

OCTOBER 2024

__ST. THOMAS AQUINAS___



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	1	2	2 3 4	
	Hot Lunch Options Hot #1 Taco Rice Bowl Hot #2 Chicken Scallopini Sides Included Rice, Tossed Green Salad, Baguette & Fresh Fruit	Hot Lunch Options Hot #1 Spaghetti with Meat Sauce Hot #2 Beef Hot Dogs Sides Included Carrots & Celery Sticks with Ranch, Tossed Green Salad, Baguette & Nilla Wafers	Hot Lunch Options Hot #1 Tuscan Chicken Hot #2 Three-Cheese Pizza Sides Included Peas and Carrots, Tossed Salad w/ Italian Dressing & Apple Crisp	Hot Lunch Options Hot #1 Fish Sticks Hot #2 Beef Tacos Sides Included Spanish Rice, Stewed Green Beans & Graham Crackers
	Specialty Cold Options Sandwich Turkey & Bacon Club Salad Chicken Cobb Salad		Specialty Cold Options Sandwich Turkey, Ham & Avocado Club Salad Grilled Chicken Fajita Salad	Specialty Cold Options Sandwich Chicken Salad on Croissant Salad Chicken Caesar Salad
7	8	9	9	•
Hot Lunch Options Hot #1 Shells and Cheese Hot #2 BBQ Chicken Sides Included Broccoli Rice Casserole, Tossed Green Salad, Baguette & Yogurt	Hot Lunch Options Hot #1 Beef Stroganoff Pasta Hot #2 Grilled Cheese & Tomato Basil Soup Sides Included Tossed Salad, Green Beans, Baguette & Fresh Fruit	Hot Lunch Options Hot #1 Pancakes, Roasted Potatoes & Sausage Hot #2 Asian Mandarin Chicken Sides Included Rice, Tossed Salad w/ Parmesan Ranch & Ice Cream	Hot Lunch Options Hot #1 Green Chili Chicken Enchiladas Hot #2 Chicken Volterra Sides Included Tossed Salad with Cilantro Dressing, Rice & Pound Cake with Fresh Strawberries	Hot Lunch Options Hot #1 Chicken Broccoli Bake Hot #2 Gemelli Pasta with Bolognese Sauce Sides Included Green Beans, Tossed Green Salad, Baguette & Apple Sauce
Specialty Cold Options Sandwich Asian Chicken Salad Wrap Salad California Tossed Green Salad	Specialty Cold Options Sandwich BLT Wrap Salad Cajun Salad with Grilled Chicken	Specialty Cold Options Sandwich Italian Sandwich Salad Tossed Southwestern Salad	Specialty Cold Options Sandwich Turkey Taco Wrap Salad Chicken Caesar Salad	Specialty Cold Options Sandwich Tuna on Croissant Salad Greek Salad
14	15	16	17	11
Hot Lunch Options Hot #1 Beef Hot Dogs Hot #2 Loaded Baked Potato Sides Included Green Beans, Squash Casserole & Nilla Wafers	Hot Lunch Options Hot #1 Bowtie Basil Cream Pasta with Chicken Hot #2 Fish Sticks Sides Included Corn, Tossed Salad, Baguette & Fresh Fruit	Hot Lunch Options Hot #1 Taco Rice Bowl Hot #2 Roasted Turkey with Gravy Sides Included Mashed Potatoes, Carrots & Celery Sticks with Ranch, Baguette & Chocolate Cake	Hot Lunch Options Hot #1 Fusilli with Meatballs Hot #2 Corn Dogs Sides Included Broccoli, Tossed Salad, Baguette & Applesauce	Hot Lunch Options Hot #1 Chicken & Beef Sausage Jambalaya Hot #2 Pepperoni Pizza Sides Included Peas and Carrots, Caesar Salad & Peach Cobbler
Specialty Cold Options Sandwich Cajun Chicken Salad on Croissant Salad Texas Hill Country Salad	Specialty Cold Options Sandwich Turkey & Bacon Club Salad Chicken Cobb Salad		Specialty Cold Options Sandwich Turkey, Ham & Avocado Club Salad Grilled Chicken Fajita Salad	Specialty Cold Options Sandwich Chicken Salad on Croissant Salad Chicken Caesar Salad
21	22	23	24	2
Hot Lunch Options Hot #1 Shells and Cheese Hot #2 Meatloaf Sides Included Cauliflower Gratin, Spinach Salad, Baguette & Graham Crackers	Hot Lunch Options Hot #1 Beef Lasagna Hot #2 Creamy Pesto Chicken Sides Included Ratatouille, Tossed Green Salad, Baguette & Ice Cream	Hot Lunch Options Hot #1 Pancakes, Roasted Potatoes & Sausage Hot #2 Sticky Thai Meatballs Sides Included Broccoli, Rice, Baguette & Fresh Fruit	Hot Lunch Options Hot #1 Lemon Rosemary Seared Chicken Hot #2 Gemelli Pasta with Beef & Creamy Tomato Sauce Sides Included Tossed Green Salad, Peas & Carrots, Corn, Baguette & Nilla Wafers	Hot Lunch Options Hot #1 Chicken Parmesan served over Spaghetti Hot #2 Broiled Hamburgers Sides Included Lettuce & Tomato, Tater Tots, Caesar Salad, Baguette & Yogurt
Specialty Cold Options Sandwich Asian Chicken Salad Wrap Salad California Tossed Green Salad	Specialty Cold Options Sandwich BLT Wrap Salad Cajun Salad with Grilled Chicken	Specialty Cold Options Sandwich Italian Sandwich Salad Tossed Southwestern Salad	Specialty Cold Options Sandwich Turkey Taco Wrap Salad Chicken Caesar Salad	Specialty Cold Options Sandwich Tuna on Croissant Salad Greek Salad
28	29	30	31	
Hot Lunch Options Hot #1 Fusilli with Meatballs Hot #2 Beef Quesacillas Sides Included Corn & Green Beans, Southwestern Slaw with Ranch, Baguette & Apple Sauce	Hot Lunch Options Hot #1 Taco Rice Bowl Hot #2 Chicken Scallopini Sides Included Rice, Tossed Green Salad, Baguette & Fresh Fruit	Hot Lunch Options Hot #1 Spaghetti with Meat Sauce Hot #2 Beef Hot Dogs Sides Included Carrots & Celery Sticks with Ranch, Tossed Green Salad, Baguette & Nilla Wafers	Hot Lunch Options Hot #1 Tuscan Chicken Hot #2 Three-Cheese Pizza Sides Included Peas and Carrots, Tossed Salad w/ Italian Dressing & Apple Crisp	
Specialty Cold Options Sandwich Cajun Chicken Salad on Croissant Salad Texas Hill Country Salad	Specialty Cold Options Sandwich Turkey & Bacon Club Salad Chicken Cobb Salad	Specialty Cold Options Sandwich Grilled Chicken Caesar Wrap Salad Fiesta Salad	Specialty Cold Options Sandwich Turkey, Ham & Avocado Club Salad Grilled Chicken Fajita Salad	