

Tiger NewsBytes

Terra Nova High School E-Newsletter, October 11, 2022

Principal's Message

Dear Terra Nova families,

We are gearing up for our 2022 homecoming celebration next week. This is always an energetic and positive time of the year. Terra Nova is a school that is steeped in tradition and homecoming is an opportunity for us to celebrate our school pride - loudly and joyously.

There is a lot of hard work going on already to make this annual event a success. ASB is putting the final touches on our first spirit week and rally of the year while the senior class is organizing the homecoming dance, GLOCO.

Tickets for the homecoming dance go on sale today and will be sold during lunch up through Thursday, October 20th. Tickets are \$20 for TN students and \$25 for guests.

- Tickets are not sold at the door & late tickets will not be sold
- Tickets can't be resold or transferred to another individual. Only the original purchaser of the ticket will be allowed into the dance.

If your student wishes to bring a non-Terra Nova student to the dance, they must submit a completed guest pass form in order to purchase a ticket.

- Guest passes form are available in the Main Office.
- Guest pass forms require a picture of the guest's student id or driver license and be signed by their school principal or vice principal.
- Once the guest has completed the form, the TN student turns it into the Main Office for review
- TN Administration reviews the form and will give final approval to the guest
- The approved guest pass form will be returned to the student
- The TN student must purchase both tickets at the same time and turn in the approved guest pass form at the time of purchase
- Students are allowed one guest

The dance will take place on Saturday, October 22nd from 7-10:00 pm in the cafeteria. It ends promptly at 10:00 so please be sure your student has transportation from the dance arranged ahead of time.

The homecoming football game is our last regular season home game and we are expecting a large crowd. Please consider volunteering in the snack shack - it's the number one fundraiser for our athletic booster club and any help is greatly appreciated.

Thank you for your continued support of our students and school,

CAMPUS NEWS

Current events, news and other updates
from around campus

TN Marching Band Rocks Pacifica's Fog Fest

The Terra Nova Marching Band participated in the Fog Fest Parade, directed by Mr. Oliver Bishop, Drum Major Amanda Calimlim and Guard Captain Xiaolan Bisson-Yang. Besides playing great music, band students and parents helped the Fog Fest committee setup on Friday night and teardown again on Sunday night! A fun weekend for the Band Community.



There are more photos and some videos on the [Terra Nova Bands Facebook Page](#).



Girls Water Polo Team

Take a look at the recent [San Mateo Daily Journal article](#) highlighting our girl's water polo team and their impressive season.

Tiger Pride!!

AP Environmental Science Classes Hiked Huddart Park

AP Environmental Science classes went to Huddart Park in Woodside last Friday, October 7th. Two forest rangers led a one hour hike and showed our students some fuel reduction strategies and other forest management best practices. The fieldtrip was a part of the San Mateo County Office of Sustainability program called Youth Investigating Wildfire Science coordinating by Kamille Lang from

the Office of Sustainability. Our librarian, Ms. Kestersen, math teacher Ms. Manlangit and science teacher Ms. Gutierrez joined Kamille on the field trip.



Lost and Found

Hey Tigers! Can't find your jacket, water bottle, notebook or any other item you've misplaced? Come down to the main office and check the Lost and Found located under the yellow bench in the hallway.

Unclaimed items will be donated at the end of the month.

Anime Club

Anime Club meets every Tuesday/Thursday during lunch in room M204.



See's Candies Fundraiser | Class of 2024

Support the Class of 2024 by clicking on this [link](#) or the flyer. The Class of 2024 appreciates your support!

See's Candies Fundraiser



Support the Class of 2024 by
purchasing See's Candies treats
through this link!

Send this link to family, friends, and
as many other people as possible to
help raise money for our winter
formal!

Homecoming Football Game 10/21 | Snack Shack Volunteers Needed

We have an upcoming home football game and we need volunteers to help in the snack shack.

Please see the day and link listed below and sign up if you can. We appreciate your support!



Terra Nova Booster Snack Shack 2022 - Home Game #5 - San Mateo HS Friday 10/21 > [CLICK HERE](#)



ATTENTION TIGERS

Community Announcements & Information

JUHSD College and Career Fair | October 27, 2022

Jefferson Union High School District with Serramonte Mall will host a Career and College Fair on Thursday 10/27 from 5-7pm.

This FREE event is an opportunity for students of all ages to visit with various college & career reps, ask questions and explore their future through fun and engaging spotlight sessions. Students who participate in the scavenger hunt will be eligible to win raffle prizes.

JUHSD College and Career Fair - Discover Your Future

Career and Business Guests

CPA, Architecture, Health, Fire and Police, Walt Disney Museum, Cytokinetics, and more.

College Guests

Whitman College, Duke University, Washington State University, FIDM, Sacramento State University, Penn State, UC Davis, Skyline College, and more.

Trade Unions

Plumbers, Pipefitters and HVACR Local 467, NOR CAL Carpenters Union Local 217, and more

Military Guest

U.S. Army, U.S. Marines, Coast Guard, and CA Army National Guard

Career and College Resources

California Builders, Skyline Promise Scholarship, Boys and Girls Club, Jobs for Youth, Daly City Youth Health Center, Daly City Chamber of Commerce, Jefferson Union Adult Education, Junior Achievement, and more.



The poster for the JUHSD College and Career Fair features a light gray background with blue and white circular callouts. At the top left is the Jefferson Union High School District logo, and at the top right is the Serramonte logo. The main title 'JUHSD College and Career Fair' is in large blue letters. Below it, the phrase 'DISCOVER YOUR Future' is written in a mix of bold sans-serif and cursive fonts. A circular photo of a smiling graduate in a cap and gown is on the right. A central text block provides the event details: Thursday, October 27th, at Serramonte Mall in Daly City, from 5:00pm to 7:00pm. To the left, a blue circle contains registration information. To the right, a light blue circle states the event is free and open to all. Below the event details are icons for a graduation cap and a house with a pencil. A list of activities includes meeting with college and employer representatives, featuring women in non-traditional careers, and attending readiness workshops. A circular photo of four diverse students is on the bottom left. A stylized blue school building with a 'CTE' logo is on the bottom right. The Wild 94.9 logo is at the bottom center.

JUHSD
College and Career Fair

serramonte

DISCOVER YOUR
Future

**THURSDAY
OCTOBER 27TH**
Serramonte Mall
Daly City
5:00pm - 7:00pm

Register at the Fair
and be entered to win
mall giftcards and
more

**FREE
EVENT
OPEN
TO ALL**

- Meet with representatives from California Colleges & Employers
- Featuring Women representatives in non-traditional careers
- Attend College and Career Readiness workshops

Wild 94.9

CTE

WANT TO MAKE YOUR
HALLOWEEN

TRULY SPECTACULAR?



Come Volunteer at the City of Pacifica's
Halloween Spectacular!

Saturday October 22nd & Sunday October 23rd at the
Pacifica Community Center
540 Crespi Dr., Pacifica, CA

Contact Sophia Mahoney-Rohrl at
(650) 738-7376 or
smahoney-rohrl@pacifica.gov
for more details





PARKS, BEACHES, AND RECREATION HALLOWEEN SPECTACULAR VOLUNTEER FORM

Please mark all shifts you are interested in below
(Friday is setup, Saturday is event, and Sunday is Event +
Breakdown; please sign up for at least 1 setup and/or
breakdown shift):

- ☐ **Friday, October 21 10am-3pm/**☐ **2:30-6 pm**
☐ **Saturday, October 22 3:30-8:30pm**
☐ **Sunday, October 23 4:30-9pm**
@ Pacifica Community Center

NAME (Please print) _____

SCHOOL _____ GRADE _____ AGE _____

HOME ADDRESS _____

EMAIL ADDRESS _____

PHONE NUMBER _____

Site Point Person: Sophia Mahoney-Rohrl

RSVP by email or phone: 650-738-7376 or

**smahoney-rohrl@pacifica.gov (you must fill out this form to finalize
your RSVP)**

RELEASE OF LIABILITY, INDEMNITY AND ASSUMPTION OF THE RISK

I understand that the Activity(ies) for which my child is registering, including, but not limited to, any class, program or event "Activity(ies)" provided in connection with the City of Pacifica and all affiliates can be dangerous and involves the risk of injury, property damage or death. Despite the risk involved and in consideration of the right to participate, I voluntarily agree to expressly assume any and all risk of injury, property damage, or death which might be associated with participation in the Activity(ies), and use of any facilities belonging to the City of Pacifica and all affiliates. I agree, on behalf of myself and my heirs, successors or assigns, to hold harmless, indemnify and defend the City of Pacifica, its officers, employees, affiliates and agents ("City" and "District") against any and all liability, claims, losses, damages, lawsuits or expenses, including reasonable attorneys' fees, arising in connection with my participation in Activity(ies). I agree to the use of my child's name and/or image for the program, City, County and District publicity. I agree in case of emergency City, County or District may administer CPR or arrange for medical transport. I agree the City or District is not responsible for lost or stolen items. I agree the City or District may deny me permission to participate in Activity.

Photos/Videos: The City of Pacifica may use for publicity or marketing purposes, work samples, photographs, slides, videos, DVDs and/or other images taken of my child while in the program.

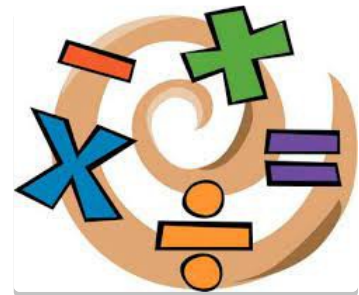
PARENTAL/LEGAL GUARDIAN CONSENT (to be completed if applicant is under 18 years of age): I give consent for my son/daughter/dependent child to participate in the Activity(ies), and I execute the above Release on his/her behalf. I have read and understand the registration form, liability release and parental/legal guardian consent form, and agree to all their terms and conditions.

Parent/Guardian's Signature (or self if over 18): _____ Date: ____/____/____

Math Tutors Wanted

Are you interested in being a one-on-one tutor for 7th and 8th grade students at Cabrillo School?

If interested, please contact Don Potter, 7/8 Math Teacher at donpotter2000@yahoo.com. Students can expect to earn \$15-20 per hour.





ORIENTATION IS COMING!

ORIENTATION IS MANDATORY; REGISTER BELOW TO ATTEND!

San Mateo County Union Community Alliance and Local Apprenticeship Programs offer a certificated, Apprenticeship-Readiness Training course that will prepare trainees to enter a green construction career ladder through state certified joint apprenticeship training programs. The program lasts approximately 20 weeks, with classes twice a week from 6-9pm at College of San Mateo (see smcuca.org for updated schedule).

WHAT YOU'LL EARN:

- CPR/First Aid certification
- OSHA 10 certification
- TIP Program Certificate
- National Building Trades Certificate
- Priority hiring in some trades

WHAT YOU'LL LEARN:

- Blueprint Reading & Technology
- Tool Identification and Practical Application
- Basic Construction Math
- American Labor History
- Knowledge of the Unions in Construction/Building Trades
- Job-site Attitudes and Behaviors
- Local Union Code of Conduct
- Union Membership, Apprenticeship Roles and Responsibilities
- Green Construction
- Construction Industry Awareness

OPEIU 29 AFL-CIO 174

SATURDAY @ 9AM

OCT 15

ORIENTATION IS VIRTUAL
VIA ZOOM!
REGISTER HERE TO
ATTEND:
[TINYURL.COM/TIP2023](https://tinyurl.com/TIP2023)

FOR

Recruiting for ONE
upcoming class from:

**FEB-JUNE
2023**

- CLASS IS IN PERSON -
Vaccinations are required
to attend; must be able to
show up-to-date
records

REQUIREMENTS:

- Up-to-date COVID-19 vaccination records (including booster)
- 18 years of age
- Valid Driver's License
- Appropriate documentation to work in the US
- High school diploma, GED, or equivalent
- Be able to do physical work
- Ability to pass on-the-spot drug testing
- Ability to read, write and communicate in English

RSVP HERE!



tinyurl.com/TIP2023



facebook.com/sanmateotip



[@tipsanmateo](https://instagram.com/tipsanmateo)



[@tipsanmateo](https://twitter.com/tipsanmateo)



BARBERING
COSMETOLOGY
ESTHETICS

RSVP
TODAY

FALL OPEN HOUSE



BARBERING, COSMETOLOGY & ESTHETICS

MEET STUDENTS, TOUR OUR FACILITIES & WALK OUT WITH
INFO ABOUT OUR AMAZING PROGRAMS

OCTOBER 12TH, 2022 3:00PM - 5:00PM

3300 COLLEGE DR. | BLDG 4. | SAN BRUNO, CA 94066

RSVP BY OCTOBER 10TH | [HTTPS://BIT.LY/3RQMVYE](https://bit.ly/3RQMVYE)



GET INVOLVED

Alone we can do so little; together we can do so much.

Helen Keller



TERRA NOVA HIGH SCHOOL PTO

2022 - 2023 Fall Opt-Out Fundraiser

Don't want to sell anything, bake anything, buy anything or want to generally avoid fundraising of any kind?

This year you can opt-out of traditional fundraising by making a donation that will 100% directly benefit all students at Terra Nova High School!

-
- ☐ I love this school and I am happy to help! Here is \$50.00. Please email me to let me know about upcoming fundraising events.
 - ☐ We are so busy and would not have responded to any phone calls, emails or Sign-up Genius lists. Please enjoy my \$75.00 donation.
 - ☐ I prefer to stay home in my pajamas and watch reality TV. Please accept my \$100.00 donation.
 - ☐ Here is \$200.00 or MORE to forget my name and my face and not ask me for anything else all year except to complete this form. 😊

Parent/Guardian Name: _____

Email Address: _____

Student Name: _____ Grade: _____

Receipt of your charitable donation will be emailed to you.

Make checks payable to: Terra Nova PTO

We appreciate your support!

A few of the items funded by the PTO

Teacher Stipends

- Each teacher receives \$200 at the start of the school year to use in the their classroom as they wish

Teacher Mini Grants

- Mac Laptop
- Digital tablet for Special Education
- Subscription to Economist.com
- Subscription to Study.com
- Frameless bulletin board
- Kota Software & Flipped Math

Teacher Appreciation

- Food
- Coffee carts
- Gifts

Link Crew

- T-shirts
- Food
- Materials

Library

- AP Calculus workbook

Grad Night Donation

And more!



Terra Nova Education Foundation

Elevating Academic Excellence & Achievement

GET INVOLVED

We are currently looking for parents looking to get involved at Terra Nova by taking on a role with the Terra Nova Education Foundation.



KEY ROLES THAT NEED TO BE FILLED:

- **Secretary** Role is OPEN
- **Social Chair** Role is OPEN
- **Grant Writing** Role is OPEN
- **President** Role is OPEN

MEETING THURSDAY, 10/13 @7 PM

VIA ZOOM:

Meeting ID: 883 5843 1714 Passcode: 131747

Join Zoom Meeting:

[https://aka-brands.zoom.us/j/88358431714?](https://aka-brands.zoom.us/j/88358431714?pwd=dmJBOUpvOVcrYVJtcys5RkNVZFwZz09)

[pwd=dmJBOUpvOVcrYVJtcys5RkNVZFwZz09](https://aka-brands.zoom.us/j/88358431714?pwd=dmJBOUpvOVcrYVJtcys5RkNVZFwZz09)

MORE INFORMATION

www.tneducationfoundation.org

COUNSELING CORNER

Messages from the counseling department.



Attention Seniors!

Sign up for this Free Financial Aid Presentation!
Learn more about the FAFSA/CADAA process!

VIRTUAL Financial Aid Presentation

Skyline College representative, Patricia Flores
will be going over how to apply for FAFSA and CADAA

When: Wednesday, October 26

Time: 6:00 - 7:00

Zoom link will be sent out the afternoon of presentation



Scan the QR Code to sign up!

For any questions,
email dspasic@jeffersonunion.net



Skyline
COLLEGE

FAFSA[®]
Federal Student Aid
AN OFFICE of the U.S. DEPARTMENT of EDUCATION



Hosted by Skyline College
Partnered with Westmoor

Suicide Prevention 101 for Parents: Recognizing Signs and What To Do

The [California Department of Education](https://www.cde.ca.gov), Directing Change, and TeenLine are hosting a free webinar and Facebook Live event: **Suicide Prevention 101 for Parents: Recognizing Signs and What to Do**. This free webinar will provide information about suicide prevention for parents, including warning signs for suicide, how to have a conversation with their teen, actions to take if their teen is having suicidal thoughts, and resources. The webinar is provided in partnership with the California Department of Education, the Directing Change Program, and Teen Line.



In English:

- October 13, 2022 from 6 p.m. to 7 p.m.
- https://us02web.zoom.us/webinar/register/WN_ISuj0ux3QHyrd0aYtef_7g

A medida que avanzamos en tiempos desafiantes y poco convencionales, es importante que estemos alerta y prestemos atención a la salud mental de nuestros niños y adolescentes. Podemos hacer esto aprendiendo o revisando las señales de cuándo un joven podría estar angustiado y posiblemente contemplando el suicidio y aprendiendo qué decir y hacer si la idea suicida está presente.

El [Departamento de Educación de California](#), Directing Change, y Teen Line están organizando un seminario web gratuito y un evento de Facebook Live: **Módulo 1-Prevención del Suicidio Para Padres: Reconociendo Las Señales y Que Hacer**. Este seminario web gratuito proporcionará información sobre la prevención del suicidio para los padres, incluidas las señales de advertencia de suicidio, cómo tener una conversación con su hijo adolescente, las medidas a tomar si su hijo tiene pensamientos suicidas y recursos.

En Español

- 12 de octubre del 2022 de 6 a 7 de la tarde
- https://us02web.zoom.us/webinar/register/WN_6JHpFT_RRvmX_1tdMBAx3Q

Additional Resources:

- **[Suicide Prevention: A Resource for Parents Brochure](#)**: This e-brochure includes questions parents can ask themselves to assess if their teen might be at risk of suicide and actions to take. Tips on raising resilient teens as well as resources are provided.
- **[Prevención del Suicidio: Un Recurso Para Padres](#)**: Este folleto electrónico incluye preguntas que los padres pueden hacerse para evaluar si su hijo/a adolescente podría estar en riesgo de suicidio y las acciones que debe tomar. Se ofrecen recursos tanto como consejos sobre cómo criar adolescentes con capacidad de recuperación.

We hope you can join!

StarVista Wellness and Substance Use Support Groups

If you would like to refer your student or want more information, please contact our School Social Worker, Noah Marsh for more details at nmarsh@jeffersonunion.net.



StarVista Wellness Group

LET'S TALK: MANAGING STRESS AND HOW TO COPE DURING DIFFICULT TIMES

We're in extra difficult times. If you're feeling more stressed than usual or feeling "stuck", know that you're not the only one! Join us for some practical tips on how to manage stress and cope in healthy ways.

WHEN: EVERY THURSDAY, STARTING OCT 6TH

WHERE: ROOM 310

TIME: FLEX TIME (11:39AM-12:24PM)

Snacks will be provided!



STAR VISTA



StarVista Substance Use Support Group

LET'S TALK: CHOOSING HEALTHY COPING STRATEGIES DURING DIFFICULT TIMES

We're in extra difficult times. If you're feeling more stressed than usual or feeling "stuck", know that you're not the only one! Join us for some practical tips on how to manage stress and cope in healthy ways.

WHEN: EVERY THURSDAY, STARTING OCT 6TH

WHERE: ROOM 330

TIME: FLEX TIME (11:39AM-12:24PM)

Snacks will be provided!



STAR VISTA



Terra Nova High School Fall 2022 Flex Time Workshops!

Students can sign up for upcoming workshops by filling out and RSVP google form which will be sent to their school email a few days before each workshop.

**All workshops will be during Tuesday or Thursday
Flex period from 11:39am-12:09pm**

September

- 9/13 How to Apply to College
- 9/22 Overview of SFSU
- 9/27 How to Create an FSA ID
- 9/29 College Application Support

October

- 10/4 How to Create FSA ID
- 10/6 Jobs for Youth: Soft Skills Workshop
- 10/11 College Application Support
- 10/13 Overview of Skyline College
- 10/18 Skyline Application Workshop (part 1)
- 10/20 Skyline Application Workshop (part 2)
- 10/25 College Application Support
- 10/27 College Application Support

November

- 11/1 College Application Support
- 11/3 College Application Support
- 11/8 College Application Support
- 11/15 Financial Aid Support

December

- 12/1 College Application Support
- 12/6 Overview of College of San Mateo
- 12/8 Cocoa and Cram

**TERRA NOVA HIGH SCHOOL
CONFIDENTIAL SAFETY TIPLINE**



TIGERS ALWAYS PROTECT THEIR OWN



**SEE SOMETHING?
HEAR SOMETHING?
REPORT IT
CONFIDENTIALLY!**

Bullying/Cyberbullying/Harassment
Suicidal or Self Harm Threats
Violence/Abuse/Discrimination
Theft/Drug/Alcohol/Vaping
Or anything that impacts campus safety!

TNTIGERTIPS@GMAIL.COM



**SOLIDARITY IN
STUDENT SAFETY**

