# PACKER PROCESS - PE





#### PREPARE FOR LEARNING

- BE ON TIME KNOW YOUR SPACE
- WEAR ATHLETIC CLOTHING
- WEAR TENNIS SHOES (NO CROCS, BOOTS, SANDLES, DUDES)



#### **ASK FOR HELP**

- HAVE A FACE TO FACE CONVERSATION WITH INSTRUCTOR
- EMAIL INSTRUCTOR
- CHECK SCHOOLOGY
- SET A MEETING OR ATTEND A WIN SESSION



### **COLLABORATE WITH OTHERS**

PE IS A PARTICIPATORY CLASS.

- RESPECT PERSONAL EQUIPMENT AND SPACES,
- BE TEAM PLAYER



## KEEP TRACK OF ASSIGNMENTS & DEADLINES

- REFERENCE DAILY SCHEDULE (WHITE BOARD)
- CHECK SCHOOLOGY
- CHECK POWERSCHOOL FOR MISSING WORK



## ENTER AND EXIT THE CLASSROOM APPROPRIATELY

- · CHANGE INTO ATHLETIC CLOTHING DAILY
- BE IN THE ASSIGNMED SPACE 4 MINUTES AFTER THE FIRST BELL
- TEACHER WILL DISMSS WITH 5-10 MINUTES LEFT OF CLASS DEPENDING ON THE RIGOR OF THE ACTIVITY.
- ALL STUDENTS WILL STAY IN THE PE HALLWAY UNDER THE SUPERVISON OF THE TEACHER UNTIL THE BELL RINGS.



# RESPECT SCHOOL AND CLASSROOM RULES

- BE COMPASSIONATE TOWARDS OTHERS.
- USE APPROPRIATE LANGUAGE. WORDS MATTER.
- KEEP ALL TECHNOLOGY, INCLUDING IPADS, PHONES, EARBUDS OUT OF SIGHT UNLESS OTHERWISE INSTRUCTED.
- IPADS AND EARBUDS ARE A PRIVILEDGE ALLOWED IN THE CARDIO ROOM UNLESS OTHERWISE DETERMINED BY THE INSTRUCTOR



#### SIIRMIT WORK

- MISSING WORK IS DUE AT THE END OF THE NEXT UNIT VIA SCHOOLOGY
- MAKE UP WORK OPTIONS INCLUDE
  - · ATTENDING 3 WIN SESSIONS FOR I MISSED BLOCK,
  - I HOUR OF PHSYICAL ACTIVITY IN THE SCHOOL CARDIO/WEIGHT ROOM MUST BE SIGNED BY STRENGTH COACH,
  - 60 MINUTES OF PHYSICAL ACTIVITY TIME LAPSE RECORDING
- · ACTIVITIES INCLUSIVE OF ATHETIC PRACTICES AND GAMES WILL NOT BE COUNTED TOWARDS MAKE UP WORK.