

Tiger NewsBytes

Terra Nova High School E-Newsletter, February 14, 2022



A Message from the Administration

Dear Families,

As we move through the early weeks of this spring semester, more and more students are arriving late to school and overall tardiness to school is on the rise. We realize that there are times when this is unavoidable. However, we experienced a very large uptick in January. Tardiness has an impact on learning and an impact on more than just the student who is late. Working together, I know that we can help our students succeed and be where they are supposed to be, when they are supposed to be there.



Thank you for your support.

Carla Hensley
Vice Principal

Crucial Learning: Morning hours are the most crucial hours for learning as students are most attentive in the morning. Students who are tardy to their classes cause distractions when they arrive late to class, negatively impacting the classroom environment. Teachers have to stop their lesson to deal with the tardy student and get them up to speed on what they have already missed. Students who were in class on time now have their attention taken away from their lesson, leading to more behavior problems and missed learning.

Academic Success: Students who are frequently tardy, any time of day, have lower GPAs, lower scores on standardized tests, and lower graduation rates. Chronic tardiness in elementary and middle school is directly linked to failure in high school.

Behavior and Dropping Out: Tardiness has a much larger impact on students and learning than most people believe. In the National Center for Education Statistics 2007 Indicators of School Crime and Safety, teachers surveyed reported that students who are frequently tardy have higher rates of suspension and other disciplinary measures. Tardiness causes students to feel disconnected from school, leading to behavior problems and dropouts.

The Habit: Being tardy is a habit, just like being on time, and is a habit that students carry on to their adult lives. Students who have made a habit of being tardy to school or classes are more apt to be fired from a job for showing up late than students who have made a habit of arriving on time.

School Safety - Delivery Services

Food delivery services pose significant safety concerns to our students and staff. There has been an increase in the number of these deliveries arriving to the TN campus throughout the school day.

Please speak with your student(s) and remind them that they are not permitted.

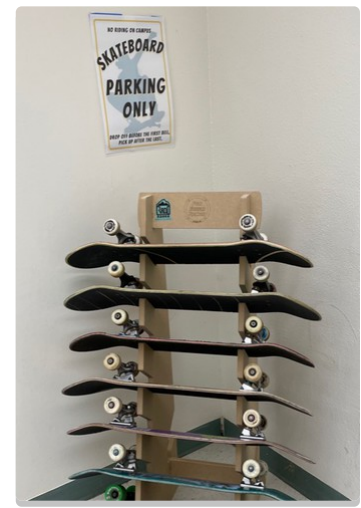
Thank you

CAMPUS NEWS

Current events, news and other updates
from around campus

Skateboard Parking

Thank you to the PTO for their support of a skateboard rack. We are now able to store student's skateboards safely.



On Campus COVID Testing for Students

On campus COVID testing is available to students every Thursday from 8-2pm in Room N209.

To register for COVID testing at school, click this [link](#) or go to <https://tinyurl.com/4vpp9zk2> (you only need to register once).

- Results will be available 24 to 48 hours after sample collection
- Testing is at no cost to the individual
- Insurance information does not need to be provided. When asked, you may fill in your insurance information, or you may select that you choose not to provide this information.

You can also find other COVID testing options by visiting [SMCGOV.ORG](https://smcgo.org) or you may also contact your personal physician for additional testing options.

SENIOR SPOTLIGHT

Important information on Senior happenings.

TERRA NOVA HIGH SCHOOL

SENIOR HOME STRETCH

Important
save the dates
for seniors.



May
25

Graduation Day

3:30 pm

- Details to follow

Grad Night

9:30 pm - 12:30 am

- Details to be announced

May
23 &
24

Grad Practice

9:00 am - 12 noon

- Mandatory for seniors

May
20

Senior Check Out Day

- Seniors must be present in all classes

May
6

Senior Ball

Filoli Gardens

- Details to be announced

May
2 -
13

AP Testing

- Days and times vary depending on subjects

April
1 -
27

Scholar Award Application Window

- See Ms. Spasic in the College and Career Center with questions.
Application workshop dates TBA.

GRAD NIGHT

Class of 2022

| FUN | FRIENDS | FOOD |
| ACTIVITIES | MUSIC |
= **BEST NIGHT EVER!**

WHAT

Grad Night 2022

WHERE

It's a surprise for the seniors!

Parents/Guardians will receive an email the night of Grad Night with the event location and who to contact in case of emergency.

WHEN

Wednesday, May 25, 2022

TIME

9:30 pm to 12:30 am

COST

Early Bird - \$105.00

After March 18th - \$115.00

WHERE TO BUY TICKETS

See Mrs. Tosetti in the Counseling Office in the Main Hallway during Brunch and Lunch

LAST CALL: Senior Ads on Sale for the 2022 Yearbook - Deadline: Friday, February 18, 2022

Don't miss out on the opportunity for this special commemoration for your senior.

Ads can be purchased online by clicking the following link: [Senior Ad](#)

Prices:

- 1/8 Page: \$65
- 1/4 Page: \$125
- 1/2 Page: \$250
- Full Page: \$375

Thank you for supporting our yearbook!

YEARBOOK

SENIOR ADS

SHOW YOUR GRADUATE YOU'RE PROUD!

1/8 PAGE ... \$65
1/4 PAGE ... \$125
1/2 PAGE ... \$250
FULL PAGE ... \$325



CUSTOMIZE YOUR AD BY SUBMITTING PHOTOS
AND/OR A SHORT NOTE. PURCHASE AVAILIBE
ONLINE ONLY, DESIGNED BY TIGER STAFF.

[HTTPS://YEARBOOKFOREVER.COM](https://yearbookforever.com)

COUNSELING CORNER

Messages from the counseling department.



**Pediatrics Internship
Program at Stanford**

Stanford Pediatrics Internship Program

Now Accepting Applications for PIPS Summer 2022

Deadline to apply is Sunday, March 13, 2022 at 11:59pm PST

Stanford Pediatrics Internship Program

The Pediatrics Internship Program at Stanford (PIPS) is a 6 week program in which high school students from diverse backgrounds are invited to learn about science, medicine, and research with Stanford faculty, postdoctoral fellows, students and researchers on medically- oriented projects.

Students will spend 30 hours per week in the program (20-25 hours on a research project, 5 hours in workshops). Workshops will include sessions on professional development, networking, research practices, and college applications. **For summer 2022**, the program will be offered **in-person**, with the option of some remote work, pending Stanford University approval. [Apply Here!](#)

Eligibility Requirement :

1. Currently be **rising juniors or seniors**.
2. Be **16 years old or older** by the start of the program.
3. Be living in the U.S. and must be **U.S. citizens or permanent residents** with a green card.
4. Live in Northern California, ideally no more than a 1-hour commute from the Stanford campus.
5. We strongly encourage applications from students from first generation, low-income, and/or underrepresented backgrounds.
6. Have access to a computer and internet access for the duration of the internship.
7. Be available to start the program on June 20, 2022.

Outdoor Education Cabin Leaders Opportunity

Attention Sophomores, Juniors and Seniors:
Outdoor Ed Cabin Leader needed for the school year
2021-22



April 11-15, 2022

April 25-29, 2022

May 9-13, 2022

The 21-22 Outdoor Education program has a new student and cabin leader registration platform this year. They are using Informed K12 as their online platform and below are videos and brief instructions to through the registration process.

- **The Outdoor Ed Program is requiring students be vaccinated for COVID in order to be Cabin Leaders.**
- **Students MUST UPLOAD Proof of Vaccination(Vaccine Card) and Completed Teachers of Cabin Leader Form to the Outdoor Ed application. (Take a picture and attach)**

Outdoor Education Registration Packet

A negative covid test is **REQUIRED** within **THREE days prior to the Monday that the students depart for Outdoor Education.** The Friday Morning before attending outdoor education families will have their child tested and submit a negative test to the school staff when they arrive on Monday.

(All this information can be found on the College, Career and Counseling Google Classroom: Class code 4p7mnkc)



SCHEDULE A TIME TO MEET WITH YOUR COUNSELOR!

Mrs. Lozowski

last names A-LA



Ms. Hutcheon

last names LE-Z





Ms. Spasic

college & career center



*If you run into any issues with the QR codes, you are
always welcome to drop by the counseling offices*



MAKE AN APPOINTMENT WITH YOUR WELLNESS TEAM

Ms. C,

Gilbert,

Ms. R



SCAN ME



- Appointments to DCYHC for: birth control, STI checks, pregnancy tests
 - problems with friends
 - just need to talk
 - safety concern
 - problems at home
 - problems with your partner
 - anxiety
 - physical or sexual abuse
 - feeling sad all the time
 - substance use
- 



Helping All Ages and Stages
Through Life's Challenges



HEALTH AMBASSADOR PROGRAM-YOUTH (HAP-Y)

StarVista's HAP-Y program is hosting a training program that will offer support and education around mental health and wellness. Youth who successfully complete the program earn a completion bonus of \$700. Submit your application now- we have a new cohort starting every January, May, and September!

We are looking to engage youth who are:

- interested in learning more about mental health & wellness
- passionate about serving their community
- between 16-24 years of age
- residents of San Mateo County
- able to commit to 40-50 hours of training over 14-week period

For more information, please contact program coordinator
at hapy@star-vista.



StarVista • 610 Elm Street, Suite 212, San Carlos, CA 94070 • (650) 591-9623 • www.star-vista.org





PIVOT

REGISTRATION
NOW OPEN

This FREE 12-Week
program is
designed to inspire
the Warrior Spirit
of youth ages 11-17
to be empowered
individuals as they
embark on this
Vaka Journey.

*Pacific Islander Voices
Outreach &
Transformation*

CALL FOR
UPCOMING
DATES!

For more information
on registration please contact:
Meri Veavea – Project Coordinator
415-215-5507

BRIDGE SOUTHERN CALIFORNIA COMMUNITY COLLEGE
BSCC



**ASIAN AMERICAN
RECOVERY SERVICES**
A PROGRAM OF RECOVERY 310

Pacific Islander Voices, Outreach, Transformation



Asian American Recovery Services

1115 Mission Road, South San Francisco 94080

Office Hours: 9am – 5pm Monday through Friday

About Program

PIVOT is a FREE 12-week program that provides Pacific Islander Youth (11-17 years) in San Francisco and San Mateo County with culturally responsive services to prevent future involvement in the Juvenile Justice System



Weekly Workshop

- Self-Identity
- Self-Care
- Identifying Emotions
- Anger/Violence Prevention
- Family & Social Connections
- Relationships
- Substance Abuse
- Problem Solving
- Restorative Justice/Social Justice
- Mental Wellness

❖ Case Management available 3 times a week 3pm-7pm

Contacts

Meri Veavea – Project Coordinator

mveavea@aars.org | (650) 243-4850

Agnes Fakahua – Case Manager/Health Worker

afakahua@aars.org | (415) 215-9772



Workshops taught as
Canoe “VAKA” Journey
(Canoe Pedagogy)

**Goal: Empowering the youth to make better choices and
being accountable for their behavior**





LÍNEA DE RESPUESTA COMUNITARIA
(203) 666-4472
COMMUNITY RESPONSE LINE



Are you worried about an eviction for unpaid rent?



Submit or update your application as soon as possible to California's "Housing is Key" rent relief program. This is the most important step you can take! If you have submitted an application, you cannot be evicted for rent you owe or not being able to pay current rent (until April 1 2022). Go to: <https://housing.ca.gov/>.

How can I avoid an eviction and stay in my home?



Even if you submit your application, you may get a "3 day notice to pay rent or quit" from your landlord. You do not need to panic: you can still be protected from the eviction! You do not need to move out! Do not sign any documents!



After you get a "3 day notice", you have 15 days to submit an application to the "Housing is Key" rent relief program if you haven't already, AND give a confirmation letter to your landlord, explaining that you have applied. Keep a copy of the confirmation letter.



20 days after giving the "3 day notice", if the tenant has not applied to the rent relief program, the landlord can turn in paperwork to the court to initiate the eviction process. The eviction process in court can take 4-6 weeks.



If the tenant has applied to the rent relief program and notified the landlord, the court should not process the eviction. If you update your application for each month of rent you need assistance for, you can stay protected from eviction until March 31, 2022.

Do you have questions? Are you worried about another type of eviction?

1. Call Faith in Action's community response line to learn about your rights: 203-666-4472.
2. Contact free legal assistance: call San Mateo County Legal Aid at (650) 517-8911 or Community Legal Services of East Palo Alto at (650) 326-6440.

Share this information with your neighbors and people you know!



LÍNEA DE RESPUESTA COMUNITARIA
(203) 666-4472
COMMUNITY RESPONSE LINE



¿Preocupado por recibir un aviso de desalojo por la renta atrasada?

AYUDA CON LA RENTA
DE COVID-19 DE CALIFORNIA

Envíe o actualice su solicitud lo antes posible al programa de alivio de alquiler "Housing is Key" de California.

¡Este es el paso más importante! Si ha entregado una solicitud, no puede ser desalojado por el alquiler que adeuda o por no poder pagar el alquiler (hasta el 1 de abril de 2022). Vaya a: <https://housing.ca.gov/>

¿Cómo puedo evitar un desalojo y quedarme en mi hogar?



Incluso si presenta su solicitud, es posible que reciba un "aviso de 3 días para pagar el alquiler o renunciar" de su arrendador. No debe entrar en pánico: ¡aún puede estar protegido del desalojo! ¡No necesita mudarse! ¡No firme ningún documento!



Después de recibir un "aviso de 3 días", tiene 15 días para enviar una solicitud al programa de alivio de alquiler "Housing is Key" si aún no lo ha hecho. Si ya lo hizo, tiene 15 días para asegurar que todos los meses adeudados están dentro de la aplicación. Entregue una carta de confirmación al propietario con fecha, explicando que ha presentado la solicitud. Tome una foto o una copia de la carta de confirmación.



20 días después de dar el "aviso de 3 días", si el inquilino no ha solicitado el programa de alivio del alquiler, el propietario puede entregar la documentación a la corte para iniciar el proceso de desalojo. El proceso de desalojo en la corte puede durar de 4 a 6 semanas.



Si el inquilino ha aplicado al programa de alquiler alivio y notificado al arrendador, la corte no debe procesar el desalojo. Si actualiza su solicitud para cada mes de alquiler para el que necesita ayuda, puede permanecer protegido contra el desalojo hasta el 31 de marzo de 2022.

¿Tiene preguntas o está preocupado por otro tipo de desalojo?

1. Llame a la línea de respuesta comunitaria de Faith in Action: 203-666-4472.

2. Comuníquese con asistencia legal gratuita: llame a Asistencia Legal del Condado de San Mateo al (650) 517-8911 o a los Servicios Legales Comunitarios de East Palo Alto al (650) 326-6440.

¡Comparta esta información con sus vecinos y las personas que conoce!