

# Pre-K Breakfast



*Pre-K School  
Breakfast Menu*

Fall 2024

Breakfast includes:  
Choice of 1 Entree,  
1-2 Fruits, and 1 Milk

Menu subject to change  
due to item availability

Vegetarian options are  
available upon request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Oct 14	Oct 15	Oct 16	Oct 17	Sep 18
<b>Entree</b> <b>Fruit</b> (Choose 1-2) <b>Milk</b> (Choose 1)	<ul style="list-style-type: none"> <li>No Students</li> <li>Professional Learning Day</li> </ul>	<ul style="list-style-type: none"> <li>Muffin</li> <li>Banana</li> <li>Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>Cheerios Cereal Bowl</li> <li>Chilled Pears</li> <li>Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>Country Steak Biscuit</li> <li>Fresh Fruit</li> <li>Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>Mini Waffles</li> <li>Chilled Pineapple</li> <li>Unflavored Low-fat Milk</li> </ul>
<i>Week 2</i>	Oct 21	Oct 22	Oct 23	Oct 24	Oct 25
<b>Entree</b> <b>Fruit</b> (Choose 1-2) <b>Milk</b> (Choose 1)	<ul style="list-style-type: none"> <li>Cinnamon Toast Crunch Cereal Bowl</li> <li>Mandarin Oranges</li> <li>Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>Muffin</li> <li>Banana</li> <li>Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>Egg &amp; Cheese Biscuit</li> <li>Applesauce Cup</li> <li>Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>Banana Bread Slice</li> <li>Fresh Fruit</li> <li>Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>Mini Pancakes</li> <li>Mixed Fruit</li> <li>Unflavored Low-fat Milk</li> </ul>
<i>Week 3</i>	Oct 28	Oct 29	Oct 30	Oct 31	Nov 1
<b>Entree</b> <b>Fruit</b> (Choose 1-2) <b>Milk</b> (Choose 1)	<ul style="list-style-type: none"> <li>French Toast Sticks</li> <li>Chilled Peaches</li> <li>Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>Muffin</li> <li>Banana</li> <li>Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>Egg-Cheese on Croissant</li> <li>Chilled Pears</li> <li>Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Biscuit</li> <li>Fresh Fruit</li> <li>Unflavored Low-fat Milk</li> </ul>	<ul style="list-style-type: none"> <li>Mini Creamy Cheese Bagels</li> <li>Chilled Pineapple</li> <li>Unflavored Low-fat Milk</li> </ul>

*Alternative Entree Options*

*Nutrition Bites*

- October is National Farm to School Month!
- Get involved with the National Farm to School Network!  
<https://www.farmtoschool.org/get-involved>