



**PRE-K
BREAKFAST
& LUNCH MENU**

October 2024

NOTES

Available Daily BREAKFAST: Fresh Fruit / Skim & Low Fat Milk

Available Daily LUNCH: Fresh Fruit / Vegetable / Skim & Low Fat Milk

CONTAINS WHEAT: all pasta; breaded chicken; all sandwich bread, buns, and breadsticks; all breakfast entrees (excluding smoothies & egg dishes); all pizza items; tortilla chips **CONTAINS SOY:** chicken patties, chicken nuggets, all beef items (excluding hot dogs) **CONTAINS DAIRY:** all pizza items; all salads (cheese); all hot vegetables (butter); all sandwiches with cheese

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Double Chocolate Chip Muffin 1 ----- Beef Nachos Hamburger Cheese Sandwich Chicken Ham & Cheese Sandwich	Cinnamon Pop Tart 2 ----- Personal Pizza Chicken Patty Sandwich Cheese Sandwich Sun Butter & Jelly Sandwich	Cheerios Cereal 3 ----- Sweet & Sour Chicken & Rice Cheeseburger Cheese Sandwich Turkey & Cheese Sandwich	Cocoa Puffs Breakfast Bar 4 ----- Pizza Beef Hot Dog Cheese Sandwich Sun Butter & Jelly Sandwich
Strawberry Pop Tart 7 ----- Grilled Cheese Sandwich Hamburger Cheese Sandwich Yogurt & Pretzel Pack (Strawberry Banana Yogurt, Pretzel Bag and Mozz Stick)	Lucky Charms 8 ----- Beef Nachos Chicken Patty Sandwich Cheese Sandwich Chicken Ham & Cheese Sandwich	Cinnamon Toast Crunch Bar 9 ----- Pizza Sticks & Marinara Cheeseburger Cheese Sandwich Sun Butter & Jelly Sandwich	Cheerios Cereal 10 ----- Chicken Mashed Potato Bowl Beef Hot Dog Cheese Sandwich Turkey & Cheese Sandwich	Cocoa Puffs Cereal 11 ----- Pizza Chicken Nuggets Cheese Sandwich Sun Butter & Jelly Sandwich
NO SCHOOL 14	Blueberry Muffin 15 ----- Beef Nachos Cheeseburger Cheese Sandwich Chicken Ham & Cheese Sandwich	Cheerios Cereal 16 ----- Personal Pizza Beef Hot Dog Cheese Sandwich Sun Butter & Jelly Sandwich	Lucky Charms Cereal 17 ----- Meatball Parm Sub Chicken Nuggets Cheese Sandwich Turkey & Cheese Sandwich	Cinnamon Pop Tart 18 ----- Pizza Hamburger Cheese Sandwich Sun Butter & Jelly Sandwich
Lucky Charms Cereal 21 ----- Cheesy Pasta Cheeseburger Cheese Sandwich Yogurt & Pretzel Pack (Strawberry Banana Yogurt, Pretzel Bag and Mozz Stick)	Banana Muffin 22 ----- Beef Nachos Beef Hot Dog Cheese Sandwich Chicken Ham & Cheese Sandwich	Strawberry Pop Tart 23 ----- Pizza Sticks & Marinara Chicken Nuggets Cheese Sandwich Sun Butter & Jelly Sandwich	Cheerios Cereal 24 ----- Chicken Mashed Potato Bowl Hamburger Cheese Sandwich Turkey & Cheese Sandwich	Cinnamon Toast Crunch Bar 25 ----- Pizza Chicken Patty Sandwich Cheese Sandwich Sun Butter & Jelly Sandwich
Cinnamon Pop Tart 28 ----- Rotini & Meatballs Beef Hot Dog Cheese Sandwich Yogurt & Pretzel Pack (Strawberry Banana Yogurt, Pretzel Bag and Mozz Stick)	Cheerios Cereal 29 ----- Beef Nachos Chicken Nuggets Cheese Sandwich Chicken Ham & Cheese Sandwich	Cocoa Puffs Bar 30 ----- Personal Pizza Hamburger Cheese Sandwich Sun Butter & Jelly Sandwich	Strawberry Pop Tart 31 ----- Pancakes & Sausage Chicken Patty Sandwich Cheese Sandwich Turkey & Cheese Sandwich	