

Meet our SAP!

Laura Michalopoulos



What does an SAP do?

Help students understand and regulate their emotions.

Teach healthy coping skills.

Reduce the prevalence of substance use among teens.

Refer and connect students to resources.

**Request an
Appointment
Today**

360-221-5417

Services Provided:

- Individual Appointments
- Behavioral Health Screening
- Healthy Skill Development
- Emotion Regulation
- Substance Use Screening
- Refusal Skills



lmichalopoulos@sw.wednet.edu