

**BELLMONT
MIDDLE SCHOOL
CHEERLEADING- WINTER
(6TH, 7TH & 8TH GRADE)**

Tryout Schedule- Must Attend ALL Dates to be Considered

Tuesday, October 29	3:15-4:30 P.M.
Wednesday, October 30	3:15-4:30 P.M.
Thursday, October 31	3:15-4:30 P.M.

PRIOR TO PRACTICE

- Girls should wear athletic wear, tennis shoes and have hair pulled back
- No Jewelry
- Meet in Gym Lobby (by the bathrooms)
- Bring Full Water Bottle(s)

MUSTS

***ALL physicals, waivers and medicals forms must be submitted to the BMS Office before you may participate. BMS Office hours are Monday thru Friday 7:30 A.M. to 3:30 P.M. DO NOT bring your eligibility forms to the coach at practice.

Any questions please call
Bellmont Middle School Athletic Department 724-3137

Head Coach: Khia Padgett khiahirn@gmail.com