

DEPARTMENT NAME :
Health and Wellness
Health Education

GRADE LEVEL: 2

YEAR AT A GLANCE
Student Learning Outcomes by Marking Period
2017-2018

FIRST TRIMESTER		
Dates	Textual References	To Demonstrate Proficiency by the End of the Quarter Students Will... (with eligible content references):
Marking Period Starts: 9/7/17 Suggested Completion Date: 10/6/17	Unit: Healthy Balance Unit Title: Nutrition Education and Physical Activity Unit Skills: Analyzing Influences, Goal Setting	Content/skill SWBAT statement (corresponding standards): <ul style="list-style-type: none"> Name two nutrients that support healthy body growth (2.GM.K2b) <i>MM NPA Lesson 1</i> Identify a goal and take action steps to get healthy amounts of key nutrients (2.GM.S2, NHES 6.2.1) <i>MM NPA Lesson 1</i> Identify accurate portion sizes (2.DM.K1) <i>MM NPA Lesson 2</i> Identify three major behaviors that contribute to wellness (2.AI.K1, NHES 1.2.1) <i>MM NPA Lesson 3</i> Identify people who can help you achieve a goal related to physical activity (2.GM.K1, NHES 6.2.2) <i>MM NPA Lesson 3</i> Demonstrate ways to use your time well by connecting with friends through physical activity (2.GM.S1, NHES 8.2.2) <i>MM NPA Lesson 3</i>
Suggested Completion Date: 12/1/17	Unit: Healthy Lifestyle Unit Title: Alcohol, Tobacco, and Other Drugs Unit Skills: Accessing Resources, Interpersonal Communication	Content/skill SWBAT statement (corresponding standards): <ul style="list-style-type: none"> Identify trusted adults and professionals who can help respond to a possible poisoning or overdose (2.AR.S1) Demonstrate how to contact emergency services (2.AR.S1) Describe the purpose of medicines and how they can be used in the treatment of common medical problems (2.AR.K1) Demonstrate strategies to avoid exposure to secondhand smoke (2.IC.S2, NHES 7.2.2) <i>MM ATOD Lesson 3</i> Describe the health consequences of second-hand smoke (2.IC.K2b) <i>MM ATOD Lesson 3</i>
First Marking Period Ends: 12/1/17		
Assessments During This Period: Michigan Model for Health Grade 2: Nutrition and Physical Activity Pre-Unit Test/Post-Unit Test		

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SECOND TRIMESTER		Overarching/general themes
Dates	Textual References	To Demonstrate Proficiency by the End of the Quarter Students Will.... (with eligible content references):
Marking Period Starts: 12/4/17 Suggested Completion Date: 3/16/18	Unit: Healthy Body/Safe Body Unit Title: Personal Safety Unit Skills: Interpersonal Communication, Decision Making, Health Advocacy	Content/skill SWBAT statement (corresponding standards): <ul style="list-style-type: none"> ● Identify personal safety practices for common activities with wheels, such as biking, skateboarding, or riding a scooter (2.HA.K2, NHES 5.2.1) <i>MM S Lesson 1</i> ● Identify safety procedures when in or near water (2.HA.K2, NHES 5.2.1) <i>MM S Lesson 2</i> ● Describe ways to stay safe when using the internet (2.HA.K2, NHES 5.2.1) <i>MM S Lesson 3</i> ● Identify signs that an adult might be treating you in a threatening or dangerous way (2.IC.K1) <i>MM Lesson 4</i> ● Demonstrate ways to respond when an adult puts you in an unwanted, threatening, or dangerous situation (2.IC.S1, NHES 4.2.3) <i>MM S Lesson 4,5</i> ● Describe the basics of gun safety and weapon safety (2.DM.K1a) ● Encourage peers to make choices that support their personal safety (2.HA.S2, NHES 8.2.2)
Second Marking Period Ends: 3/16/18 Assessments During This Period: Michigan Model for Health Grade 2: Safety Pre-Unit Test/Post-Unit Test		

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THIRD TRIMESTER		Overarching/general themes
Dates	Textual References	To Demonstrate Proficiency by the End of the Quarter Students Will.... (with eligible content references):
Marking Period Starts: 3/19/18 Suggested Completion Date: 6/20/18	Unit: Healthy Mind Unit Title: Social and Emotional Health Health Education Skills: Analyzing Influences, Accessing Resources SEL Skills: Self-Awareness, Self-Management, Social Relations	Content/skill SWBAT statement (corresponding standards): <ul style="list-style-type: none"> ● Recognize a variety of personal feelings and the feelings of others (2.AI.K1) <i>MM SE Lesson 1,2</i> ● Express a variety of feelings positively (2.AI.S2) <i>MM SE Lesson 3</i> ● Demonstrate acceptance and respect for others, including effective listening skills (2.AI.K2) <i>MM SE Lesson 4</i> ● Identify what the school community can do to support positive attitudes, acceptance, and respect for differences (2.AI.S2, NHES 2.2.2) <i>MM SE Lesson 5,6</i> ● Identify adults in the school community who can help you to manage strong feelings (2.AR.S2, NHES 3.2.1) <i>MM SE Lesson 7,8</i> ● Identify adults in the school and community who can help you cope with the loss of a loved one (2.AR.S2, NHES 3.2.1) <i>MM SE Lesson 7,8</i>
Third Marking Period Ends: 6/20/18 Assessments During This Period: Michigan Model for Health Grade 2: Social and Emotional Health Pre-Unit Test/Post-Unit Test		