

Lumberton ISD School Health Advisory Council

LISD Administration Board Room

October 9, 2024



Call to order at 11:02 AM – Brittany Williams

- I. Welcome and Introduction of SHAC members
- II. A. Election of Officers

Co-Chairman – Andrea Hebert

- Nominated by Brittany Williams
- Seconded by Cody Swafford

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Vice Chairman – Open

Secretary – Toni Kokenes

- Nominated by Brittany Williams
- Seconded by Stephanie Battle

Brittany Williams - SHAC needs help recruiting more members. We need parent and community involvement and the majority of members should be persons who are parents of students enrolled in the district and who are not employed by the district. We have reached out to our PTOs at each campus and are also posting on social media to help recruit.

- B. Upcoming meetings will be held in the Central Office Board Room at 11 a.m. unless notified otherwise.
 - December 11, 2024
 - February 12, 2025
 - April 9, 2025
- C. Brittany Williams - SHAC will be out of funds after one more meal. We need to discuss fundraisers to raise funds to cover expenses like meals and scholarships. We are also talking to the LISD Business Manager, Abby Zernial, for more ideas.
- D. Brittany Williams - Request for Input on SHAC requirements was handed out to everyone present. Campuses have input what they are doing currently relating to SHAC. Recess was added as SHAC can have input on even though it is not a requirement.
- F. Child Nutrition Updates – Brittany Williams
 - All items sold in our cafeteria, including vending machines, are smart snack approved. Handout on Smart Snacks in Schools handed out to everyone present.
 - Lots of fun upcoming events are being celebrated in the cafeterias.
 - Farm Fresh Challenge from October 1 – 31, 2024
 - a. Students will be served local food

- b. Students will learn about eating local food through a variety of educational activities
- c. We will be sharing all of this on Facebook. Follow us at <https://www.facebook.com/LISDCND>
 - National School Lunch Week is October 14 – 17, 2024
 - a. School Lunch Pirates: Find your Treasure
 - Kitchen Semester Inspections: All 6 kitchens received a perfect score of 100!
 - Staff Meals: All campus teachers can order a loaded baked potato meal any day of the week and are always welcome to eat with us based on what is on the menu for that day.

G. Counselor Updates

Stephanie Battle – Check out the amazing mum at Intermediate School in the cafeteria. Student council is doing their cookie sale. Guidance lessons are complete with 3rd and 4th grade. 5th grade will be finished up within the next two or three weeks. Two conferences coming up; Lone Star Conference for Counseling in November and the TSA Conference in February.

Sarah Christ – Working on DESSA lessons and finishing up Optimistic Thinking. We have been utilizing our TCHATT referrals, which is a free service. We have made nine referrals this school year and five students have followed through and are seeing a counselor. Students participated and dressed up for Red Ribbon Week. Competition Games between grade levels every three weeks looking at attendance, grades and discipline referrals. Grade level that wins will get to wear hats on Thursdays and have a pumpkin decorating and smashing session.

Angela Williams – DESSA focus was Optimistic Thinking. Brought back Student of the Month where a girl student and boy student from each grade level and one staff member are recognized each month. September was Suicide Prevention Month. Students had the opportunity to create a “reasons for living” post-it note mural on the cafeteria wall. Counselors have met with every senior to make sure they have a plan for after graduation and how to apply for colleges or military.

I. Special Program Updates – Angela Williams

Michelle Harris was not in attendance, but would like to highlight each campus has had a DESSA rollout and now the focus is on past and future calendar events that are disability awareness and posting it on social media. She is also looking to add mental health resources on the new district website.

J. HOSA / FHP Updates – Brittany Williams

Fall Blood Drive coming up this month on October 23 from 8AM – 3PM in the PAC.

K. Physical Education Updates – Brittany Williams

- Each month Quaver’s PE/Health trainers host a 30-minute Huddle and open this to our district. View dates for 2023 Huddles on the Quaver Events page. You can also find this information on the QuaverHealth•PE Educators Facebook page.
- The Quaver Health/PE trainers have also recorded several virtual training sessions for our district teachers to view.

- Fitnessgram: The Texas Education Code (TEC) §38.101 states that a school district must annually assess the physical fitness of students enrolled in grade three or higher in a course that satisfies the curriculum requirements for physical education under TEC §28.002 (a)(2)(c).
- Sheryl Dunham has taken over the PE/Health piece of curriculum for our district in place of Shar Thibodeaux.

Coach James Slaydon – We have started our Mileage Club today for students.

L. Campus Updates

Brittany Williams – At Early Childhood, they are doing their first Monster Mash. The District will be doing Literacy Under the Lights on October 17. Vision and hearing screening at the end of this month.

Cody Swafford – Working on data from PLC to see how effective programs and tutorials are.

Igor Gussyakov – Has Mega Lunch at Middle School improved students' behaviors?

Cody Swafford – 6th period seems to have the hardest time to transition back from lunch. Each grade level is separate at lunch.

Darlene Johnson – In 6th grade, an app was put on students' computers to show them if they are failing or passing classes. If they are failing, the student will set a goal for the following week to teach responsibility. Focusing on Mental Health; just finished up bullying – is it conflict or bullying.

III. Meeting was adjourned at 11:40 AM by Brittany Williams.