

Elms Elementary School



Snacks, Birthdays, and Classroom Party Plans

Schools in our district are learning to celebrate birthdays, holidays, and special events with a more conscious effort toward food and healthy eating. Proper snack and portion control mandates are followed across the school district. Additionally, to best care for our learners with food sensitivities, we must carefully plan all classroom snacks and party foods. Please read each food-related protocol listed below. We appreciate your support as we plan careful food experiences and celebrations.

Daily Snack : Please plan nutritional snacks to be sent to school each day. Snacks provide an extra energy source to get our scholars through the day. Simple, easy packaging helps even our youngest children to be independent.

Birthday Celebrations: This year at all of our elementary buildings, birthday celebrations are **food free**. This means that, while we acknowledge and honor birthdays, we ask that no foods are sent in for the classroom. Teachers are very creative with celebration ideas and can offer you ideas for acknowledging your child's birthday (special pencils, stickers, etc).

Holiday Parties: Each teacher organizes holiday celebrations differently. Depending on your classroom assignment, you will be informed as to what will happen at party times. Notes regarding food will be sent home near each party date.

Classrooms with Food Allergies/Sensitivities: Some classes in our school have a designation of being an allergen free classroom (example: nut/peanut/dairy/etc). In the event your child's classroom has a protective allergen designation, we will alert you of this and supply a list of suggested safe snack items to you.

Thank you very much for your cooperation in this matter. Our intention is to keep all Jags safe and healthy. We believe our scholars will be safe and yet satisfied with the protocols listed above. Your support, as always, is very much appreciated.