



Terra Nova High School E-Newsletter | August 19, 2024

Translation: Para ver este boletín en español: 1) ubique el ícono que ve a la derecha de este artículo (la figura de palo en un círculo) ... está en la parte superior derecha de su pantalla. 2) Haga clic en la imagen. 3) seleccione "Traducir" en la parte superior derecha de su pantalla (computadora). 4) Seleccione Spanish/Español.



- TN Band Fundraiser/Panda Express: Tuesday, August 20
- Picture Make-up Day: Wednesday, August 21
- TN Education Foundation Meeting: Wednesday, August 21 | 7PM | Library
- Fall Sportsmanship Night: Thursday, August 22 | 7PM | Theater
- PTO Meeting: Tuesday, August 27 | 7PM | Library
- Back to School Night: Wednesday, August 28 | 6PM | Cafeteria

CAMPUS NEWS

Library Hours

The Terra Nova Library is open at the following times:

- Before school at 8am M-F
- After school until 5pm M, T, W, TH
- After school until 4pm on Fridays



TN Band Fundraiser | Tuesday, August 20

Eat at Panda Express and Support the TN Band





Tuesday, August 20, 2024 Place your order for pickup or delivery on Tuesday, August 20!



Available at Panda Express locations nationwide www.pandaexpress.com



Online orders only Apply code 925000 in the Fundraiser Code box during online checkout at www.pandaexpress.com or via App

28% of sales will be donated to: Terra Nova High School Band Boosters

TNHS Band Boosters provides logistical and financial support to the TNHS Band program.

English





Spanish



Terra Nova Education Foundation | Fall Wine Mixer



Terra Nova Education Foundation Funding Initiatives That Drive Excellence

Our Tigers are ready to roar, and we can hear them! Let's come together to help them succeed.

We're kicking things off with our first meeting of the year this Wednesday, from 7:00 to 8:00 PM in the Terra Nova Library. All current parents are already members of the Terra Nova Education Foundation (TNEF)—we just need your input to make this year amazing!

And don't forget, our fall kick-off event is right around the corner. We invite you to a special evening at the TNEF Fall Fundraiser Mixer on Wednesday, September 11th, from 6:00 to 8:00 PM. The event is co-hosted by fellow Terra Nova parents, Katie and Courtney Brookshire, owners of Table Wine, Pacifica's beloved neighborhood wine spot!

SOLD OUT LAST YEAR! DON'T WAIT

TNEF FALL

SUPPORT OUR TN TIGERS!

Wednesday, September 11th Time: 6:00 -8:00 pm

Table Wine
1710 Francisco Bvd
Tickets:
tneducationfoundation.org

tneducationfoundation.org Advance Tickets, \$30 At Door \$35









TEAM TIGER

Fall Sportsmanship Night | Thursday, Aug 22



FALL SPORTSMANSHIP NIGHT 7PM in the Theater Thursday, August 22, 2024

A mandatory meeting for all fall sport athletes and their parents!

3 Ways you can HELP!!!

As part of our Fall Fundraising

We will be asking each player to donate \$50.00 this evening to offset the cost of our athletics program. 30% will go straight to your athletes team

Please Note
each
individual
team could
ask for
specific funds

Join the Athletics Booster

*Membership Card provides entrance for your immediate family ...

For More Info Visit

https://www.juhsd.net/Page/15 97

All Money is tax deductible, our Tax ID number is: 94-3304397 We will be able to accept Cash or Check at the meeting

Stadium Banner Sponsorship





COUNSELING CORNER

College and Career Center Monthly Newsletter

If you are looking for information regarding college, career and/or scholarships, head on over to the <u>Monthly College and Career Newsletter</u> or see Ms. Spasic in the College and Career Center, Room A209 for more information.

College and Career Center News



WELLNESS MATTERS

GOING THROUGH IT? ¿NECESITAS AYUDA?

The Wellness Team is here for you!

Scan the QR code, complete the form, and we'll meet soon $\mbox{-}$ or $\mbox{-}$

If it feels urgent, just come on down to counseling and ask for

Mr. Marsh & Ms. Mika Wellness Counselors



JUHSD BACK TO SCHOOL WELLNESS RESOURCES



WWW.JUHSD.NET/WELLNESS



Visit the Wellness Counselors at your school site!

The Wellness Counselors can provide confidential check-ins about school, stress, relationships & more. They can also connect you or your family with resources for food, housing, etc.!

Hotlines or Text lines (Open 24/7)

- Star Vista Crisis Hotline: 9-8-8 or 650-579-0350
- Crisis Text Line: Text "Listen" to 741-741
- Crisis Text Line en Español: Text "Ayuda" to 741-741
- Trevor Project (for LGBTQ+ Youth): 1-866-488-7386





services, including counseling & youth development programs

350 90th St, 3rd Fl, Daly City 94014 650-877-5700 | <u>dcyouth.org</u>



Resources for Parents & Guardians



Teen-led mental health organization with a ton of resources for teens.

Safe & Sound <u>Parent Talkline</u> 415-441-5437

StarVista: Child & Parent Services (CAPS): 650-771-0788

www.safespace.org



WWW.JUHSD.NET/WELLNESS





¡Visita al Consejeros de Bienestar en tu escuela!

Los Consejeros de Bienestar pueden ofrecerte consultas confidenciales sobre la escuela, el estrés, las relaciones y más. También pueden conectarte a ti o a tu familia con recursos para comida, vivienda, jy mucho más!

Líneas Directas o Líneas de Texto (Abiertas 24/7)

- Star Vista Crisis Hotline: 650-579-0350
- Crisis Text Line en Español: Text "Ayuda" to 741-741
- Trevor Project (para jóvenes LGBTQ+): 1-866-488-7386





Health Center safespace

Organización liderada por adolescentes enfocada en la salud mental con una gran cantidad de recursos para adolescentes. www.safespace.org Ofrece varios servicios relacionados con la salud, incluyendo asesoramiento y programas de desarrollo juvenil.

350 90th St, 3rd Fl, Daly City 94014 650-877-5700 | <u>dcyouth.org</u>

Recursos para padres y tutores



Safe & Sound <u>Parent Talkline</u>: 415-441-5437

<u>StarVista:</u> Servicios para Niños y Padres (CAPS): 650-771-<u>0788</u>



TERRA NOVA PARENT TEACHER ORGANIZATION (PTO)

TOGETHER WE CAN ACHIEVE MORE

The Terra Nova PTO feels that together we can achieve more for our teachers and students. Happy teachers and staff create a positive, healthy environment for our students.

Help us give our teachers, staff and students the opportunity to continue thriving at Terra Nova.



To donate click the following link or use the QR code below. Donate to the <u>Terra Nova PTO</u> where every dollar goes back to our teachers, staff and students.

School Programs Funded by the PTO

- Peer Assistance Program (Peer Helper)
- Mock Trial
- Link Crew Freshman Mentor Program
- Teacher Appreciation Week
- · Mini Grants & Stipends for Teachers and Staff



Donate | We appreciate your support!



ATTENTION TIGERS

TIGERS CARE

KEEP OUR COMMUNITY SAFE REPORT THREATS, VIOLENCE, AND BULLYING

IT'S ANONYMOUS



STOPit App Access Code TNHSTigers









Immediate Report



Stay Connected to Terra Nova Events

School Calendar

<u>District Calendar 2024/25</u>

<u>TN Instagram - @terranovapride</u>

<u>TN Website</u>



Megan Carey

Megan is using Smore to create beautiful newsletters