



International School of the Sacred Heart

Grade 1 Example Timetable

Find out more about our
Grade 1 curriculum here!



	Monday	Tuesday	Wednesday	Thursday	Friday
8:20–8:35	Reading Journals	Reading Journals	Reading Journals	Reading Journals	Reading Journals
8:30–9:55	Phonics & Daily 5	Phonics & Daily 5	Phonics & Daily 5	Assembly	Language Arts
	Japanese	Language Arts	Language Arts	Language Arts	Phonics & Daily 5
9:55–10:15	Morning Recess and Snack				
10:15–11:35	Language Arts	Math	Japanese	Math	Math
	Reading	Reading	Reading	PE	Spelling & Grammar
11:35–12:35	Lunch and Recess				
12:35–2:55	Math	IPC*	IPC*	Grammar	Music
	Art	PE	Music	Computing	IPC*
		IPC*	IPC*	Reading	Handwriting
	Handwriting	Handwriting	Math	Library	Mystery Reader

*The International Primary Curriculum (IPC) is an international program aimed at K3-Grade 4 children growing up in the 21st Century. At the Sacred Heart, the IPC encompasses Science and Social Studies topics that are developmentally linked to reflect the growing complexity in thinking as children mature, as well as the rapidly changing world we live in. Through student-centered, inquiry-based learning, the IPC encourages a love of learning.