



Sunshine Coast - Swimming Carnival

- Convener:** Faith Christian School of Distance Education – Jonathan Watson Ph. 3444 9812
- Venue:** Palmwoods Aquatic Centre 87 Dunning St, Palmwoods QLD 4555
- Date:** **Wednesday 16th October**
- Time:** Registrations table open at 9.00am
- Distances:** as per the program attached.
- Shade:** Families to BYO
- Food:** Please note: There is a **CANTEEN** at the venue but no coffee van.
- First Aid:** First Aid will be on site. Families **MUST** bring their own Asthma puffers, Epi-Pen.
- Ribbons:** Ribbons will be awarded to 1st-3rd placegetters for each event.
- Age Champion:** Age Champion will be determined by totalling the points gained across the following events:
Medals will be given to first-place getters.
- Note: Student age groups are determined as at 31/12/2024.*
- Parent Parking:** Parking is available at the venue.
- Toilets:** Toilets at the venue will be open to all attendees.

Program of Events

Note:

Students will be participating in age group clusters:

- 9 and under
- 10-11 year old
- 12 and over

0:30	Briefing and official welcome
0:40	<p><u>50m/100m free</u></p> <p>1. 12_Over 100m Free 2. 10-11 50m Free 3. 9_Under 50m Free</p>
0:55	<p><u>25/50m Free</u></p> <p>1. 12_Over 50m 2. 10-11 25m 3. 9_Under 25m</p>
0:05	<p><i>25/50m Breast</i></p> <p>1. 12_Over 50m 2. 10-11 25m 3. 9_Under 25m</p>
0:15	<i>House Challenge</i>
0:35	<p><u>25m/50m Back-stroke</u></p> <p>1. 12_Over 50m 2. 10-11 25m 3. 9_Under 25m</p>
0:45	<p><u>25/50m Fly</u></p> <p>1. 12_Over 50m 2. 10-11 25m 3. 9_Under 25m</p>
1:00	<i>Relays</i>
1:30	<i>Presentations</i>