



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	1 Choice of Cereal Bars W.G. Vanilla Cracker Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	2 Whole Grain Super Donut Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	3 W.G. Mini Blueberry Pancakes Just Picked Fresh Fruit or 100% Fruit Juice Ice Cold Milk Pint	4 No School Parent Teacher Conferences
7 W.G. Blueberry Muffin W.G. Vanilla Cracker Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	8 Flavored Yogurt with W.G. Granola Cheese Stick Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	9 Whole Grain Donut Holes Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	10 W.G. Chocolate Chip French Toast Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	11 No School Teacher's Institute Day
14 No School Columbus Day	15 Choice of Cereal Bars W.G. Vanilla Cracker Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	16 Pull Apart W.G. Donut Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	17 W.G. Waffles w/Syrup Just Picked Fresh Fruit or 100% Fruit Juice Ice Cold Milk Pint	18 Whole Grain Double Chocolate Oatmeal Bar Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint
21 W.G. Chocolate Chip Muffin W.G. Vanilla Cracker Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	22 Flavored Yogurt with W.G. Granola Cheese Stick Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	23 Whole Grain Super Donut Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	24 Whole Grain Confetti Pancakes w/Syrup Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	25 Strawberry Oatmeal Bar Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint
28 W.G. Double Chocolate Chip Muffin W.G. Vanilla Cracker Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	29 Choice of Cereal Bars W.G. Vanilla Cracker Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	30 Whole Grain Super Donut Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	31 W.G. Mini Blueberry Pancakes Just Picked Fresh Fruit or 100% Fruit Juice Ice Cold Milk Pint	

Daily High School Breakfast Choices:

← Daily Specials

~ Assorted Cereals and Bars

~ Grab n' Go Specials

Milk Choices:

1% White or Fat Free Chocolate

All Breakfasts include fresh fruit or 100% Juice.

Menu may be subject to change.

Artificial Ingredients, Additives, Preservatives



High Fructose Corn Syrup

Fried Foods
Mystery Meats

ALWAYS fresh
NEVER frozen

4-Star School Lunch Provider



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7 W.G. Blueberry Muffin W.G. Vanilla Cracker Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	8 Flavored Yogurt with W.G. Granola Cheese Stick Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	9 Whole Grain Donut Holes Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	10 W.G. Chocolate Chip French Toast Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	11 No School Teacher's Institute Day
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21 W.G. Chocolate Chip Muffin W.G. Vanilla Cracker Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	22 Flavored Yogurt with W.G. Granola Cheese Stick Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	23 Whole Grain Super Donut Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	24 Whole Grain Confetti Pancakes w/Syrup Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	25 No School Parent Teacher Conferences
28 W.G. Double Chocolate Chip Muffin W.G. Vanilla Cracker Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	29 Choice of Cereal Bars W.G. Vanilla Cracker Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	30 Whole Grain Super Donut Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	31 W.G. Mini Blueberry Pancakes Just Picked Fresh Fruit or 100% Fruit Juice Ice Cold Milk Pint	

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Menu may be subject to change.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Spicy Crispy Chicken Sandwich Mashed Potatoes & Gravy Corn Just Picked Fresh Fruit Ice Cold Milk Pint	2 Nacho Supreme W. G. Cilantro Lime Rice Black Bean and Corn Salsa 100% Apple Juice Just Picked Fresh Fruit Ice Cold Milk Pint	3 Spaghetti and Meatballs Garlic Dinner roll Roasted Green Beans Just Picked Fresh Fruit Ice Cold Milk Pint	4 No School Parent Teacher Conference
7 Meatball Sub w/Marinara Sauce Baked Tater-Tots Just Picked Fresh Fruit Ice Cold Milk Pint	8 Crispy Chicken Sandwich Mashed Potatoes & Gravy Corn Just Picked Fresh Fruit Ice Cold Milk Pint	9 2-Soft Shell Tacos W. G. Cilantro Lime Rice Black Bean and Corn Salsa 100% Apple Juice Just Picked Fresh Fruit Ice Cold Milk Pint	10 Chicken and Waffles Syrup Hash Brown Just Picked Fresh Fruit Ice Cold Milk Pint	11 No School Teacher's Institute
14 No School Columbus Day	15 Spicy Crispy Chicken Sandwich Mashed Potatoes & Gravy Corn Just Picked Fresh Fruit Ice Cold Milk Pint	16 Nacho Supreme W. G. Cilantro Lime Rice Black Bean and Corn Salsa 100% Apple Juice Just Picked Fresh Fruit Ice Cold Milk Pint	17 Honey Sriracha Boneless Wings/Dinner roll Mashed Potatoes & Gravy Roasted Broccoli Just Picked Fresh Fruit Ice Cold Milk Pint	18 Cheese Pizza Or Pepperoni Pizza Choice of Veggies 100% Apple Juice Just Picked Fresh Fruit Ice Cold Milk Pint
21 Chicago Style Beef Hot Dog Baked Tater-Tots Just Picked Fresh Fruit Ice Cold Milk Pint	22 Crispy Chicken Sandwich Mashed Potatoes & Gravy Corn Just Picked Fresh Fruit Ice Cold Milk Pint	23 Testing Grab and Go Lunch Bags	24 Testing Grab and Go Lunch Bags	25 Testing Grab and Go Lunch Bags
28 Chicken Corn Dog Buttered Corn Sliced Cucumbers Just Picked Fresh Fruit Ice Cold Milk Pint	29 Spicy Crispy Chicken Sandwich Mashed Potatoes & Gravy Corn Just Picked Fresh Fruit Ice Cold Milk Pint	30 Nacho Supreme W. G. Cilantro Lime Rice Black Bean and Corn Salsa 100% Apple Juice Just Picked Fresh Fruit Ice Cold Milk Pint	31 Breakfast for Lunch Turkey Sausage Patty Pancakes Hashbrown Just Picked Fresh Fruit Ice Cold Milk Pint	

Daily High School Lunch Stations:

~Daily Special
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~Grab n' Go Sandwiches

~Grab n' Go Salads

Milk Choices:

1% White or Fat Free Chocolate



**All meals include
Fresh fruit and
Fresh or
Steamed Veggies**

**Menu may be
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change.**

In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.





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7 Meatball Sub w/Marinara Sauce Baked Tater-Tots Just Picked Fresh Fruit Ice Cold Milk Pint	8 Crispy Chicken Sandwich Mashed Potatoes & Gravy Corn Just Picked Fresh Fruit Ice Cold Milk Pint	9 2-Soft Shell Tacos W. G. Cilantro Lime Rice Black Bean and Corn Salsa 100% Apple Juice Just Picked Fresh Fruit Ice Cold Milk Pint	10 Chicken and Waffles Syrup Hash Brown Just Picked Fresh Fruit Ice Cold Milk Pint	11 No School Teacher's Institute
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21 Chicago Style Beef Hot Dog Baked Tater-Tots Just Picked Fresh Fruit Ice Cold Milk Pint	22 Crispy Chicken Sandwich Mashed Potatoes & Gravy Corn Just Picked Fresh Fruit Ice Cold Milk Pint	23 Spicy Chicken Salad Or Turkey and Cheese Sub 100% Apple Juice Ice Cold Milk Pint	24 Jerk Chicken Wrap Or Chef Salad Just Picked Fresh Fruit Ice Cold Milk Pint	25 No School Parent Teacher Conferences
28 Chicken Corn Dog Buttered Corn Sliced Cucumbers Just Picked Fresh Fruit Ice Cold Milk Pint	29 Spicy Crispy Chicken Sandwich Mashed Potatoes & Gravy Corn Just Picked Fresh Fruit Ice Cold Milk Pint	30 Nacho Supreme W. G. Cilantro Lime Rice Black Bean and Corn Salsa 100% Apple Juice Just Picked Fresh Fruit Ice Cold Milk Pint	31 Breakfast for Lunch Turkey Sausage Patty Pancakes Hashbrown Just Picked Fresh Fruit Ice Cold Milk Pint	

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