

October Harris Herald

born to
Shine

SCHOOL HOURS

Grades PK-4.....7:55 AM - 3:15 PM
Front Doors Open.....7:15 AM
Breakfast Served.....7:15 am - 7:50 AM
Students Enter Class.....7:45 AM
Class Begins.....7:55 AM

*Students must be inside the building by 7:55 AM. Students entering the building after this time will be tardy. If a student is tardy, parents are required to park and come into the lobby to sign them in.

Dates to Remember

Oct. 14th - Texans gear

Oct. 14th - Raising Cane's Spirit Day

Oct. 15th - Report Cards Posted

Oct. 15th - Unity Day (orange)

Oct. 16th -18th - Fall Break

Oct. 21st - Penny Wars begin

Oct. 24th - Trunk or Treat/ Math

Lunch Menu

School Cafe

Become a Volunteer

Chaperone

PISD Calendar

Absence Reporting

Dress Code

Follow us on
Social Media



*If your child's birthday is anytime between December - March, due date for your child's birthday message is Nov. 17th.

[Click Here for more info.](#)



We are excited for **Toro's** Anti-Bully show to visit CJ Harris!!



Wear Texans gear to on
Monday, Oct. 14th



Save
The
Date

RED RIBBON WEEK 2024

MON 10/28 **RED-Y TO BE DRUG FREE!**
Wear Red

STRONG FROM HEAD TO TOES! **TUES 10/29**
Wear silly or fun socks and/or a hat.

WED 10/30 **BORN TO SHINE!**
Wear stars or yellow.

STARS HAVE GREAT CHARACTER! **THUR 10/31**
Dress up as your favorite book character.

FRI 11/1 **DREAM BIG!**
Wear pajamas.



UNITY DAY IS AN ANNUAL EVENT OCCURING DURING NATIONAL BULLYING PREVENTION MONTH IN OCTOBER. IT PROMOTES COMMUNITY THROUGH KINDNESS, ACCEPTANCE, AND INCLUSION.

KINDNESS ACCEPTANCE INCLUSION
UNITY DAY
KINDNESS ACCEPTANCE INCLUSION
KINDNESS ACCEPTANCE INCLUSION
KINDNESS ACCEPTANCE INCLUSION
KINDNESS ACCEPTANCE INCLUSION

10.15.24

WEAR AND SHARE ORANGE
#UNITYEVERYDAY

SHARE KINDNESS
+ **PROMOTE ACCEPTANCE**
+ **ENCOURAGE INCLUSION**
= **BULLYING PREVENTION.**



HARRIS ELEMENTARY
Fall BOOK FAIR
November 8th - 14th
Come and Immerse yourself in the magical world of books at our Book Fair.
VOLUNTEERS ARE NEEDED TO MAKE THIS EVENT A SUCCESS.

Sign up genius link
More info coming soon!

<https://www.signupgenius.com/go/508084AAEA729A5FB6-51931384-harris>

TRUNK OR TREAT

MATH
GAMES

FOOD
TRUCKS

CANDY



OCT. 24, 2024
5:30-7:00 PM



No time to stop and shop?
Here's a link to donate
directly to PTA and we will
purchase for you.

[Donation Link](#)

Meet our new friend, Munch-the CANDY monster! Munch is here to help us collect candy donations for Trunk or Treat. Feel free to sign up on the sign up genius or just drop it in at your leisure. Let's help fill him up with goodies and make this Halloween the best ever! Who's ready to feed Munch?

[Click here for Sign Up Genius](#)





SCHOOL COUNSELOR

OCTOBER 2024

A note from Mrs. Ragghianti:

This month, we will be focusing on RESPONSIBILITY. Responsibility is taking action and understanding the impact of our choices. I will focus on self-regulation, self-control, and doing our personal best effort with a growth mindset.

😊 - Your School Counselor



Upcoming events:

- Unity Day Oct. 15
- Red Ribbon Week Oct. 28 - Nov. 1
- World Kindness Day Nov. 13



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Coping Skills

DEEP BREATHS

Ask your child to show you five finger breathing or belly breathing.

POSITIVE AFFIRMATIONS

practice positive affirmations, they start with I AM, I CAN, I WILL, I KNOW and end with something positive.

MOVEMENT

The best exercise for the brain is exercise. One step at a time. Go outside. Take a walk.

GROUNDING

Bringing our mind to where our body is important. Use Rainbow grounding to help.

COPING SKILLS

The more coping skills your child has the better. Keep exploring ways to feel better.

Stay in touch:

Please allow for 24 hours for a response.

✉ ragghiantig@pearlandisd.org

☎ 281-485-4024



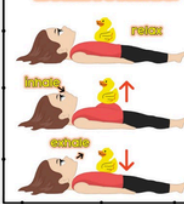
SCHOOL COUNSELOR

OCTOBER 2024

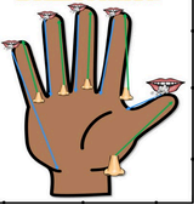
I can use coping skills.



BELLY BREATHING



FIVE FINGER BREATHING



RAINBOW GROUNDING

Take a deep breath and look around to find each color of the rainbow.



- I am brave
- I am helpful
- I am creative
- I am unique
- I care for others
- I am loved
- I try my hardest
- I am thankful
- I matter

7 THINGS EVERY KID NEEDS TO HEAR

1. I Love You
2. I'm Proud of You
3. I'm Sorry
4. I Forgive You
5. I'm Listening
6. This Is Your Responsibility
7. You've Got What It Takes

JOSH SHIPP.COM

I'm convinced that when we help our children find healthy ways of dealing with their feelings-ways that don't hurt them or anyone else- we're helping to make our world a safer, better place. Fred Rogers

Responsibility Family Newsletter

PurposeFULL People

Responsibility Overview

This month we are talking about Responsibility. One way to define Responsibility is "taking action and understanding the impact of our choices." Taking action can mean doing the right thing or completing the tasks you have been assigned. Understanding the impact of our choices means that our actions matter. Positive and responsible actions can help people and irresponsible actions can hurt others.

Responsibility is 1 of 3 traits we will focus on throughout the year that helps students Be Strong.

Across grade levels students will be developing skills like focusing, organizing, and goal-setting.

PurposeFull Pursuits

Have some fun connecting as a family this month while practicing Responsibility. Here are 2 "PurposeFull Pursuits" you can complete together!

- #1 As a family, think of ways in which you might make someone's life a little easier by helping a neighbor or family friend with 1 of their Responsibilities. Could you bring the garbage to the chute or out to the curb? Could you carry things in from the grocery store? Could you invite someone over for a meal or a show?

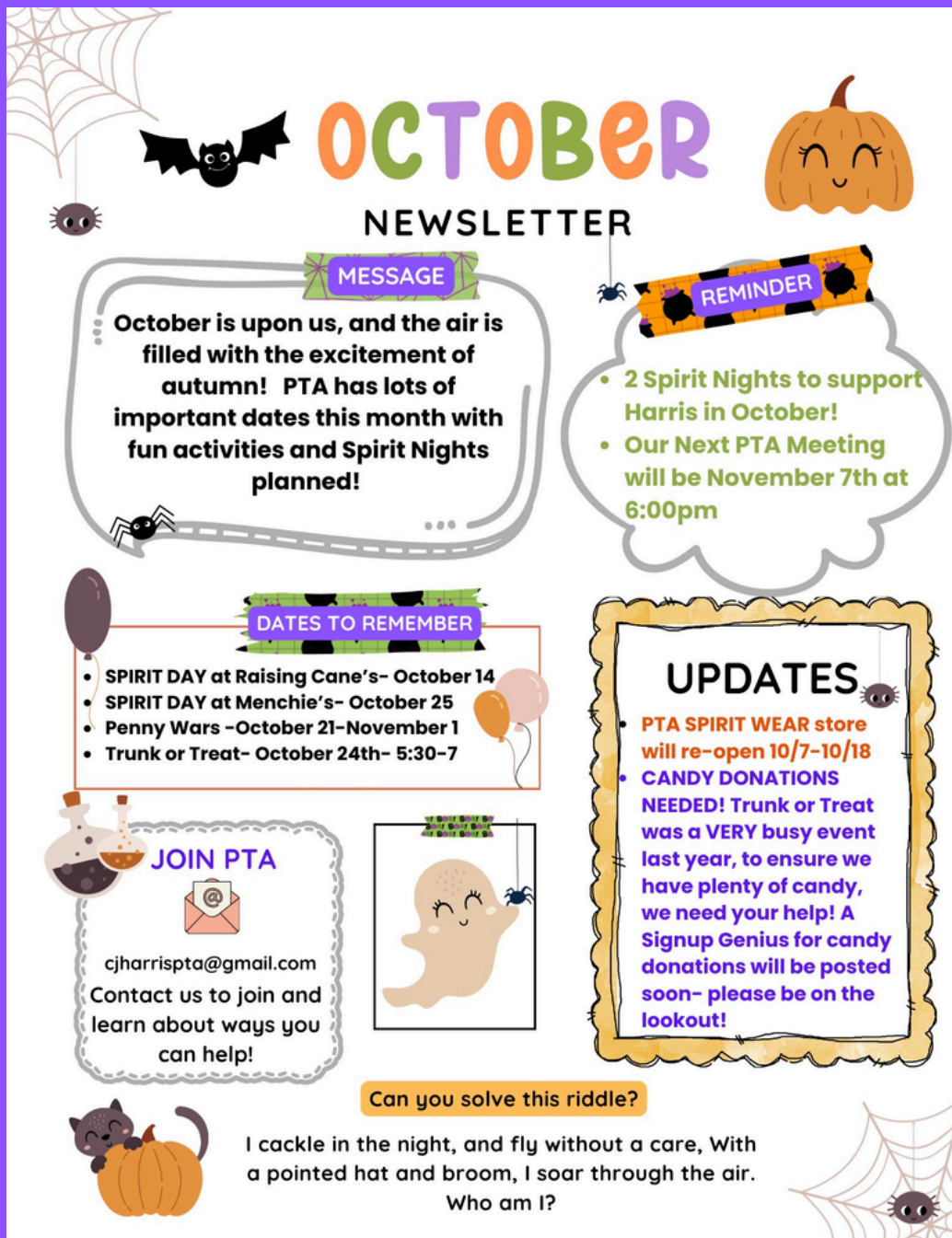
- #2 Review Responsibility as a family! Responsibility is taking action and understanding the impact of our choices. Choose 1 household chore (or more!) that requires multiple steps. Then have each member of the family select 1 step to complete to help get the job done! Maybe it's washing the dishes, doing laundry, cleaning the living room, or unloading the groceries - whatever it is, see who can be the quickest or most effective at their task!

Conversation Starters

- Can you share or show what it means to be Responsible?
- How can we help each other practice being more Responsible?



Become a Mentor



PEARLAND ISD



PARENT



DYSLEXIA



WORKSHOP

COME LEARN ABOUT THE EVIDENCE-BASED PROGRAM,
READING BY DESIGN, AND MORE!

PLEASE REGISTER FOR
THE EVENT HERE:



[HTTPS://FORMS.OFFICE.COM/R/WRRHG7RGM](https://forms.office.com/R/WRRHG7RGM)

PISD EDUCATION
SUPPORT CENTER

1928 N MAIN ST
PEARLAND, TX 77581

QUESTIONS?
EMAIL: MOESA@PEARLANDISD.ORG

THURSDAY, OCTOBER 24

5:30-6:30 PM

CHILDREN ARE ALWAYS WELCOME. CHILDCARE IS NOT AVAILABLE.