

# Fargo South Student Announcements

## Wednesday, October 16th, 2024



### Announcements:

- Good Morning Students/Parents/Guardians: I am writing to make you aware of an event that is upcoming and put on by the Fargo Youth Initiative. On **October 29<sup>th</sup>** the group will hold their “Impact Fargo” day at Fargo City Hall. A poster giving more information is attached. The group is hoping that any students interested in being a part of these conversations will attend. If students wish to attend we would ask that their parent/guardian connect with our attendance office and “parent request” their student. Transportation would be the responsibility of student/family. Students attending would still be able to participate in afterschool activities if their parent/guardian connect with the attendance office ahead of time.
- Prom Committee will meet after school tomorrow in C30. If you’re interested in helping plan and set up Prom, please join us!
- Hello Art Club, we will be meeting this week on Thursday October 17<sup>th</sup> in room G27 from 3:40-5:00pm. We will be painting/carving pumpkins. Mini pumpkins will be provided to the club to paint. If you would like to bring a larger pumpkin to paint/carve you may certainly do so. Hope to see you all there.
- Good Morning, Skills USA is looking at doing a punch card fundraiser for the 2024-2025 school year the punch card is good for 1 carwash and light interior cleaning, 1 oil change, 1 scanner check for engine or antilock brake system light on the dash, we will pull the codes record them and clear them and advise what the next step should be if repair is needed, and 1 brake pad/shoe inspection, if brakes are needed we can work on a price and see if you’d like the students to repair the issues at a later date. We will do the work during the school day most of the time so you can have the vehicle back by end of school day!! The Price is \$100.00 if you’d have interest in purchasing one we are going to start with 10 cards and go from there depending on staff want and student organization willingness to participate. Please reach out to Mr. Henjum, Mr. Prestegaard or Mr. Woelfel if you’d like to purchase a punch card, Thanks for your support of the SkillsUSA program at Fargo South
- Attention all girls in grades 9-12 interested in trying out for the 2024-2025 Spruins Hockey season: There will be a pre-tryout informational meeting on **Sunday, November 3rd, at 7:30 PM** at the Coliseum. The meeting will last about 30 minutes. Before tryouts begin on **November 11th**, please ensure that you have submitted your **physicals**, paid your **activity fees**, Completed the **HIPAA** and **concussion forms**, **co-curricular meeting** and completed **Sway testing** with your school. These steps must be completed before stepping on the ice. If you have any questions, please reach out to **Coach Parker Metz** at [Parker.Metz@k12.nd.us](mailto:Parker.Metz@k12.nd.us)
- The wellness Wednesday theme for this month is emotional awareness. At this time we would like everyone to join in an exercise that helps us to pause and identify our emotions.
  - ❖ Take a deep breath in.
  - ❖ Exhale to a count of four.
  - ❖ Hold your lungs empty for a four-count.
  - ❖ Inhale at the same pace to a count of 4.
- ❖ Hold air in your lungs for a count of four.
  - ❖ Exhale, and silently reflect on how you are feeling

# IMPACT FARGO

2024



**CALLING ALL FARGO HIGH SCHOOL STUDENTS!**

Join the Fargo Youth Initiative for a day to connect with other area high schoolers and learn how to make an impact on issues that affect youth in our community.

**REGISTER**

by Wednesday, October 23



[FargoND.gov/ImpactFargo](https://FargoND.gov/ImpactFargo)

School absence permission required by parents to attend.

TUESDAY  
**OCT  
29**

**9 A.M. - 4:00 P.M.**

FARGO CITY HALL  
225 4TH STREET NORTH

## SCHEDULE

**OPENING & KEYNOTE SPEAKER:** Fred Edwards of Freds Dissonance

**BREAKOUT SESSION #1:** Youth Homelessness / Educational Justice

**LUNCH:** (Provided)

**BREAKOUT SESSION #2:** Youth Homelessness / Youth Mental Health

**POWER COLLABORATION HOUR**

**PANEL DISCUSSION:** Fargo City Commission and City Administration

**CLOSING REMARKS**



The Fargo Youth Initiative (FYI) serves as an advisory body to the Fargo City Commission representing the current needs and issues of the city's youth. The board includes up to 20 students from 9th to 12th grade from high schools around Fargo. Learn more about the board at [FargoND.gov/FYI](https://FargoND.gov/FYI).