

# Tiger NewsBytes

Terra Nova High School E-Newsletter, February 8, 2022

## CAMPUS NEWS

Current events, news and other updates  
from around campus

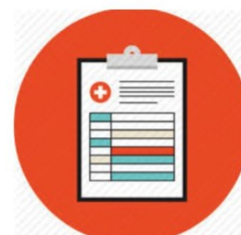


### From the Office of the Registrar

If your family moves at any point during the school year, please be sure to inform the school of the change in address. We will also need 2 proofs of address showing a guardian name and the new address. Proof can be emailed to [mchristensen@jeffersonunion.net](mailto:mchristensen@jeffersonunion.net) or dropped off in the office.

### Current Freshmen Immunizations and Tuberculosis Requirements

Freshmen parents/guardians, if you have not already sent in your student's immunization records, Tuberculosis results (within 12 months) or TB Risk Assessment, please do so as soon as possible. The information can be dropped off in the Main Office. We appreciate your cooperation!



Health Forms

For more district information on required documents, [click here](#).



### On Campus COVID Testing for Students

On campus COVID testing is available to students every Thursday from 8-2pm in Room N209.

To register for COVID testing at school, click this [link](#) or go to <https://tinyurl.com/4vpp9zk2> (you only need to register once).

- Results will be available 24 to 48 hours after sample collection
- Testing is at no cost to the individual

- Insurance information does not need to be provided. When asked, you may fill in your insurance information, or you may select that you choose not to provide this information.

You can also find other COVID testing options by visiting [SMCGOV.ORG](https://smcgo.org) or you may also contact your personal physician for additional testing options.

# TEAM TIGER

Sports updates from our Athletic Department

## **Sportsmanship Night | Thursday, February 10, 2022 | 7:00-8:00 pm | In the Theater**

Sportsmanship night is this Thursday from 7-8 pm in the Theater. In order to keep capacity low, please have only one parent/guardian attend the meeting. There is no zoom option.

We are requesting a tax deductible \$50 donation per athlete to offset costs.

There will be parent meetings with the coaches following the Sportsmanship Night presentation for all spring sports: baseball, golf, badminton, track, swim and softball.

# SENIOR SPOTLIGHT

Important information on Senior happenings.

Hello Senior Families,

We are officially in the home stretch of your student's last year of high school. Here at Terra Nova, we are working on the details of all the events to celebrate and commemorate the class of 2022.

Please follow this link to verify the diploma name you wish to be printed by Friday, February 11, 2022. [DIPLOMA NAME VERIFICATION FORM](#)



Dates have been booked, caps and gowns have been ordered. We know that families are beginning to plan and dates are important to share even if the details are yet to be worked out. Below are the dates we have set.

# TERRA NOVA HIGH SCHOOL

## SENIOR HOME STRETCH

Important  
save the dates  
for seniors.



May  
25

### Graduation Day

3:30 pm  
• Details to follow

### Grad Night

9:30 pm - 12:30 am  
• Details to be announced

May  
23 &  
24

### Grad Practice

9:00 am - 12 noon  
• Mandatory for seniors

May  
20

### Senior Check Out Day

• Seniors must be present in all classes

May  
6

### Senior Ball

Filoli Gardens  
• Details to be announced

May  
2 -  
13

### AP Testing

• Days and times vary depending on subjects

April  
1 -  
27

### Scholar Award Application Window

• See Ms. Spasic in the College and Career Center with questions.  
Application workshop dates TBA.

SENIOR CLASS OF  
2022

## Grad Night FAQ

Questions are coming in from parents/guardians regarding Grad Night. The Grad Night Committee is putting together a Frequently Asked Questions document to share with families. Stay tuned!

# GRAD NIGHT

## Class of 2022

| FUN | FRIENDS | FOOD |  
| ACTIVITIES | MUSIC |  
= **BEST NIGHT EVER!**

### WHAT

Grad Night 2022

### WHERE

It's a surprise for the seniors!

Parents/Guardians will receive an email the night of Grad Night with the event location and who to contact in case of emergency.

### WHEN

Wednesday, May 25, 2022

### TIME

9:30 pm to 12:30 am

### COST

Early Bird - \$105.00

After March 18th - \$115.00

### WHERE TO BUY TICKETS

See Mrs. Tosetti in the Counseling  
Office in the Main Hallway  
during Brunch and Lunch

## Senior Ads on Sale for the 2022 Yearbook - Deadline: Friday, February 11, 2022

Don't miss out on the opportunity for this special commemoration for your senior.

Ads can be purchased online by clicking the following link: [Senior Ad](#)

### Prices:

- 1/8 Page: \$65
- 1/4 Page: \$125
- 1/2 Page: \$250
- Full Page: \$375

Thank you for supporting our yearbook!



# SENIOR ADS

SHOW YOUR GRADUATE YOU'RE PROUD!

1/8 PAGE ... \$65  
1/4 PAGE ... \$125  
1/2 PAGE ... \$250  
FULL PAGE ... \$325



CUSTOMIZE YOUR AD BY SUBMITTING PHOTOS  
AND/OR A SHORT NOTE. PURCHASE AVAILIBE  
ONLINE ONLY, DESIGNED BY TIGER STAFF.

[HTTPS://YEARBOOKFOREVER.COM](https://yearbookforever.com)

## STUDENT LEADERSHIP

Learn about our student leadership events





Please support the freshman  
class by purchasing sugar  
cookies for 3\$ on 2/2-2/11

*Cookies will be sold in front of the  
jungle at lunch*

Cookies will be delivered on valentines day

## COUNSELING CORNER

Messages from the counseling department.



## Pediatrics Internship Program at Stanford

### Stanford Pediatrics Internship Program

Now Accepting Applications for PIPS Summer 2022

Deadline to apply is Sunday, March 13, 2022 at 11:59pm PST

[Stanford Pediatrics Internship Program](#)

The Pediatrics Internship Program at Stanford (PIPS) is a 6 week program in which high school students from diverse backgrounds are invited to learn about science, medicine, and research with

Stanford faculty, postdoctoral fellows, students and researchers on medically- oriented projects.

Students will spend 30 hours per week in the program (20-25 hours on a research project, 5 hours in workshops). Workshops will include sessions on professional development, networking, research practices, and college applications. **For summer 2022**, the program will be offered **in-person**, with the option of some remote work, pending Stanford University approval. [Apply Here!](#)

**Eligibility Requirement :**

1. Currently be **rising juniors or seniors**.
2. Be **16 years old or older** by the start of the program.
3. Be living in the U.S. and must be **U.S. citizens or permanent residents** with a green card.
4. Live in Northern California, ideally no more than a 1-hour commute from the Stanford campus.
5. We strongly encourage applications from students from first generation, low-income, and/or underrepresented backgrounds.
6. Have access to a computer and internet access for the duration of the internship.
7. Be available to start the program on June 20, 2022.

## **Outdoor Education Cabin Leaders Opportunity**

**Attention Sophomores, Juniors and Seniors:**  
**Outdoor Ed Cabin Leader needed for the school year**  
**2021-22**



April 11-15, 2022

April 25-29, 2022

May 9-13, 2022

The 21-22 Outdoor Education program has a new student and cabin leader registration platform this year. They are using Informed K12 as their online platform and below are videos and brief instructions to through the registration process.

- **The Outdoor Ed Program is requiring students be vaccinated for COVID in order to be Cabin Leaders.**
- **Students MUST UPLOAD Proof of Vaccination(Vaccine Card) and Completed Teachers of Cabin Leader Form to the Outdoor Ed application. ( Take a picture and attach )**

**Outdoor Education Registration Packet**

A negative covid test is **REQUIRED** within **THREE days prior to the Monday that the students depart for Outdoor Education.** The Friday Morning before attending outdoor education families will have their child tested and submit a negative test to the school staff when they arrive on Monday.

**( All this information can be found on the College, Career and Counseling Google Classroom: Class code 4p7mnkc)**

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## SCHEDULE A TIME TO MEET WITH YOUR COUNSELOR!

**Mrs. Lozowski**

last names A-LA



**Ms. Hutcheon**

last names LE-Z





**Ms. Spasic**

college & career center



\*If you run into any issues with the QR codes, you are  
always welcome to drop by the counseling offices\*



## MAKE AN APPOINTMENT WITH YOUR WELLNESS TEAM

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Ms. C,

Gilbert,

Ms. R



SCAN ME



- Appointments to DCYHC for: birth control, STI checks, pregnancy tests
  - problems with friends
  - just need to talk
  - safety concern
  - problems at home
  - problems with your partner
  - anxiety
  - physical or sexual abuse
  - feeling sad all the time
  - substance use
- 



Helping All Ages and Stages  
Through Life's Challenges



## HEALTH AMBASSADOR PROGRAM-YOUTH (HAP-Y)

StarVista's HAP-Y program is hosting a training program that will offer support and education around mental health and wellness. Youth who successfully complete the program earn a completion bonus of \$700. Submit your application now- we have a new cohort starting every January, May, and September!

We are looking to engage youth who are:

- interested in learning more about mental health & wellness
- passionate about serving their community
- between 16-24 years of age
- residents of San Mateo County
- able to commit to 40-50 hours of training over 14-week period

For more information, please contact program coordinator  
at [hapy@star-vista](mailto:hapy@star-vista).



StarVista • 610 Elm Street, Suite 212, San Carlos, CA 94070 • (650) 591-9623 • [www.star-vista.org](http://www.star-vista.org)



# \*PIVOT

REGISTRATION  
NOW OPEN

This FREE 12-Week program is designed to inspire the Warrior Spirit of youth ages 11-17 to be empowered individuals as they embark on this Vaka Journey.

*Pacific Islander Voices  
Outreach &  
Transformation*

CALL FOR  
UPCOMING  
DATES!

For more information  
on registration please contact:  
Meri Veavea – Project Coordinator  
415-215-5507

BRIDGE SOUTHERN CALIFORNIA COMMUNITY COLLEGE **BSCC**



ASIAN AMERICAN  
RECOVERY SERVICES  
A PROGRAM OF RECOVERY 311



# Pacific Islander Voices, Outreach, Transformation



Asian American Recovery Services

1115 Mission Road, South San Francisco 94080

**Office Hours: 9am – 5pm Monday through Friday**

## About Program

PIVOT is a FREE 12-week program that provides Pacific Islander Youth (11-17 years) in San Francisco and San Mateo County with culturally responsive services to prevent future involvement in the Juvenile Justice System



## Weekly Workshop

- Self-Identity
- Self-Care
- Identifying Emotions
- Anger/Violence Prevention
- Family & Social Connections
- Relationships
- Substance Abuse
- Problem Solving
- Restorative Justice/Social Justice
- Mental Wellness

❖ Case Management available 3 times a week 3pm-7pm

## Contacts

Meri Veavea – Project Coordinator

[mveavea@aars.org](mailto:mveavea@aars.org) | (650) 243-4850

Agnes Fakahua – Case Manager/Health Worker

[afakahua@aars.org](mailto:afakahua@aars.org) | (415) 215-9772



Workshops taught as  
Canoe “VAKA” Journey  
(Canoe Pedagogy)

**Goal: Empowering the youth to make better choices and  
being accountable for their behavior**







LÍNEA DE RESPUESTA COMUNITARIA  
(203) 666-4472  
COMMUNITY RESPONSE LINE



## Are you worried about an eviction for unpaid rent?



**Submit or update your application as soon as possible to California's "Housing is Key" rent relief program.** This is the most important step you can take! If you have submitted an application, you cannot be evicted for rent you owe or not being able to pay current rent (until April 1 2022). Go to: <https://housing.ca.gov/>.

### How can I avoid an eviction and stay in my home?



Even if you submit your application, you may get a "3 day notice to pay rent or quit" from your landlord. You do not need to panic: you can still be protected from the eviction! You do not need to move out! Do not sign any documents!



After you get a "3 day notice", you have 15 days to submit an application to the "Housing is Key" rent relief program if you haven't already, AND give a confirmation letter to your landlord, explaining that you have applied. Keep a copy of the confirmation letter.



20 days after giving the "3 day notice", if the tenant has not applied to the rent relief program, the landlord can turn in paperwork to the court to initiate the eviction process. The eviction process in court can take 4-6 weeks.



**If the tenant has applied to the rent relief program and notified the landlord, the court should not process the eviction.** If you update your application for each month of rent you need assistance for, you can stay protected from eviction until March 31, 2022.

## Do you have questions? Are you worried about another type of eviction?

1. Call Faith in Action's community response line to learn about your rights: 203-666-4472.
2. Contact free legal assistance: call San Mateo County Legal Aid at (650) 517-8911 or Community Legal Services of East Palo Alto at (650) 326-6440.

**Share this information with your neighbors and people you know!**



LÍNEA DE RESPUESTA COMUNITARIA  
(203) 666-4472  
COMMUNITY RESPONSE LINE



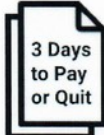
## ¿Preocupado por recibir un aviso de desalojo por la renta atrasada?

AYUDA CON LA RENTA  
DE COVID-19 DE CALIFORNIA

Envíe o actualice su solicitud lo antes posible al programa de alivio de alquiler "Housing is Key" de California.

¡Este es el paso más importante! Si ha entregado una solicitud, no puede ser desalojado por el alquiler que adeuda o por no poder pagar el alquiler (hasta el 1 de abril de 2022). Vaya a: <https://housing.ca.gov/>

### ¿Cómo puedo evitar un desalojo y quedarme en mi hogar?



Incluso si presenta su solicitud, es posible que reciba un "aviso de 3 días para pagar el alquiler o renunciar" de su arrendador. No debe entrar en pánico: ¡aún puede estar protegido del desalojo! ¡No necesita mudarse! ¡No firme ningún documento!



Después de recibir un "aviso de 3 días", tiene 15 días para enviar una solicitud al programa de alivio de alquiler "Housing is Key" si aún no lo ha hecho. Si ya lo hizo, tiene 15 días para asegurar que todos los meses adeudados están dentro de la aplicación. Entregue una carta de confirmación al propietario con fecha, explicando que ha presentado la solicitud. Tome una foto o una copia de la carta de confirmación.



20 días después de dar el "aviso de 3 días", si el inquilino no ha solicitado el programa de alivio del alquiler, el propietario puede entregar la documentación a la corte para iniciar el proceso de desalojo. El proceso de desalojo en la corte puede durar de 4 a 6 semanas.



**Si el inquilino ha aplicado al programa de alquiler alivio y notificado al arrendador, la corte no debe procesar el desalojo.** Si actualiza su solicitud para cada mes de alquiler para el que necesita ayuda, puede permanecer protegido contra el desalojo hasta el 31 de marzo de 2022.

### ¿Tiene preguntas o está preocupado por otro tipo de desalojo?

1. Llame a la línea de respuesta comunitaria de Faith in Action: 203-666-4472.

2. Comuníquese con asistencia legal gratuita: llame a Asistencia Legal del Condado de San Mateo al (650) 517-8911 o a los Servicios Legales Comunitarios de East Palo Alto al (650) 326-6440.

**¡Comparta esta información con sus vecinos y las personas que conoce!**