

Tiger NewsBytes

Terra Nova High School E-Newsletter, April 11, 2022

Principal's Message

Dear families,

I hope you had time to rest, relax and be with family and friends over this past break. Now that we have returned, we are officially in the home stretch. With 7 weeks to go until summer vacation, it is the final push to the end of the school year. The weather will start to get warmer and their attention will fade. Please continue to encourage them to keep going and to finish strong.

For the Class of 2022 families, please be sure to keep your eye out for an email that outlines all of the end-of-year activities and procedures including graduation. This information will hopefully answer all of your questions about what to expect in the weeks ahead.

Spring is a busy time on campus. It's alive with the hustle and bustle of our many programs as they start to showcase their skills and talents they have acquired over the school year. Just to name a few...our Leadership class is working on their remaining activities which include an upcoming blood drive, dodgeball tournament and our last rally of the school year. The Drama Department is putting the final touches on their upcoming variety show while our Peer Helpers are working on their testimonials and presentations.

All of these activities require strong leadership and collaboration from our teachers and staff who partner with our students and families to provide such opportunities. I couldn't be more proud of the nurturing environment and dedication amongst the Terra Nova community. Thank you for all that you do.

Tiger Pride!

Megan Carey
Principal

CAMPUS NEWS

Current events, news and other updates
from around campus

Sports Physicals Available at Local CVS MinuteClinic®

Athletes can schedule their Sports Physicals at a local MinuteClinic® at CVS. Each year, MinuteClinic® provides thousands of sports physicals for athletes, either in-clinic or at an on-site event.



- MinuteClinic® is open every day, including evenings. [Find a local clinic](#)
- The typical cost for a sports physical is \$69 – seasonally discounted rates are available (Note: physicals are a self-pay service)
- Outside of physicals, most services are billable to insurance, and we accept most insurances
- If the athlete is under 18 years old, they must come with their legal guardian or parent
- Patients can go online to make an appointment at www.cvs.com/minuteclinic/services/sports-physicals

The MinuteClinic® will be offering a \$25 off discount for Sports Physicals between June 17 and September 14, 2022.



Silicon Valley Sports Officials Association - Referees Needed!

The Silicon Valley Sports Officials Association is in need of officials/referees for every sport (football, basketball, baseball, softball, water polo, lacrosse, soccer).

We have many officials retiring in the coming months and hope to fill their spots so there is no impact to game dates, number of games, and game times. Limited referees means limited games.

Help us provide a safe environment for these young adults to play high school sports. We start new referees at youth, freshman, and JV games.

If interested, please contact Mac Parfet at macparfet@gmail.com.

Back by popular demand.....TN Snack Bar

The snack bar is now open for students to purchase items ala carte during lunch.



Students can pay in cash or use a "[my school bucks](#)" account. If a student pays with \$20, the balance will go onto their account.

We are starting with basic items and will continue to grow our inventory.



On Campus COVID Testing for Students

On campus COVID testing is available to students every Thursday from 8-2pm in Room N209.

To register for COVID testing at school, click this [link](#) or go to <https://tinyurl.com/4vpp9zk2> (you only need to register once).

- Results will be available 24 to 48 hours after sample collection
- Testing is at no cost to the individual
- Insurance information does not need to be provided. When asked, you may fill in your insurance information, or you may select that you choose not to provide this information.

You can also find other COVID testing options by visiting [SMCGOV.ORG](https://smcgov.org) or you may also contact your personal physician for additional testing options.

STUDENT LEADERSHIP

Learn about our student leadership events

Leadership Elections

If your student is interested in joining our Leadership program, please know the following important dates.

March 21st: [Leadership Application](#) was emailed to students

March 28th: Meeting in 303 was held to discuss expectations

April 8th: [Leadership Application](#) is due

April 11th-15th: Tiger News Network will film candidate campaign speeches

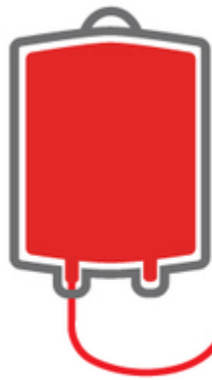
April 18th-22nd: Student campaigning

April 25th: Videos will be shown in every English/History Classroom & posted on social media

April 25th-28th: Voting will take place

April 29th: Rally Day and winners announced





donate *blood*
DONATE LIFE

Blood Drive
Terra Nova High School

"The Jungle" Gym
1450 Terra Nova Blvd.
Pacifica, CA 94044

Wednesday, April 13, 2022
9:00 a.m. to 2:00 p.m.



American
Red Cross

**Earth Day Campus Cleanup | Saturday, April
23rd | 9-11:00 am**

As part of our Earth Day celebration this year, the AP Environmental Science classes and Pacifica Environment Alliance Club will hold a campus clean up from 9:00 - 11:00 am on April 23. Please join us clean our campus and prevent trash from ending up in the ocean. More information on how to participate will be shared soon.





Asian Club | Flip Flops Drive

Asian Club launched its Step Up Flip Flops Drive - a project for elementary school students in the Philippines who walk barefoot to school. This is the 13th year of the project. Donations of brand new flip flops size 1-6 will be accepted starting March 4 until after Spring Break. Donations may be dropped off at the office or in M203. Check donations made payable to Asian Club are also accepted. We thank you for your support!

SENIOR SPOTLIGHT

Important information on Senior happenings.

TERRA NOVA HIGH SCHOOL

SENIOR HOME STRETCH

Important
save the dates
for seniors.



May
25

Graduation Day

3:30 pm

- Details to follow

Grad Night

9:30 pm - 12:30 am

- Details to be announced

May
23 &
24

Grad Practice

9:00 am - 12 noon

- Mandatory for seniors

May
20

Senior Check Out Day

- Seniors must be present in all classes

May
6

Senior Ball

Filoli Gardens

- Details to be announced

May
2 -
13

AP Testing

- Days and times vary depending on subjects

April
1 -
27

Scholar Award Application Window

- See Ms. Spasic in the College and Career Center with questions.
Application workshop dates TBA.



Grad Night Tickets | Release Form

Grad Night is happening on Wednesday, May 25th from 9:30 pm - 12:30 am. **(Students must arrive at Terra Nova by 7:50 pm to load up on the buses and travel to the event by 9:30 pm.)**

Ticket price is \$115.00. The price includes the venue, food, activities and transportation to and from the event.

Parents/Guardians must complete the [Grad Night Expectations and Release Form](#) or your student will not be able to participate in Grad Night.

Two steps to complete for Grad Night: 1) purchase a ticket and 2) fill out the release form online. If you have done these things, you are all set to attend Grad Night!

This event is for Terra Nova senior students only.

Questions? Please contact Christy Allen at christyallen271@gmail.com. This event is being put on by your Senior Parent Grad Night Committee and is not a school sponsored event.



GRAD NIGHT

Class of 2022

| FUN | FRIENDS | FOOD |
| ACTIVITIES | MUSIC |
= **BEST NIGHT EVER!**

WHAT

Grad Night 2022

WHERE

It's a surprise for the seniors!

Parents/Guardians will receive an email the night of Grad Night with the event location and who to contact in case of emergency.

WHEN

Wednesday, May 25, 2022

TIME

9:30 pm to 12:30 am

COST

Early Bird - \$105.00

After March 25th - \$115.00

WHERE TO BUY TICKETS

Counseling Office in the
Main Hallway during
Brunch and Lunch

COUNSELING CORNER

Messages from the counseling department.

Career Exploration Workshop During Flex 4/14 and 4/28

TNHS COUNSELING DEPT INVITES YOU TO

CAREER EXPLORATION WORKSHOP

When: Flex Time on 4/14 and 4/28

Where: College & Career Center, A209

Why: To explore your own interests and skills to align with future career goals!

How: RSVP for Flex Time and you will receive an invite from Ms. Spasic

If you have any questions, contact your school counselor:

Mrs. Lozowski, mlozowski@jeffersonunion.net

Ms. Hutcheon, shutcheon@jeffersonunion.net



PACIFICA **PARKS
BEACHES
RECREATION**

ARE YOU LOOKING FOR A SUMMER JOB?

ARE YOU 16 OR OLDER?

DO YOU ENJOY WORKING WITH KIDS?

Apply to be a Recreation Leader!*

*Currently accepting applications for entry-level and supervisory positions

Get training and experience in:

- Executing a wide range of recreation activities
- Supervising & engaging with kids in summer programs
- Attainment or renewal of First Aid/CPR/AED certification through the city of Pacifica
- Working with various recreation staff at all department levels as part of an incredible team!



Scan this QR code or enter calopps.org/city-of-pacifica into your browser to view open positions

Questions?

Email hr@pacifica.gov



Parent Support Groups



Click to [RSVP](#) for any of the events listed below in March and April.

March

TODAY - Tues, March 1
Anxiety Parent Support Group
12:00 pm - 1:30pm
[RSVP](#)

Tues, March 8
ADHD Parent Support Group
12:00 pm - 1:30 pm
[RSVP](#)

Thurs, March 17
**Learning Differences
Parent Support Group**
6:30 pm - 8:30 pm
[RSVP](#)

April

Tues, April 5
Anxiety Parent Support Group
12:00 pm - 1:30pm
[RSVP](#)

Tues, April 12
ADHD Parent Support Group
12:00 pm - 1:30 pm
[RSVP](#)

Thurs, April 21
**Learning Differences
Parent Support Group**
6:30 pm - 8:30 pm
[RSVP](#)

Outdoor Education Cabin Leaders Opportunity

Attention Sophomores, Juniors and Seniors:
Outdoor Ed Cabin Leader needed for the school year
2021-22



April 11-15, 2022

April 25-29, 2022

May 9-13, 2022

The 21-22 Outdoor Education program has a new student and cabin leader registration platform this year. They are using Informed K12 as their online platform and below are videos and brief instructions to through the registration process.

- **The Outdoor Ed Program is requiring students be vaccinated for COVID in order to be Cabin Leaders.**
- **Students MUST UPLOAD Proof of Vaccination(Vaccine Card) and Completed Teachers of Cabin Leader Form to the Outdoor Ed application. (Take a picture and attach)**

Outdoor Education Registration Packet

A negative covid test is **REQUIRED** within **THREE days prior to the Monday that the students depart for Outdoor Education.** The Friday Morning before attending outdoor education families will have their child tested and submit a negative test to the school staff when they arrive on Monday.

(All this information can be found on the College, Career and Counseling Google Classroom: Class code 4p7mnkc)



SCHEDULE A TIME TO MEET WITH YOUR COUNSELOR!

Mrs. Lozowski

last names A-LA



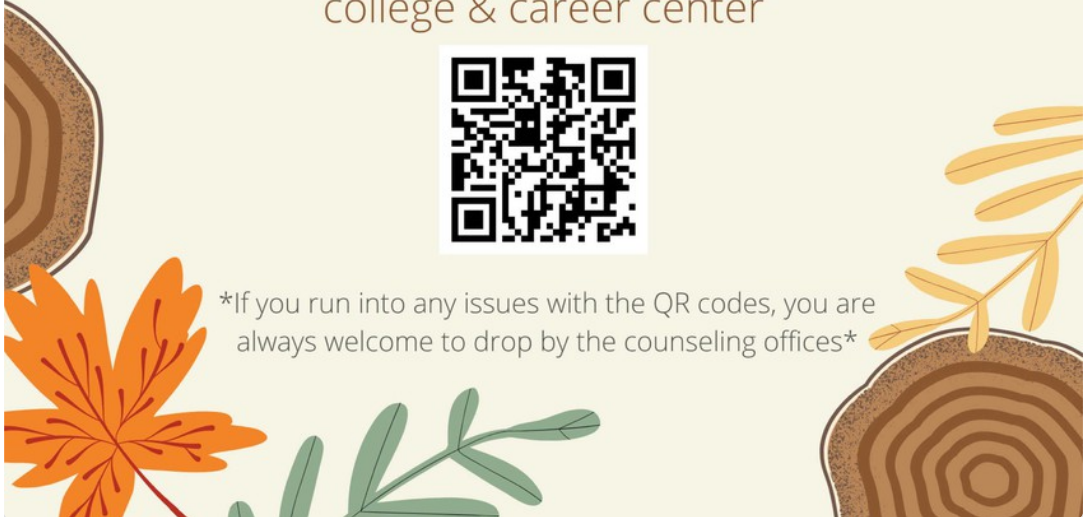
Ms. Hutcheon

last names LE-Z



Ms. Spasic

college & career center



*If you run into any issues with the QR codes, you are
always welcome to drop by the counseling offices*

— Make an Appointment —

WITH YOUR
WELLNESS TEAM



Ms. Calpotura-Wagner (Ms. C)
Ms. Alexis Rosenbaum (Ms. R)

- Appointments to DCYHC for: birth control, STI checks, pregnancy tests
- Issues with friends
- Just need to talk
- Safety concerns
- Substance use
- Problems at home
- Issues with your partner
- Anxiety
- Physical or sexual abuse
- Feeling sad all the time

— WE ARE HERE TO HELP —