

# ***Tiger NewsBytes***

Terra Nova High School E-Newsletter, January 6, 2022

## **Principal's Message**

Dear Terra Nova families,

I hope you enjoyed a happy and joyous winter break.

As we return to school, we are faced with the next phase of the COVID-19 pandemic; the Omicron variant, which has caused an alarming spike of cases, including many from within the Terra Nova community.

At Terra Nova, we have seen an increase in the number of students who are absent from school. Some of these absences are due to positive cases while others are not. We follow up on every report of a possible positive case and will continue to notify our students, families and staff of close contacts. Families will continue to be informed of any change and updates and can visit the district's [Covid response page](#).

I wish I could say more about what the future holds but unfortunately I don't have a crystal ball. I share in the renewed concern but I remain committed to your students and our community, as does the entire Terra Nova staff. We encourage the following advice from the CDPH to stay safe and healthy including:

- Get Vaccinated & Boosted
- Wear Masks
  - Please remind your student that masks are required in all indoor spaces on campus, including the restroom, locker room and cafeteria (when not actively eating or drinking).
  - For our athletes, masks are required when not involved in heavy exertion
- Get Tested
  - Testing is available to our students on campus every Thursday from 8 to 2pm in Room N209.
  - To register for COVID testing at school, click this [link](#) or go to <https://tinyurl.com/4vpp9zk2> (you only need to register once).
    - Results will be available 24 to 48 hours after sample collection
    - Testing is at no cost to the individual
    - Insurance information does not need to be provided. When asked, you may fill in your insurance information, or you may select that you choose not to provide this information.
  - You can also find other COVID testing options by visiting [SMCGOV.ORG](https://smcgo.org) or you may also contact your personal physician for additional testing options.
- Stay Home if Sick
  - Students are encouraged to stay home when feeling unwell or experiencing any symptoms associated with COVID & stay connected through Google classroom

- We will continue to send students home who are reporting feeling unwell or display symptoms

The Terra Nova community is resilient and compassionate. We will make it through this next phase together.

Thank you for your continued support and patience.

Megan Carey  
Principal

## CAMPUS NEWS

Current events, news and other updates  
from around campus

### FLEX Time

Flex Time will resume next week.

Students are asked to sign up for a spot by end of Friday for Tuesday Flex and by end of Tuesday for Thursday Flex.

Students who don't sign up for a spot will be automatically scheduled into a Flex location.

### At-Home COVID Test Kits

At-home COVID test kits were distributed to all students in their 6th period class on Monday. If your student was absent, you can pick up their kit from the main office from 8-3pm.

Every student is eligible for 1 kit. Unfortunately we don't have enough to provide additional kits to families. Kits are not available for students participating in our remote learning program.

### On Campus COVID Testing for Students

On campus COVID testing is available to students every Thursday from 8-2pm in Room N209.

To register for COVID testing at school, click this [link](#) or go to <https://tinyurl.com/4vpp9zk2> (you only need to register once).

- Results will be available 24 to 48 hours after sample collection
- Testing is at no cost to the individual
- Insurance information does not need to be provided. When asked, you may fill in your insurance information, or you may select that you choose not to provide this information.

You can also find other COVID testing options by visiting [SMCGOV.ORG](https://smcgov.org) or you may also contact your



## School Safety Reminders

Food delivery services like “DoorDash”, “UberEats”, “GrubHub” are prohibited for all students.

We ask that lunches and other miscellaneous items like sports equipment are dropped off at the Main Office for distribution and pick-up. Please do not arrange to meet your student in parking lots or other locations on campus.

These services are disruptive to school operations and pose severe security concerns.

## TEAM TIGER

Sports updates from our Athletic Department

## Winter Season

Our winter sports season is continuing. Games are listed on our school calendar. Any changes to the schedule will be updated on our calendar and shared as quickly as possible.

## COUNSELING CORNER

Messages from the counseling department.



Helping All Ages and Stages  
Through Life's Challenges



## HEALTH AMBASSADOR PROGRAM-YOUTH (HAP-Y)

StarVista's HAP-Y program is hosting a training program that will offer support and education around mental health and wellness. Youth who successfully complete the program earn a completion bonus of \$700. Submit your application now- we have a new cohort starting every January, May, and September!

We are looking to engage youth who are:

- interested in learning more about mental health & wellness
- passionate about serving their community
- between 16-24 years of age
- residents of San Mateo County
- able to commit to 40-50 hours of training over 14-week period

For more information, please contact program coordinator  
at [hapy@star-vista](mailto:hapy@star-vista).



StarVista • 610 Elm Street, Suite 212, San Carlos, CA 94070 • (650) 591-9623 • [www.star-vista.org](http://www.star-vista.org)





# PIVOT

REGISTRATION  
NOW OPEN

This FREE 12-Week  
program is  
designed to inspire  
the Warrior Spirit  
of youth ages 11-17  
to be empowered  
individuals as they  
embark on this  
Vaka Journey.

*Pacific Islander Voices  
Outreach &  
Transformation*

CALL FOR  
UPCOMING  
DATES!

For more information  
on registration please contact:  
Meri Veavea – Project Coordinator  
415-215-5507

BRIDGE SOUTHERN CALIFORNIA COMMUNITY COLLEGE  
**BSCC**



**ASIAN AMERICAN  
RECOVERY SERVICES**  
A PROGRAM OF RECOVERY 311



## Pacific Islander Voices, Outreach, Transformation



Asian American Recovery Services

1115 Mission Road, South San Francisco 94080

**Office Hours: 9am – 5pm Monday through Friday**

### About Program

PIVOT is a FREE 12-week program that provides Pacific Islander Youth (11-17 years) in San Francisco and San Mateo County with culturally responsive services to prevent future involvement in the Juvenile Justice System



### Weekly Workshop

- Self-Identity
- Self-Care
- Identifying Emotions
- Anger/Violence Prevention
- Family & Social Connections
- Relationships
- Substance Abuse
- Problem Solving
- Restorative Justice/Social Justice
- Mental Wellness

❖ Case Management available 3 times a week 3pm-7pm

### Contacts

Meri Veavea – Project Coordinator

[mveavea@aars.org](mailto:mveavea@aars.org) | (650) 243-4850

Agnes Fakahua – Case Manager/Health Worker

[afakahua@aars.org](mailto:afakahua@aars.org) | (415) 215-9772



Workshops taught as  
Canoe “VAKA” Journey  
(Canoe Pedagogy)

**Goal: Empowering the youth to make better choices and  
being accountable for their behavior**



## Outdoor Education Cabin Leaders Opportunity

**Attention Sophomores, Juniors and Seniors:**  
**Outdoor Ed Cabin Leader needed for the school year**  
**2021-22**



January 24-28, 2022  
April 11-15, 2022  
April 25-29, 2022

The 21-22 Outdoor Education program has a new student and cabin leader registration platform this year. They are using Informed K12 as their online platform and below are videos and brief instructions to through the registration process.

- **The Outdoor Ed Program is requiring students be vaccinated for COVID in order to be Cabin Leaders.**
- **Students MUST UPLOAD Proof of Vaccination(Vaccine Card) and Completed Teachers of Cabin Leader Form to the Outdoor Ed application. ( Take a picture and attach )**

**Outdoor Education Registration Packet**

A negative covid test is **REQUIRED** within **THREE days prior to the Monday that the students depart for Outdoor Education.** The **Friday Morning** before attending outdoor education families will have their child tested and submit a negative test to the school staff when they arrive on Monday.

**( All this information can be found on the College, Career and Counseling Google Classroom: Class code 4p7mnkc)**

# Calling all poets, spoken word artists, writers, and rappers!



Win a chance to represent Daly City as the

## Daly City Youth Poet Laureate

Daly City Public Library Associates (DCPLA) is proud to announce the launch of the 2022-23 Daly City Youth Poet Laureate program. In partnership with the National Youth Poet Laureate Program by Urban Word and Daly City Public Library, the program celebrates teen poets who live or attend school in Daly City and exhibit a commitment to artistic excellence, civic engagement, leadership, and social justice.

### The Youth Poet Laureate receives:

- \$5,000 award
- VIP status to represent Daly City at community events between May 2022 and May 2023
- Publication of 5 of your poems in the **National Youth Poet Laureate annual anthology** by Penmanship Books

### Optional Free Online 2-Day Workshop

Hosted by San Mateo County Poet Laureate Aileen Cassinetta and 2021-22 Daly City Youth Poet Laureate Madeleine Hur

Wednesdays, December 1 & 8, 2021  
5:00-6:00 pm

Register for the workshop by emailing [info@dcpla.org](mailto:info@dcpla.org) by Nov. 30, 2021.

**Submit 5 original pieces with your application by January 31, 2022.**  
**Apply online at [dcpla.org/youthpoetlaureate](https://dcpla.org/youthpoetlaureate).**

### Applicants must meet the following criteria:

- Reside OR attend school in Daly City
- Be between the ages of 13 and 18 years old by the application deadline
- Serve as Laureate for the program year, May 2022-May 2023

For additional information, email DCPLA Executive Director Victoria Magbiling at [info@dcpla.org](mailto:info@dcpla.org) or call (415) 596-8194.







LÍNEA DE RESPUESTA COMUNITARIA  
(203) 666-4472  
COMMUNITY RESPONSE LINE



## Are you worried about an eviction for unpaid rent?



**Submit or update your application as soon as possible to California's "Housing is Key" rent relief program.** This is the most important step you can take! If you have submitted an application, you cannot be evicted for rent you owe or not being able to pay current rent (until April 1 2022). Go to: <https://housing.ca.gov/>.

### How can I avoid an eviction and stay in my home?



Even if you submit your application, you may get a "3 day notice to pay rent or quit" from your landlord. You do not need to panic: you can still be protected from the eviction! You do not need to move out! Do not sign any documents!



After you get a "3 day notice", you have 15 days to submit an application to the "Housing is Key" rent relief program if you haven't already, AND give a confirmation letter to your landlord, explaining that you have applied. Keep a copy of the confirmation letter.



20 days after giving the "3 day notice", if the tenant has not applied to the rent relief program, the landlord can turn in paperwork to the court to initiate the eviction process. The eviction process in court can take 4-6 weeks.



**If the tenant has applied to the rent relief program and notified the landlord, the court should not process the eviction.** If you update your application for each month of rent you need assistance for, you can stay protected from eviction until March 31, 2022.

## Do you have questions? Are you worried about another type of eviction?

1. Call Faith in Action's community response line to learn about your rights: 203-666-4472.
2. Contact free legal assistance: call San Mateo County Legal Aid at (650) 517-8911 or Community Legal Services of East Palo Alto at (650) 326-6440.

**Share this information with your neighbors and people you know!**



LÍNEA DE RESPUESTA COMUNITARIA  
(203) 666-4472  
COMMUNITY RESPONSE LINE



## ¿Preocupado por recibir un aviso de desalojo por la renta atrasada?

AYUDA CON LA RENTA  
DE COVID-19 DE CALIFORNIA

Envíe o actualice su solicitud lo antes posible al programa de alivio de alquiler "Housing is Key" de California.

¡Este es el paso más importante! Si ha entregado una solicitud, no puede ser desalojado por el alquiler que adeuda o por no poder pagar el alquiler (hasta el 1 de abril de 2022). Vaya a: <https://housing.ca.gov/>

### ¿Cómo puedo evitar un desalojo y quedarme en mi hogar?



Incluso si presenta su solicitud, es posible que reciba un "aviso de 3 días para pagar el alquiler o renunciar" de su arrendador. No debe entrar en pánico: ¡aún puede estar protegido del desalojo! ¡No necesita mudarse! ¡No firme ningún documento!



Después de recibir un "aviso de 3 días", tiene 15 días para enviar una solicitud al programa de alivio de alquiler "Housing is Key" si aún no lo ha hecho. Si ya lo hizo, tiene 15 días para asegurar que todos los meses adeudados están dentro de la aplicación. Entregue una carta de confirmación al propietario con fecha, explicando que ha presentado la solicitud. Tome una foto o una copia de la carta de confirmación.



20 días después de dar el "aviso de 3 días", si el inquilino no ha solicitado el programa de alivio del alquiler, el propietario puede entregar la documentación a la corte para iniciar el proceso de desalojo. El proceso de desalojo en la corte puede durar de 4 a 6 semanas.



**Si el inquilino ha aplicado al programa de alquiler alivio y notificado al arrendador, la corte no debe procesar el desalojo.** Si actualiza su solicitud para cada mes de alquiler para el que necesita ayuda, puede permanecer protegido contra el desalojo hasta el 31 de marzo de 2022.

### ¿Tiene preguntas o está preocupado por otro tipo de desalojo?

1. Llame a la línea de respuesta comunitaria de Faith in Action: 203-666-4472.

2. Comuníquese con asistencia legal gratuita: llame a Asistencia Legal del Condado de San Mateo al (650) 517-8911 o a los Servicios Legales Comunitarios de East Palo Alto al (650) 326-6440.

**¡Comparta esta información con sus vecinos y las personas que conoce!**