

Tiger NewsBytes

Terra Nova High School E-Newsletter, August 16, 2021

Principal's Message

Dear Terra Nova families,

Thank you to our Student Activities Director, Courtney Fil, and all of ASB student leaders for organizing a wonderful week of welcome for students and staff. Each lunch period was filled with music and games such as musical chairs, a hula hoop contest and JENGA. Way to go in starting our year with some strong school spirit and Tiger Pride!

I want to provide important information and highlight key parts of Terra Nova's response to COVID-19 which follows the district's [safe return to school plan](#) and San Mateo County Office of Education's [pandemic recovery framework](#).

MASKS

TN is strictly adhering to the mask mandate which requires that masks be worn in all indoor settings such as the classroom, hallways, offices, and restrooms. Individuals without a mask will be provided one. We strongly encourage students to continue wearing a mask even when outdoors.

To be effective, masks should completely cover the nose and mouth, fit snugly against the sides of the face & not have any gaps and have a nose wire to prevent air leakage. Please take some time to review this [short video on how to properly fit your face mask](#).

HYGIENE

Hand sanitizer continues to be available in all classrooms, offices and hallways. Students are asked to report empty stations through the Tiger TipLine (tntigertips@gmail.com) for immediate attention.

SICK STUDENTS

The single most important step each of us can take is to stay home when feeling ill. We ask that students return after being ill - 24 hours has passed after the onset of symptoms and only if symptoms have improved without the assistance of medication. Following this timeframe is crucial because what we may dismiss as unrelated to COVID could be an early indicator of a positive diagnosis.

SICK with POSSIBLE COVID-19 SYMPTOMS

Staff members and students with symptoms of COVID-19 infection are advised not to return to campus until they have met CDPH criteria to return to school for those with symptoms:

- At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; and
- Other symptoms have improved; and

- They have a negative test for COVID-19, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition OR a healthcare provider has confirmed an alternative named diagnosis.

EXPOSURE TO COVID-19

When there is a report of a close contact of a positive case within our school, we will follow the response outlined by the county and notify affected students and staff. A different response may be required depending on such factors as the exposure setting, vaccination status and involvement in extracurricular activities. District staff, including our district nurse will be consulted as every case is unique.

Please take a moment to review the steps to take when experiencing a positive COVID exposure (listed below). Your strict adherence to these measures will help keep our community safe and healthy.

ON-CAMPUS TESTING

Terra Nova will be offering on-campus COVID tests to students and staff in the upcoming weeks. More information on how to take advantage of this program will be sent to families once it is available.

Myself, Mr. Pofahl, Ms. Seibel and Ms. Hensley will be visiting classrooms in the upcoming weeks. We look forward to having the opportunity to meet your student and talk about our school community.

As we begin to travel through this year together, I will ask each of them to do their best, be their best and give their best.

Thank you for your continued support,

Megan Carey
Principal



Week of Welcome Prizes on
Jenga Day

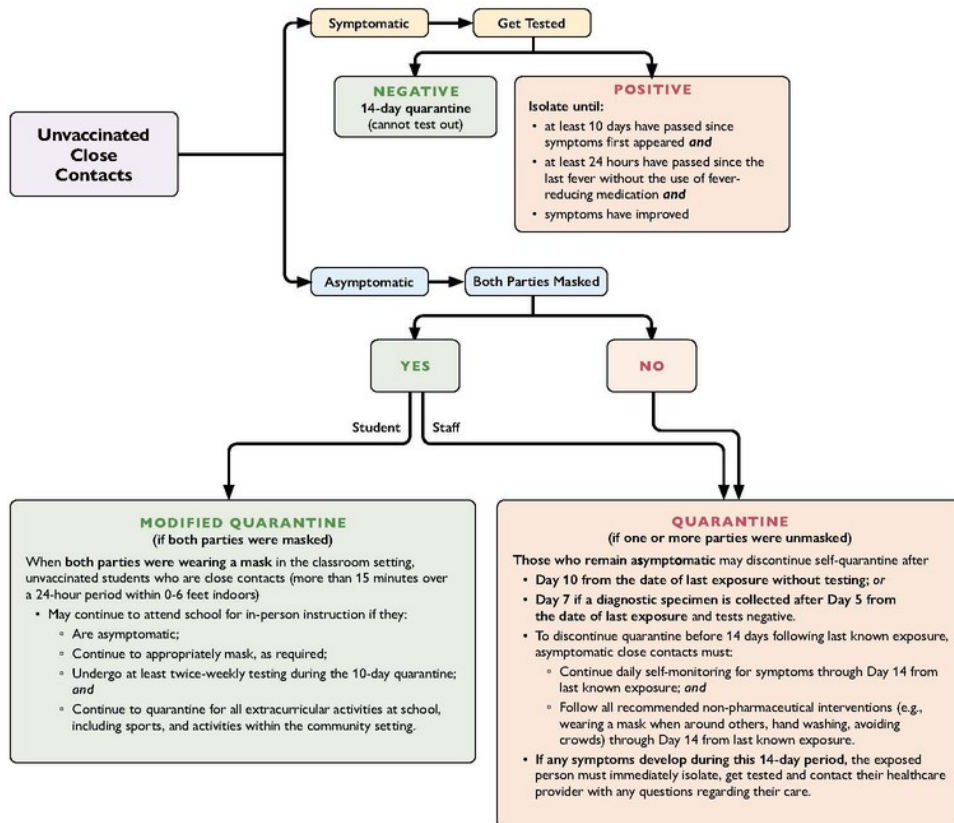
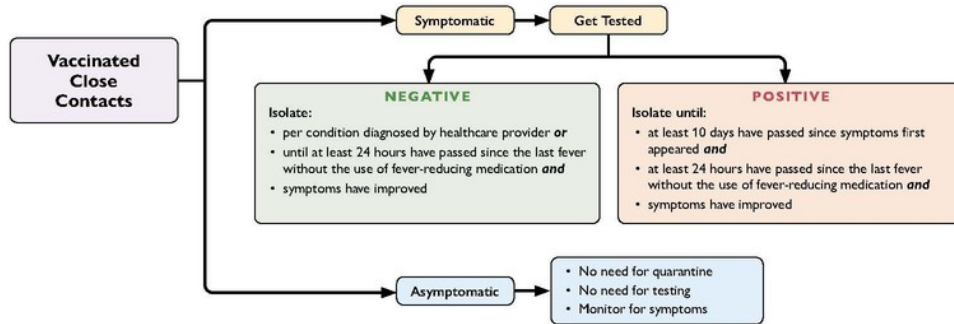


Giant Uno!



Welcome Back Wall

COVID-19 Exposure at School (CDPH)



CAMPUS NEWS

Current events, news and other updates
from around campus

School Office Hours

Our new and updated office hours are 8 am to 4pm.

OFFICE HOURS

Universal School Lunch Program

Effective now: Brunch & lunch will be free to all students, regardless of income level, courtesy of the State of California.



A la carte items such as chips, sports drinks and other items will still be available for purchase in the upcoming weeks.



Applications for Student Parking Permits

Applications for student parking are not yet available. An announcement will be made in the daily bulletin in the very near future. The number of permits is limited and submitting an application does not guarantee a permit.

Traffic Flow on/around Campus

To help ensure the safety of our students, please read through the traffic flow and other procedures below.

Traffic Flow:

Traffic flows through the Terra Nova campus as follows:

- All cars will ENTER through the southern driveway (near the baseball field)
- All cars will EXIT through the northern driveway (nearest the staff parking lot)



Traffic exiting campus will be split into two lanes:

- Right hand turn lane onto Terra Nova Blvd
- Left hand turn lane onto Terra Nova Blvd

Cars exiting the stadium parking lot must exit through the northern driveway.

Student Drop-Off Locations:

Students should be dropped off in front of the flag pole. Do not drop students off using the stadium or staff parking lots. Doing so risks causing more congestion.

As you navigate the traffic, please be sure to watch for students and pedestrians and follow all traffic laws. Cars making illegal turns, driving at unsafe speeds and passing vehicles unsafely can be hazardous.



Make Up Picture Day

Picture make-up day is scheduled for August 25th. Please see the flyer to order pictures



Lifetouch



PICTURE DAY IS COMING



Order your school pictures
today on mylifetouch.com

8/25 - Absentees
Terra Nova High School



- ① Visit mylifetouch.com
- ② Enter your Picture Day ID
EVT3GV3S8
- ③ Order your perfect package—
and don't worry about returning
anything on Picture Day!

Lifetouch
REWARDS

Earn exclusive offers for your
online picture purchases.

Meet Terra Nova's New Faculty & Staff Members!!



Michael Sato, M.S. | PPS | LMFT | LEP

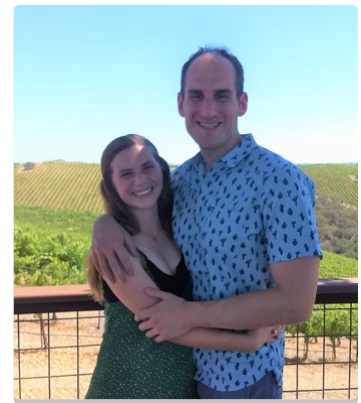
School Psychologist

Mr. Sato was born and raised in the Air Force. He finished high school in Madrid, Spain and enlisted in the Air Force where he worked on fighter aircraft electronics. After attending San Jose State University, he worked as a school psychologist for 12 years before working in the high tech industry at companies such as Apple and Yahoo. He shares that his experiences with the public and private sectors provided insights that coming back to the profession was a calling that he could not ignore.

Andrew Pena

Spanish & Freshmen Seminar

Drew is originally from Sacramento and has been teaching for 4 years. He is super excited to be a part of our community. As his students are learning, he is a pescatarian and loves black licorice!



COUNSELING CORNER

Messages from the counseling department.

The Terra Nova Counseling Department has grown!

We are excited to welcome Gilbert Gammad and Alexis Rosenbaum to the Terra Nova Wellness Counseling Program. Both will be working alongside our Wellness Counselor, Cielo Calpotura-Wagner (Ms. C). We are very excited about these additional resources for our students and families.

TN is also welcoming, Ms. Sophia Hutcheon who will be concentrating on the academic side of our counseling department. She joins Ms. Lozowski in helping students with their academic goals and planning for their futures beyond Terra Nova.



Gilbert Gammad, MSW | PPSC

Gilbert will be working as Terra Nova's Social Worker for students and families. They recently graduated from the MSW (social work) program at UC Berkeley and have an extensive background working with families and adolescents. Gilbert was a youth program coordinator at San Mateo County Pride Center and also ran support groups for youth.

Alexis Rosenbaum

Alexis is currently a student in the SFSU Masters of Counseling program studying Clinical Psychology. She is joining us as an intern this school year and will work directly with students and facilitate groups.



Sophia Hutcheon, MS | PSS

Ms. Hutcheon holds a Bachelor's degree in Sociology, with a Minor in Education from UC Santa Cruz and a Master's Degree in Counseling, with a Pupil Personnel Services Credential from the University of San Diego. She has worked in education for the past 5 years starting as an AVID Tutor in Santa Cruz County, a Program Ambassador for college and career access programs in San Diego County, and a school counselor at Los Altos High School. Ms. Hutcheon is ready to support all TN students in their academic, social-emotional and college/career journeys.

Who is my Academic Counselor?

Please see the updated 2021-2022 counseling breakdown below:

- **Maya Lozowski, Last Names A-LA**
 - mlozowski@jeffersonunion.net
 - 650.550.7676
- **Sophia Hutcheon, Last Names LE-Z**
 - shutcheon@jeffersonunion.net
 - 650.550.7675

Schedule Change Requests

Thank you for your continued patience as we are continuing to review the schedule change request form. We will continue to contact students this week to discuss their schedule change requests.

TERRA NOVA HIGH SCHOOL

MAKE AN APPOINTMENT WITH THE WELLNESS TEAM

Wellness Counselor: Ms. Calpotura-Wagner
(Ms. C)

Social Worker: Gilbert Gammand

Wellness Counselor Intern: Ms. Rosebaum
(Ms. R)

***IF YOU HAVE ANY CONCERNS ABOUT YOUR CHILD
AND WOULD LIKE SOMEONE FROM THE WELLNESS
TEAM TO CHECK IN WITH THEM, PLEASE SCAN THIS
QR CODE AND MAKE AN APPOINTMENT TO SPEAK
WITH US.***



A poster for the Tiger Tipline. At the top, the text 'CONFIDENTIAL SAFETY TIPLINE' is partially visible. The main title 'TIGER TIPLINE' is in large, bold, black letters inside a yellow circle with a dotted border. To the right is a graphic of a smartphone with the text 'TEXT US THE INFO' on its screen. Below the title, the text 'TIGERS ALWAYS PROTECT THEIR OWN' is followed by a long row of yellow chevrons. Underneath the chevrons, on the left, is the text 'SEE SOMETHING? HEAR SOMETHING? REPORT IT CONFIDENTIALLY!'. On the right, a list of issues is provided: 'Bullying/Cyberbullying/Harassment', 'Suicidal or Self Harm Threats', 'Violence/Abuse/Discrimination', 'Theft/Drug/Alcohol/Vaping', and 'Or anything that impacts campus safety!'. Below this list, the email address 'TNTIGERTIPS@GMAIL.COM' is written in large, bold, black letters, with a yellow arrow pointing to the right. At the bottom left is a black silhouette of a tiger walking. At the bottom right, the text 'SOLIDARITY IN STUDENT SAFETY' is written in bold, black letters.

CONFIDENTIAL SAFETY TIPLINE

TIGER TIPLINE

TEXT US THE INFO

TIGERS ALWAYS PROTECT THEIR OWN

SEE SOMETHING?
HEAR SOMETHING?
REPORT IT
CONFIDENTIALLY!

Bullying/Cyberbullying/Harassment
Suicidal or Self Harm Threats
Violence/Abuse/Discrimination
Theft/Drug/Alcohol/Vaping
Or anything that impacts campus safety!

TNTIGERTIPS@GMAIL.COM

SOLIDARITY IN
STUDENT SAFETY

Sports updates from our Athletic Department

Fall sports include: Football, Cross Country, Girls Volleyball, Girls and Boys Water Polo, Sideline Pom-Pom Cheer and Girls Tennis.

HOME OF SCHOLARS & CHAMPIONS

Lets
Go
Tigers!



FALL SPORTSMANSHIP NIGHT

Terra Nova Athletics will be hosting its mandatory fall sportsmanship night on **Wednesday, August 18th from 7pm- 8pm**. A parent/guardian **MUST** attend for all fall student-athletes.

Our event format has changed. Parents/guardians will attend the meeting with their specific team and coach in a classroom. Room assignments will be posted near the Terra Nova Theater that evening. To help minimize crowd size, we kindly ask that students and younger siblings do not attend.

A suggested donation of at least **\$50 per student athlete** will be asked from each family.

This donation is tax deductible, and is essential to help off-set the costs of all of our sports programs.

If you have any questions or concerns please reach out to the Athletic Director: Chris Cullen at tnathleticdirector@jeffersonunion.net

SportsNet Athlete Registration

All students playing a sport must register on SportsNet. Please follow this link to register: <https://sportsnethost.com/tnhs-parent/index.php?page=sign-in>

Remember, students need a physical from their doctor dated within the last year stating unlimited participation in order to participate.



Want to join Cross Country?

Attention Cross Country families, you are cordially invited to a Cross Country meeting with Mr. Willemse, immediately following Sportsmanship Night. We will announce the location of the room at the main meeting in the TN theater

TN Cheer Tryouts!

Cheer evaluations will be held August 18th through August 20th from 3:30-5pm in the cafeteria.

Interested students are asked to wear black shorts/dance pants, a white shirt, hair in a ponytail and athletic shoes. A current physical is needed to join cheer.



GET INVOLVED

Alone we can do so little; together we can do so much.
- Helen Keller

Athletic Booster Club Meeting: Tuesday August 17th via Zoom

The Terra Nova Booster Club's primary function is to raise funds in support of all athletic programs at Terra Nova. The TN Athletic Boosters believe that keeping students involved in high school sports helps promote good health, good grades and school spirit. Athletic grants awarded by the Booster Club are the primary source of funding for team uniforms and equipment, sports awards, major projects, first aid, health and safety items. Annual grants presented by the Booster Club average a total of \$25,000 to \$35,000 dependent upon coach grant requests submitted near the end of each school year.

Support athletics at Terra Nova by attending an Athletic Booster Club Meeting and being a voice for your students sport and team.

Join Zoom Meeting

<https://us02web.zoom.us/j/89185669477?pwd=K2l0eFhSRlNkRGR1RGFFU3Y5WGlyQT09>

Meeting ID: 891 8566 9477

Passcode: 810417

PTO Meeting: Tuesday August 24th

The first PTO meeting of the year will be Tuesday August 24th at 7pm via Zoom.

Terra Nova's Parent Teacher Organization is dedicated to enabling families, teachers, staff and the community to join forces to promote a positive learning environment for all students - including yours.

The PTO, a non-profit organization, was founded for the following purposes:

- To encourage communication among the school, home and community at large.
- To provide support to the school in the form of volunteers, financial and resource contributions and parental representation within the Jefferson Union High School District.
- To facilitate parental involvement in school-wide decision making and activities.

Please join our meeting to hear current updates directly from Ms. Carey, meet other parents and contribute to the ongoing success of Terra Nova!

Join Zoom Meeting

<https://juhsd-net.zoom.us/j/83018940368?pwd=Y29nbmlHT2MvclNqcm1ydjFINUxwUT09>

Meeting ID: 830 1894 0368

Passcode: 738255

