



NOVEMBER 2024

ATHEN CITY SCHOOLS

AFTER SCHOOL SNACK MENU

After School Snack includes
Two Meal Components

Monday

Tuesday

Wednesday

Thursday

Friday



1oz String Cheese or
4oz Yogurt
AND
Wholegrain Chips or
Cheez-its **4**

1oz Wholegrain Crackers
AND
Low Fat or Fat Free Milk **5**

Wholegrain Chips or
Cheez-its
AND
6oz 100% Fruit Juice **6**

1oz String Cheese **7**
AND
Wholegrain Chips or Cheez-its
Or
1c Salsa and 1oz Tortilla Chip

1
Wholegrain Chips or
Cheez-its
AND
6oz 100% Fruit Juice

8
Wholegrain Chips or
Cheez-its
AND
6oz 100% Fruit Juice

11
NO SCHOOL

1oz Wholegrain Crackers
AND
Low Fat or Fat Free Milk **12**

Wholegrain Chips or
Cheez-its
AND
6oz 100% Fruit Juice **13**

1oz String Cheese **14**
AND
Wholegrain Chips or Cheez-its
Or
1c Salsa and 1oz Tortilla Chip

15
Wholegrain Chips or
Cheez-its
AND
6oz 100% Fruit Juice

1oz String Cheese or
4oz Yogurt
AND
Wholegrain Chips or
Cheez-its **18**

1oz Wholegrain Crackers
AND
Low Fat or Fat Free Milk **19**

Wholegrain Chips or
Cheez-its
AND
6oz 100% Fruit Juice **20**

1oz String Cheese **21**
AND
Wholegrain Chips or Cheez-its
Or
1c Salsa and 1oz Tortilla Chip

22
Wholegrain Chips or
Cheez-its
AND
6oz 100% Fruit Juice

25
NO SCHOOL

26
NO SCHOOL

27
NO SCHOOL

28
NO SCHOOL

29
NO SCHOOL

Low Fat or Fat Free Milk may be substituted for Juice or String Cheese
Free Student After-School Snacks available at AES, BES, CES JNES, AIS, AMS, & AHS.