

After School 2024-25

All sessions will be held at the PD Conference Room 3:30-4:30

Teacher facilitators will receive \$93 (1 hour of training plus 2 hours of paid prep time) and participants will receive \$31 for the hour they attend.

Themes include student engagement, wellness, literacy and instructional technology.

Date	Presenter	Description
Sept. 10	Libby Tanner	Organizing google drive, google classroom and schooltool grades to maximize its potential. Make life easier for students, coworkers, and yourself to find extra copies of materials, agendas, graded assignments, etc.
Sept. 17	Anna Luisi Ellis	Intro to Yoga - We will take about ten-fifteen minutes to talk about yoga philosophy and the eight limbs of yoga, followed by a 45 minute class that incorporates breathing, meditation, and mindful movement.
Sept. 24	Lauren Passalacqua	The Importance of Working Memory in Reading- Working memory is a crucial skill students use daily to follow multi-step directions, decode unknown words, remember previously taught skills, and apply knowledge to new situations. We will discuss what working memory is, its role in reading, and how teachers can support the working memory.
Oct. 8	Marnie Impastato	Intro to a 5K race- Getting ready for It's A Wonderful Run! The Couch to 5k program is designed to gradually build up your strength and stamina , helping you transition from the couch to completing a 5K run in 9 weeks. We will discuss what will happen in the 9 weeks. How it will be good for you! Answer questions about why people may do this! Please join us and learn what it's all about and then sign up for the C25k program I will be offering Oct 15-Dec 14 th . We will ALL participate in the "It's a Wonderful Run" together.
Oct. 22	Jordan Emerson	Mindfulness Strategies Educators serve on the frontlines and are often overwhelmed and lack the support to cope with the stress and trauma that plays out in their classrooms. It's tough, high-stakes work that can result in anxiety and burnout. This mindfulness PD will cultivate skills to manage stress and to build attention, focus, and resilience - empowering you to feel energized to create safe, supportive spaces for students.
Nov. 14	Susan Moulton	Keep calm through the holidays strategies
Nov. 19	Eric Waples &	Media Decoding and Questioning Strategies with Project LookSharp

	Amanda Fleig	Media decoding is an essential skill for students in today's society. They are under a constant barrage of information from social media, and the ability to think critically about those sources and analyze their validity can make or break their level of digital citizenship. Project LookSharp is a program through Ithaca College that provides resources to refine teacher's questioning strategies while facilitating students in media decoding. Come learn about the resources they have to offer and leave with a bank of ready-to-go lessons and materials that can be leveraged across content areas and grade levels.
Dec. 3	Mel Morrin	Differentiating Instruction for student needs. From project based learning to student voice and choice, empower your students.
Dec. 10	Katie Sargent	<i>Ramped up Read Aloud: What To Notice as You Turn the Page</i> During this workshop, participants will be taught how to tune into what to notice, say and wonder during a read aloud experience in order to bolster student's literacy.
Jan. 14	Amy Torruella	<i>Writing Revolution (Hochman Method) and How to Implement Writing Into Content Delivery</i> This literacy workshop is designed to share evidence-based methods to improve students' writing. Based on <i>the Writing Revolution</i> , also known as the Hochman Method, these methods give teachers across all content areas, K12, strategies to develop student writing within content delivery. Be prepared to learn take-away strategies and begin to develop your own within this framework. <i>(writing sentences, summarizing, expanding, writing paragraphs / outlines)</i>
Jan. 21	Eric Koepke	<i>Financial Wellness - Teach, Get Rich, and Be Free!</i> Dream for a second... What if you never had to worry about money again? What would you do with your life? What is important now that money isn't important? Would you go out and buy luxurious items? Would you retire? Would you do what you love for free? Travel? Family? <u>One last question: Is this possible as an educator?</u> This presentation is designed with your mental health in mind. Money is nice, but freedom is what we are all working towards. Let me show you basic tips on how to automate, free up your time, and make the most of your money. <u>I am not a fiduciary or financial advisor. Before making any financial decisions, please seek professional advice.</u>
Feb. 4	Emily Kessler	Student Ownership in the Classroom Students learn best when they do the work, not the teacher. In this workshop, you will learn how to incorporate student ownership strategies into your lessons and create a more engaging learning experience for students.
Feb. 12	Christina Korba	Art can be therapeutic. For this session you will focus on all the things we carry around that weigh us down, then create a piece of art with collage and watercolor as a process of letting go of this weight.

Feb. 25	Lauren & Jessica Passalacqua Lisa Furletti	LETRS (Language Essentials for Teachers of Reading and Spelling) Volume 1 - Research shows TEACHERS matter more to student success than any other aspect of schooling. This overview of LETRS Volume 1 will explain WHY reading instruction has several key components and how they are related, WHAT must be taught during reading/spelling, and HOW to implement instructional routines, activities and approaches. This is NOT a program or curriculum, but rather a body of knowledge on current reading practices for ANYONE that works with students.
March 4	Steph Moll & Lauren Passalacqua	K-5 Literacy Progress Monitoring and Assessment Tools Assessment and progress monitoring plays a critical role in driving literacy instruction. Come learn about various screening and progress-monitoring assessments to assess areas such as phonological awareness, phonics, fluency, and vocabulary.
April 1	Lauren & Jessica Passalacqua Lisa Furletti	LETRS (Language Essentials for Teachers of Reading and Spelling) Volume 2 - This overview of LETRS Volume 2 will focus on the relationship among vocabulary knowledge, background knowledge, oral language proficiency, and reading comprehension.
April 8	Dana Colvin	Creating an Inclusive Environment in the Classroom
May 6	Eric W	Instructional tech
May 13	Lindsay Willson *In the classroom *capped at 12 due to room space	Healthy Eating in the Summer

Session Date: Sept. 10 Libby

	Name	Building
1	Anna Luisi-Ellis	SFMS/MA
2	Amanda Fleig	MA
4	Jordan Emerson	MS
5	Mel Morrin	MS
6	Maria Hartwell	
7	Kristen Poole	
8	Eric Koepke	CS
9	Amylyn Marley	MS
10		
11	Deena Swenson	
12	Gwyneth Breeze-Hrycko	FK
13	Sara Deatherage	
14	Tricia Goodenough	ECS
15	Ashley Chrisman	ECS
16	Jacob Anderson	FK
17	Mary Lee	MS

18	D'Art Corwin	MS
19	Jon Bree	MA
20	Maeghan Westmiller	ECS
Wait list		CS
Wait list		MS

Session Date: Sept 17 Anna		
	Name	Building
1	Paula Coffey	FK
2	Amanda Fleig	MA
3	Miriam Harms	MA
4	Will Page	MA
5	Jordan Emerson	MS
6	Becky Allen	FK
7	Jess Lambert	FK
8	Emily Carpenter	FK
9		
10	Mary Porretta	ECS
11	Alexa Parsons	MS

12	Nichole Brady	ECS
13	Meghan Barbay	MS
14	Barb Reese	
15	Deena Swenson	
16	Ahran Panek	ECS
17	Gwyneth Breeze-Hrycko	FK
18	Maeghan Westmiller	ECS
19	Tricia Goodenough	ECS
20	Mary Andrews	FK
Wait list	Morgan D'Eredita	ECS
Wait list	Emily Porretta	ECS

Session Date: Sept 24 Lauren		
	Name	Building
1	Emma Hardee	ECS
2	Amy Beaudin	
3	Sara Layton	CS
4	Jess Lambert	FK
5	Alexa Parsons	MS

6	Melissa Woodard	ECS
7	Amberlynn Jones	FK
8	Gwyneth Breeze-Hrycko	FK
9	Jacob Anderson	MS
10	Kelly Grieco	ECS
11	Teresa Ehresman	CS
12	Barb Robinson	ECS
13	Stacey Alessio	MS
14	Morgan D'Eredita	ECS
15		
16	Emily Porretta	ECS
17	Jon Bree	MA
18	Maeghan Westmiller	ECS
19	Sara Deatherage	ECS
20	Liz Jones	ECS
Wait list		
Wait list		
Wait list		

Session Date: Oct 8 Marnie

	Name	Building
1	Amanda Fleig	MA
2		
3	Will Page	MA
4	Stephanie Lyon-Lawrence	MA
5	Becky Allen	FK
6	Anna Luisi-Ellis	SFMS/MA
7	Amberlynn Jones	FK
8	Sharon Esposito	MS
9	Nicole Spitzer	SFMS
10		
11	Sara Deatherage	ECS
12	Jon Bree	MA
13	Maeghan Westmiller	ECS
14	Lauren Passalacqua	ECS
15		
16		
17		
18		
19		

20		
Wait list		
Wait list		
Wait list		

Session Date: Oct 22 Jordan		
	Name	Building
1	Maria Hartwell	
2	Christine Edson	Frank Knight
3	Amanda Fleig	MA
4	Paula Coffey	FK
5	Colleen Keefe	MS
6	Emma Hardee	ECS
7	Stephanie Lyon-Lawrence	MA
8	Hande McDonald	FK
9	Christine Tompkins	FK
10	Jon Bree	MA
11	Alexa Parsons	MS

12	Amylyn Marley	MS
13	Meghan Barbay	MS
14	Ahran Panek	ECS
15	Gwyneth Breeze-Hrycko	FK
16	Mary Andrews	FK
17	Teresa Ehresman	CS
18	Mary Porretta	ECS
19	Mary Lee	MS
20	Emily Porretta	ECS
Wait list	Katherine Mosca	MA
Wait list	Amberlynn Jones	
Wait list	Jacob Anderson & Stacey Alessio	MS

Session Date: Oct 29 Steph canceled		
	Name	Building
4	Emily Porretta	ECS
2	Emma Hardee	ECS
3	Sara Layton	CS
4	Jess Lambert	FK

5	Emily Carpenter	FK
6	Stephanie Lande	FK
7	Nichole Brady	ECS
8	Liz Jones	ECS
9	Eric Keepke	ECS
10	Amberlynn Jones	FK
11	Meghan Barbay	MS
12	Gwyneth Breeze Hrycko	FK
13	Jacob Anderson	MS
14	Tricia Goodenough	ECS
15		
16	Kelly Grieco	ECS
17	Barb Robinson	ECS
18	Katie Sargent	FK
19	Morgan D'Eredita	ECS
20		
Wait list		
Wait list		
Wait list		

Session Date: Nov 14 Sue

	Name	Building
1	Emily Porretta	ECS
2	Mary Porretta	ECS
3	Christine Edson	FK
4	Emma Hardee	ECS
5	Paula Coffey	FK
6	Amanda Fleig	MA
7	Colleen Keefe	MS
8	Jordan Emerson	MS
9	Jess Lambert	FK
10	Emily Carpenter	FK
11	Jon Bree	MA
12	Amberlynn Jones	FK
13	Meghan Barbay	MS
14	Ahran Panek	ECS
15	Gwyneth Breeze-Hrycko	FK
16	Jessica Lorenzetti	MS
17	Tricia Goodenough	ECS
18	Nicole Spitzer	SFMS
19	Jessica Passalacqua	ECS

20	Mary Lee	MS
Wait list	Mark Solan	MS
Wait list		
Wait list		

Session Date: Nov 19 Eric & Amanda		
	Name	Building
1	Colleen Keefe	MS
2	Jordan Emerson	MS
3	Amylyn Marley	MS
4	Miriam Harms	MA
5	Mary Lee	MS
6	Jacob Anderson	MS
7	Mark Solan	MS
8	Jennifer Young	ECS
9		
10		
11		

12		
13		
14		
15		
16		
17		
18		
19		
20		
Wait list		
Wait list		
Wait list		

Session Date: Dec 3 Mel		
	Name	Building
1	Colleen Keefe	MS
2	Sara Layton	CS
3	Jordan Emerson	MS
4	Jess Lambert	FK

5	Barb Reese	
6	Amberlynn Jones	FK
7	Jacob Anderson	MS
8	Miriam Harms	MA
9	Mary Lee	MS
10	Kristen Poole	MS
11	Mark Solan	MS
12	Barb Reese	MA
13	Emma Hardee	ECS
14	Jon Bree	MA
15	Jennifer Young	ECS
16		
17		
18		
19		
20		
Wait list		
Wait list		
Wait list		

Session Date: Dec 10 Katie Sargent

	Name	Building
1	Emily Porretta	ECS
2	Sara Layton	CS
3	Jordan Emerson	MS
4	Emma Hardee	ECS
5	Alexa Parsons	MS
6	Stacey Alessio	MS
7	Meghan Barbay	MS
8	Ahran Panek	ECS
9	Gwyneth Breeze-Hrycko	FK
10	Amberlynn Jones	FK
11	Jacob Anderson	MS
12	Kelly Grieco	ECS
13	Teresa Ehresman	CS
14	Miriam Harms	MA
15	Barb Robinson	ECS
16	Jess Lambert	FK
17	Maeghan Westmiller	ECS
18	Katie Spahn	
19	Holly Stackus	FK

20	Darla Shumway	FK
Wait list		
Wait list		
Wait list		

Session Date: Jan 14 Amy		
	Name	Building
1	Sara Layton	CS
2	Jordan Emerson	MS
3	Mel Morrin	MS
4	Alexa Parsons	MS
5	Amylyn Marley	MS
6	Amberlynn Jones	FK
7	Teresa Ehresman	CS
8	Miriam Harms	MA
9	Nicole Spitzer	SFMS
10	Stacey Alessio	MS
11	Jacob Anderson	MS
12	Jon Bree	MA
13	Meghan Barbay	MS

14	Mark Solan	MS
15		
16		
17		
18		
19		
20		
Wait list		
Wait list		
Wait list		

Session Date: Jan 21 Eric		
	Name	Building
1	Anna Luisi-Ellis	SFMS/MA
2	Paula Coffey	FK
3	Colleen Keefe	MS
4	Will Page	MA
5	Jordan Emerson	MS
6	Emma Hardee	ECS
7	Jess Lambert	FK

8	Trish Brewer	MS
9	Emily Carpenter	FK
10	Sara Deatherage	ECS
11	Alexa Parsons	MS
12	Amylyn Marley	MS
13	Meghan Barbay	MS
14	Lauren Passalacqua	ECS
15	Gwyneth Breeze-Hrycko	FK
16	Morgan D'Eredita	ECS
17	Jessica Lorenzetti	MS
18	Christina Korba	MA
19	Amberlynn Jones	
20	Maeghan Westmiller	ECS
Wait list	Katie Spahn	
Wait list	Jacob Anderson & Stacey Alessio	MS
Wait List	William Kise	HS/MS

Session Date: Feb 4 Emily		
	Name	Building
1	Anna Luisi-Ellis	SFMS/MA
2	Amanda Fleig	MA

3	Colleen Keefe	MS
4	Jordan Emerson	MS
5	Jess Lambert	FK
6	Maria Hartwell	
7	Amberlynn Jones	FK
8	Mary Porretta	ECS
9	Teresa Ehresman	CS
10	Miriam Harms	MA
11	Morgan D'Eredita	ECS
12	Mary Lee	MS
13	Jessica Lorenzetti	MS
14	Stacey Alessio	MS
15	Jacob Anderson	MS
16	Barb Reese	MA
17	Emma Hardee	ECS
18	William Kise	HS/MS
19	Jon Bree	MA
20	Mark Solan	MS
Wait list		
Wait list		
Wait list		

Session Date: Feb 12 Korba

	Name	Building
1	Maria Hartwell	
2	Christine Edson	FK
3	Anna Luisi-Ellis	SFMS/MA
4	Paula Coffey	FK
5	Amanda Fleig	MA
6	Darla Shumway	FK
7	Colleen Keefe	MS
8	Will Page	MA
9	Jordan Emerson	MS
10	Emily Carpenter	FK
11	Stephanie Lando	FK
12	Meghan Barbay	MS
13	Deena Swenson	
14	Ahran Panek	ECS
15	Carey LaVoie	ECS
16	Miriam Harms	MA
17	Holly Stackus	FK

18	Jessica Lorenzetti	MS
19	Tricia Goodenough	ECS
20	Joe Ponzi	MS
Wait list		
Wait list		
Wait list		

Session Date: Feb 25 Lauren & Jess & Lisa		
	Name	Building
1	Emma Hardee	ECS
2	Sara Layton	CS
3	Jess Lambert	FK
4	Emily Carpenter	FK
5	Melissa Koepke	ECS
6	Melissa Woodard	ECS
7	Nichole Brady	ECS
8	Liz Jones	ECS
9	Meghan Barbay	MS
10	Amy Beaudin	FK
11	Tricia Goodenough	ECS
12	Stacey Alessio	MS

13	Kelly Grieco	ECS
14	Barb Robinson	ECS
15	Katie Sargent	FK
16	Morgan D'Eredita	ECS
17	Emily Porretta	
18	Sara Deatherage	ECS
19	Maeghan Westmiller	ECS
20	Jacob Anderson	MS
Wait list		
Wait list		
Wait list		

Session Date: March 4 Steph & Lauren		
	Name	Building
1	Emily Porretta	ECS
2	Emma Hardee	ECS
3	Sara Layton	CS
4	Jess Lambert	FK
5	Nichole Brady	ECS
6	Liz Jones	ECS

7	Meghan Barbay	MS
8	Amberlynn Jones	FK
9	Carey LaVoie	ECS
10	Tricia Goodenough	ECS
11	Kelly Grieco	ECS
12	Barb Robinson	ECS
13	Katie Sargent	FK
14	Morgan D'Eredita	ECS
15	Maeghan Westmiller	ECS
16	Jacob Anderson	MS
17		
18		
19		
20		
Wait list		
Wait list		
Wait list		

Session Date: April 1 Jess & Lauren & Lisa		
	Name	Building

1	Sara Layton	CS
2	Emma Hardee	ECS
3	Jess Lambert	FK
4	Emily Carpenter	FK
5	Melissa Koepke	ECS
6	Nichole Brady	ECS
7	Liz Jones	ECS
8	Meghan Barbay	MS
9	Amy Beaudin	FK
10	Amberlynn Jones	FK
11	Carey LaVoie	ECS
12	Tricia Goodenough	ECS
13	Jacob Anderson	MS
14	Kelly Grieco	ECS
15	Barb Robinson	ECS
16	Katie Sargent	FK
17	Morgan D'Eredita	ECS
18	Emily Porretta	
19	Sara Deatherage	ECS
20	Maeghan Westmiller	ECS
Wait list	Stacey Alessio	MS

Wait list	Melissa Woodard	ECS
Wait list		

Session Date: April 8 Dana		
	Name	Building
1	Anna Luisi-Ellis	SFMS/MA
2	Paula Coffey	FK
3	Colleen Keefe	
4	Sara Layton	CS
5	Jordan Emerson	MS
6	Mary Porretta	ECS
7	Jon Bree	MA
8	Alexa Parsons	MS
9	Meghan Barbay	MS
10	Ahran Panek	ECS
11	Emma Hardee	ECS
12	Amberlynn Jones	FK
13	Tricia Goodenough	ECS
14	Stacey Alessio	MS
15	Teresa Ehresman	CS

16	Miriam Harms	MA
17	Jessica Lorenzetti	MS
18	Amylyn Marley	MS
19	Jacob Anderson	MS
20	Mark Solan	MS
Wait list	Jennifer Young	ECS
Wait list		
Wait list		

Session Date: May 6 Eric		
	Name	Building
1	Paula Coffey	FK
2	Amanda Fleig	MA
3	Colleen Keefe	MS
4	Sara Layton	CS
5	Jordan Emerson	MS
6	Mark Solan	MS
7	Alexa Parsons	MS
8	Amberlynn Jones	FK
9	Teresa Ehresman	CS

10	Miriam Harms	MA
11	Nicole Spitzer	SFMS
12	Mary Lee	MS
13	Jacob Anderson	MS
14	Jon Bree	MA
15		
16		
17		
18		
19		
20		
Wait list		
Wait list		
Wait list		

Session Date: May 13 Lindsay		
	Name	Building
1	Maria Hartwell	MS

2	Anna Luisi-Ellis	SFMS/MA
3	Paula Coffey	FK
4	Tricia Goodenough	ECS
5	Will Page	MA
6	Colleen Keefe	MS
7	Jordan Emerson	MS
8	Melissa Koepke	ECS
9	Jon Bree	MA
10	Alexa Parsons	MS
11	Deena Swenson	MA
12	Ahran Panek	ECS
Waitlist below due to room space.		
13	Teresa Ehresman	CS
14	Morgan D'Eredita	ECS
15	Nicole Spitzer	SFMS
16	Mary Lee	MS
17	Jessica Lorenzetti	MS
18	Natalie Hare	ECS
19	Christina Korba	MA
20	Amberlynn Jones	FK
21	Christine Tompkins	FK

