



Carmelo Child Development Center

Breakfast & Lunch Menu October 21st-January 10th



A Variety of Fruits & Vegetables are Offered Daily

Apples, apple pears, bananas, kiwis, persimmons, plums, oranges, mandarins, baby carrots, cucumbers, broccoli, beans & corn.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Nutri Grain Bar	Honey Cheerios	Mini Blueberry Muffin	Apple Jacks	Cheese & Tiger Bites

Breakfast includes an entree, fruit and 1% unflavored milk.

LUNCH	Chicken Sandwich Mac & Cheese with Roll 	 Domino's Cheese & Pepperoni Pizza	Brunch for Lunch Cheese Tamale 	Pizza Crunchers 	Chicken Strips Bean & Cheese Burrito 
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 =vegetarian option

Lunch includes entree, fruit, vegetable and 1% unflavored milk.



Alexis Supancic, MDA, RD
Director of Nutrition Services

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Free BREAKFAST & LUNCH DAILY

Menus are subject to change
This institution is an equal opportunity provider.