



# OCTOBER 2024

## PRE-K – 8TH LUNCH MENU

Harvest of the Month: Apples



Free Breakfast & \$2.75 Lunch Daily  
Fruit & Milk Offered Daily

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Pizza **1**  
Corn  
Tossed or Kale Salad  
Fruit  
Milk

Chicken Sandwich **2**  
Let/Tom/Dills  
Carrots/Chips & Salsa  
Fruit  
Milk

Taco Salad **3**  
Beans  
Let/Tom/Cheese/Chips  
Jalapeno Peppers  
Fruit / Milk

Barbecue Sandwich **4**  
Baked Beans/WG Chips  
Lettuce/Tom/Dills  
Fruit  
Milk

Chili Crispito **7**  
Cheese Dip  
Jalapeno Peppers/Chili Beans  
Tossed Salad  
Fruit/ Milk

Pizza **8**  
Corn  
Tossed or Kale Salad  
Fruit  
Milk

Chicken Sandwich **9**  
Let/Tom/Dills  
Carrots/Chips & Salsa  
Fruit  
Milk

**Apple Crunch Day 10**  
Spaghetti  
Tossed Salad/Corn on Cob  
Garlic Bread  
Fresh Apple  
Milk

Cheeseburger **11**  
French Fries  
Baked Beans  
Fruit  
Milk

**14**  
NO SCHOOL

**15**  
NO SCHOOL

**16**  
NO SCHOOL

**17**  
NO SCHOOL

**18**  
NO SCHOOL

Asian Chicken **21**  
Steamed Broccoli  
Fried Rice/Egg Roll  
Fruit  
Milk

Pizza **22**  
Corn  
Tossed or Kale Salad  
Fruit  
Milk

Chicken Sandwich **23**  
Let/Tom/Dills  
Carrots/Chips & Salsa  
Baked Beans  
Fruit /Milk

Chicken Bites **24**  
Whipped Potatoes  
Green Beans  
Roll  
Fruit / Milk

**Student Voted Favorite 25**  
Taco Soup  
Cheese/Sour Cream  
Cornbread Muffin  
Carrots with Dip  
Fruit/Milk

Chili Crispito **28**  
Cheese Dip  
Jalapeno Peppers/Chili Beans  
Tossed Salad  
Fruit/ Milk

Pizza **29**  
Corn  
Tossed or Kale Salad  
Fruit  
Milk

Chicken Sandwich **30**  
Let/Tom/Dills  
Carrots/Chips & Salsa  
Fruit  
Milk

Hot Dog w/Chili **31**  
Tater Tots  
Baked Beans  
Fruit  
Pumpkin Cookie  
Milk

Local Apples offered weekly!

Grab and Go Salad and/or Grab & Go Sandwich Offered Daily.

Free Student After-School Snacks available at AES, BES, CES JNES, AIS, AMS, & AHS.

