

Tiger NewsBytes

Terra Nova High School E-Newsletter, January 24, 2022

Principal's Message

Dear Families,

Please join me in giving our winter athletes a big shout-out. They are persevering through an uncertain season and are playing with a great deal of determination and passion.

For those who are interested in the upcoming spring season, please be sure to read information posted below for details about the different teams. Spring Sportsmanship night is scheduled for Thursday, February 10th at 6pm - more details to follow.

I also want to send the Terra Nova Athletic Booster Club a heartfelt note of appreciation and gratitude for their financial support of our new weight room equipment. After many long and unanticipated delays, we have finally opened it to our teams and clubs. The updates were long overdue and on behalf of the students, staff and coaches, thank you for leading this drive for the good of the Terra Nova athletes and students.

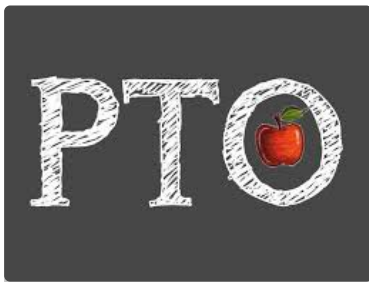
Tiger Pride!!

Megan Carey
Principal



CAMPUS NEWS

Current events, news and other updates
from around campus



PTO Meeting Tomorrow Night at 7pm via Zoom

Terra Nova's PTO meeting will meet Tuesday, January 25th at 7pm via Zoom.

Attending a PTO Meeting is a great way to meet other parents, ask questions and learn about school programs and events.

[To join the meeting, please use the link below:](#)

Join Zoom Meeting

[https://juhscd-net.zoom.us/j/83018940368?
pwd=Y29nbmlHT2MvclNqcm1ydjFINUxwUT09](https://juhscd-net.zoom.us/j/83018940368?pwd=Y29nbmlHT2MvclNqcm1ydjFINUxwUT09)

Meeting ID: 830 1894 0368

Passcode: 738255

SamTrans Clipper Card/Phone App Updates

Do you take a SamTrans bus to school? **Starting February 1st**, all passengers will need to use a plastic Clipper card or a Clipper App to ride. Clipper Card can be purchased at any BART or MUNI stations or you can now download the card to your phone, along with reloading your account, through the [Clipper Card app](#). If you have any questions about obtaining a Clipper card, please see your school's account clerk.



For more information on SamTrans Get 2 School Program, please click [HERE](#).



On Campus COVID Testing for Students

On campus COVID testing is available to students every Thursday from 8-2pm in Room N209.

To register for COVID testing at school, click this [link](#) or go to <https://tinyurl.com/4vpp9zk2> (you only need to register once).

- Results will be available 24 to 48 hours after sample collection
- Testing is at no cost to the individual
- Insurance information does not need to be provided. When asked, you may fill in your insurance information, or you may select that you choose not to provide this information.

You can also find other COVID testing options by visiting [SMCGOV.ORG](https://smcgov.org) or you may also contact your personal physician for additional testing options.

FlexTime Reminder

Cut-off times and days for making Flex appointments have changed.

Friday afternoon is the cut-off for making Tuesday appointments and Tuesday afternoon is the cut-off for making Thursday appointments.

We encourage all students to make both appointments on Fridays, and to choose the teacher from whom they need the most support.

Students who don't sign up for a spot will be automatically scheduled into a Flex location.





DEADLINE: JANUARY 29TH - Senior Ads on Sale for the 2022 Yearbook

Don't miss out on the opportunity for this special commemoration for your senior.

Ads can be purchased online by clicking the following link: [Senior Ad Prices:](#)

- 1/8 Page: \$65
- 1/4 Page: \$125
- 1/2 Page: \$250
- Full Page: \$375

The deadline to purchase is January 29, 2022.

Thank you for supporting our yearbook!

SENIOR ADS

SHOW YOUR GRADUATE YOU'RE PROUD!

1/8 PAGE ... \$65
1/4 PAGE ... \$125
1/2 PAGE ... \$250
FULL PAGE ... \$325



CUSTOMIZE YOUR AD BY SUBMITTING PHOTOS
AND/OR A SHORT NOTE. PURCHASE AVAILABLE
ONLINE ONLY, DESIGNED BY TIGER STAFF.

[HTTPS://YEARBOOKFOREVER.COM](https://yearbookforever.com)



Terra Nova Times Available Now



Issue 7 of the Terra Nova Times was published on January 18th. Ask any journalism student for a copy.

STUDENT LEADERSHIP

Learn about our student leadership events

Round Table Pizza Senior Class Fundraiser – Wed, Jan 26th

You must present the flyer while dining in or carrying out your order. Printable flyer attached to this newsletter.



**TERRA NOVA HIGH SCHOOL
CLASS OF 2022
FUNDRAISER**

**WEDNESDAY, JANUARY 26, 2022
10:30AM – 10:00PM**

**ROUND TABLE PIZZA – LINDA MAR
1285 LINDA MAR BLVD. (650) 738-1010**

MUST PRINT AND PRESENT THIS FLYER
upon ordering and/or picking up and
Round Table will give 15% of your meal to TNHS Class of 2022!

****VALID ONLY ON DINE IN AND CARRY OUT ORDERS.
NOT VALID ON ALCOHOL AND DELIVERY ORDERS.*

Senior Class E-waste Collection Sat, Feb 5th from 10am-2pm

MARK YOUR CALENDARS!

Did you get that new TV you wanted on Black Friday? Or maybe your business got new computers? Wondering what you're going to do with your old devices? You're in luck!

The Senior Class of 2022 is working with GreenMouse Recycling and hosting an E-waste fundraiser!

SATURDAY, FEBRUARY 5, 2022 in the TN parking lot. Rain or shine! 10:00AM - 2:00PM

GreenMouse will donate some of the proceeds back to the Senior Class, so clean out your home/office/business of any e-waste and help the environment, as well as the students. Please see the attached flyer for details and help spread the word!

The Senior Class of 2022 thanks you for your support!

Class of 2022



E-WASTE *fundraiser* COLLECTION

FEB 5TH 10AM-2PM

NOT ACCEPTING HOUSEHOLD ITEMS, APPLIANCES, MICROWAVE OVENS,
MEDICAL DEVICES, BATTERIES, BULBS, TONER CARTRIDGES, SMOKE
DETECTORS. FOR QUESTIONS, CALL (408) 464-9999.

TERRA NOVA HIGH SCHOOL

1450 TERRA NOVA BLVD., PACIFICA, CA 94044

CONTACT: ESTHER IM, SCHOOL COORDINATOR AT EWHANGIM@GMAIL.COM

www.greenmouse.com

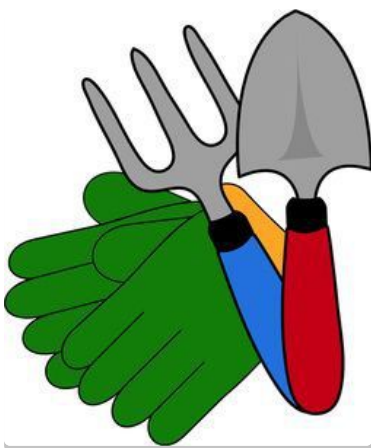




Happy Valentine's Day!

Support the Sophomore class by purchasing See's Candy treats from the online shop linked in the QR code below! Profits will be donated to the Sophomore class! All support is greatly appreciated!

Purchases available January 11th-28th!



Donations Needed for the Pacifica Environment Advocacy Club (PEAC)

Terra Nova's Pacifica Environment Advocacy Club (PEAC) is reviving the school garden. Donations of gloves and garden tools would be greatly appreciated. Donations can be dropped off in the main office.

TEAM TIGER

Sports updates from our Athletic Department

Track Practice Begins Monday, January 31st

Track practice starts Monday, January 31st after school on the track. Athletes need an up-to-date parental consent form and physical uploaded to [SportsNet](#). See Ms. Fil in room 303 for more information or add yourself to our Google Classroom code: baekr7x



Badminton Sign-Ups

Interested players who missed sign-up day must visit Ms. Christensen in the Registrar's office.

All players (returning & new) must have an updated physical and registration on [Sportsnet](#). Coaches will be sending out conditioning and practice information this week.

Baseball Try-Outs

Baseball tryouts are January 31st through February 3rd at 4pm on the baseball field.

On the first day of tryouts, there will be a short meeting and physical tryouts will start the next day.

Students who are currently playing another sport MUST contact the Baseball Coaches to sign-up. These athletes can try-out only AFTER their current season has been completed. Spaces are limited on teams so it is extremely important that you check-in with us so that we know who you are.



If you have any questions please contact Coach Messer at vmesser@jeffersonunion.net or 650.550.7442.

Winter Season

Our winter sports season is continuing. Games are listed on our school calendar. Any changes to the schedule will be updated on our calendar and shared as quickly as possible.

COUNSELING CORNER

Messages from the counseling department.

Available Workshops During Flex Time

The Counseling Department will be hosting a variety of workshops this month during Flex. Once we receive your RSVP, we will add you to Flex time. There is limited space and students are accepted on a first-come, first-served basis. The RSVP form can be accessed here: [RSVP for Flex](#). Please submit this as soon as possible.

All workshops will be held in the College and Career Center, Room 209. In the RSVP form, you can sign up for more than one Flex workshop.

Tues. Jan 25 - Union Buildings Trades Apprenticeships (11th /12th graders only)

Thurs. Jan. 27 - College of San Mateo Application Workshop (12th graders only)



**SCHEDULE A TIME TO MEET WITH
YOUR COUNSELOR!**

Mrs. Lozowski last names A-LA	Ms. Hutcheon last names LE-Z
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Ms. Spasic
college & career center



If you run into any issues with the QR codes, you are always welcome to drop by the counseling offices



MAKE AN APPOINTMENT WITH YOUR WELLNESS TEAM

Ms. C,

Gilbert,

Ms. R



SCAN ME



- Appointments to DCYHC for: birth control, STI checks, pregnancy tests
- problems with friends
- just need to talk
- safety concern
- problems at home
- problems with your partner
- anxiety
- physical or sexual abuse
- feeling sad all the time
- substance use



STAR VISTA

Helping All Ages and Stages
Through Life's Challenges



HEALTH AMBASSADOR PROGRAM-YOUTH (HAP-Y)

StarVista's HAP-Y program is hosting a training program that will offer support and education around mental health and wellness. Youth who successfully complete the program earn a completion bonus of \$700. Submit your application now- we have a new cohort starting every January, May, and September!

We are looking to engage youth who are:

- interested in learning more about mental health & wellness
- passionate about serving their community
- between 16-24 years of age
- residents of San Mateo County
- able to commit to 40-50 hours of training over 14-week period

For more information, please contact program coordinator
at hapy@star-vista.



SCAN TO APPLY

StarVista • 610 Elm Street, Suite 212, San Carlos, CA 94070 • (650) 591-9623 • www.star-vista.org



*PIVOT

REGISTRATION
NOW OPEN

This FREE 12-Week program is designed to inspire the Warrior Spirit of youth ages 11-17 to be empowered individuals as they embark on this Vaka Journey.

*Pacific Islander Voices
Outreach &
Transformation*

CALL FOR
UPCOMING
DATES!

For more information
on registration please contact:
Meri Veavea – Project Coordinator
415-215-5507

BRIDGE SOUTHERN CALIFORNIA COMMUNITY COLLEGE **BSCC**



ASIAN AMERICAN
RECOVERY SERVICES
A PROGRAM OF RECOVERY 311

Pacific Islander Voices, Outreach, Transformation



Asian American Recovery Services

1115 Mission Road, South San Francisco 94080

Office Hours: 9am – 5pm Monday through Friday

About Program

PIVOT is a FREE 12-week program that provides Pacific Islander Youth (11-17 years) in San Francisco and San Mateo County with culturally responsive services to prevent future involvement in the Juvenile Justice System



Weekly Workshop

- Self-Identity
- Self-Care
- Identifying Emotions
- Anger/Violence Prevention
- Family & Social Connections
- Relationships
- Substance Abuse
- Problem Solving
- Restorative Justice/Social Justice
- Mental Wellness

❖ Case Management available 3 times a week 3pm-7pm

Contacts

Meri Veavea – Project Coordinator

mveavea@aars.org | (650) 243-4850

Agnes Fakahua – Case Manager/Health Worker

afakahua@aars.org | (415) 215-9772



Workshops taught as
Canoe “VAKA” Journey
(Canoe Pedagogy)

**Goal: Empowering the youth to make better choices and
being accountable for their behavior**



Outdoor Education Cabin Leaders Opportunity

Attention Sophomores, Juniors and Seniors:
Outdoor Ed Cabin Leader needed for the school year
2021-22



January 24-28, 2022
April 11-15, 2022
April 25-29, 2022

The 21-22 Outdoor Education program has a new student and cabin leader registration platform this year. They are using Informed K12 as their online platform and below are videos and brief instructions to through the registration process.

- **The Outdoor Ed Program is requiring students be vaccinated for COVID in order to be Cabin Leaders.**
- **Students MUST UPLOAD Proof of Vaccination(Vaccine Card) and Completed Teachers of Cabin Leader Form to the Outdoor Ed application. (Take a picture and attach)**

Outdoor Education Registration Packet

A negative covid test is **REQUIRED** within **THREE days prior to the Monday that the students depart for Outdoor Education.** The **Friday Morning** before attending outdoor education families will have their child tested and submit a negative test to the school staff when they arrive on Monday.

(All this information can be found on the College, Career and Counseling Google Classroom: Class code 4p7mnkc)

Calling all poets, spoken word artists, writers, and rappers!



Win a chance to represent Daly City as the

Daly City Youth Poet Laureate

Daly City Public Library Associates (DCPLA) is proud to announce the launch of the 2022-23 Daly City Youth Poet Laureate program. In partnership with the National Youth Poet Laureate Program by Urban Word and Daly City Public Library, the program celebrates teen poets who live or attend school in Daly City and exhibit a commitment to artistic excellence, civic engagement, leadership, and social justice.

The Youth Poet Laureate receives:

- \$5,000 award
- VIP status to represent Daly City at community events between May 2022 and May 2023
- Publication of 5 of your poems in the National Youth Poet Laureate annual anthology by Penmanship Books

Optional Free Online 2-Day Workshop

Hosted by San Mateo County Poet Laureate Aileen Cassinetta and 2021-22 Daly City Youth Poet Laureate Madeleine Hur

Wednesdays, December 1 & 8, 2021
5:00-6:00 pm

Register for the workshop by emailing info@dcpla.org by Nov. 30, 2021.

Submit 5 original pieces with your application by January 31, 2022.
Apply online at dcpla.org/youthpoetlaureate.

Applicants must meet the following criteria:

- Reside OR attend school in Daly City
- Be between the ages of 13 and 18 years old by the application deadline
- Serve as Laureate for the program year, May 2022-May 2023

For additional information, email DCPLA Executive Director Victoria Magbiling at info@dcpla.org or call (415) 596-8194.





LÍNEA DE RESPUESTA COMUNITARIA
(203) 666-4472
COMMUNITY RESPONSE LINE

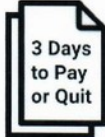


Are you worried about an eviction for unpaid rent?



Submit or update your application as soon as possible to California's "Housing is Key" rent relief program. This is the most important step you can take! If you have submitted an application, you cannot be evicted for rent you owe or not being able to pay current rent (until April 1 2022). Go to: <https://housing.ca.gov/>.

How can I avoid an eviction and stay in my home?



Even if you submit your application, you may get a "3 day notice to pay rent or quit" from your landlord. You do not need to panic: you can still be protected from the eviction! You do not need to move out! Do not sign any documents!



After you get a "3 day notice", you have 15 days to submit an application to the "Housing is Key" rent relief program if you haven't already, AND give a confirmation letter to your landlord, explaining that you have applied. Keep a copy of the confirmation letter.



20 days after giving the "3 day notice", if the tenant has not applied to the rent relief program, the landlord can turn in paperwork to the court to initiate the eviction process. The eviction process in court can take 4-6 weeks.



If the tenant has applied to the rent relief program and notified the landlord, the court should not process the eviction. If you update your application for each month of rent you need assistance for, you can stay protected from eviction until March 31, 2022.

Do you have questions? Are you worried about another type of eviction?

1. Call Faith in Action's community response line to learn about your rights: 203-666-4472.
2. Contact free legal assistance: call San Mateo County Legal Aid at (650) 517-8911 or Community Legal Services of East Palo Alto at (650) 326-6440.

Share this information with your neighbors and people you know!



LÍNEA DE RESPUESTA COMUNITARIA
(203) 666-4472
COMMUNITY RESPONSE LINE



¿Preocupado por recibir un aviso de desalojo por la renta atrasada?

AYUDA CON LA RENTA
DE COVID-19 DE CALIFORNIA

Envíe o actualice su solicitud lo antes posible al programa de alivio de alquiler "Housing is Key" de California.

¡Este es el paso más importante! Si ha entregado una solicitud, no puede ser desalojado por el alquiler que adeuda o por no poder pagar el alquiler (hasta el 1 de abril de 2022). Vaya a: <https://housing.ca.gov/>

¿Cómo puedo evitar un desalojo y quedarme en mi hogar?



Incluso si presenta su solicitud, es posible que reciba un "aviso de 3 días para pagar el alquiler o renunciar" de su arrendador. No debe entrar en pánico: ¡aún puede estar protegido del desalojo! ¡No necesita mudarse! ¡No firme ningún documento!



Después de recibir un "aviso de 3 días", tiene 15 días para enviar una solicitud al programa de alivio de alquiler "Housing is Key" si aún no lo ha hecho. Si ya lo hizo, tiene 15 días para asegurar que todos los meses adeudados están dentro de la aplicación. Entregue una carta de confirmación al propietario con fecha, explicando que ha presentado la solicitud. Tome una foto o una copia de la carta de confirmación.



20 días después de dar el "aviso de 3 días", si el inquilino no ha solicitado el programa de alivio del alquiler, el propietario puede entregar la documentación a la corte para iniciar el proceso de desalojo. El proceso de desalojo en la corte puede durar de 4 a 6 semanas.



Si el inquilino ha aplicado al programa de alquiler alivio y notificado al arrendador, la corte no debe procesar el desalojo. Si actualiza su solicitud para cada mes de alquiler para el que necesita ayuda, puede permanecer protegido contra el desalojo hasta el 31 de marzo de 2022.

¿Tiene preguntas o está preocupado por otro tipo de desalojo?

1. Llame a la línea de respuesta comunitaria de Faith in Action: 203-666-4472.

2. Comuníquese con asistencia legal gratuita: llame a Asistencia Legal del Condado de San Mateo al (650) 517-8911 o a los Servicios Legales Comunitarios de East Palo Alto al (650) 326-6440.

¡Comparta esta información con sus vecinos y las personas que conoce!