

Transitions

Academics built-in, not added on

Transitions students will not have specific times in their day to work on English, math, or science. Instead, instruction is based on functional, vocational, life-skills.

What's in a day?

On an average day, students will participate in a session of life skills training and activities, which could include working on a budget, making shopping lists, preparing lunch, social skills training, reviewing the previous days' work, or even perusing the newspaper. The rest of the day will be in the community, working at job sites and performing activities of daily life.

Who Can Participate?

Participants in *Transitions* are students with intellectual and/or developmental disabilities ages 18-21, who have earned their FCPS Applied Studies diploma. Students are accepted on an individual basis, through an application process.

Our Mission

Our mission is to provide life skills and vocational training to students with intellectual and developmental disabilities ages 18-21. Transitions aims to help bridge the gap between the classroom and the real world, while fostering positive relationships within the community and empowering our students to become integral members of the workforce.



Find us on Facebook.com/fauquiertransitions



Fauquier County Public Schools

For more information, contact Janelle Sutliff at
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Fauquier County Public Schools



Learning for life

What is *Transitions*?

Transitions is a downtown Warrenton program on Main Street for post-high special education students in Fauquier County Public Schools. This community-based program provides daily hands on work experiences and life skills education in a small group setting outside the student's base school.

Transitions will employ research-based methods to develop a Person-Centered Plan for each student and work with them on developing skills leading toward greater autonomy. By providing opportunities for our students to work on vocational skills, functional skills and social skills, our hope upon exit from FCPS is a full and satisfying life in their community.

Employment

Students will develop pre-vocational and vocational skills in a real-world setting through on-the-job training and work experience.

We partner with agencies and businesses that provide ongoing vocational support.

Our job coaches help students find and develop their own interests, while providing on-the-job training.



Life Skills

Staff will work to build independent living skills through classroom instruction and practice.

Skills include:

- Financial literacy
- Personal care needs
- Health and Fitness
- Meal planning and preparation
- Household management



Self-Determination

Self-determination is the belief that one has control over one's own life. The student will be charged with the task of "becoming yourself." Students will develop skills required to pursue their goals.

- Access support agencies
- Build communication skills
- Develop self-awareness and social awareness
- Personal responsibility
- Time management
- Problem solving
- Self advocacy

Social Skills and Community Involvement

Social skills will be taught, reinforced, and practiced daily in natural settings as the student transitions through the post graduate program.

Students will participate in community events and recreational activities. Participants are encouraged to explore opportunities and foster areas of interest.

This community involvement will help provide the student with a support system paired with the opportunity to build social relationships.



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