



# CREAN LUTHERAN HIGH SCHOOL

*Proclaiming Jesus Christ through Excellence in Education*

## **INSIDE OUT COACHING INITIATIVE FOR ALL ATHLETIC TEAMS**

The Crean Lutheran High School Athletic department implements the InSideOut tenets for all of our coaches and trainers. Coaches first have to “go inside” and articulate their reasons for coaching. As our staff take this InSideOut journey they become transformational in the lives of our student-athletes.

The InSideOut Initiative (ISOI) is a national movement that empowers and equips school communities to implement purpose-based athletics by connecting student-athletes to transformational coaches in a culture of belonging, for their social emotional character development.

The Initiative develops the Five Competencies of Transformational Leaders and Coaches; self-awareness, self-management, relational development, social awareness, moral and ethical decision-making, equipping them with the skills and resources necessary to positively impact the social-emotional character of their student-athletes.

*There is none holy like the Lord: for there is none besides you;  
there is no rock like our God. 1 Samuel 2:2*