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 CapeHenryCollegiate.org
 SAT/ACT CODE: 472-286

ADMINISTRATION

DR. CHRISTOPHER S. GARRAN
 Head of School

MR. WILLIAM TRAGERT
 Head of Upper School

COLLEGE COUNSELORS

MRS. LIZ STELLO
 Director of College Counseling
 lizstello@capehenry.org – (757) 963-8210

MRS. KATIE ALPIGINI
 Associate Director of College Counseling
 katiealpigni@capehenry.org – (757) 963-8229

APPOINTMENTS

MS. BRENDA STONE
 Administrative Assistant
 brendastone@capehenry.org – (757) 963-8223

ENROLLMENT

PK-12: 1072
 Upper School: 336
 Seniors: 87
 Middle School: 258
 Lower School: 478

UPPER SCHOOL STATS

Faculty with Advanced Degrees: 48%
 Student-Faculty Ratio: 10:1
 Average Class Size: 18
 Retention Rate for Upper School: 93%
 International Students: 4% from 7 countries
 Students Receiving Financial Aid: 20%

ACCREDITATION

Southern Association of Independent Schools
 Members of NACAC, ACCIS, and PCACAC

MEMBERSHIPS

Cape Henry Collegiate is one of the founding members of the Global Education Benchmark Group, a leading organization of K-12 schools that researches and establishes best practices in the field of global education.

Cum Laude is an academic honor society. Cape Henry names the top 20% of the class in the fall of the senior year and was granted a chapter in 2013.

2024-2025 ACADEMIC PROFILE

community | opportunity | scholarship | integrity

MISSION STATEMENT
 We know, value, and challenge each student.
 We commit to building a diverse and inclusive community.
 We graduate independent thinkers and globally aware citizens.

THE SCHOOL COMMUNITY

Cape Henry Collegiate is an independent, coeducational, PK-12 college-preparatory school located on a 30-acre campus just a few miles from the Atlantic Ocean in Virginia Beach. Founded as the Everett School in 1924 for students in K-6, the Upper School was added in 1970 and the first senior class graduated in 1975.

THE CLASS OF 2024



88

Students in the Class



109

Colleges and Universities Offered Acceptances



7

Average Number of Colleges Applied To



Attending **51** Colleges in **22** States, D.C. and Sweden



23%

Matriculated at a College Where No Other Cape Henry Student Is Enrolled

ACADEMIC SNAPSHOT



92

Courses in 6 Disciplines



17

AP Offerings



25%

Participate in a Signature Program



100%

Students Accepted to Four-Year Colleges



3.51-4.18

Mid-50% GPA Range for Class of 2025

ACADEMIC CALENDAR

Cape Henry Collegiate utilizes a semester system and is not on a block schedule. **MID-YEAR** grades are available in January. Mid-semester grades are available upon request and are not considered part of the students' official records.

ALL full-year classes for all years are reflected as one credit each.

WEIGHTING

The GPA for an academic year increases .1 for each AP class taken that year and .05 for each honors class taken. Starting in 2024-2025, courses taken outside Cape Henry for any reason are not factored into a student's GPA and do not appear on their Upper School transcript.

CLASS RANK

We recognize a Valedictorian and a Salutatorian, but do not rank.

COURSE REPEAT

Courses repeated a second time provide no additional credit. The grade earned on the initial attempt of the class remains on the transcript, but only the new grade receives credit and is calculated into the GPA.

DISCIPLINE DISCLOSURE

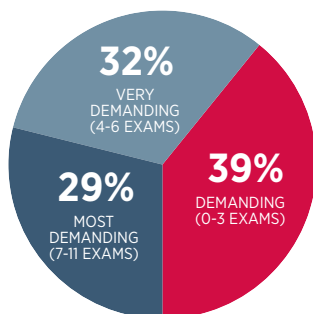
Students applying to college must answer any question they encounter about their current discipline record honestly. Cape Henry will report fully and accurately any infractions on a student's permanent record if asked directly. In every case, if a student was not asked to leave the School, they have earned our full and unwavering support.

AP SNAPSHOT

89% 2024 Pass Rate

428 Exams Taken in May 2024.

Total AP Courses and Course Rigor for the Class of 2025



GRADUATION REQUIREMENTS

All students must be enrolled in a minimum of six courses each year at Cape Henry Collegiate.

English <i>(To include English 12 or equivalent AP)</i>	4 Credits
History and Social Science	4 Credits
Science <i>(To include Biology and Chemistry)</i>	4 Credits
Mathematics <i>(Minimum completion through Algebra II)</i>	4 Credits
World Languages <i>(Three years of the same language in Upper School, or until a student completes the highest level offered of one language.)</i>	3 Credits
Fine Arts	1 Credit
Health	½ Credit
Additional Courses	3 Credits
Total	23 ½ Credits

Students are required to participate in a minimum of four significant co-curricular activities outside of the academic school day. This requirement may be fulfilled through team participation, major involvement in a co-curricular activity or participation in a major school production in the performing arts.

GRADING SCALE

Cape Henry Collegiate utilizes a weighted **4.33-point** grading scale. The transcript shows the cumulative scholastic average of all classes taken annually during Upper School enrollment.

Point Range	96>	93-96	90-92	87-89	83-86	80-82	77-79	73-76	70-72	67-69	65-66	<65
Grade	A+	A	A-	B+	B	B-	C+	C	C-	D+	D	F
G.P.A. Value	4.33	4	3.67	3.33	3	2.67	2.33	2	1.67	1.33	1	0

SAT HISTORY – MIDDLE 50% RANGE

Middle 50% range and mean best test results for the Classes of 2022-2024.

Class	2024	2023	2022
EBRW	570-660 (616)	520-680 (602)	530-650 (593)
Math	550-660 (608)	520-690 (604)	520-665 (591)
% of Class	91%	85%	94%

NEXUS GLOBAL STUDIES

In 2023-2024, **43%** of Upper School students participated in a Nexus Global Studies program, **63%** of which were international programs.

Our 2023-2024 international Nexus destinations: Spain, Cuba, India, France, Rwanda, Belize, Peru and South Africa.



UPPER SCHOOL CURRICULUM (GRADES 9-12)

All Cape Henry courses are taught at the college-preparatory level. All science courses are labs. Course descriptions are available on the Cape Henry Collegiate website.

Students must get departmental approval to enroll in an honors or an Advanced Placement class. **AP students are required to take the examinations.**

Advanced Placement Courses at Cape Henry offered in:

- Art (3D, 2D, Drawing)
- Biology
- Calculus (AB, BC)
- Chemistry (Honors Chemistry prerequisite)
- English Language
- English Literature
- Environmental Science
- European History (Alternate years)
- French Language
- Government: Comparative
- Government: United States
- Physics C: Mechanics (Honors Physics prerequisite)
- Spanish Language
- Statistics
- United States History

The history department does not offer an honors track.

Tropical Ecology Field Research culminates with a required two-week international research program in Central America.

Independent Studies are available in multiple disciplines for highly motivated students with unique scheduling needs. These are indicated on the transcript.

Honors Courses are offered in:

- Algebra II/Trigonometry
- Anatomy
- Asian History (Alternate years)
- Biochemistry
- Biology
- Chemistry
- English 9
- English 10
- French III
- French IV
- Global Public Health
- Linear Algebra (BC Calculus Prerequisite)*
- Multivariable Calculus (BC Calculus Prerequisite)
- Physics
- Precalculus with Differential Calculus
- Spanish II
- Spanish III
- Spanish IV
- World History

* Honors Linear Algebra is a semester course that receives dual-credit with Virginia Wesleyan University. AP BC Calculus is a prerequisite.

SIGNATURE PROGRAMS

GLOBAL SCHOLARS



4

Years of
1 World Language



1

Additional Global
Science Class
Tropical Ecology,
Global Environmental Issues,
AP Environmental Science, or
Honors Global Public Health

2

Required Global
Senior History Classes
AP Comparative Government and
International Relations

25

Page Senior
Thesis
on a unique global topic defended
in front of five faculty members.

HEALTH AND MEDICAL SCIENCE



3

Required Classes
Introduction to Health Science
Honors Anatomy
Physics/H Physics



2

Seminars
Per Month with
Speakers in the
Healthcare Field

Partnerships

*Children's Hospital of
The King's Daughters*
Eastern Virginia Medical School
*Virginia Beach
Emergency Medical Services*

25

Hours Annually
of Service and
Shadowing with
Healthcare
Professionals



Weekly Class Discussion-Based Seminar
reviewing current global issues.

Further information can be found on the Cape Henry Collegiate website.

COLLEGE MATRICULATION (2020-2024)

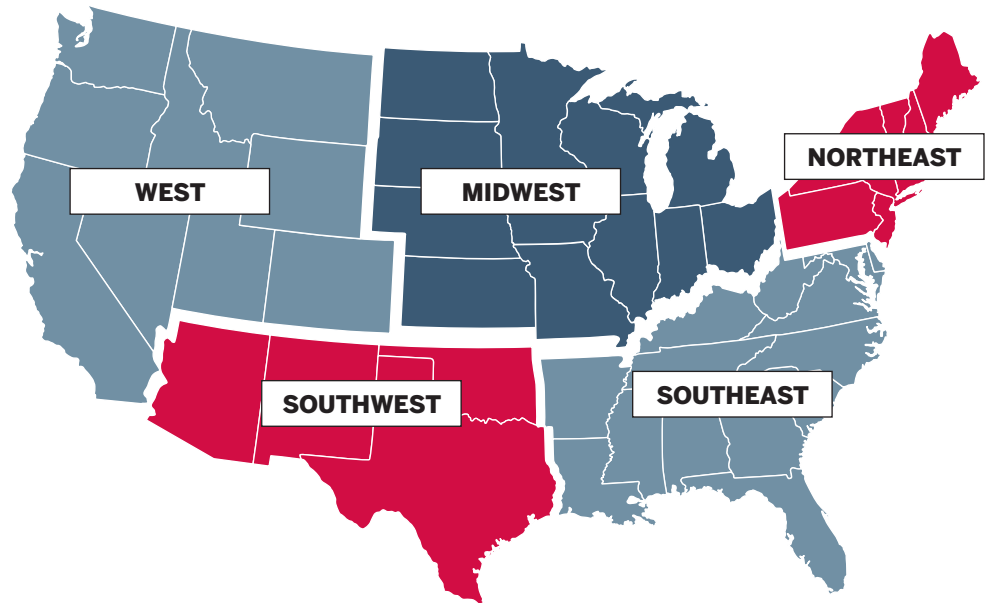
One hundred percent of graduates are accepted at four-year institutions. In 2024, 88 students attended 51 different colleges in 22 different states, D.C. and Sweden. College matriculations for the Classes of 2020-2024 include:

■ NORTHEAST

Amherst College
Berklee College of Music
Boston University
Brown University
Carnegie Mellon University
Colgate University
College of the Atlantic
Culinary Institute of America
Dartmouth College
Drexel University
Fordham University
Gettysburg College
Harvard University
Hofstra University
Ithaca College
New Jersey Institute of Technology
New York University
Northeastern University
Pennsylvania State University
Pratt Institute
Princeton University
Rhode Island School of Design
Seton Hall University
Smith College
Syracuse University
Trinity College
United States Military Academy
University of Massachusetts-Lowell
University of New Hampshire
University of Pittsburgh
Vassar College
Worcester Polytechnic Institute
Yale University

■ SOUTHEAST

American University
Appalachian State University
Auburn University
Belmont Abbey College
Belmont University
Bridgewater College
Catholic University of America
Christopher Newport University
Clemson University
Coastal Carolina University
College of Charleston
East Carolina University
Eckerd College
Elon University
Emory & Henry College
Emory University
Flagler College
George Mason University
George Washington University
Georgia Institute of Technology
Goucher College
Hampden-Sydney College
High Point University
Howard University
James Madison University
Johns Hopkins University



Liberty University
Longwood University
Loyola University Maryland
North Carolina State University
Old Dominion University
Pfeiffer University
Radford University
Randolph-Macon College
Regent University
Rhodes College
Roanoke College
Savannah College of Art and Design
Tulane University
United States Naval Academy
University of Alabama
University of Delaware
University of Florida
University of Georgia
University of Lynchburg
University of Mary Washington
University of Maryland-College Park
University of Miami
University of Mississippi
University of North Carolina at Chapel Hill
University of North Carolina at Charlotte
University of North Carolina at Greensboro
University of North Carolina School of the Arts
University of North Carolina Wilmington
University of Richmond
University of South Carolina
University of Tennessee-Knoxville
University of Virginia
Vanderbilt University
Virginia Commonwealth University
Virginia Military Institute
Virginia Tech
Virginia Wesleyan University
Wake Forest University
Washington and Lee University
William & Mary

■ MIDWEST

Ohio State University
Purdue University
University of Illinois Urbana-Champaign
University of Michigan
University of Notre Dame
University of Wisconsin-Madison
Washington University in St Louis
Winona State University

■ WEST

California Polytechnic State University-San Luis Obispo
Chapman University
Colorado School of Mines
Pepperdine University
University of California-Davis
University of California-Irvine
University of California-San Diego
University of California-Santa Barbara
University of Colorado Boulder
University of Southern California
University of Utah
University of Washington, Seattle
Whitman College

■ SOUTHWEST

Baylor University
Rice University
Texas A & M University-College Station
Texas A & M University-Galveston
University of Texas at Austin

■ FOREIGN COUNTRIES

Brunel University London
Royal Institute of Technology
University of British Columbia
University of Toronto

For a list of 2024 Matriculations, please visit capehenrycollegiate.org/matriculation