

K-8 Breakfast



*Grades K-8
Breakfast Menu
Fall 2024*

Breakfast includes:
Choice of 1 Entree,
1-2 Fruits, and 1 Milk

Menu subject to change
due to item availability

Vegetarian options are
available upon request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Oct 14	Oct 15	Oct 16	Oct 17	Oct 18
Entree Fruit (Choose 1-2) Milk (Choose 1)	<ul style="list-style-type: none"> No Students Professional Learning Day 	<ul style="list-style-type: none"> Mini Creamy Cheese Bagels or Muffin w/Boiled Egg Fresh Fruit 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Banana Bread Slice or Cereal & Yogurt Cup Fresh Fruit Chilled Pears Assorted Milk 	<ul style="list-style-type: none"> Country Steak Biscuit or Pop Tart w/ Cheese Stick Fresh Fruit 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Mini Waffles or Cereal w/ Cheese Stick Fresh Fruit Chilled Pineapple Assorted Milk
<i>Week 2</i>	Oct 21	Oct 22	Oct 23	Oct 24	Oct 25
Entree Fruit (Choose 1-2) Milk (Choose 1)	<ul style="list-style-type: none"> Yogurt Parfait w/ Granola or Cereal w/ Cheese Stick Mandarin Oranges Fresh Fruit Assorted Milk 	<ul style="list-style-type: none"> Turkey Sausage Breakfast Pizza or Muffin w/Boiled Egg Fresh Fruit 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Egg & Cheese Biscuit or Cereal & Yogurt Cup Applesauce Cup Fresh Fruit Assorted Milk 	<ul style="list-style-type: none"> Donut or Pop Tart w/ Cheese Stick Fresh Fruit 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Mini Pancakes or Cereal w/ Cheese Stick Fresh Fruit Mixed Fruit Assorted Milk
<i>Week 3</i>	Oct 28	Oct 29	Oct 30	Oct 31	Nov 1
Entree Fruit (Choose 1-2) Milk (Choose 1)	<ul style="list-style-type: none"> French Toast Sticks or Cereal w/Cheese Stick Fresh Fruit Chilled Peaches Assorted Milk 	<ul style="list-style-type: none"> Froot Loops Waffle or Muffin w/ Boiled Egg Banana 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Egg-Cheese on Croissant or Cereal & Yogurt Cup Fresh Fruit Chilled Pears Assorted Milk 	<ul style="list-style-type: none"> Chicken Biscuit or Pop Tart w/ Cheese Stick Fresh Fruit Chilled Fruit Assorted Milk 	<ul style="list-style-type: none"> Mini Cinnis or Cereal w/Cheese Stick Fresh Fruit Craisins Assorted Milk

Alternative Entree Options

Nutrition Bites

- October is National Farm to School Month!
- Get involved with the National Farm to School Network!
<https://www.farmtoschool.org/get-involved>