

Agency Name	My Wellbrook
Address	550 Broad St. Suite#606
Contact Number	Telephone# 201-822-1161 Fax# 877-485-8918
Website	My Wellbrook
Referral Requirement	Complete online application to schedule initial 45 minute video intake with My Wellbrook staff.
Accepts Insurance?	Medicare, Medicaid, Aetna, Amerigroup, United Healthcare & Horizon Blue Cross/Blue Shield
Notes	n/a

Agency Name	University Behavioral Healthcare Center at Newark
Address	183 South Orange Avenue, Newark, NJ, 07103
Contact Number	1-800-969-5300
Website	UBHC Outpatient Services for Children and Adults
Referral Requirement	Children ages 4 to 17 years, adults, and older adults who have a mental illness
Accepts Insurance?	All insurances, medicaid, medicare, uninsured and charity care
Notes	Services include Psychiatric evaluations to determine outpatient treatment needs, Group therapy, Individual therapy, Family therapy, Medication management, and Intensive outpatient services.

Agency Name	Community Wellness and Counseling Center
Address	688 Maple Avenue, Elizabeth, NJ 07202
Contact Number	(862) 339-6159
Website	Community Wellness and Counseling
Referral Requirement	Community Wellness and Counseling Referral Inquiry Form
Accepts Insurance?	Free
Notes	Provides in-person and virtual counseling services to individuals ages 5 and up. This is considered a short-term counseling service; clients will be provided with 12 counseling sessions. The Wellness center also provides mental health/wellness workshops free of charge.

Agency Name	Associates in Mental Health & Developmental Disabilities, Inc
Address	81 Northfield Avenue, Suite 106, West Orange, New Jersey
Contact Number	(973) 762-2020
Website	Associates In Mental Health & Developmental Disabilities, Inc
Referral Requirement	Referrals come from Perform Care through the CMO of the county
Accepts Insurance?	Only accepts Medicaid
Notes	Provides outpatient, individual and group counseling, intensive-in home counseling, Behavioral assistant, mobile in-home, psychiatric evaluations, and psychological testing, substance abuse evaluations, psychosexual evaluations, mentoring services, summer camp and support coordination services for ages 3 - 21.

Agency Name	True Care Mental Health Clinic
Address	18-B Oliver St. Newark 07102
Contact Number	Telephone# 973-877-1900 Fax# 973-622-1502
Website	True Care Mental Health
Referral Requirement	No referrals required. Bring photo ID and social security card.
Accepts Insurance?	Medicaid, Medicare & private insurances are accepted
Notes	When you arrive park in the Retro Fitness parking lot

Agency Name	Perform Care / CMO of Essex County
Address	300 Horizon Drive Suite 306, Robbinsville, NJ 08691-1919
Contact Number	Telephone# 1877-652-7624 Available 24 hours a day
Website	NJ Children's System of Care
Referral Requirement	Call the Hotline 24 hrs a day 7 days a week.
Accepts Insurance?	No insurance required. Insurance will be provided after completing a free application
Notes	N/A