

# OCTOBER

# 10 | 13 | 2024

## 28TH SUNDAY IN ORDINARY TIME



### **Our Lady of Good Counsel Catholic Church**

8601 Wolftrap Rd., Vienna, VA 22182-5026

P: 703.938.2828 • F: 703.938.2829

[www.olgcva.org](http://www.olgcva.org) • [www.olgcschool.org](http://www.olgcschool.org)

Administered by the Oblates of  
St. Francis de Sales

### **Mass Schedule**

Mon-Sat - 8:30am; 9am on holidays

Saturday Vigil 4pm

Sunday 8am, 10am (online),

12pm (en español), 5pm

### **View Mass Online**

[www.youtube.com/c/StreamingOLGC](http://www.youtube.com/c/StreamingOLGC)

### **Chapel open for prayer**

Mon - Fri, 9am - 5pm

### **Confessions Saturdays 9:00am**

or by appointment

### **Office Hours**

Mon - Fri 9am - 4:30pm,

Closed 12-12:30pm for lunch

*“An Oblate is in the truest sense not a monk but a human being. He submits himself without flagging to God in all his works and in his daily duties. He lives in the presence of God.”*

- Blessed Louis Brisson, OSFS

*“Un oblato no es, en el sentido más estricto, un monje, sino un ser humano. Se somete sin flaquear a Dios en todas sus obras y en sus deberes diarios. Vive en la presencia de Dios”.*

- Licenciado en Derecho  
Louis Brisson, OSFS

## **The Eucharist**

**T**he Eucharist, often referred to as the “source and summit of the Christian life,” is a sacrament that lies at the heart of the Catholic faith. In this sacred act, bread and wine are transformed into the Body and Blood of Jesus Christ. This belief in the Real Presence is essential: Jesus is truly, substantially present in the Eucharist, not merely symbolically. Understanding this profound mystery is key to approaching the Eucharist with the reverence and devotion it demands.

### **The Real Presence of Jesus in the Eucharist**

The doctrine of the Real Presence teaches that, during the Mass, through the words of consecration by the priest, the substance of the bread and wine becomes the Body and Blood of Christ. This transformation, known as transubstantiation, is rooted in Christ’s own words at the Last Supper: “This is my Body, which will be given up for you... This is the chalice of my Blood, the Blood of the new and eternal covenant” (Luke 22:19-20). The Church has consistently affirmed this belief since its earliest days, understanding that in receiving the Eucharist, we are not receiving a mere reminder of Christ, but Christ Himself.

When we approach the altar to receive the Eucharist, we are in the presence of the same Jesus who walked the roads of Galilee, healed the sick, and offered His life on the Cross. This sacred encounter is an intimate union with God, allowing us to be physically and spiritually united with Christ. It is a moment when Heaven meets Earth.

### **The Importance of Receiving the Eucharist Daily**

Receiving the Eucharist daily, whenever possible, strengthens our relationship with Christ. Just as our physical bodies need nourishment every day, so too does our soul need the grace that flows from the Eucharist. St. Teresa of Calcutta once said, “When you look at the crucifix, you understand how much Jesus loved you. When you look at the Sacred Host, you understand how much Jesus loves you now.” Each reception of Holy Communion is an opportunity to encounter the living Christ and to receive His strength, peace, and love into our hearts.



*continued on page 3*

## Altar Server Training

All students who have received their First Holy Communion (3rd Grade and above) and wish to become an altar server are invited to training on Saturday October 19th, 11:30am-12:30pm.

All servers needing a refresher or available to assist the new servers are welcome to sign up as well. Sign up: [bit.ly/OLGC-altar-server-training](http://bit.ly/OLGC-altar-server-training).

If you haven't already, register your server for the [Liturgical Ministry Team](#) so they can be added to the schedule upon completion of training.

The 23rd Annual Golf Classic

# Family Flags & Reception Tickets!

OLGC GOLF CLASSIC 2024



INSERT YOUR FAMILY NAME HERE!

Honor your graduating student, recognize a teacher, advertise your business, or simply have a commemorative flag with your family name on it!

Reception Tickets are also available! Please join us after Golf for our reception & dinner.

[olgcva.org/fellowship/golf](http://olgcva.org/fellowship/golf)

THE PROCEEDS DIRECTLY SUPPORT NEED-BASED TUITION ASSISTANCE FOR OUR SCHOOL FAMILIES

## OPEN MIC Night

Friday, Oct. 18  
7-10 pm De Sales Hall

## GOOD THINGS HAPPENING @ OLGC SCHOOL

### Dress (Out of Uniform) for Success!

OLGC School families showed their generosity on two recent dress-out-of-uniform days.

On September 27, students supported St. Denis Catholic School in Malawi by making donations and wearing red, green or black. On October 4, they wore pink and donated to support breast cancer patients through the Ann Clarke Dollard Memorial Foundation.

As always, OLGC school families were very generous, contributing more than \$1,100 each to St. Denis and breast cancer support!



### Aviat Award Nominations

Each year in November, OLGC recognizes teachers who embody the spirit of St. Leonie Aviat in their calling as faith-filled, dedicated Catholic School teachers. This award is made in honor of Elizabeth White, OLGC graduate and former OLGC 2nd grade teacher,



who is remembered for her vivacious laugh and infectious smile.

We are now accepting nominations. Two OLGC teachers will receive the award based upon nominations from the entire Our Lady of Good Counsel community.

To nominate a teacher, please visit [olgcschool.org/support/aviat-award](http://olgcschool.org/support/aviat-award) and complete the form found at the bottom of the page. **Nominations are due by 3 p.m. on Friday, November 1.**

## The Eucharist *from page 1*

The Eucharist is also the sustenance for our daily spiritual journey. In a world that often feels chaotic and overwhelming, the Eucharist provides divine strength, reminding us that Christ is with us in every moment. Through this sacrament, we are not only receiving Jesus, but we are being transformed into His likeness. We are given the grace to grow in holiness, to love more fully, and to live more faithfully.

Daily reception of the Eucharist fosters an ongoing relationship with Christ that shapes every part of our lives. It helps us become more like Him in our thoughts, actions, and words, and it enables us to live out the Christian call to love and serve others. For those who are able, attending daily Mass and receiving Communion becomes a powerful means of staying close to God and allowing Him to work in their lives.

### Reverence When Receiving the Eucharist

Because of the immense holiness of the Eucharist, it should be received with the utmost reverence. The Church teaches that we must be in a state of grace when we approach the Eucharist. This means having no mortal sin on our soul and having a proper disposition of humility and devotion. The Eucharist is not a casual event, but a sacred mystery that calls for deep respect.

When we approach to receive Holy Communion, our actions and posture should reflect the profound reverence due to Christ. Traditionally, many bow or genuflect before receiving the Eucharist. Receiving the Eucharist is an act of worship, where we acknowledge that we are standing before the Holy of Holies, the very presence of God.

*Receiving the Eucharist is an act of worship, where we acknowledge that we are standing before the Holy of Holies, the very presence of God.*

### The Meaning of "Amen"

At the moment we receive the Eucharist, we respond with the word Amen. This simple, yet profound word carries great weight. In Hebrew, Amen means "so be it" or "I believe." When we say Amen after receiving the Body of Christ, we are affirming our faith in the Real Presence of Jesus in the Eucharist. We are saying, "Yes, I believe that this is truly the Body of Christ." It is an act of faith and a personal commitment to living out that belief in our daily lives.

The Amen is also a declaration of our union with Christ and the Church. By receiving Communion, we are united not only to Jesus but also to the entire body of believers. This unity in the Eucharist reflects the unity of the Church, reminding us that we are one in Christ, called to love and serve one another.

The Eucharist is a profound gift, one that invites us into an intimate encounter with Jesus. Believing in the Real Presence means recognizing that we stand before the living God, who humbles Himself to come to us under the appearance of bread and wine. Receiving the Eucharist daily, when possible, provides us with the spiritual nourishment we need to grow in holiness and faith. In approaching this sacred mystery, we must do so with reverence, faith, and devotion, acknowledging the great gift we are receiving. And with each Amen, we affirm our belief in the miracle of the Eucharist and recommit ourselves to following Christ more closely.

Fr. Mathias Kumar, OSFS

## Week of Prayer and Fasting, October 12-20

In these troubled times, let us pray and fast as part of the 32nd Annual International Week of Prayer and Fasting—Conquering the Darkness: Triumph of Mercy, Hope and Healing, October 12-20. The goal of this worldwide movement of Catholics and other Christian peoples is to inspire prayer and fasting for world peace, conversion of hearts and the building up of a culture of life. In this month of Our Lady of the Rosary, and Respect Life, let us plan our week of prayer and fasting. With armed conflicts causing so much death and destruction and much civil dis-ease in our lives for the next weeks, we arm ourselves with the power of prayer and fasting. OLG School will be fasting from negativity and focusing on positivity and be challenged to fast from their cell phones and electronic devices. The parish will be singing songs of peace and our Salesian spirituality. We will be learning "Live Jesus" over these next Sundays, reminding ourselves to "be gentle, grateful and giving...patient, kind and forgiving...".

How will you live out this week of prayer and fasting?



**BELIVED!**  
OUR LADY OF GOOD COUNSEL

## Readings for the Week/ Lecturas de la Semana

Week of October 13–20, 2024

### SUNDAY 28th Sunday in Ordinary Time

Wis 7:7-11; Ps 90:12-17; Heb 4:12-13; Mk 10:17-30 or Mk 10:17-27

### MONDAY Memorial of Saint Callistus I, Pope and Martyr

Gal 4:22-24, 26-27, 31-5:1; Ps 113:1b-5a, 6-7; Lk 11:29-32

### TUESDAY Memorial of Saint Teresa of Jesus, Virgin and Doctor of the Church

Gal 5:1-6; Ps 119:41, 43-45, 47-48; Lk 11:37-41

### WEDNESDAY Memorial of Saint Hedwig, Religious, and Saint Margaret Mary Alacoque, Virgin

Gal 5:18-25; Ps 1:1-4, 6; Lk 11:42-46

### THURSDAY Memorial of Saint Ignatius of Antioch, Bishop and Martyr

Eph 1:1-10; Ps 98:1, 2-6; Lk 11:47-54

### FRIDAY Feast of Saint Luke, Evangelist

2 Tm 4:10-17b; Ps 145; 10-13, 17-18; Lk 10:1-9

### SATURDAY Memorial of Saints John de Brébeuf and Isaac Jogues, Priests and Companions, Martyrs

Eph 1:15-23; Ps 8:2-3ab, 4-7; Lk 12:8-12

### SUNDAY 29th Sunday in Ordinary Time

Is 53:10-11; Ps 33:4-5, 18-20, 22; Heb 4:14-16; Mk 10:35-45 or Mk 10:42-45

### Monthly Collections

Fiscal Year July 2024—June 2025

	July 2024	Aug. 2024
Offertory	179,174	171,284
Total Budgeted	181,936	178,304
Variance	(2,762)	(7,020)
YTD Received	179,174	350,459
Budget YTD	181,936	360,241
Variance	(2,762)	(9,782)

### Weekly & Second Collections

You may give with checks or cash via envelopes, give online at [membership.faithdirect.net/VA875](http://membership.faithdirect.net/VA875), or text amount to 703.810.7674. Thank you.

October

10/13 Little Sisters of the Poor

10/20 World Mission Sunday

## Calendar (Subject to change, updates at [www.olqcva.org/about-us/calendar](http://www.olqcva.org/about-us/calendar))

### October 13 – 20

<b>SUNDAY</b>		<b>13</b>
Christ House Food Collection	9:30 AM - 1 PM	SJC parking lot
Children's Liturgy of the Word	10 - 10:30 AM	Chapel
OCIA Breaking Open the Word	10:30 - 11 AM	Reconciliation Rm
Nightlife	6 - 8 PM	DeSales Hall
Jr. High CCF	6:15 - 7:45 PM	School
<b>MONDAY</b>		<b>14</b>
<b>No School &amp; Offices Closed—Columbus Day Holiday</b>		
Lamb Center Breakfast	6:45 - 7 AM	Parking Lot-Bell Tower
Girl Scout Troop 50274	3 - 4:15 PM	SJC-Brisson Rm
<b>TUESDAY</b>		<b>15</b>
Gala Volunteer Interest Meeting	8:15 - 10 AM	DeSales Hall
Tuesday Morning Bible Study	9:45 - 11:45 AM	Zoom
CS Pack 976 Bear Den	6 - 8 PM	School
Family Confession & Adoration	7 - 8 PM	Chapel
Mystagogy	7:30 - 9 PM	SJC-Aviat Rm
<b>WEDNESDAY</b>		<b>16</b>
High School CCF	5 - 7 PM	SJC-Aviat Rm
BSA Troop 976 meeting	7 - 8:30 PM	Counsel Rm
OCIA	7:30 - 9 PM	SJC-Brisson Rm
St. Vincent DePaul Society	7:30 - 9 PM	DeSales Hall
Men's Basketball	8 - 10 PM	Fr. Brisson Gym
<b>THURSDAY</b>		<b>17</b>
Prayer Shawl Ministry	9:30 - 11 AM	SJC-Brisson Rm
Seasoned Citizens Luncheon	12 - 2 PM	DeSales Hall
CS Pack 976 Lion Den	6 - 8 PM	School
PTO Meeting	6:45 - 8:30 PM	virtual
Men's Basketball	8 - 10 PM	Fr. Brisson Gym
<b>FRIDAY</b>		<b>18</b>
ECAP 2nd Trimester Registration Opens	8 AM	
Lamb Center Lunch	10 - 10:15 AM	Parking Lot-Bell Tower
Funeral: Robert Cleary	11 AM - 12 PM	Chapel
Girl Scout Troop 50118	3 - 4:30 PM	DeSales Hall
Open Mic Night	7 - 10 PM	DeSales Hall
<b>SATURDAY</b>		<b>19</b>
CYO Track Meet-Grades 3-8		
Elementary CCF	8:30 - 10 AM	School
Altar Server Training	11:30 AM - 12:30 PM	Church
<b>SUNDAY</b>		<b>20</b>
Children's Liturgy of the Word	10 - 10:30 AM	Chapel
OCIA Breaking Open the Word	10:30 - 11 AM	Reconciliation Rm
CCF-Emmaus	1:30 - 3 PM	SJC-Brisson Rm
Girl Scout Troop 50296	3:30 - 5 PM	SJC-Brisson Rm
Nightlife	6 - 8 PM	DeSales Hall
Jr. High CCF	6:15 - 7:45 PM	School

## MONTHLY OUTREACH • OCTOBER 26-27

### OLGC Coat Drive

The OLGC Coat Drive is October 26 and 27 before and after all Masses. Please donate clean, gently used or new winter coats. Coats are distributed to our local neighbors through various outlets. Please only donate puffer, ski, or other winter coats.



## JOIN US!

**WE ARE LOOKING FOR VOLUNTEERS TO SUPPORT THIS YEAR'S GALA!**



**Please join us for a Gala volunteer interest meeting**

8:15 - 10:00 AM Tuesday, October 15  
De Sales Hall - Refreshments will be provided



or let us know you're interested by filling out this google form, and we'll reach out to you!

OUR LADY OF GOOD COUNSEL'S  
ANNUAL SPRING GALA



MARCH 1, 2025  
FAIRVIEW PARK MARRIOTT

## The First Christmas Book Study

The next OLGC book study will be a morning session beginning Tuesday, November 5th. Join us for this 5-week series as we experience the season of Advent by putting yourself into the story of The First Christmas in the tradition of the Exercises of St. Ignatius of Loyola. A narrative presented from a unique perspective that is both charming and challenging, we will explore the feelings and emotions Mary & Joseph must have experienced from the angelic message in the year 4 BC...fear, dismay and ultimate acceptance. Discover how their "yes" became an act of great moral courage. Come with your questions and comments.



All are invited to join fellow parishioner and adult catechist, Ann Marie Mack as she facilitates this classic story woven with the beauty and splendor of this magical season. Looking forward to a lively discussion and joyful fellowship.

St. Joseph Center,  
Brisson Room, Tuesday Mornings,  
November 5 – December 10 (no class on Nov. 26), 9:30 – 11:00 am

Reading the book is not required to participate in the class, but for those wishing to have a copy, you may purchase it at [Amazon.com](https://www.amazon.com).

Due to limited seating, please RSVP to Cheryl Jones if you plan to attend: [cheryl.mcmillan.jones@gmail.com](mailto:cheryl.mcmillan.jones@gmail.com)

## Mass Intentions for 2025

We are now accepting Mass intentions for 2025. Given the number of Masses celebrated at OLGC and the overwhelming requests for Mass intentions every year, each household is limited to 3 intentions for Masses celebrated at OLGC. However, there are unlimited intentions for Masses celebrated by the Oblates at the DeSales Center Residence in Childs, MD.

Mass intention request forms are available at [bit.ly/2025-mass-intentions](https://bit.ly/2025-mass-intentions)

Requests are accepted online or in the Parish Administration Office during regular business hours.

Requests will be handled on a first-come-first-served basis. For more information, please contact Maria Romero at 703.896.7419 or [welcome@olgcv.org](mailto:welcome@olgcv.org).

## Calling OLGC Referees

OLGC House League Basketball is coming, and we are calling all OLGC high school students who are interested in being a referee this season to contact Mark Hinnenkamp at [mjhinnenkamp@gmail.com](mailto:mjhinnenkamp@gmail.com) and to attend the referee clinic at the OLGC Gym on Sunday, Nov 3rd, 11:30am to 1pm. Bring your whistle.

You will have a great time helping 4th and 5th grade students learn the fundamentals of hoops, being with your peers, learning to interact with adult coaches, and earning an income. Hope to see you there.



**Calling All High School Students!**  
**Become a House League Referee**

## Mass Intentions/ Intenciones de la Misa

Presider schedule available at:  
[bit.ly/OLGC-Presider-Schedule](http://bit.ly/OLGC-Presider-Schedule)

**Sat. Oct. 12 / Sun. Oct. 13, 2024**

+ Lucas Saucedo  
+ Luchito Vivanco  
+ Patricia & Paul Weithman  
+ Brian Patrick Fimian  
+ Lai You Yu

**Monday, October 14, 2024**

**9:00am** + Josepha Crawford

**Tuesday, October 15, 2024**

8:30am + David Davenport

**Wednesday, October 16, 2024**

8:30am + Rosalie Damavand

**Thursday, October 17, 2024**

8:30am For survivors of abuse

**Friday, October 18, 2024**

8:30am Ray Family

**Saturday, October 19, 2024**

8:30am + Jacqueline Atallah Jarjour

**Sat. Oct. 19/ Sun. Oct. 20, 2024**

+ Si-Kyung Sophia Pi  
+ Teresita Amunderay  
+ Katherine Maria Vogler  
+ Guido Acurio  
+ Patrick Pagsibigan

**Please keep those listed in the prayer  
intention book and the recently  
deceased in your prayers.**

+ Robert Cleary  
+ Thomas Nagurney

**Please pray for those for whom  
candles are lit:**

**Church** + Rosalie Parisa Damavand  
and family

**Chapel** In Memory of  
+ Manuel Marbella

**OL Votive** In Memory of  
+ Augusta K. Brannen

### SANCTUARY CANDLES

For a donation of \$25, you may have a candle burn for a week in memory of a deceased loved one, for a celebration or for a special intention.

Visit [olgcva.org/liturgy-worship/devotions/candle](http://olgcva.org/liturgy-worship/devotions/candle) to light a candle.

## Welcome to Our Lady of Good Counsel

**W**e, as members of Our Lady of Good Counsel Parish, strive to witness to the Good News of Jesus Christ by proclaiming our faith, educating ourselves and our children, sharing our persons, resources and gifts in the care and service of one another. We are called to foster an environment of hospitality in accordance with the Spirituality of St. Francis de Sales.

Please contact our staff if you have questions about any matter related to the life of the church. Below is a list of the many people here to help.

**Pastor** Rev. Matthew Hillyard, OSFS..... fhillyard@olgcva.org

**Parochial Vicar** Rev. Mathias Kumar, OSFS..... mkumar@olgcva.org

**Retired** Rev. William Metzger, OSFS..... william.metzger@olgcva.org

**Retired** Rev. Lewis Fiorelli, OSFS..... lfiorelli@oblates.org

**Deacon** Christopher Moore ..... cgmooore@olgcva.org

**School Principal** Robin Williams 703.938.3600 ..... rwilliams@olgcva.org

**School Admissions & Testing** Valerie Taylor 703.938.3600 ..... vtaylor@olgcva.org

**Director of Music** Kathy DeJardin 703.896.7411 ..... kdejardin@olgcva.org

**Children's Faith Formation** Amy MacKinnon 703.896.7426 .. amackinnon@olgcva.org

**Faith Formation Office** Jackie Madden 703.896.7415..... jmadden@olgcva.org

**Dir. of Faith Formation** Derek Rogers 703.896.7409 ..... drogers@olgcva.org

**Youth Ministry** Carmen Clem 703.896.7414 ..... cclem@olgcva.org

**Communications/Bulletin** Maude Hales 703.896.7412 .. communications@olgcva.org

**Director of Finance** Emilynda Clomera 703.896.7402 ..... eclomera@olgcva.org

**Records Manager** John League 703.896.7413 ..... records@olgcva.org

**Child Protection Liaison** Christine Moan 703.896.7423 ..... cmoan@olgcva.org

**Advancement/Annual Giving** Alison McKee & JoAnne Kinyon . advancement@olgcva.org

**Events Manager** Frank Fletcher 703.896.7418 ..... events@olgcva.org

**Events & Fellowship Coordinator** Pam Trimble 703.896.7457 .. ptrimble@olgcva.org

**Parish Office Manager** Maria Romero 703.896.7419..... welcome@olgcva.org

**Intentions/Ministry of Care** Maria Romero 703.896.7419..... welcome@olgcva.org

**OCIA/Adult Sacraments** Amy MacKinnon..... amackinnon@olgcva.org

**Información en español** Maria Romero 703.896.7419 ..... welcome@olgcva.org

**Pastoral Council** (Tina Wickham)..... PastoralCouncil@olgcva.org

**Finance Council** (Regina Stranix) ..... FinanceCouncil@olgcva.org

**Society of St. Vincent DePaul** (Linea de Ayuda) 703.938.3210..... svdp@olgcva.org

**Respect Life/Gabriel Project** Betsy Argauer 703.255.3744 ..... betstim@gmail.com

**Knight of Columbus Santa Maria Council #4654**..... www.knightsvienna.org

**Counseling** Catholic Charities **Consejería** Caridades Catolica ..... 703.425.0109

Our website, [OLGCVA.org](http://OLGCVA.org), is a source of lots of information about our parish life. There are a number of ways you can communicate with staff for specific needs through the site. The links below provide first steps to various things you may need.

OLGC Funerals: [www.olgcva.org/liturgy-worship/funerals](http://www.olgcva.org/liturgy-worship/funerals)

Devotional Candles: [www.olgcva.org/liturgy-worship](http://www.olgcva.org/liturgy-worship)

Join the Parish: [olgcva.org/register](http://olgcva.org/register)

Schedule an Event: [olgcva.org/about-us/facilities](http://olgcva.org/about-us/facilities)

Add Item to Bulletin/Media: [olgcva.org/about-us/communications](http://olgcva.org/about-us/communications)

Mass Intention/Devotional Candles: [olgcva.org/liturgy-worship/devotions/mass](http://olgcva.org/liturgy-worship/devotions/mass)

# Senior Moments

Marge Van Lierde  
Gitkagirl@gmail.com  
571.831.3951



## SEASONED CITIZENS' LUNCHEON

This is the last call for the luncheon on Thursday, October 17 at noon in DeSales Hall. "Oompa! Oktoberfest!" will feature traditional German food and that spirit of togetherness known as "Gemütlichkeit." If you have a dirndl or lederhosen, this is the time to wear them! You must have a reservation, easy to make: RSVP to [bit.ly/seasoned-citizens-oct2024](https://bit.ly/seasoned-citizens-oct2024), email [seasonedcitizens@olgcva.org](mailto:seasonedcitizens@olgcva.org), or call Dagny, 703.281.5525. None will be accepted after October 13. Please note that take-home meals are only available for homebound OLGc parishioners. Email Heidi, [heidilinksnyder@gmail.com](mailto:heidilinksnyder@gmail.com) to make arrangements.

The Book Swap Table will be there to receive your donations of jigsaw



puzzles and recent books (nothing else, please). Feel free to take something home with you!

## SENIOR MOVIE DAY

The next free film offered by the Reston Association will be "Thelma," on Wednesday, October 23 at Reston Town Center's LOOK Cinema. Doors open at 9:15 am; free coffee, juice and donuts are provided and door prizes are distributed prior to the movie at 10:00 am. Park in the Green Garage. Before then, download the ParkRTC app onto your smartphone if you have one, for directions.

## RESOURCES TO HELP SCAM VICTIMS RECOVER

Realizing that you've been scammed can be a devastating experience. In addition to the stress and worry caused by the theft of their money, victims often feel ashamed for falling for a scam. Many suffer a loss of self-worth, blaming themselves and questioning their own intelligence and decision-making ability. Recovery after being scammed can take time, but there are organizations that can help.

AARP Watch Network Helpline is a free resource for AARP members and non-members. Trained fraud specialists and volunteers field thousands of calls each month. Call for guidance you can trust, free of judgment: 877.908.3360 Monday-Friday, 8 am-8 pm.

AARP Fraud Watch Network VOA/ReST Program is a collaboration of AARP and Volunteers of America, creating this program which stands

for Resilience, Strength, and Time. The goal is to help scam victims recover emotionally. Participants attend online, hour-long sessions, using a computer, tablet, or smartphone. To learn more and register for a session, visit [aarp.org/money/scams-fraud/voa-rest-program](https://aarp.org/money/scams-fraud/voa-rest-program).

## NATIONAL ELDER FRAUD HOTLINE

The Department of Justice launched this hotline to help combat fraud against older Americans and provide services to victims. The hotline is staffed with professionals who assist with reporting the crime and connecting the caller with needed resources. Call 833.372.8311 Monday-Friday, 10 am-6 pm. Services are available for speakers of English, Spanish, and other languages. (Thanks to Gwen Jones, Fairfax County Dept. of Family Services.)

## BREAKFAST BUFFET NEXT SUNDAY

The American Legion Post 180 will be serving their legendary Breakfast Buffet on Sunday, October 20, 8 am-noon. Located at 330 Center St. N. in Vienna, this is an all-you-care-to-eat buffet featuring a wide variety of breakfast treats. Tickets are only \$12 for adults, kids under 12 are \$5. Proceeds are used for children's and youth projects and those for veterans.

**Elder Wisdom**  
**Life is better with friends.**

## OLGC Grief Support Group

**Grief is just love with no place to go.** OLGc will be offering a Grief Support Group that will walk with you on your journey through grief, and towards healing. Our next 9-week program will begin Nov. 10, and will run through Jan. 26. We

will meet weekly on Sundays, from 1:30 to 3:00 pm at the St Joseph's Center at OLGc. To sign up, or to get more information, please phone/text Brad Frison at 703.801.9019 or email [frison@verizon.net](mailto:frison@verizon.net).



## Confession and Adoration

Tuesday, October 15th 7-8pm in the OLG C Chapel will be Adoration of the Blessed Sacrament with the Sacrament of Reconciliation available. This is open to the families led by Faith Formation. Feel free to stop by to spend some time with Jesus and go to confession! There will be praise and worship music as well as opportunities for silent prayer.

There will be handouts for Examination of Conscience and how to go to confession if it has been a while since you have gone to reconciliation. Parents are encouraged to go as well.

## Confirmation 2025

We are beginning preparation for an important event in your student's Christian life: the Sacrament of Confirmation! Confirmation is the time when the students commit to the promise made at their baptism and become fully initiated to the Catholic Church.

Confirmation preparation at OLG C is a two-year process. Students typically begin the process in 7th grade (Year 1) and receive this sacrament with the Bishop at OLG C in 8th grade (Year 2).

To let us know your student wants to begin the process for Confirmation, you need to register with our 1A Form. 8th graders and High Schoolers who have not begun the Year 1 process will need to complete the form as well.

Please note that you will also need to be enrolled in Catholic education in preparation for this sacrament. If your student is enrolled at OLG C School or in CCF, all you will need to do is submit the online 1A Form.

Please contact Derek Rogers, Director of Faith Formation, at [drogers@olgcv.org](mailto:drogers@olgcv.org) if you have questions.

To register, scan the QR code



Or go to [bit.ly/confirmation2025-register](http://bit.ly/confirmation2025-register).

## Informacion Parroquial en español

Preguntas o sugerencias, ofrecer misas, pedir oración durante la misa por recién fallecidos, funerals, comuníquese con Maria 703.896.7419, [mromero@olgcv.org](mailto:mromero@olgcv.org)



### SEMANA MUNDIAL DE ORACIÓN Y AYUNO

En estos tiempos difíciles, oremos y ayunemos como parte de la 32ª Semana Internacional Anual de Oración y Ayuno: Conquistando la Oscuridad: Triunfo de la Misericordia, la Esperanza y la Sanación, del 12 al 20 de octubre. El objetivo de este movimiento mundial de católicos y otros cristianos es inspirar la oración y el ayuno por la paz mundial, la conversión de los corazones y la construcción de una cultura de la vida.



En este mes de Nuestra Señora del Rosario y del Respeto por la Vida, planifiquemos nuestra semana de oración y ayuno. Con los conflictos armados causando tanta muerte y destrucción y muchas enfermedades civiles en nuestras vidas durante las próximas semanas, nos armamos con el poder de la oración y el ayuno.

Nuestra Escuela ayunará de la negatividad y se centrará en la positividad y se le desafiará a ayunar de sus teléfonos celulares y dispositivos electrónicos. La parroquia cantará canciones de paz y nuestra espiritualidad salesiana. Aprenderemos "Vive Jesús" (una de las espiritualidades salesianas de vivir Jesús para otros) durante los próximos domingos, recordándonos a nosotros mismos que debemos "ser amables, agradecidos y generosos... pacientes, amables y comprensivos...". ¿Cómo vivirás esta semana de oración y ayuno?

### REGISTRARSE EN LA PARROQUIA

Para recibir una carta de padrinos, preparación sacramental (bautismo, catequesis, matrimonio etc.), una carta de recomendación, una carta de inmigración o nuestros correos electrónicos semanales, es necesario estar registrado en la parroquia por lo menos seis meses, entre otros requisitos. Para registrarse en la parroquia, visite [olgcv.org/register](http://olgcv.org/register)

### MISAS 2025

Ya estamos aceptando peticiones para misas del años 2025. Puede ofrecer una misa en la parroquia, por fallecidos, en acción de gracias, en petición por la salud de alguien etc. Recuerde no se aceptan nombres los domingos. Debe reservar la misa de antemano.

### PREPARA A TUS HIJOS PARA LOS SACRAMENTOS

Nos complace invitarlos a unirse a nuestras clases de preparación sacramental para padres e hijos. Estas clases comenzarán el domingo 6 de octubre a las 11 AM en el Centro San José de Nuestra Señora de Buen Consejo (OLGC). Terminaremos antes de la Misa a las 12 PM para que usted y su familia puedan asistir a la liturgia. Este programa enriquecedor y significativo se reunirá dos veces al mes, brindando una maravillosa oportunidad para que las familias crezcan en la fe juntas.

Les damos una cálida bienvenida para participar y esperamos embarcarnos en este viaje espiritual con ustedes. Si necesitan información o asistencia en español, no duden en comunicarse con nuestra contacto de CCF en español, María José Ureta, al correo [mjoseureta@gmail.com](mailto:mjoseureta@gmail.com).





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The **Committee for Helping Others (CHO)** is once again collecting bikes to help people in need this holiday season. We are focusing this year on **bikes for teenagers and adults** who need transportation to school and work.

You can **drop your bike off** in Vienna in the parking lot of **Antioch Christian Church, 1860 Beulah Rd.** or in the driveway of **317 Church St. NE** or **218 Elmar Dr. SE** or **9807 Wintercress Ct.** between October 1 and November 28.

## Upcoming Diocesan Events

Visit [arlingtondiocese.org/events](http://arlingtondiocese.org/events)

for details

**Gabriel Project Volunteer Orientation**  
October 16 @ 6:00 pm - 7:30 pm

**Rescue Project: 8-Week Small Group Experience of the Gospel**  
October 16 @ 6:30 pm - 8:45 pm

**Why Would a Loving God Allow Evil, Pain and Suffering**  
October 17 @ 7:00 pm - 8:00 pm

**EXALT: An Evening of Worship - October**  
October 17 @ 7:00 pm - 8:30 pm

**Finding Jesus with Pier Giorgio Frassati Young Adults Retreat**  
Oct. 18 @ 5:00 pm - Oct. 20 @ 1:00 pm

**Healing through the Annulment Process**  
October 19 @ 9:00 am - 12:00 pm

**Marriage Jubilee Mass 2024**  
October 20 @ 3:00 pm - 6:00 pm

## St. Andrew the Apostle Concert Series: VOCES8 US Scholars

The St. Andrew the Apostle Concert Series presents the Voces8 US Scholars, conducted by Paul Smith, co-founder of the Grammy-nominated ensemble VOCES8, along with Brazilian flutist Daniela Mars, in a free concert on Sunday, October 20 at 4 p.m. at St. Andrew the Apostle in Clifton. The Voces8 US Scholars program is a prestigious training platform for rising vocal stars, offering a unique opportunity to hear the next generation of great singers. A meet-the-artists reception will follow the performance. For more information visit [www.st-andrew.org/concerts](http://www.st-andrew.org/concerts) or call 703-817-1770.



## Support Hurricane Relief

Hurricane Helene made landfall as a devastating Category 4 storm, leaving widespread destruction across the Southeast. Local Catholic Charities agencies are on the ground providing life-sustaining help. As of publication time, Hurricane Milton has been rated as a Category 5, expected to hit Florida on Wednesday, with 5.9 million people under mandatory evacuation orders.

Please give today and help restore hope. 100% of donations go to helping those affected by disaster. Make a donation online at [www.catholiccharitiesusa.org/?form=helene](http://www.catholiccharitiesusa.org/?form=helene).

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