

NOVEMBER | 2024



JMES BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1 WAIVER Day No Classes
4 W/G Glazed Donut Fruit or Juice Milk	5 Apple or Strawberry Frudel Fruit or Juice Milk	6 Blueberry Bread Fruit or Juice Milk	7 Waffles w/ Syrup Fruit or Juice Milk	8 Stuffed French Toast Fruit or Juice Milk
11 Chocolate Chip Muffin Fruit or Juice Milk	12 Pancakes w/ Syrup Fruit or Juice Milk	13 Cinnamon Roll Fruit or Juice Milk	14 Texas Toast Fruit or Juice Milk	15 Pancake Sausage Wrap Fruit or Juice Milk
18 Banana Bread Fruit or Juice Milk	19 Apple or Strawberry Frudel Fruit or Juice Milk	20 French Toast Sticks w/ Syrup Fruit or Juice Milk	21 Breakfast Sandwich Fruit or Juice Milk	22 W/G Glazed Donut Fruit or Juice Milk
25 Stuffed French Toast Fruit or Juice Milk	26 Cinnamon Roll Fruit or Juice Milk	27	28 <i>Happy Thanksgiving</i>	29

Breakfast - \$1.60
Reduced - .30

Lunch - \$2.80
Reduced - .40

Milk - .50
(served with every meal)

Extra Milk, Water Bottles, and
Snacks Available to Purchase
Daily

Substitutions
Are Available Daily: PB & J
Uncrustables, Yogurt &
String Cheese or Salad.

No Charging Allowed for
JMES STUDENTS

This Institution is an Equal
Opportunity Provider.

Menu subject to change