PORTRAIT OF A LEARNER PROGRESSION

RESILIENT

I can bounce back and adapt when faced with challenges.

CRITICAL ATTRIBUTES

CONTINUUM

Recognize Challenges					
Challenges such as an undesired outcome, failure, or perceived failure, are highlighted for learners.	Challenges are identified, defined, and understood with learners.	With support, learners identify and acknowledge that challenges exist and can be overcome with support.	With independence, learners define challenges, and understand that challenges exist and can be overcome.	With independence, learners insist that challenges can be overcome.	Challenges that are overcome are celebrated internally and with peers.

Bounce Back		
An inward focus on basic needs. Primarily focused on sustaining health and well-being.	An outward focus on the challenges that must be handled. Primarily problem-focused coping. Not ready to adapt and grow.	Learners understand that adapting and changing in the face of challenges is expected.

Adapt				
Learners are not ready to adapt or change in the face of challenges.	A focus on the roots of resiliency (i.e. strong self-esteem, self-confidence, and a positive self-concept).	A focus on building the qualities, attributes, and skills found in highly resilient people as defined by the Portrait of A Learner	A shift from problem solving and overcoming challenges to a focus on challenges as opportunity. A growth mindset.	A focus on what is possible at the highest level of resiliency. It can include having vision, an appreciation for serendipity, the ability to convert misfortune into good fortune. Serves as a leader and role model for others.