



# Circle of Security

I N T E R N A T I O N A L™

*Early Intervention Program for Parents & Children*

## **Free to Shiloh Hills Families!**

Includes dinner and childcare.

Based on 40+ years of attachment research.

### **Contact:**

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*"Understanding the circle has been so helpful to me as a mother. It helps me understand my child more each day. Things make sense now."*

*~ Shiloh Hills' Mom*

**What is Circle of Security?** Circle of Security Parenting (COS-P) is an attachment-based program to help caregivers navigate raising children. The seven-week program helps caregivers "learn how to protect and nurture babies through teens while fostering their independence, and what emotional needs a child may be expressing with difficult behavior."

For more information go to:

[circleofsecurityinternational.com](http://circleofsecurityinternational.com)

### **When?**

- ❖ Tuesday nights: Oct. 29 - Dec. 17 (not Nov. 26th for Thanksgiving Holiday)
- ❖ 5:00 – 6:30 pm
- ❖ Attendance at all sessions is required.
- ❖ One adult per household.

### **Who?**

- ❖ Taught by COS-P certified instructors on the Shiloh staff

### **What?**

- ❖ You and your child will be fed dinner!
- ❖ Parents will begin sessions while their children are supervised in a fun classroom setting.