





2024 Springfield Township Schools Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
<p>Meal Prices: \$2.10 Student Breakfast \$3.50 Adult Breakfast \$3.35 Student Lunch \$4.50 Adult Lunch</p>	<p>Daily Alternates PB&J Sandwich Salad Platter Hot Dog</p>	<p>Grab & Go cereal breakfast kits with milk available daily</p>	<p>Menu questions or concerns, contact Pat Gould at pmapat@gmail.com</p> 	<p>Cheesy Pizza Garden Tossed Salad Chilled Fruit Cup</p>	<p>Cal 558 T.Fat 17.02 G S.Fat 5.0 G Chol 24.7 Mg Sodm 771.01 Mg</p>
<p>4 Egg, Ham & Cheese on a Bagel Tasty Tater Tots Chilled Orange Juice</p>	<p>5 Chicken Wrap Chips Vegetarian Baked Beans Creamy Pudding w/Topping</p>	<p>6 Cheesy Pizza Garden Tossed Salad Chilled Fruit Cup</p>	<p>7 NO SCHOOL TODAY</p> 	<p>8 NO SCHOOL TODAY</p>	<p>Cal 568 T.Fat 16.99 G S.Fat 5.4 G Chol 67.9 Mg Sodm 958.74 Mg</p>
<p>11 NO SCHOOL TODAY</p> 	<p>12 Popcorn Chicken Dinner Roll w/Butter Fluffy Mashed Potatoes Emerald Sweet Peas Chilled Fruit Cup</p>	<p>13 Cheeseburger Lettuce & Tomato French Fries Vegetarian Baked Beans Jello w/Topping</p>	<p>14 Spaghetti w/ Meatballs Dinner Roll w/Butter Seasoned Green Beans Chilled Fruit Cup</p>	<p>15 Personal Pan Pizza Garden Tossed Salad Chilled Fruit Cup</p>	<p>Cal 584 T.Fat 18.73 G S.Fat 6.2 G Chol 42.9 Mg Sodm 1099.42 Mg</p>
<p>18 Chicken Patty Sandwich Sweet Potato Fries Seasoned Mixed Vegetables Chilled Fruit Cup</p>	<p>19 Grilled Cheese Sandwich Tomato Soup Goldfish Crackers Side Salad Chilled Fruit Cup</p>	<p>20 Corn Dog Bites Tasty Tater Tots Vegetarian Baked Beans Chilled Applesauce</p>	<p>21 Cheesesteak Sandwich Lettuce & Tomato Cup Creamy Pudding Chilled Fruit Cup</p>	<p>22 Cheesy Pizza Garden Tossed Salad Chilled Fruit Cup</p>	<p>Cal 615 T.Fat 19.57 G S.Fat 6.1 G Chol 43.8 Mg Sodm 1118.35 Mg</p>
<p>25 Mini Pancakes Sausage Patty Tasty Tater Tots Warm Cinnamon Apples</p>	<p>26 Hot Turkey w/Gravy Stuffing Sweet Potatoes Emerald Sweet Peas Creamy Vanilla Pudding Chilled Fruit Cup</p>	<p>27 HALF DAY Pizza Crunchers Garden Tossed Salad Fresh Baked Sugar Cookie Chilled Fruit Cup</p>	<p>28 NO SCHOOL TODAY</p> 	<p>29 NO SCHOOL TODAY</p>	<p>Cal 620 T.Fat 19.07 G S.Fat 6.0 G Chol 36.3 Mg Sodm 1068.69 Mg</p>

NOTICE: Many of our menu items may contain the following allergens: Milk, Dairy, Eggs, Soy and Wheat. Menus are subject to change. We do our best to offer the daily menu posted. Last minute changes will be announced. This may affect nutritional information for that day.

DAILY OFFERINGS: 1% White or Fat Free Flavored Milk, Fresh veggies w/dip, chilled and fresh fruit are all offered daily and included with the price of lunch. Juice or water may be purchased separately.