

October 2024

Paw Print

Together, We Grow at Coronado Elementary



Dear Students, Parents, and Staff,

As we welcome October, we find ourselves in a season of transformation and reflection. The crisp autumn air and changing leaves offer a perfect backdrop for growth and renewal within our school community. October is a time to reflect on the progress we've made so far this school year and to set new goals. Let's celebrate our achievements and tackle any challenges with renewed enthusiasm.

Fall Events and Activities: Our students get to put on their best smiles for Picture Day on Oct 8. Our Halloween Parade is planned for October 31. We are finishing up the School Marathon, an event that promotes health and wellness in our school. And, several students have completed it!

As we head into flu season, please remember to keep your child home if they're feeling unwell. We'll continue to emphasize good hygiene practices in our classrooms.

A Note of Gratitude: Thank you to Coronado parents, teachers and students for your ongoing support, dedication and enthusiasm. Our school is a vibrant place because of you! Every day, learning and growth are nurtured here. I appreciate all that each of you do.

As always, please feel free to reach out with any questions or concerns. I look forward to a fantastic October filled with learning, community, and celebration.

Warm regards,
Tyler Burnett Principal

Congratulations Miss Lidstrom

Congratulations to our elementary Horizon teacher, Emma Lidstrom. Emma is a Grade 3 teacher at Coronado Elementary School who is immensely student-focused and always aware of what students are doing, how they are reacting and how they are understanding. She comes to school each day smiling and passionate about delivering the best education in her classroom and to all Coronado students. The SPS Horizon Award recognizes exemplary first-year classroom teachers. Emma, we're glad you are on our team!



Costume Parade

Staff at Coronado Elementary consider Halloween as a Fall holiday. We want this to be a short and fun celebration for students. October 31 is primarily a day for learning. After the parade, students will need to change back into their everyday clothes. All parties will be from 3:00-3:25, except fifth grade. Their party will be from 2:00-2:25.

PARADE: Weather permitting, the costume parade for PreK through grade 5 will begin promptly at 8:40 a.m. on Thursday, October 31. The students will parade around the school campus, so please dress them in warm clothes.

COSTUMES: Please make sure your student comes to school in his or her costume and wears school clothes underneath. **Costume Guidelines:** please keep elaborate makeup to a minimum; no weapons-knives, guns, swords, bombs; no fake blood; no characters at school who represent violence, murder for sport, and other values that we cannot accept.

PICTURES: Please note that not all students are allowed to have their pictures taken at school events. This is especially important to consider when posting photos online. Only post photos of your child and others if you have permission from their parents. We appreciate your cooperation so that all our students experience a safe and respectful learning environment

Counselor Notes

Red Ribbon Week

Red Ribbon week will be celebrated at Coronado Elementary October 28-31. Red Ribbon week began in 1985 by students at Calexico High School in California to honor one of its former graduates who later became a law enforcement officer. Enrique Camarena, or "Kiki" as he was called by his friends and family, was killed by drug dealers while working as an undercover drug enforcement agent. To honor him and all the law enforcement officers who work to keep drugs out of our country, students at his former high school wore red ribbons. They pledged to keep themselves drug free, to become educated on the dangers of drugs and encourage others to stay drug free.

As we approach the last week of October, students will be presented with age-appropriate guidance lessons on the dangers of drugs, under-age drinking, smoking, & vaping; along with the importance of making healthy life-choices. Be looking for information to come home with your student on engaging ways that we will be celebrating the choice to be drug-free.

Please contact me if you have any questions.

Shirley Luce,
School Counselor
785-201-4100



Nurse

October is usually recognized as the beginning of the flu season. This is a great time to schedule flu shots for the entire family. But that's not all you can do to protect yourselves from the flu. Be sure to wash your hands often as this is the easiest and most effective way to prevent illness. Other ways to stay healthy are also good routines to have year-round, such as making sure you and your family are getting plenty of sleep and eating healthy foods including fruits and vegetables high in Vitamin C.

Please also remember that as the weather turns colder, make sure your student has appropriate clothes to be outside in. We try to take all recesses outside if possible, as the fresh air and exercise is good for everyone.

Art

Fall is here and the art room is buzzing with young artists. The month of October, students will be creating collages.

First and second grades will experiment with geometric shapes and texture to make some amazing cats. They will also read the story "Too Much Glue" so they can avoid any overly sticky situations.

Third and fourth grades will study artist Pablo Picasso and learn about symmetrical, asymmetrical and radial balance. They will create either a monster, alien, or witch using Picasso's profile technique.

Fifth graders will look at various styles of architecture. Drawing and cutting out a haunted house silhouette will be their next step. Once these are complete, they will experiment with tissue paper techniques to create a background for their house.



As you attended parent/teacher conferences in September, we hope you enjoyed the art in the hallways. Coronado students are so creative!

Physical Education

October brings cooler weather and the completion of the school marathon.

The school marathon finishes on October 4. Weather permitting we will have the final lap on the playground that morning. After that we will move inside to have an all school celebration in the gym. More details will be sent out closer to Oct 4. Shirts and medals will be given to students who complete the 26.2 miles that day.

A big thank you to the parents and staff that help put on the marathon!

Thanks,
Max Iselin, Coronado PE

Visible Learning in Action at SPS

As educational partners with parents and guardians, we want to update you about classroom strategies. You may have heard about Visible Learning at Salina Public Schools – and if so, you're probably curious what this means. Through Visible Learning:

- Students see themselves as more than just pupils. They see themselves as active learners who are eager to explore and grow.
- Each of our schools have chosen learning dispositions that support development of critical thinking, communication and social-emotional skills.

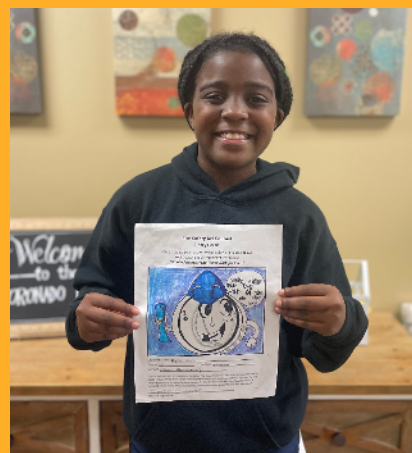
These learning dispositions are attitudes or habits that help students become better learners. Examples in action could include:

- Self-motivation: taking charge of your own learning by setting goals
- Curiosity: asking lots of questions
- Resilience: keep trying even when something is hard

Your child's school will be sharing the learning dispositions with you. When you read or hear about them, they're a great way to connect and reinforce the critical, lifelong skills your child is learning. We encourage you to use them as a conversation point with your child. These discussions will strengthen your bond with your child and support them on their educational journey.

Congratulations to Rhythm Cheeks on winning The Fire Safety Poster Contest.

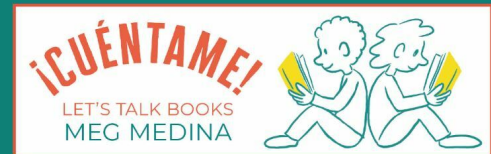
Great job Rhythm!



Special Best-Selling Author Talk

You're invited to visit Salina Public Library on October 22, from 6:00-7:00 p.m., to hear Meg Medina read and join in conversation and questions with her. Meg is the National Ambassador for Young People's Literature 2023-24 and a best-selling author. This event is offered through partnership with the Salina Public Library.

The National Ambassador
for Young People's Literature
is coming to our community!



Find more details here!

5 MINUTE MINDFULNESS PARENTING

FROM MRS. LAGROON, LMSW
SCHOOL SOCIAL WORKER



FINDING CALM

- DON'T BE AFRAID TO ASK FOR HELP & ACCEPT OFFERS OF ASSISTANCE THAT COME YOUR WAY
- BUILD IN TIME FOR ENJOYABLE ACTIVITIES FOR YOU & FOR ALL THE FAMILY
- ALLOW PLENTY OF TIME - PLANS INVOLVING CHILDREN TAKE LONGER & YOU'LL BE LESS STRESSED IF YOU ARE NOT RUNNING LATE
- IMPLEMENT SYSTEMS & DON'T RELY SOLELY ON MEMORY. WRITE LISTS, USE DIARIES, GET ORGANIZED. IT IS EVERYDAY CHAOS THAT CAN CAUSE THE GREATEST LEVELS OF PARENTAL STRESS
- BE KIND TO YOURSELF - IT'S NOT THE END OF THE WORLD IF THE VACUUMING DOESN'T GET DONE. THESE THINGS ARE EXTRA, NOT ESSENTIAL
- LEARN TO SAY NO - TURN DOWN INVITATIONS, REQUESTS, AND EXTRA PROJECTS
- MAKE SURE YOU GET ENOUGH SLEEP & ENOUGH EXERCISE

**YOU REAP
WHAT YOU SOW**
YOUR CHILDREN MODEL THEIR
BEHAVIOR ON YOUR
BEHAVIOR. IF YOU USE YOUR
PHONE OR SCREENS
INCESSANTLY, THEN DO NOT
BE SURPRISED WHEN THEIR
TECHNOLOGY USAGES
MIRRORS OR EXCEEDS YOUR
OWN.

FROM FIVE-MINUTE MINDFULNESS PARENTING
BY CLAIRE GILLMAN



A WAY TO FOCUS ON THE PRESENT MOMENT, USING
SLOW BREATHING TECHNIQUES IN A QUIET SPACE

REDUCE STRESS LEVELS
MAKE YOU HAPPIER
IMPROVE YOUR APPRECIATION OF LIFE
MAKE YOU FEEL MORE CONNECTED
IMPROVE YOUR BRAIN FUNCTION
INCREASE YOUR ATTENTION SPAN
IMPROVE YOUR SLEEP QUALITY
INCREASE IMMUNITY
MINIMIZE AGING

October Calendar

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

1 - PTO 6:00 p.m.

4 - Rock Rally/Marathon Celebration at 9:00 a.m.

8 - Picture Day

11 - No School/Teacher Inservice



14 - No School/Teacher Inservice

15 - Site Council 11:30 a.m.

26 - Trunk or Treat at 10:00 a.m.

28 - Grade 5 Starbase

31 - Halloween Parade at 8:40 a.m.

Contact Us

Tyler Burnett - Principal
 Stephanie Turowski - Lead Teacher
 Stephanie Baughman - Secretary
 Main Office Phone Number: 785-309-4100

 Coronado Elementary

 @Coronado305

 School Website

 District Website

#CoronadoGrowsGreatness
#305GrowsGreatness