 Board Policy
<p><b>Vandalism</b></p> <p>Vandalism is the willful or malicious defacement or the destruction of property.</p>	<p>Short-Term Suspension: 1-3 Days</p> <p>Per School Board policy EBCA any incidents involving vandalism on school facilities or property will be reported to law enforcement officials.</p>	<p>Short-Term Suspension: 3-5 Days</p> <p>Per School Board policy EBCA any incidents involving vandalism on school facilities or property will be reported to law enforcement officials.</p>	<p>Ten (10) day suspension and possible expulsion.</p> <p>Per School Board policy EBCA any incidents involving vandalism on school facilities or property will be reported to law enforcement officials.</p>	<p><b>Vandalism and Property Damage (EBCA):</b> Students who destroy or vandalize school property will be required to pay for losses or damages. If students willfully destroy or damage school property, suspension or possible expulsion may result as per School Board policy EBCA.</p> <p>Anyone who vandalizes school facilities or property will be reported to law enforcement officials.</p> <p>Amended January 11, 2010</p>

\*Parent/Guardian Communication in all cases resulting in suspension.

\*Administration has discretion to deviate from the rubric with documentation recorded regarding the reason.

**Section 9: Weapons**

Level 3 Behaviors	1 <sup>st</sup> Offense	2 <sup>nd</sup> Offense	Subsequent Offenses	USD 497 Board Policy
<p><b>Possession of Weapon(s)</b></p> <p>A "weapon" means:</p> <ul style="list-style-type: none"> <li>Any object which will or is designed to or may readily be converted to expel a projectile by the action of an explosive;</li> <li>The frame or receiver of any object described in the preceding example;</li> <li>Any firearm muffler or firearm silencer;</li> <li>Any explosive, incendiary or poison gas, bomb, grenade, mine or similar device</li> <li>A rocket having a propellant charge of more than four ounces or missile having an explosive or incendiary charge of more than ¼ ounce</li> <li>Any object which will, or which may be readily converted to, expel a projectile by the action of an explosive or other propellant, and which has any barrel with a bore of more than ½ inch in diameter; Any combination of parts either designed or intended for use in converting any device into a destructive device and from which a destructive device may be readily assembled;</li> <li>Any bludgeon, sand club, metal knuckles or throwing star;</li> </ul>	Expulsion Hearing	Expulsion Hearing	Expulsion Hearing	<p><b>Weapons (JDD, EBC and KGD):</b> A student shall not possess a weapon at school, on school property or at a school supervised event.</p> <p><b>Definitions of Weapons Continued:</b></p> <ul style="list-style-type: none"> <li>Any knife, commonly referred to as a switchblade, which has a blade that opens automatically by hand pressure applied to a button, spring or other device in the handle of the knife, or any knife having a blade that opens or falls or is ejected into position by the force of gravity or by an outward, downward or centrifugal trust or movement.</li> </ul>

\*Parent/Guardian Communication in all cases resulting in suspension.

\*Administration has discretion to deviate from the rubric with documentation recorded regarding the reason.

**Section 10: Possession of Other Dangerous Objects**

Level 3 Behaviors	1 <sup>st</sup> Offense	2 <sup>nd</sup> Offense	Subsequent Offenses	USD 497 Board Policy
<p><b>Possession of Other Dangerous Objects</b></p> <p>Possession at school, on school property or at a school supervised activity of:</p> <ul style="list-style-type: none"> <li>Any object not meeting the definition of a weapon in JCDBB but that is used in a threatening manner;</li> <li>Any object that is a facsimile of a weapon or;</li> <li>Any object that is inherently dangerous except when such object is provided by the school and used in an approved, supervised instructional or extracurricular activity</li> </ul>	<p>In School Suspension or Short-Term Suspension: 1-3 Days OSS</p>	<p>Short-Term Suspension: 3-5 Days OSS</p>	<p>Short-Term Suspension and possible Long-Term Suspension</p> <p>Ten (10) day suspension and possible expulsion.</p>	<p><b>Other Dangerous Objects (IDD)</b> Possession at school, on school property or at a school supervised activity of: Any object not meeting the definition of a weapon in JCDBB but that is used in a threatening manner. May result in such penalties as are allowed by district policy This may include suspension or expulsion.</p> <p>Amended January 14, 2008</p>

\*Parent/Guardian Communication in all cases resulting in suspension.

\*Administration has discretion to deviate from the rubric with documentation recorded regarding the reason.



## **Section 11: Additional Board Policies**

### **Investigations**

#### **Investigations (JCAC):**

Principals and others designated by the superintendent may conduct investigations and question students about infractions of school rules or the student conduct code.

Amended: October 28, 2013

### **Reporting to Law Enforcement**

#### **Board Policy for Reporting to Law Enforcement (JDDB):**

Whenever a student engages in conduct which constitutes the commission of any misdemeanor or felony at school, on school property, or at a school supervised activity and/or has been found:

1. in possession of a weapon
2. in possession of a controlled substance or illegal drug, or
3. to have engaged in behavior at school which has resulted in or was substantially likely to have resulted in serious bodily injury to others, the principal shall report such act to the appropriate law enforcement agency

Amended: March 21, 2016

### **Searches**

#### **Searches of Property (JCAB):**

Principals are authorized to search property if there is a reasonable suspicion that district policies, rules, or directives are being violated. All searches shall be carried out in the presences of another adult witness. Any person other than the principal conducting a search of a student's locker or property shall do so only with the consent of and in the presence of the principal, unless circumstances require immediate action in order to preserve the security and safety of staff and students.

District property, including lockers, is under the supervision of the principal. Students should have no expectation of privacy when utilizing district property, including lockers. Lockers shall be subject to random searches without prior notice or reasonable suspicion.

Amended: April 14, 2008

#### **Searches of Students (JCABB):**

Principals are authorized to search students if there is reasonable suspicion that district policies, rules or directives are being violated. Strip searches shall not be conducted by school authorities. All searches shall be carried out in the presence of another adult and the adult conducting the search shall be of the same gender as the student.

The student shall be told why the search is being conducted. The student may be requested to empty items such as, but not limited to pockets, purses, shoulder bags, book bags and briefcases. The principal shall attempt to call the student's parent and may call law enforcement. Items which the principal believes may be connected with illegal activity shall remain in the custody of the principal unless the items are turned over to law enforcement authorities.

Amended: March 21, 2016

**For more details about USD 497 Board Policies or to read the policies in their entirety, visit <https://www.usd497.org/Domain/593>**





**Self-Control**  
**Trustworthy**  
**Optimistic**  
**Motivated**  
**Prepared**

**August 2023**

1	2	3	4	5	6	7
WATER						

1	2	3	4	5	6	7
EXERCISE						

1	2	3	4	5	6	7

1	2	3	4	5	6	7

RESTROOM PASSES	
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE

	<b>Monday 14</b>	<b>Tuesday 15</b>
Student Success		
ELA		
Math		
Science		
Social Studies		
Essentials		
Essentials		

**Wednesday 16**

**Thursday 17**

**Friday 18**

Student Success			
ELA			
Math			
Science			
Social Studies			
Essentials			
Essentials			

## Goal Setting & Academic Progress

Date: \_\_\_\_\_

One academic goal I have for this quarter is...

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I will achieve this by...

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One personal goal I have for this quarter is...

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I will achieve this by...

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## **Goal Setting & Academic Progress**

One thing that has gone well this quarter is...

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What was the nicest thing someone in our class did for you this quarter?

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What are 3 things you did this quarter to help your classmates?

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What is something you accomplished this quarter that you are proud of?

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## Goal Setting & Academic Progress

Date: \_\_\_\_\_

<u>Organization Checklist</u>	
	Pencil pouch with at least two pencils
	Binder is neat without paper shoved in folders or falling out
	iPad is present and charged
<u>BINDER ORGANIZATION</u> - it has a binder tab labeled & papers organized	
	ELA
	Math
	Science
	Social Studies
	Electives
<u>AGENDA</u> - Filled out for every class	
	ELA
	Math
	Science
	Social Studies
	Electives

My Grades			
A = 4   B = 3   C = 2   D = 1   F = 0			
ELA		Elective	
Math		Elective	
Science		Social Studies	
<b>Total</b>		<b>Total</b>	
GPA = Total Grade Points/Number of classes			
Total of points _____ / 6 = My GPA is _____			

**Goal Setting & Academic Progress**

SMART goal for this week	
<i>Specific</i> - narrow	
<i>Measurable</i> - increase/decrease	
<i>Attainable</i> - possible, within reach	
<i>Relevant</i> - something YOU want	
<i>Timely</i> - set a deadline	

Did I meet last week's goal? If yes, how? If no, what can I change?

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What is something you have learned in the last week?

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**Self-Control**  
**Trustworthy**  
**Optimistic**  
**Motivated**  
**Prepared**

**August 2023**

1	2	3	4	5	6	7
<b>WATER</b>						

1	2	3	4	5	6	7
<b>EXERCISE</b>						

1	2	3	4	5	6	7
<b> </b>						

1	2	3	4	5	6	7
<b> </b>						

RESTROOM PASSES		
	DATE _____	TIME _____
SIGNATURE _____		
	DATE _____	TIME _____
SIGNATURE _____		
	DATE _____	TIME _____
SIGNATURE _____		
	DATE _____	TIME _____
SIGNATURE _____		
	DATE _____	TIME _____
SIGNATURE _____		
	DATE _____	TIME _____
SIGNATURE _____		

	<b>Monday 21</b>	<b>Tuesday 22</b>
Student Success		
ELA		
Math		
Science		
Social Studies		
Essentials		
Essentials		

**Wednesday 23**

**Thursday 24**

**Friday 25**

Student Success			
ELA			
Math			
Science			
Social Studies			
Essentials			
Essentials			



## Goal Setting & Academic Progress

Date: \_\_\_\_\_

<u>Organization Checklist</u>	
	Pencil pouch with at least two pencils
	Binder is neat without paper shoved in folders or falling out
	iPad is present and charged
<u>BINDER ORGANIZATION</u> - it has a binder tab labeled & papers organized	
	ELA
	Math
	Science
	Social Studies
	Electives
<u>AGENDA</u> - Filled out for every class	
	ELA
	Math
	Science
	Social Studies
	Electives

My Grades			
A = 4   B = 3   C = 2   D = 1   F = 0			
ELA		Elective	
Math		Elective	
Science		Social Studies	
<b>Total</b>		<b>Total</b>	
GPA = Total Grade Points/Number of classes			
Total of points _____ / 6 = My GPA is _____			

**Goal Setting & Academic Progress**

SMART goal for this week	
<i>Specific</i> - narrow	
<i>Measurable</i> - increase/decrease	
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Did I meet last week's goal? If yes, how? If no, what can I change?

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What is something you have learned in the last week?

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**Self-Control**  
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**August 2023**

1	2	3	4	5	6	7
WATER						

1	2	3	4	5	6	7
EXERCISE						

1	2	3	4	5	6	7

1	2	3	4	5	6	7

RESTROOM PASSES	
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE

	<b>Monday 28</b>	<b>Tuesday 29</b>
Student Success		
ELA		
Math		
Science		
Social Studies		
Essentials		
Essentials		

**Wednesday 30**

**Thursday 31**

**Friday 1**

			Student Success
			ELA
			Math
			Science
			Social Studies
			Essentials
			Essentials



## Goal Setting & Academic Progress

Date: \_\_\_\_\_

<u>Organization Checklist</u>	
	Pencil pouch with at least two pencils
	Binder is neat without paper shoved in folders or falling out
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<u>BINDER ORGANIZATION</u> - it has a binder tab labeled & papers organized	
	ELA
	Math
	Science
	Social Studies
	Electives
<u>AGENDA</u> - Filled out for every class	
	ELA
	Math
	Science
	Social Studies
	Electives

My Grades			
A = 4   B = 3   C = 2   D = 1   F = 0			
ELA		Elective	
Math		Elective	
Science		Social Studies	
<b>Total</b>		<b>Total</b>	
GPA = Total Grade Points/Number of classes			
Total of points _____ / 6 = My GPA is _____			

**Goal Setting & Academic Progress**

SMART goal for this week	
<i>Specific</i> - narrow	
<i>Measurable</i> - increase/decrease	
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Did I meet last week's goal? If yes, how? If no, what can I change?

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What is something you have learned in the last week?

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Self-Control  
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**September 2023**

1	2	3	4	5	6	7
WATER						

1	2	3	4	5	6	7
EXERCISE						

1	2	3	4	5	6	7

1	2	3	4	5	6	7

RESTROOM PASSES	
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE

	Monday 4	Tuesday 5
Student Success		
ELA		
Math		
Science		
Social Studies		
Essentials		
Essentials		

**Wednesday 6**

**Thursday 7**

**Friday 8**

			<b>Student Success</b>
			<b>ELA</b>
			<b>Math</b>
			<b>Science</b>
			<b>Social Studies</b>
			<b>Essentials</b>
			<b>Essentials</b>

## Goal Setting & Academic Progress

Date: \_\_\_\_\_

<u>Organization Checklist</u>	
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	ELA
	Math
	Science
	Social Studies
	Electives
<u>AGENDA</u> - Filled out for every class	
	ELA
	Math
	Science
	Social Studies
	Electives

My Grades			
A = 4   B = 3   C = 2   D = 1   F = 0			
ELA		Elective	
Math		Elective	
Science		Social Studies	
<b>Total</b>		<b>Total</b>	
GPA = Total Grade Points/Number of classes			
Total of points _____ / 6 = My GPA is _____			

**Goal Setting & Academic Progress**

SMART goal for this week	
<i>Specific</i> - narrow	
<i>Measurable</i> - increase/decrease	
<i>Attainable</i> - possible, within reach	
<i>Relevant</i> - something YOU want	
<i>Timely</i> - set a deadline	

Did I meet last week's goal? If yes, how? If no, what can I change?

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What is something you have learned in the last week?

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Self-Control  
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Optimistic  
Motivated  
Prepared

**September 2023**

1	2	3	4	5	6	7
WATER						

1	2	3	4	5	6	7
EXERCISE						

1	2	3	4	5	6	7

1	2	3	4	5	6	7

RESTROOM PASSES	
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE

	Monday 11	Tuesday 12
Student Success		
ELA		
Math		
Science		
Social Studies		
Essentials		
Essentials		

**Wednesday 13**

**Thursday 14**

**Friday 15**

Student Success			
ELA			
Math			
Science			
Social Studies			
Essentials			
Essentials			



## Goal Setting & Academic Progress

Date: \_\_\_\_\_

<u>Organization Checklist</u>	
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	ELA
	Math
	Science
	Social Studies
	Electives
<u>AGENDA</u> - Filled out for every class	
	ELA
	Math
	Science
	Social Studies
	Electives

My Grades			
A = 4   B = 3   C = 2   D = 1   F = 0			
ELA		Elective	
Math		Elective	
Science		Social Studies	
<b>Total</b>		<b>Total</b>	
GPA = Total Grade Points/Number of classes			
Total of points _____ / 6 = My GPA is _____			

**Goal Setting & Academic Progress**

SMART goal for this week	
<i>Specific</i> - narrow	
<i>Measurable</i> - increase/decrease	
<i>Attainable</i> - possible, within reach	
<i>Relevant</i> - something YOU want	
<i>Timely</i> - set a deadline	

Did I meet last week's goal? If yes, how? If no, what can I change?

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What is something you have learned in the last week?

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**Self-Control**  
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**Prepared**

**September 2023**

1	2	3	4	5	6	7
WATER						

1	2	3	4	5	6	7
EXERCISE						

1	2	3	4	5	6	7

1	2	3	4	5	6	7

RESTROOM PASSES	
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE

**Monday 18**

**Tuesday 19**

Student Success		
ELA		
Math		
Science		
Social Studies		
Essentials		
Essentials		

**Wednesday 20**

**Thursday 21**

**Friday 22**

Student Success			
ELA			
Math			
Science			
Social Studies			
Essentials			
Essentials			

## Goal Setting & Academic Progress

Date: \_\_\_\_\_

<u>Organization Checklist</u>	
	Pencil pouch with at least two pencils
	Binder is neat without paper shoved in folders or falling out
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	Math
	Science
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	Electives
<u>AGENDA</u> - Filled out for every class	
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	Math
	Science
	Social Studies
	Electives

My Grades			
A = 4   B = 3   C = 2   D = 1   F = 0			
ELA		Elective	
Math		Elective	
Science		Social Studies	
<b>Total</b>		<b>Total</b>	
GPA = Total Grade Points/Number of classes			
Total of points _____ / 6 = My GPA is _____			

**Goal Setting & Academic Progress**

SMART goal for this week	
<i>Specific</i> - narrow	
<i>Measurable</i> - increase/decrease	
<i>Attainable</i> - possible, within reach	
<i>Relevant</i> - something YOU want	
<i>Timely</i> - set a deadline	

Did I meet last week's goal? If yes, how? If no, what can I change?

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What is something you have learned in the last week?

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**Self-Control**  
**Trustworthy**  
**Optimistic**  
**Motivated**  
**Prepared**

**September 2023**

1	2	3	4	5	6	7
WATER						

1	2	3	4	5	6	7
EXERCISE						

1	2	3	4	5	6	7

1	2	3	4	5	6	7

RESTROOM PASSES		
	____/____/____ : ____	DATE TIME
	_____ SIGNATURE	
	____/____/____ : ____	DATE TIME
	_____ SIGNATURE	
	____/____/____ : ____	DATE TIME
	_____ SIGNATURE	
	____/____/____ : ____	DATE TIME
	_____ SIGNATURE	
	____/____/____ : ____	DATE TIME
	_____ SIGNATURE	
	____/____/____ : ____	DATE TIME
	_____ SIGNATURE	

	<b>Monday 25</b>	<b>Tuesday 26</b>
Student Success		
ELA		
Math		
Science		
Social Studies		
Essentials		
Essentials		

**Wednesday 27**

**Thursday 28**

**Friday 29**

			Student Success
			ELA
			Math
			Science
			Social Studies
			Essentials
			Essentials



## Goal Setting & Academic Progress

Date: \_\_\_\_\_

<u>Organization Checklist</u>	
	Pencil pouch with at least two pencils
	Binder is neat without paper shoved in folders or falling out
	iPad is present and charged
<u>BINDER ORGANIZATION</u> - it has a binder tab labeled & papers organized	
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	Math
	Science
	Social Studies
	Electives
<u>AGENDA - Filled out for every class</u>	
	ELA
	Math
	Science
	Social Studies
	Electives

My Grades			
A = 4   B = 3   C = 2   D = 1   F = 0			
ELA		Elective	
Math		Elective	
Science		Social Studies	
<b>Total</b>		<b>Total</b>	
GPA = Total Grade Points/Number of classes			
Total of points _____ / 6 = My GPA is _____			

**Goal Setting & Academic Progress**

SMART goal for this week	
<i>Specific</i> - narrow	
<i>Measurable</i> - increase/decrease	
<i>Attainable</i> - possible, within reach	
<i>Relevant</i> - something YOU want	
<i>Timely</i> - set a deadline	

Did I meet last week's goal? If yes, how? If no, what can I change?

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What is something you have learned in the last week?

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Self-Control  
Trustworthy  
Optimistic  
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Prepared

**October 2023**

1	2	3	4	5	6	7
WATER						

1	2	3	4	5	6	7
EXERCISE						

1	2	3	4	5	6	7

1	2	3	4	5	6	7

RESTROOM PASSES	
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE

	Monday	2	Tuesday	3
Student Success				
ELA				
Math				
Science				
Social Studies				
Essentials				
Essentials				



## Goal Setting & Academic Progress

Date: \_\_\_\_\_

<u>Organization Checklist</u>	
	Pencil pouch with at least two pencils
	Binder is neat without paper shoved in folders or falling out
	iPad is present and charged
<u>BINDER ORGANIZATION</u> - it has a binder tab labeled & papers organized	
	ELA
	Math
	Science
	Social Studies
	Electives
<u>AGENDA</u> - Filled out for every class	
	ELA
	Math
	Science
	Social Studies
	Electives

My Grades			
A = 4   B = 3   C = 2   D = 1   F = 0			
ELA		Elective	
Math		Elective	
Science		Social Studies	
<b>Total</b>		<b>Total</b>	
GPA = Total Grade Points/Number of classes			
Total of points _____ / 6 = My GPA is _____			

**Goal Setting & Academic Progress**

SMART goal for this week	
<i>Specific</i> - narrow	
<i>Measurable</i> - increase/decrease	
<i>Attainable</i> - possible, within reach	
<i>Relevant</i> - something YOU want	
<i>Timely</i> - set a deadline	

Did I meet last week's goal? If yes, how? If no, what can I change?

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What is something you have learned in the last week?

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**Self-Control**  
**Trustworthy**  
**Optimistic**  
**Motivated**  
**Prepared**

**October 2023**







1	2	3	4	5	6	7
WATER						

1	2	3	4	5	6	7
EXERCISE						

1	2	3	4	5	6	7

1	2	3	4	5	6	7

**RESTROOM PASSES**

	____/____/____	____:____
	DATE	TIME
SIGNATURE _____		
	____/____/____	____:____
	DATE	TIME
SIGNATURE _____		
	____/____/____	____:____
	DATE	TIME
SIGNATURE _____		
	____/____/____	____:____
	DATE	TIME
SIGNATURE _____		
	____/____/____	____:____
	DATE	TIME
SIGNATURE _____		
	____/____/____	____:____
	DATE	TIME
SIGNATURE _____		

**Monday 9**

**Tuesday 10**

Student Success		
ELA		
Math		
Science		
Social Studies		
Essentials		
Essentials		

**Wednesday 11****Thursday 12****Friday 13**

			<b>Student Success</b>
			<b>ELA</b>
			<b>Math</b>
			<b>Science</b>
			<b>Social Studies</b>
			<b>Essentials</b>
			<b>Essentials</b>



## Goal Setting & Academic Progress

Date: \_\_\_\_\_

One academic goal I have for this quarter is...

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I will achieve this by...

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One personal goal I have for this quarter is...

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I will achieve this by...

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## **Goal Setting & Academic Progress**

One thing that has gone well this quarter is...

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What was the nicest thing someone in our class did for you this quarter?

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What are 3 things you did this quarter to help your classmates?

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What is something you accomplished this quarter that you are proud of?

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## Goal Setting & Academic Progress

Date: \_\_\_\_\_

<u>Organization Checklist</u>	
	Pencil pouch with at least two pencils
	Binder is neat without paper shoved in folders or falling out
	iPad is present and charged
<u>BINDER ORGANIZATION</u> - it has a binder tab labeled & papers organized	
	ELA
	Math
	Science
	Social Studies
	Electives
<u>AGENDA</u> - Filled out for every class	
	ELA
	Math
	Science
	Social Studies
	Electives

My Grades			
A = 4   B = 3   C = 2   D = 1   F = 0			
ELA		Elective	
Math		Elective	
Science		Social Studies	
<b>Total</b>		<b>Total</b>	
GPA = Total Grade Points/Number of classes			
Total of points _____ / 6 = My GPA is _____			

**Goal Setting & Academic Progress**

SMART goal for this week	
<i>Specific</i> - narrow	
<i>Measurable</i> - increase/decrease	
<i>Attainable</i> - possible, within reach	
<i>Relevant</i> - something YOU want	
<i>Timely</i> - set a deadline	

Did I meet last week's goal? If yes, how? If no, what can I change?

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What is something you have learned in the last week?

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Self-Control  
Trustworthy  
Optimistic  
Motivated  
Prepared

**October 2023**

1	2	3	4	5	6	7
WATER						

1	2	3	4	5	6	7
EXERCISE						

1	2	3	4	5	6	7

1	2	3	4	5	6	7

RESTROOM PASSES	
1	_____ : _____ DATE TIME _____ SIGNATURE
2	_____ : _____ DATE TIME _____ SIGNATURE
3	_____ : _____ DATE TIME _____ SIGNATURE
4	_____ : _____ DATE TIME _____ SIGNATURE
5	_____ : _____ DATE TIME _____ SIGNATURE
6	_____ : _____ DATE TIME _____ SIGNATURE

	Monday 16	Tuesday 17
Student Success		
ELA		
Math		
Science		
Social Studies		
Essentials		
Essentials		

**Wednesday 18****Thursday 19****Friday 20**

			Student Success
			ELA
			Math
			Science
			Social Studies
			Essentials
			Essentials

## Goal Setting & Academic Progress

Date: \_\_\_\_\_

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	Math
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Math		Elective	
Science		Social Studies	
<b>Total</b>		<b>Total</b>	
GPA = Total Grade Points/Number of classes			
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**Goal Setting & Academic Progress**

SMART goal for this week	
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<i>Timely</i> - set a deadline	

Did I meet last week's goal? If yes, how? If no, what can I change?

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What is something you have learned in the last week?

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**Self-Control**  
**Trustworthy**  
**Optimistic**  
**Motivated**  
**Prepared**

**October 2023**

1	2	3	4	5	6	7
WATER						

1	2	3	4	5	6	7
EXERCISE						

1	2	3	4	5	6	7

1	2	3	4	5	6	7

RESTROOM PASSES	
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE

	<b>Monday 23</b>	<b>Tuesday 24</b>
Student Success		
ELA		
Math		
Science		
Social Studies		
Essentials		
Essentials		

**Wednesday 25**

**Thursday 26**

**Friday 27**

Student Success			
ELA			
Math			
Science			
Social Studies			
Essentials			
Essentials			

## Goal Setting & Academic Progress

Date: \_\_\_\_\_

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	Math
	Science
	Social Studies
	Electives

My Grades			
A = 4   B = 3   C = 2   D = 1   F = 0			
ELA		Elective	
Math		Elective	
Science		Social Studies	
<b>Total</b>		<b>Total</b>	
GPA = Total Grade Points/Number of classes			
Total of points _____ / 6 = My GPA is _____			

**Goal Setting & Academic Progress**

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Did I meet last week's goal? If yes, how? If no, what can I change?

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What is something you have learned in the last week?

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Self-Control  
Trustworthy  
Optimistic  
Motivated  
Prepared

**October 2023**

1	2	3	4	5	6	7
WATER						

1	2	3	4	5	6	7
EXERCISE						

1	2	3	4	5	6	7

1	2	3	4	5	6	7

RESTROOM PASSES	
	DATE: _____ TIME: _____ SIGNATURE: _____
	DATE: _____ TIME: _____ SIGNATURE: _____
	DATE: _____ TIME: _____ SIGNATURE: _____
	DATE: _____ TIME: _____ SIGNATURE: _____
	DATE: _____ TIME: _____ SIGNATURE: _____
	DATE: _____ TIME: _____ SIGNATURE: _____

	Monday 30	Tuesday 31
Student Success		
ELA		
Math		
Science		
Social Studies		
Essentials		
Essentials		



## Goal Setting & Academic Progress

Date: \_\_\_\_\_

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	Math
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	Electives
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	Math
	Science
	Social Studies
	Electives

My Grades			
A = 4   B = 3   C = 2   D = 1   F = 0			
ELA		Elective	
Math		Elective	
Science		Social Studies	
<b>Total</b>		<b>Total</b>	
GPA = Total Grade Points/Number of classes			
Total of points _____ / 6 = My GPA is _____			



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Did I meet last week's goal? If yes, how? If no, what can I change?

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What is something you have learned in the last week?

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Self-Control  
Trustworthy  
Optimistic  
Motivated  
Prepared

**November 2023**

1	2	3	4	5	6	7
WATER						

1	2	3	4	5	6	7
EXERCISE						

1	2	3	4	5	6	7

1	2	3	4	5	6	7

RESTROOM PASSES	
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE

	Monday	6	Tuesday	7
Student Success				
ELA				
Math				
Science				
Social Studies				
Essentials				
Essentials				

**Wednesday 8**

**Thursday 9**

**Friday 10**

Student Success			
ELA			
Math			
Science			
Social Studies			
Essentials			
Essentials			

## Goal Setting & Academic Progress

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	Math
	Science
	Social Studies
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ELA		Elective	
Math		Elective	
Science		Social Studies	
<b>Total</b>		<b>Total</b>	
GPA = Total Grade Points/Number of classes			
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Did I meet last week's goal? If yes, how? If no, what can I change?

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What is something you have learned in the last week?

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Trustworthy  
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**November 2023**

1	2	3	4	5	6	7
WATER						

1	2	3	4	5	6	7
EXERCISE						

1	2	3	4	5	6	7

1	2	3	4	5	6	7

RESTROOM PASSES	
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE

	Monday 13	Tuesday 14
Student Success		
ELA		
Math		
Science		
Social Studies		
Essentials		
Essentials		

**Wednesday 15**

**Thursday 16**

**Friday 17**

Student Success			
ELA			
Math			
Science			
Social Studies			
Essentials			
Essentials			

## Goal Setting & Academic Progress

Date: \_\_\_\_\_

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	Math
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A = 4   B = 3   C = 2   D = 1   F = 0			
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Math		Elective	
Science		Social Studies	
<b>Total</b>		<b>Total</b>	
GPA = Total Grade Points/Number of classes			
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Did I meet last week's goal? If yes, how? If no, what can I change?

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What is something you have learned in the last week?

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**November 2023**

1	2	3	4	5	6	7
WATER						

1	2	3	4	5	6	7
EXERCISE						

1	2	3	4	5	6	7

1	2	3	4	5	6	7

RESTROOM PASSES	
	_____ / _____ : _____ DATE TIME _____ SIGNATURE
	_____ / _____ : _____ DATE TIME _____ SIGNATURE
	_____ / _____ : _____ DATE TIME _____ SIGNATURE
	_____ / _____ : _____ DATE TIME _____ SIGNATURE
	_____ / _____ : _____ DATE TIME _____ SIGNATURE
	_____ / _____ : _____ DATE TIME _____ SIGNATURE

	Monday 20	Tuesday 21
Student Success		
ELA		
Math		
Science		
Social Studies		
Essentials		
Essentials		



## Goal Setting & Academic Progress

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Math		Elective	
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<b>Total</b>		<b>Total</b>	
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What is something you have learned in the last week?

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**November 2023**

1	2	3	4	5	6	7
WATER						

1	2	3	4	5	6	7
EXERCISE						

1	2	3	4	5	6	7

1	2	3	4	5	6	7

RESTROOM PASSES	
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE

	Monday 27	Tuesday 28
Student Success		
ELA		
Math		
Science		
Social Studies		
Essentials		
Essentials		

**Wednesday 29**

**Thursday 30**

**Friday 1**

Student Success			
ELA			
Math			
Science			
Social Studies			
Essentials			
Essentials			

## Goal Setting & Academic Progress

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	Electives
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A = 4   B = 3   C = 2   D = 1   F = 0			
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Math		Elective	
Science		Social Studies	
<b>Total</b>		<b>Total</b>	
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Did I meet last week's goal? If yes, how? If no, what can I change?

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What is something you have learned in the last week?

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**December 2023**

1	2	3	4	5	6	7
WATER						

1	2	3	4	5	6	7
EXERCISE						

1	2	3	4	5	6	7

1	2	3	4	5	6	7

RESTROOM PASSES	
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE

	Monday 4	Tuesday 5
Student Success		
Student Success		
Student Success		
Student Success		
ELA		
ELA		
ELA		
ELA		
Math		
Math		
Math		
Math		
Science		
Science		
Science		
Science		
Social Studies		
Social Studies		
Social Studies		
Social Studies		
Essentials		
Essentials		
Essentials		
Essentials		



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	Math
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A = 4   B = 3   C = 2   D = 1   F = 0			
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Science		Social Studies	
<b>Total</b>		<b>Total</b>	
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What is something you have learned in the last week?

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**Self-Control**  
**Trustworthy**  
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**December 2023**

1	2	3	4	5	6	7
WATER						

1	2	3	4	5	6	7
EXERCISE						

1	2	3	4	5	6	7

1	2	3	4	5	6	7

RESTROOM PASSES	
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE

	<b>Monday 11</b>	<b>Tuesday 12</b>
Student Success		
ELA		
Math		
Science		
Social Studies		
Essentials		
Essentials		

**Wednesday 13**

**Thursday 14**

**Friday 15**

Student Success			
ELA			
Math			
Science			
Social Studies			
Essentials			
Essentials			

## Goal Setting & Academic Progress

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	Math
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	Social Studies
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Science		Social Studies	
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**December 2023**

1	2	3	4	5	6	7
WATER						

1	2	3	4	5	6	7
EXERCISE						

1	2	3	4	5	6	7

1	2	3	4	5	6	7

RESTROOM PASSES	
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE

	Monday 18	Tuesday 19
Student Success		
ELA		
Math		
Science		
Social Studies		
Essentials		
Essentials		

**Wednesday 20**

**Thursday 21**

**Friday 22**

			Student Success
			ELA
			Math
			Science
			Social Studies
			Essentials
			Essentials

## Goal Setting & Academic Progress

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	Math
	Science
	Social Studies
	Electives

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A = 4   B = 3   C = 2   D = 1   F = 0			
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Did I meet last week's goal? If yes, how? If no, what can I change?

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What is something you have learned in the last week?

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**Self-Control  
Trustworthy  
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Prepared**

**December 2023**

1	2	3	4	5	6	7
WATER						

1	2	3	4	5	6	7
EXERCISE						

1	2	3	4	5	6	7

1	2	3	4	5	6	7

RESTROOM PASSES	
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE
	_____ : _____ DATE TIME _____ SIGNATURE

	Monday 25	Tuesday 26
Student Success		
ELA		
Math		
Science		
Social Studies		
Essentials		
Essentials		

**Wednesday 27**

**Thursday 28**

**Friday 29**

Student Success		
ELA		
Math		
Science		
Social Studies		
Essentials		
Essentials		

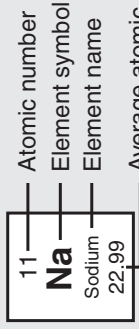
# Multiplication Chart

x	0	1	2	3	4	5	6	7	8	9	10	11	12
0	0	0	0	0	0	0	0	0	0	0	0	0	0
1	0	1	2	3	4	5	6	7	8	9	10	11	12
2	0	2	4	6	8	10	12	14	16	18	20	22	24
3	0	3	6	9	12	15	18	21	24	27	30	33	36
4	0	4	8	12	16	20	24	28	32	36	40	44	48
5	0	5	10	15	20	25	30	35	40	45	50	55	60
6	0	6	12	18	24	30	36	42	48	54	60	66	72
7	0	7	14	21	28	35	42	49	56	63	70	77	84
8	0	8	16	24	32	40	48	56	64	72	80	88	96
9	0	9	18	27	36	45	54	63	72	81	90	99	108
10	0	10	20	30	40	50	60	70	80	90	100	110	120
11	0	11	22	33	44	55	66	77	88	99	110	121	132
12	0	12	24	36	48	60	72	84	96	108	120	132	144



		1		2		3		4		5		6		7		8		9		10		11		12		13		14		15		16		17		18																																																																								
		1A		2A		3B		4B		5B		6B		7B		8B				1B		2B				3A		4A		5A		6A		7A		8A																																																																								
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71																																						
<b>H</b> Hydrogen 1.01	<b>He</b> Helium 4.00	<b>Li</b> Lithium 6.94	<b>Be</b> Beryllium 9.01	<b>B</b> Boron 10.81	<b>C</b> Carbon 12.01	<b>N</b> Nitrogen 14.01	<b>O</b> Oxygen 16.00	<b>F</b> Fluorine 19.00	<b>Ne</b> Neon 20.18	<b>Na</b> Sodium 22.99	<b>Mg</b> Magnesium 24.31	<b>Al</b> Aluminum 26.98	<b>Si</b> Silicon 28.09	<b>P</b> Phosphorus 30.97	<b>S</b> Sulfur 32.07	<b>Cl</b> Chlorine 35.45	<b>Ar</b> Argon 39.95	<b>K</b> Potassium 39.10	<b>Ca</b> Calcium 40.08	<b>Sc</b> Scandium 44.96	<b>Ti</b> Titanium 47.87	<b>V</b> Vanadium 50.94	<b>Cr</b> Chromium 52.00	<b>Mn</b> Manganese 54.94	<b>Fe</b> Iron 55.85	<b>Co</b> Cobalt 58.93	<b>Ni</b> Nickel 58.69	<b>Cu</b> Copper 63.55	<b>Zn</b> Zinc 65.39	<b>Ga</b> Gallium 69.72	<b>Ge</b> Germanium 72.61	<b>As</b> Arsenic 74.92	<b>Se</b> Selenium 78.96	<b>Br</b> Bromine 79.90	<b>Kr</b> Krypton 83.80	<b>Rb</b> Rubidium 85.47	<b>Sr</b> Strontium 87.62	<b>Y</b> Yttrium 88.91	<b>Zr</b> Zirconium 91.22	<b>Nb</b> Niobium 92.91	<b>Mo</b> Molybdenum 95.94	<b>Tc</b> Technetium (98)	<b>Ru</b> Ruthenium 101.07	<b>Rh</b> Rhodium 102.91	<b>Pd</b> Palladium 106.42	<b>Ag</b> Silver 107.87	<b>Cd</b> Cadmium 112.41	<b>In</b> Indium 114.82	<b>Sn</b> Tin 118.71	<b>Sb</b> Antimony 121.76	<b>Te</b> Tellurium 127.60	<b>I</b> Iodine 126.90	<b>Xe</b> Xenon 131.29	<b>Cs</b> Cesium 132.91	<b>Ba</b> Barium 137.33	<b>La</b> Lanthanum 138.91	<b>Ce</b> Cerium 140.12	<b>Pr</b> Praseodymium 140.91	<b>Nd</b> Neodymium 144.24	<b>Pm</b> Promethium (145)	<b>Sm</b> Samarium 150.36	<b>Eu</b> Europium 151.96	<b>Gd</b> Gadolinium 157.25	<b>Tb</b> Terbium 158.93	<b>Dy</b> Dysprosium 162.50	<b>Ho</b> Holmium 164.93	<b>Er</b> Erbium 167.26	<b>Tm</b> Thulium 168.93	<b>Yb</b> Ytterbium 173.04	<b>Lu</b> Lutetium 174.97	<b>Fr</b> Francium (223)	<b>Ra</b> Radium (226)	<b>Ac</b> Actinium (227)	<b>Th</b> Thorium 232.04	<b>Pa</b> Protactinium 231.04	<b>U</b> Uranium 238.03	<b>Np</b> Neptunium (237)	<b>Pu</b> Plutonium (244)	<b>Am</b> Americium (243)	<b>Cm</b> Curium (247)	<b>Bk</b> Berkelium (247)	<b>Cf</b> Californium (251)	<b>Es</b> Einsteinium (252)	<b>Fm</b> Fermium (257)	<b>Md</b> Mendelevium (258)	<b>No</b> Nobelium (259)	<b>Lr</b> Lawrencium (262)	<b>Hf</b> Hafnium 178.49	<b>Ta</b> Tantalum 180.95	<b>W</b> Tungsten 183.84	<b>Re</b> Rhenium 186.21	<b>Os</b> Osmium 190.23	<b>Ir</b> Iridium 192.22	<b>Pt</b> Platinum 195.08	<b>Au</b> Gold 196.97	<b>Hg</b> Mercury 200.59	<b>Tl</b> Thallium 204.38	<b>Pb</b> Lead 207.2	<b>Bi</b> Bismuth 208.98	<b>Po</b> Polonium (209)	<b>At</b> Astatine (210)	<b>Rn</b> Radon (222)	<b>Rf</b> Rutherfordium (261)	<b>Db</b> Dubnium (262)	<b>Sg</b> Seaborgium (266)	<b>Bh</b> Bohrium (264)	<b>Hs</b> Hassium (269)	<b>Mt</b> Meitnerium (268)

**Key**



\* If this number is in parentheses, then it refers to the atomic mass of the most stable isotope.

American Linear Units		American to Metric Units				American Capacity					
12 inches (in)	1 foot (ft)	1 inch	2.540 centimeters	8 fluid ounces (fl oz)	1 cup						
3 feet	1 yard (yd)	1 foot	0.305 meters	16 fluid ounces	2 cups						
36 inches	1 yard	1 yard	0.914 meters	2 cups	1 pint (pt)						
63,360 inches	1 mile (mi)	1 mile	1.609 kilometers	16 fluid ounces	1 pint						
5,280 feet	1 mile	1 gallon	3.78 Liters	2 pints	1 quart (qt)						
1,760 yards	1 mile	1 quart	0.95 Liter	4 quarts	1 gallon						
		1 pound	0.45 kilogram	8 pints	1 gallon						
		1 ounce	28.35 grams	32 fluid ounces	1 quart						
<b>Weight and Mass</b>											
1 Ton (T)	2,000 pounds	1 fluid ounce	29.57 mL	8 fluid dram	1 fluid ounce						
1 pound (lb)	16 ounces (oz)	1 grain	60 milligrams (mg)	3 teaspoon (tsp)	1 tablespoon (tbsp)						
1 Ton	32,000 ounces	1 teaspoon (tsp)	5 mL	6 teaspoon	1 fluid ounce						
1 metric ton (t)	1000 kg	1 fluid dram	4 mL	2 tablespoon	1 fluid ounce						
60 grains	1 dram	1 tablespoon (tbsp)	15 mL	1 drop (gtt)	1 minim						
<b>Converting American Units</b>											
Larger unit → smaller unit	<i>Multiply</i>	1 pint (pt)	500 mL (approx)	60 drop	1 fluid dram						
smaller unit → Larger unit	<i>Divide</i>	1 quart (qt)	1000 mL (approx)	60 drop	1 teaspoon						
		1 pound (lb)	453.6 g	60 minims	1 fluid dram						
<b>Metric Units</b>											
mega (M)	*	kilo (k)	hector (h)	deka (da)	unit (m, g, L)	deci (d)	centi (c)	milli (m)	*	*	micro (mc) (u)
<p>When going from larger unit to smaller unit move decimal to the right </p> <p>When going from smaller unit to larger unit move decimal to the left </p>											
<b>Time</b>		<b>Metric to American Units</b>				<b>Temperature Formulas</b>					
1 day	24 hours	1 km	0.621 miles	$C = \frac{(F - 32)}{1.8}$ $F = 1.8 \cdot C + 32$							
1 hour (hr)	60 minutes (min)	1 meter	1.094 yards								
1 minute	60 seconds (sec)	1 meter	3.281 feet								
1 year (yr)	365.25 days	1 meter	39.370 inches								
1 week	7 days	1 cm	0.3937 inch								
1 year	12 months (mon)	1 Liter	0.26 gallon								
1440 minutes	1 day	1 Liter	1.06 quarts	<b>Medical Application (Micrograms)</b> 1,000,000 micrograms (mcg) 1 gram 1,000,000 micrograms 1,000 mg 1 mL = 1 cc = 1 cm <sup>3</sup> 1 gram = 1 cm <sup>3</sup>							
3600 seconds	1 hour	1 kg	2.20 lbs								
		1 gram	0.035 oz								
<b>Stones</b>		1 gram	15 grains								
1 carat (karat)	200 mg	1 milliliter (mL)	15 minims	<i>Nursing students 1 fl oz = 30 mL</i> <i>Nursing students 1 in. = 2.5 cm</i>							



# Lawrence Public Schools

## 2023-2024 Community Calendar

July 2023							August 2023							September 2023							October 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1			1	2	3	4	5						1	2	1	2	3	4	5	6	7
2	3	4	5	6	7	8	6	7	7	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14
9	10	11	12	13	14	15	13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21
16	17	18	19	20	21	22	20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28
23	24	25	26	27	28	29	27	28	29	30	31			24	25	26	27	28	29	30	29	30	31				
30	31																										

November 2023							December 2023							January 2024							February 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4						1	2		1	2	3	4	5	6					1	2	3
5	6	7	8	9	10	11	3	4	5	6	7	8	9	7	8	9	10	11	12	13	4	5	6	7	8	9	10
12	13	14	15	16	17	18	10	11	12	13	14	15	16	14	15	16	17	18	19	20	11	12	13	14	15	16	17
19	20	21	22	23	24	25	17	18	19	20	21	22	23	21	22	23	24	25	26	27	18	19	20	21	22	23	24
26	27	28	29	30			24	25	26	27	28	29	30	28	29	30	31				25	26	27	28	29		
							31																				

March 2024							April 2024							May 2024							June 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2		1	2	3	4	5	6				1	2	3	4							1
3	4	5	6	7	8	9	7	8	9	10	11	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8
10	11	12	13	14	15	16	14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15
17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21	22
24	25	26	27	28	29	30	28	29	30					26	27	28	29	30	31		23	24	25	26	27	28	29
31																					30						

EC-12 No School
EC-5 No School
School Days
Teacher Readiness
Federal Holidays
District Closed

July	August	September	October
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4 District Closed	14 EC-12 Parent/Teacher Conferences 16 K, 6, & 9 Transition Day (AM Only) 17 K-12 Regular Schedule Begins 24 EC First Day of School	4 EC-12 No School; District Closed	12 End of 1st Quarter 13 EC-12 No School 19 EC-12 No School; EC-8 Parent/Teacher Conferences 20 EC-12 No School; Conference Week 23 EC-12 No School
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November	December	January	February
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20-24 EC-12 No School; Fall Break 23-24 EC-12 No School; District Closed	18-19 HS Finals AM 19 End of 2nd Quarter 20-31 EC-12 No School; Winter Break 25-26 EC-12 No School; District Closed	1 EC-12 No School; District Closed 2 EC-12 No School; Winter Break 3 EC-12 No School; Winter Break 15 EC-12 No School; District Closed	19 EC-5 No School 29 End of 3rd Quarter
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March	April	May
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1 EC-12 No School 7 EC-5 No School; Parent/Teacher Conferences 8 EC-12 No School; Conference Week 11-15 EC-12 No School; Spring Break 15 EC-12 No School; District Closed	12 EC-12 No School 15 EC-12 No School, Unless Inclement Weather Make-Up Day 17 Kindergarten Orientation; Current Kindergartners No School	16 Senior Finals AM; EC Last Day 17 Senior Finals AM 18 LVS Graduation 21 9-11 Finals AM FSHS Graduation
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June
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19 District Closed
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All Students, One Team