

Student Reminders:

Student ID Procedures: Students are required to always wear their OA ID while on the campus of SSC. Students are not allowed on campus without an ID. If you lose your ID, you must report to the main office to purchase a temporary ID. Students are not allowed in the hallway without a school ID on and visible.

Ventra Cards

 Lost, stolen, or damaged Ventra cards require new paperwork and a \$10 replacement fee. Please see Mr. Valant or Mrs. Verdin.



SAT/PSAT

In other news...

Coming Spring 2023...
The SAT is mandated by the state of Illinois as well as District 205 as a requirement for high school graduation. If you have any questions or concerns, please see me ASAP.

ncoleman@ttdistrict205.net.

SAT is an Illinois and District 205 graduation requirement. Any student who is absent for the test may not graduate.



Outlook Academy October 2022

MTSS CORNER/Mrs. Coleman

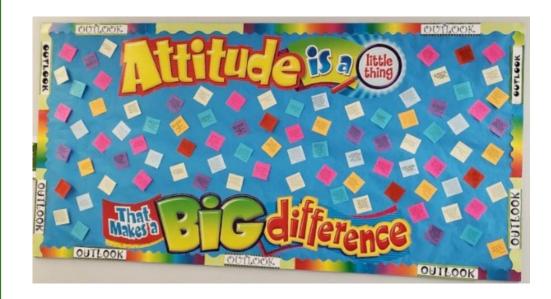
From the MTSS Corner

Students! The SEL team and OA staff is having a blast with you. We are all growing together in SOAR. SOAR stands for Strength, Opportunity, Aspiration and Results and is our all-school social emotional weekly lesson. We are taking a journey to understand the power of our thoughts and emotions. As we grow together, let's remember to purposefully keep ourselves in a "positive loop".

BTW- Have you paid attention to the bulletin board outside of the MTSS office in the 3400 hallway? This board is designed for you to take and leave a piece of inspiration as you see fit.

Here's how it works:

- 1. If you or someone you know need a little inspiration/ motivation, pull a sticky note off the board and stick it somewhere you will view constantly. A suggestion is to stick the note on your Chromebook or plastic backpack.
- 2. Refer to the words of inspiration when you need to maintain or refocus on the most important things/ goals in life.
- 3. If you have any motivational/inspirational words that you would like to share, please email them to me and I will add them to the board.



MTSS CORNER/Mrs.Coleman Cont.

In other news...

We only have two weeks before the end of session. Remember, as an Outlook student, you should be earning credits every nine weeks as you get closer to your goal of graduation. If you are struggling, contact me ASAP so we can meet and create a plan for success.

Some more excitement for you...

Our after-school program has been running for a month and participation has been awesome. We still have room if you and/or your parent would like to hang out with us. Contact me to join:

- Game Club
- Cooking with Love
- Art Club
- News Club/ Media Production
- Microsoft Office Certification

October Motivation-

"Negative thoughts are just stories that DO NOT exist". (Author, anonymous)











OCTOBER

2022

Message from our Program Administrator

This month's message is for the entire OA Staff...know you are always appreciated!

Every year you stand in front of your classroom and/or work from your office space, and you ask, how am I going to take this group from where they are to where they need to be?

We fully believe that every student deserves a great education. However, building people up takes energy, passion, and grit. Building people up takes determination and that is at times exhausting!

Many days you come to work when you do not feel like it -but you fake the enthusiasm and muster the energy anyways. All so your students will not be let down.

Being an Educator requires passion and joy. We know passion is contagious, Energy is contagious, Ambition is contagious. I am grateful for the positive motivation you bring each day to OA.

Today students do not spend enough time connecting and building real relationships. They are growing up in a world where instant gratification is expected, yet we know many things that build success do not require that.

- At OA we teach students delayed gratification, because if you do not sacrifice for something you do not value it.
- One of the most important things we bring to the students of OA is the work ethic. We ask them how are you: working harder? getting better?
- AT OA, we teach students to solve problems, instead of looking for opportunities.

Each year at OA, the staff returns in the Fall with the energy, passion, and determination that our students deserve. I thank everyone for a wonderfully energized and dedicated first 9-week Session. I look forward to all the great things OA has planned for Session 2.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
			1:30 p.m. Women's Panel	PTC	PTC	
9	10	11	12	13	14	15
	No School Indigenous People's Day		Mr. Tom Porter's Birthday Board Meeting 6:30 PM at TR		End of Session 1	
16	17	18	19	20	21	22
	Day 1 of Session 2					
23	24	25	26	27	28	29
30	31					
	Halloween					

Parent Information, comments or concerns regarding attendance please contact Truancy Officer Owens at 708-225-5871.

- Remember to call the office when your student is going to be absent at 708-225-5875 or 5869.
- Please visit our webpage at <u>www.district205.net/domain/315</u> to view pictures, download forms, get access to other links, and much more.
- Parents/guardians of students may access attendance, grades and assignments using one log in at:

https://powerschool.ttdistrict 205.net/public

<u>District 205 Credit</u> Recovdery 2021-2022

Mrs. Patricia Malopsy-Fortier
District Credit Recovey Program
Administrator

If you have any questions regarding Credit Recovery, please contact your Home School Counselor and/orCredit Recovery Building Coordinator or visit the district website:

www.district205.net/areasofinstruction/creditrecovery

Outlook Academy
Mr. Josh Folsom
OA Credit Recovery Coordinator
folsom.joshua@district205.net

Upcoming Events

Mrs. Martin's Counselor's Corner

Martin's Motivational Moment:

"Nothing in life is to be feared, it is only to be understood. Now is the time to understand more, so that we may fear less."

~ Marie Curie

<u>Seniors (attending public high schools in Illinois) must complete the FAFSA to</u> graduate! That is right! It is now a graduation requirement.

FAFSA (Free Application for Federal Student Aid) APPLY SOONER RATHER THAN LATER!!

Families miss out on big aid opportunities by failing to apply at fafsa.ed.gov.

Key financial aid forms are now available to high school students and their families, and experts urge people to fill them out – even if they don't think they will qualify. The government encourages high school seniors to fill it out as soon as possible to obtain aid.

Each year the Department of Education awards about \$120 billion in grants, loans, and other funds to help millions of students afford education costs. It is the largest provider of student financial aid in the country.



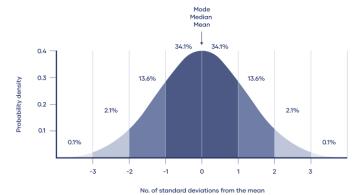
Teacher Messages



From the Desk of Mr. Bailey, Resource Math

In Mr. Bailey's classes, we have been working on Probability and Measures of Central Tendency. We talked about how often an event should occur and when and how probably changes. This week we are moving onto understanding data for populations. We use data to find out how normal different events are and try to understand how close to average an event is. We focused on the normal graph distribution.

Standard normal distribution



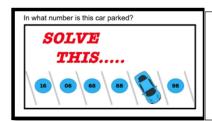


From the Desk of Mrs. Garza, Math



Mrs. Garza's Math II and Math III classes have been working on statistics, functions, area, perimeter, and volume. We use a blended learning approach where students are given the entire unit to work on at their own pace, but with a daily percentage completion goal to assist with keeping them on track. During class time students are working either independently, in groups, or getting assistance from Mrs. Garza. Students also enjoy daily or weekly puzzles, and as promised, here is the answer to last month's puzzle and the new puzzle for this month:

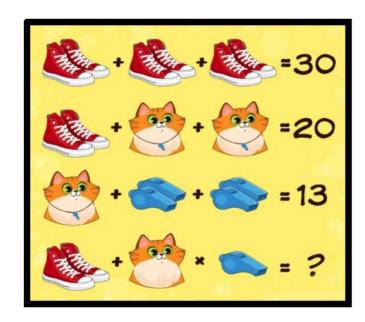
ANSWER TO SEPTEMBER'S PUZZLE OF THE MONTH:



ANSWER IS: 87

Hint: Turn the picture upside-down

OCTOBER'S PUZZLE OF THE MONTH:



From the Desk of Mr. Arrington, Business

During the 1st session, Intro to Business students were given the assignment of creating virtual stock market investments using the MarketWatch Investment Game. Students were able to attach terms, such as the Consumer Price Index (CPI), Gross Domestic Product (GDP), and Inflation to investment results. Students also participated in a team project developing a virtual corporation. All projects were completed in detail including corporate name, a clear mission statement, and 10-year goal setting.



Lastly, starting this month (October), Outlook will offer parents an opportunity to get certified as Microsoft Office Specialists (MOS). If you are interested in getting certified, please contact Ms. Brower, Outlook Parent Coordinator, at: lbrower@ttdistrict205.net.

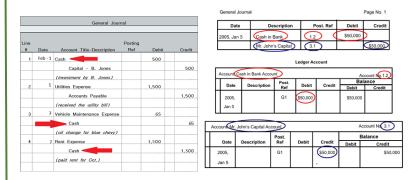


From the Desk of: Mrs. Digiacomo, Business



Accounting:

The students are journalizing transactions in the general journal and are posting to the general ledger and they are preparing for their final project which is a report they will write about companies that had accounting scandals such as Enron, Waste Management, Mattel, etc.



Resource:

The students are working on their Edmentum classes independently.





From the Desk of: Mr. Folsom, English

In Mr. Folsom's class, we are working on SEL strategies, like recognizing the power of thought. We have done several different exercises in class to practice the difference between positive and negative thought loops.

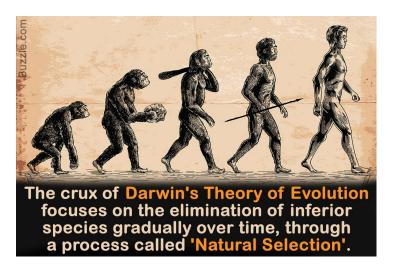
We are also practicing using evidence to strengthen arguments in text and in conversations-using research or textual evidence to back their opinions.





From the Desk of Ms. Anderson, Science

As we wrap up the end of the session, students in Biology will be studying evolution. In addition to examining Darwin's Theory, students will also examine common ancestry, taxonomy, and how ecology influences evolution.



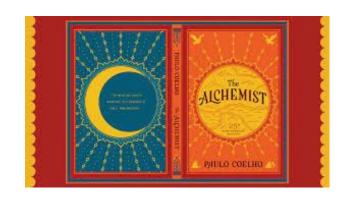
The students in the Integrated Science – Science in Cinema course are studying the human impact on the environment. Films in this unit include Erin Brockovich, The Lorax, and Deepwater Horizon. Students will examine oil spills, water quality and more.





From the Desk of Mrs. Goodman, English/Speech

October is a busy month at OA. The students are finishing their first session of classes and are getting ready to start a new set of classes and teachers. In English we are finishing our Career Projects and Personal Quests. The students have been doing well this session, hopefully they will all finish strong and carry the momentum into the next session.



From the Desk of Mr. Martin, Social Studies

Modern US History- Semester 1.

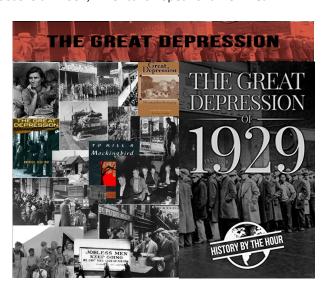
For the past week, students have been studying the Industrial Revolution. The objective is for students to identify new inventions of the 19th Century and how they made an impact on society. We are also covering the importance of the labor movement and how the American workers worked long hours with little pay.



Modern US History - Semester 2

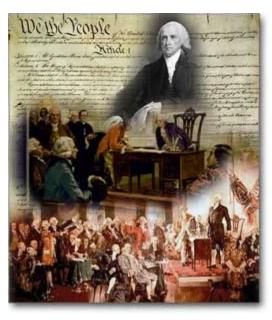
Students are studying the Great Depression.

During the 1930s, Americans had to face harsh economic conditions which led to homelessness, job loss and savings being gone. Americans would cope the best way they knew but others took their own lives because they could not take the stress of the Depression. With the election of Franklin D. Roosevelt in 1932, Americans hoped for a New Deal.



From the Desk of Mr. O'Leary, Social Studies

As we quickly approach the end of the first session, I would like to announce that 41 students have successfully passed the Constitution Test this session: meeting that requirement for graduation. As the time for your graduation approaches please check to make sure you have successfully fulfilled this requirement. If you need to take the Constitution Test or are unsure if you passed it, see me in 3363, ASAP. You can always email me as well at poleary@ttdistrict205.net.



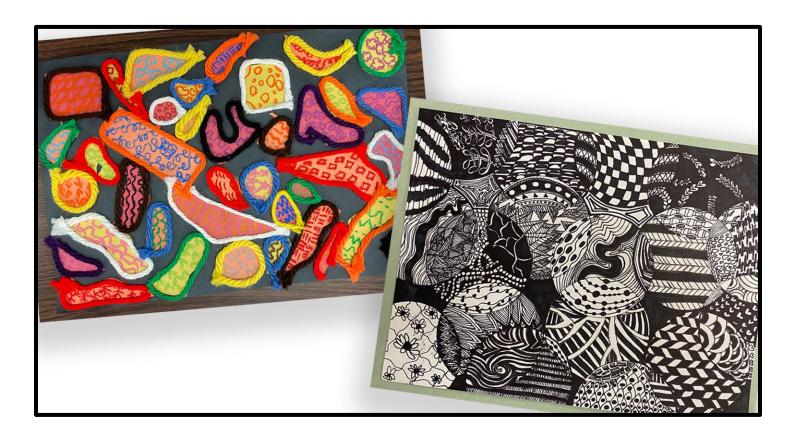
As the 2nd session begins, I would also like to announce that I will begin organizing mini trips that allow Civics students an opportunity to earn their Community Services hours in a group setting in the community. Some of you may find it easier to accompany us rather than go out and do it on your own. You are not required to go on my trips and are more than welcome to complete your hours on your own. I will be giving out the information in my Civics classes starting 2nd session.



From the Desk of: Mrs. Martinez, Visual Art

Welcome Visual Arts Outlook to Visual Arts Academy

The Visual Arts classroom has been busy as we continue to learn about the Elements of Art in both Visual Design and Intro to Art. Intro to Art students completed a spectacular art project inspired by the artist Reggie Laurent. This artist creates works of art using layers of lines, shapes, and patterns. Student also learned about 1 Point Perspective to turn shapes into forms using their name as the focal point of the project. Students then utilized their knowledge of value, line, color, and pattern to complete their name artwork. Intro to Art also created a "Zen Tangle" art project emphasizing different lines and patterns. Visual Design created Paper Mache animal sculptures. In this project, students' problem solved how to build armatures to create their animal sculptures, then Paper Mache them and finally paint them. Visual Design also created large scale "Lollipops" artworks using oil pastels inspired by the iconic "dessert" artist Wayne Thiebaud. Finally, through board weaving, students created their own unique textile art. Historically, weaving has been a cultural tradition where colors and designs have much symbolism embedded into each textile weaving. From the Ashanti Tribe in Ghana to the weavers in Teotitlan Del Valle in the State of Oaxaca, textile art is a wonderful example of art that made the world. Through these various art projects, students have not only learned different art techniques but also develop a great appreciation on the significance that art has around the world.





From the Resource & Rewind Room/ Mr. Hill and Mrs. Kingdon

Emotional Wellness Month



October focuses on Emotional Wellness Month. While taking stock of our stress levels, it is an excellent time to make some changes, too. Emotional Wellness Month provides information and resources to help us do just that. Stress comes into all our lives in varying amounts. Depending on our demands, emotional health can take a toll. However, noting the causes of our stress helps identify the biggest offenders so we can stop them. Here are some ways to assess your stress:

- Review your financial plan. Make sure your plan aligns with your savings and income with our goals.
- Calculate screen time. In this digital world, the amount of time we spend online impacts our emotional health. We are bombarded by data, news, and alerts constantly. Consider reducing the amount of time spent in front of the screen.
- Assess resources available to you. Many employers offer tools and discounts for emotional wellness. Checking with your human resources department is an excellent place to start.
- Remember the relationships in your life. This is a big one. Friends, family and even co-workers play a huge role in our emotional health. They improve our social and spiritual wellbeing by keeping us connected. Human beings thrive on social interactions. Without them, we feel isolated.
- **How's your physical health?** Keep up with routine health checks. Also, add healthy eating habits and increase physical activity to reduce overall anxiety.

By identifying stressors and improving our emotional health, we are more likely to surf through the highs and lows in life more successfully.

SEL RE-CAP Lesson 2.2 Being Aware of Our Emotions

When we are experiencing emotions (Anger, Sadness, Disgust, Happiness, Surprise) be sure to be aware of how you may express them by being mindful of the following:

- Physical External Cues
- Physical Internal Cues
- Thoughts
- Behaviors

Outlook's SASP is offering to you the "Game Club". Game Club is a space where you can enjoy video games, board games, and is a place to connect with others. Game Club is up and running. Please keep your eye open for the weekly SEL time that Mr. Hill cofacilitates with Ms. Coleman. All activities will take place is **Room 3361.**









Students must use District Gmail to gain access to Google Classroom.

Completion and Confirmation of FAFSA and South Suburban College Application is REQUIRED for Graduation from Outlook.

COMPLETE FAFSA

BEGIN 2022-2023 FAFSA TODAY! Enrollment has opened! South Suburban College CODE: 001769

https://studentaid.gov/h/applyfor-aid/fafsa

FAFSA Instructions

https://www.ssc.edu/admissions -registration/financial-aid/

From the Desk of Mr. Earl King II and Ms. Brieana Holmes Transition Program

ATTENTION

Outlook Academy 2022-2023 Potential Graduates,

Mr. King & Ms. Holmes have been contacting you repeatedly, by phone and email.

This is a Graduation and State requirement.

All Invites to join the google classroom have been sent to District Gmail.

All Information is located on the Transitional Google Classroom https://classroom.google.com/c/MTU0MzU0NTk2OTAz

Students must use District Gmail to gain access to Google Classroom.

Completion and Confirmation of FAFSA and South Suburban College Application is REQUIRED for Graduation from Outlook.

REQUIRED MATERIALS: Social Security Number and Valid Cell Phone

COMPLETE SSC APPLICATION

https://www.ssc.edu/admissions-registration/

COMPLETE FAFSA BEGIN

2022-2023 FAFSA TODAY! Enrollment has opened! South Suburban College

CODE: 001769

https://studentaid.gov/h/apply-for-aid/fafsa

FAFSA Instructions

https://www.ssc.edu/admissions-registration/financial-aid/





Forklift Certification 2022!

One Day. 8 Hours. Certification and Training.

When: Saturday, October 15th and Thursday, October 27th, 2022

Where: South Suburban College: Oak Forest 16333 South Kilbourn Ave., Oak Forest, IL 60452

(Behind 167th and Pulaski Wendy's)

Time: 8:30am-4:30pm

Cost: Waived for Outlook Academy & ATP Students

See Mr. King in Room 3477, Post in Google Classroom to Sign Up for this Wonderful Opportunity!

OUTLOOK ACADEMY! We are back in FULL SWING! Stay Motivated and Focused!

Complete all Coursework & Classes

--> AND come see Me and Ms. Holmes for FAFSA, SSC Application, Jobs, Mock Interviews, Resume and other resources.

Our Goal is Enrolled, Enlisted, and Employed! To create a positive Outlook on Life!

We are in Room 3477! Must know FULL SOCIAL SECURITY NUMBER. BE READY

Upcoming Events @ Outlook Academy with Mr. King & Ms. Holmes

Young Women and Mental Health Panel- October 5th 1:30-2:30 p.m.

-You Must SIGN IN and PARTICIPATE to be EXCUSED from Class on Wednesday
-You don't want to miss this! Food will be served!

Next Fall Forklift's are 10/15/22 AND 10/27/22

-Come to Mr. King's Office 3477 ASAP to Register today!
-Please know full Social Security Number!

Stay Focused and Motivated!

Register to Vote! The 2022 Midterms are less than 50 Days away!

BATTLE 2022: Democracy VS Fascism/Racism! https://fivethirtyeight.com/tag/2022-midterms/

Learn How to vote: https://ova.elections.il.gov/Register: https://ova.elections.il.gov/RegistrationLookup.aspx





BIPOC WOMEN'S MENTAL HEALTH PANEL

What: Join Our discussion about the need for education and resources surrounding Young Women's mental health, specifically members of the Black, Latino and Indigenous population. This Panel will be geared toward alleviating the stigma around Black and Latino Women's mental health while empowering them to be the best version of themselves.

When: Wednesday, October 5th. 2022

Time: 130pm-230pm

Where: MB Financial Room, South Suburban College

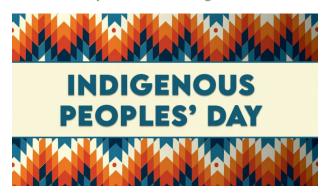


Sherri S. Wick, MS, CCFP,



Leah Sampson

From the Desk of Mr. Valant Outlook Academy Assistant Program Administrator



This year on October 10th we will be celebrating Indigenous Peoples' Day. This day has slowly transitioned from what we used to call Columbus Day. The following is a brief description of the evolution of the day and the meaning behind it. Please take a moment to read this short summary.

HISTORY OF INDIGENOUS PEOPLES' DAY

The first seed of Indigenous Peoples' Day was planted at a U.N. international conference on discrimination in 1977. The first state to recognize the day was South Dakota in 1989. Berkeley, California, and Santa Cruz followed suit.

Although the day was still considered Columbus Day up to 1937, many people began calling it Indigenous Peoples' Day to celebrate the rich culture and the lives of the Native American people.

For the Native Americans, Columbus Day was always hurtful as it glorified the violent past constituting 500 years of colonial torture and oppression by European explorers like Columbus and those who settled in America. Indigenous Peoples' Day draws attention to the pain, trauma, and broken promises that were erased by the celebration of Columbus Day. Before his arrival, the indigenous folk were successful self-sufficient communities that sustained life for thousands of years.

Year by year, the movement to change Columbus Day to Indigenous Peoples' Day spreads to more and more states, towns, and cities across the United States of America.

Indigenous Peoples' Day celebrates, recognizes, and honors the beautiful traditions and cultures of the Indigenous People, not just in America, but around the world. Their way of life and culture carries wisdom and valuable insights into how we can live life more sustainably.

Today, 14 U.S. states celebrate Indigenous Peoples' Day and not Columbus Day, as well as the District of Columbia. More than 130 cities including Arlington, Amherst, Cambridge, Brookline, Marblehead, Great Barrington, Northampton, Provincetown, Somerville, and Salem also celebrate Indigenous Peoples' Day.