

SHAC 2024-2025

October 1, 2024

Meeting Started at 4:05 pm

Introduction of SHAC/ Introduction of Meeting Attendees

-is a group appointed by the school board to serve at the district level. Members of the SHAC come from different areas of the community and from within the school district. The majority of the members must be parents who are not employed by the district. SHAC provides a way to get involved with school health related issues and make sure the district health programs and education reflect local values.

- 4 Scheduled SHAC Meetings per year

- Agendas for the meetings will be posted 72 hrs before each meeting

- Meetings are recorded and Minutes will be posted online within 10 days of the meeting.

- www.gobearsgo.net/families/health-services/school-health-advisory-council

Summary of 2023-2024 SHAC TOPICS

Annual Wellness Policy Review, Triennial Wellness Review, Student Involvement in SHAC, Unassigned Asthma Inhaler on every campus with Asthma protocol, Fentanyl Education, Nutrition (meal plans/taste testing by student), Seizure Management Protocols/changes by TEA.

Guest Speakers: Campus Counselors

Discuss Services provided and individual services at each campus.

- TCHAT (Texas Child Health Access through Telemedicine 5 step counseling program provides mental health tools and referrals. 1st-12th grade. Behavioral or emotional assessments.

- Next Step Community solutions- mental health and substance abuse. Licensed Professional counselors assigned to specific campuses on specific days

- UT Intern-BISD has partnered with UT for grad students to come to campus and provide one on one counseling.

- Say Something Anonymous- District Reporting system (SS-ARS) teaches adults and students to recognize signs and signals of those individuals that are a threat to themselves or others. Ways to report: phone (1-844-5-saynow), website (www.saysomething.net), or app.

Care-Closet- a closet on each campus stocked with boys/girls clothing, undergarments, toiletries, and other items.

Bear Necessities-a program ran by volunteers from local churches partnering with East Texas Food Bank. They provide backpacks, school supplies, and shelf stable foods over the weekends.

Campus Angel Trees-counselors identify students and siblings in need during the holidays. Counselors reach out to these families privately.

Shoes and McKinney Vento-All of the counselors in the district bought shoes for students served by the McKinney Vento Program.

ELEMENTARY- Meet the counselor, Calm down kits, Red Ribbon week, Anti-Bullying week, Play it Safe Program, Kindness Week, Career Week/Day, BES Buddy Bench.

INTERMEDIATE- Meet the Counselor, Friends: to be or not to be(teaches characteristics of a good friend and how to handle conflict), Worry Warriors, Character Education, Play It Safe, Choosing the Best, Kindness Service Project, GO Blue Campaign, Elementary Kids visit the Intermediate, READ Program, TheraPet, Career Fair.

JUNIOR HIGH-Monthly Guidance Activities, Parent Student Orientation, Bear Boot Camp, Choosing the Best, CTE Showcase, Mentoring Alliance, District Attorney Visit, Life Skills Training, College and Trade School Trips, Vaping Guest Speaker, Intermediate Visits

HIGH SCHOOL- Freshman orientation, Sources of strength, District Attorney Crimes Against Kids, Henderson County Youth Services, HELP Center presentations, Pregnancy related services, Next Step Counselors 3 x week, College Readiness coach, Currently Forming a School wide Bullying prevention, College and Career days, Suicide prevention, College visits, Application day, Acceptance Recognition, College Fair Nov 4th, Military Recruiters visit monthly.

2024-2025 SHAC Topics Open Discussion:

- Emergency Situation Teams

- Be thinking of topics and possible speakers to come to the upcoming meetings.

Next meeting will be December 3rd, 2024 at 4 pm in the Administration Building Small board room.

Meeting Adjourned at 4:40 pm.

Attendees: Diana Williams –Chair, Diana Herrington -Secretary, Tara Cutlip- co-chair, Brad Robertson, John Owen, Sarah Berry, Allyson Arnold, James Qualls, Richard Whiddon, Karah Coker, Paula Stephenson, Peyton Richardson, Leslie Saunders, Karen McHam, Tracy Valentine, April McClean, Floretta Dean, Trista Thomison, Ami Patterson, Tracie Royce, Pam Neal, Paige Wall, Melanie Schmitz